

ENGLISH



**FALKENSTEINER**

*Family Hotel*  
*Diadora* \*\*\*\*\*

**ACQUAPURA**  
**SPA**

# ACQUAPURA SPA FLORA *Diadora*

MASSAGE · BEAUTY

[diadora.falkensteiner.com](http://diadora.falkensteiner.com)

# OVERVIEW

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## **"ACQUA PURA" MEANS "PURE WATER"**

Relax, unwind and leave your daily worries behind ... Water plays a very important role here, from the spacious pools to the impressive sauna areas and the wide array of treatments. In addition to classic body treatments and facials, we offer a wide variety of premium Phytomer cosmetics that will be presented to you through treatments by our experienced therapists. The power of the Mediterranean, seawater, sea salt, indigenous plants and mud will beautify and revitalise you.



Our Acquapura symbols, which are adjusted to the rhythm of seasons, will help you with selecting a treatment:



*energising and vitalising*



*nurturing*



*calming and relaxing*



*balancing and harmonising*



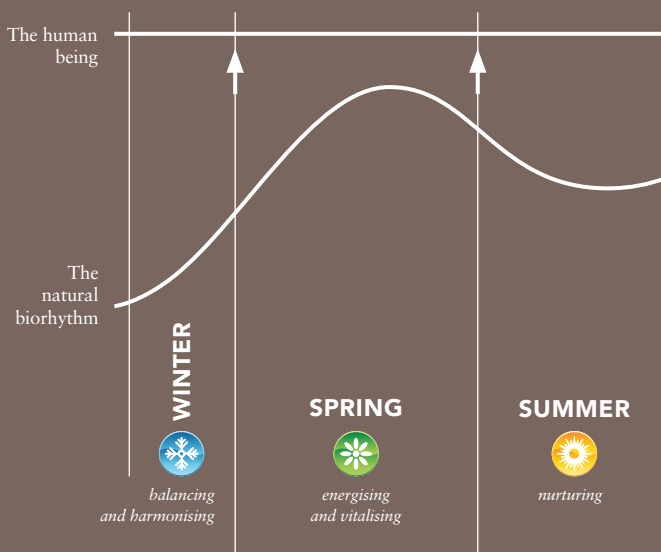
*clear and clean*

**ACQUAPURA**  
**SPA** 

# THE ACQUAPURA PRINCIPLE REDISCOVER

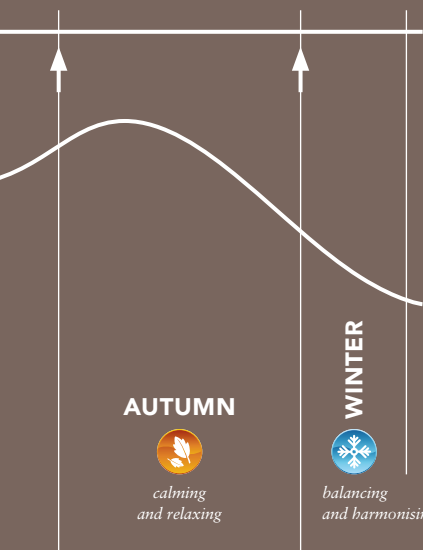
*yourself!*

Modern people have forgotten how to live in harmony with nature. However, just like the natural change of seasons, the human biorhythm is governed by the ups and downs of nature. The challenges of our daily lives have no regard for that. But we cannot struggle against it on a long-term basis. The consequences are stress, fatigue and general discomfort. We can help you rediscover yourself by finding your rhythmical balance. You decide whether you would like to revitalise, cultivate, relax, or recharge. We will gladly advise on how to plan your own individual wellness programme.



clear and clean

This is the Acquapura symbol that means "pure water".



In civilised society, people live at a constant and consistently fast pace.





## TAKE A BREAK WITH THE FINEST

*Spa relaxation*



Every parent needs time off now and then. When you leave your children with our childcare professionals, you can be sure that they are in the best hands. And you can relax with a clear conscience – you’ve earned it! At our Acquapura SPA Flora you will find rest and relaxation.





## **ACQUAPURA SPA FLORA:**

- Acquapura SPA Flora wellness and water world spanning over 2,000 sq m
- Finnish sauna and steam bath
- Dark room relaxation area with water beds
- Wellness garden
- Cold-water pool, crushed ice
- Treatment rooms for massages, cosmetic treatments and wraps
- Indoor and outdoor pools
- Cardio fitness room
- Kids steam bath

# ACQUAPURA SIGNATURE TREATMENTS

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These treatments are specially designed for Falkensteiner. Unique rituals and little extras make every treatment an inspirational experience offered exclusively by Falkensteiner!



## ACQUAPURA PARTIAL MASSAGE

30 min. **KN 287**

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## ACQUAPURA FULL-BODY MASSAGE

50 min. **KN 441**

The treatment starts with a foot massage and ends with a refreshing drink. A small gift awaits you at the end.



## **ACQUAPURA BODY SCRUB**

30 min. **KN 287**

The relaxing full-body Acquapura scrub gives your skin a smooth, velvety feel. And you can choose the right background music to go with it, making each scrub a completely individual wellness experience.

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## **ACQUAPURA SAUNA REFRESHMENT**

5 min.

Experience special refreshment in the sauna every day, for free. Pouring water and crushed, menthol-flavoured ice over hot volcanic stones creates steam and warmth. After leaving the sauna, refresh yourself with cold aromatic water.

# FOUR-SEASONS SPA RITUALS

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## **WELCOME HOME DALMATIA**

60 min. **KN 450**

Mediterranean scrub: honey, lavender, rosemary and sea salt. Mediterranean massage: olive oil.

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## **DETOX BACK MASSAGE**

50 min. **KN 520**

Treatment of the back, starting with a peel, followed by a wrap made of warm marine mud. The wrap stimulates detoxification and remineralises the skin. The treatment ends with a back, head and neck massage, relaxing the muscles.

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## **SEA FRESHNESS**

45 min. **KN 430**

Refreshing treatment with a cooling effect and a cleansing result. The treatment begins by preparing the skin for a peel with black soap, which makes the skin soft to the touch and enhances the effect of the final mask with a cooling effect. After the treatment, the skin feels refreshed and nourished.

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## **DIADORA SECRET**

45 min. **KN 490**

Stop the effect of time with a refreshing face mask made of caviar and immerse your body in a sumptuous wrap made from honey and milk.



# FACIAL

## *Treatments*



### INTENSIVE MARINE

90 min. **KN 580**

A complete treatment adapted to every skin type, which includes skin analysis, cleansing, peeling, mechanical cleaning, highly concentrated natural active ingredients, an intensive massage of the face, neck and décolleté, a mask adapted to your skin type and hand or feet massage and mask.

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### EYE ESSENCE

30 min. **KN 300**

A relaxing complex treatment for the eye area, which reduces wrinkles, signs of fatigue and puffiness. Alga Laminaria is responsible for hydration and capturing water in the connective tissue, whereas sea fennel stimulates the production of collagen. Wrinkles are reduced and the eye area is refreshed.



## WHITE LUMINATION

50 min. **KN 480**

Facial treatment with an immediately visible effect, which restores glowing skin, evens out your complexion and visibly affects skin rejuvenation. Ingredients such as crinoids and vitamin C affect skin brightness and reduce pigmentation spots.

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## DOUCER MARINE

50 min. **KN 480**

Ideal treatment for skin that is sensitive and prone to redness, but also for soothing and homogenisation of your complexion after sunbathing. Green algae strengthen skin resistance, marine elements protect from free radicals and other stress factors while oligosaccharides have an anti-inflammatory effect. The skin is moisturised and redness has been reduced.

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## HYDRA BLUE

30 min. **KN 330**

50 min. **KN 460**

This targeted treatment includes skin analysis and is the perfect solution for difficult skin types. In this case, we use special, concentrated masks and you will find the results truly amazing.

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## YOUTH REVEALING PIONEER

80 min. **KN 1.000**

Luxury treatment for the face, lips and décolleté provides smooth and firmer skin that radiates with new splendour. Sea sugar combined with black orchid reduces wrinkles and replenishes the surface of the skin, leaving it soft and bright. A unique facial massage will decrease sagging of the skin and achieve a youthful appearance.



# BODY

## *Treatments*

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### **SATIN TOUCH**

30 min. **KN 300**

A treatment in preparation for the detoxifying and weight loss treatments. Exfoliation using salt crystals eliminates dead skin cells and, in combination with moisturising massage movements, makes the skin soft and silky to the touch.

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### **MORPHO DESIGNER**

60 min. **KN 510**

An innovative aesthetic treatment, which consists of forming, tightening and nurturing the skin. A silky body scrub, integrating chemical, enzymatic and mechanical exfoliation makes the skin soft and smooth and prepares the body for a massage. A special massage using a balm with caffeine and red algae encourages weight loss and shapes the body while pearl extracts make your skin bright and well-nourished.

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### **SCULPT ZONE**

60 min. **KN 570**

Additional treatment  
for optimum results  
SPA package

45 min. **KN 450**  
5 x 45 min. **KN 1.925**

An intensive treatment that affects targeted problem areas of the abdomen, buttocks and thighs, with the aim of removing fat deposits in record time. The goal of this intense treatment is achieving visible results of weight loss.



### **BODY FIRMING**

The first treatment  
Additional treatment  
for optimum results  
SPA package

50 min. **KN 460**

80 min. **KN 670**

60 min. **KN 540**

6 x 45 min. **KN 2.940**

A complex treatment that focuses on restoring skin tone, achieving tension of the body and reducing stretch marks. This treatment is especially recommended following weight loss or pregnancy, but also to women in menopause or as an anti-aging body treatment.



### **WEIGHTLESS LEGS**

35 min. **KN 310**

Treatment for tired and swollen feet begins with a toning sea salt body scrub, which prepares the body for a nourishing mask with a cooling effect. A massage relaxes tense muscles and stimulates blood flow.

# LAVENDER SENSATION

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100 % natural, 100 % healthy and 100 % ours, with indigenous lavender from the Punta Skala gardens. A calming and relaxing lavender tea will be served as a warm welcome. Our SPA therapists will gladly offer advice and fully prepare you for your treatment, which will take place in the lavender fragrant surroundings of the wellness garden.



## LAVENDER BODY EXFOLIANT

30 min. **KN 350**

A nourishing body scrub with sea salt and lavender blossoms removes dead skin cells, stimulates blood circulation and tightens the skin. The treatment ends with a lavender oil body rub, which will leave your skin silky smooth.



## LAVENDER BODY REJUVENATION

50 min. **KN 450**  
80 min. **KN 587**

This peel begins with a lavender-based body peeling and ends with an aromatic full body massage using lavender oil, which will eliminate accumulated stress and leave your skin silky smooth. After the massage, a small gift will be waiting for you!





# LOVING CARE FOR *Future mothers*

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Pregnancy brings a new experience of happiness and anticipation, but it can also bring various pains, as well as physical and mental tension. Carrying a child changes the centre of gravity in your body that causes these aches – in your back, neck and shoulders, but also in your legs. Let us relax you and nourish your skin.



**SEA BALANCE  
FACIAL TREATMENT**

30 min. **KN 290**

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**SEA BALANCE  
NOURISHING MASSAGE**  
for hands or feet

30 min. **KN 210**

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**SEA BALANCE  
THERAPY MASSAGE**

30 min. **KN 250**



# TREATMENTS FOR TEENAGERS

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## GLAMOROUS GIRL

50 min. **KN 476**

A short nourishing facial treatment and mini manicure, including nail varnishing. For children up to 14 years of age.

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## ACNIPUR

60 min. **KN 530**

Deep cleansing and a facial treatment for problematic teenage skin. For teenagers up to the age of 19.



# SECRET TREATMENTS

*for Her*



## SECRET FACIAL

60 min. **KN 650**

Exclusive high-technology treatment. Fragments of gold, sea pearl dust, essential oils from 17 types of roses and sea elements such as spherulites, chlorelline and palmaria palmata, increase the flow of oxygen to the skin and protect it from the harmful effects of free radicals. A heavenly relaxation for body and soul – the definition of this truly prestigious treatment.



## SECRET FACIAL & BODY TREATMENT

100 min. **KN 1.150**

If you would like 100 minutes of a heavenly comfortable feeling, then this is the treatment for you! The most exclusive ingredients known in cosmetics, unbelievable aromas, perfect massage gestures and fantastic results will unveil the best of the best. A facial, body massage, foot massage, hand massage – your entire body will be embraced with magical ingredients, which will leave your body renewed after this unforgettable experience.

# SECRET TREATMENTS

*for Him*



## SECRET FACIAL

60 min. **KN 550**

A prestigious treatment for male skin. Shaving can cause irritations, dryness of skin and damage to the hydrolipidic film, which results in sensitivities to cold, stress and fatigue in men's skin. With the help of special preparations adapted to men's skin, which contain sea elements, gold fragments and essential oils, this treatment will increase the flow of oxygen to the skin while alleviating stress, eliminating toxins and smoothing the skin's surface. The result is refreshed and refined skin.



## SECRET FACIAL & BODY TREATMENT

100 min. **KN 1.000**

This treatment is completely adapted to the needs of male skin and gives you total relaxation. A facial, body massage, foot massage, hand massage – your entire body will be embraced with magical ingredients, which will leave your body renewed after this unforgettable experience.



## TREATMENT FOR MANAGERS

60 min. **KN 535**

Facial treatment tailored to the skin that has been exposed to smog-polluted air and is tired and dehydrated due to sun and sleep deprivation. A new generation of antioxidants alleviates any irregularity, such as signs of fatigue, enlarged pores or dry skin. Following this treatment, your skin will be breathing again and will regain its natural glow. This treatment includes a back and neck massage that relaxes the muscles, in combination with a wrap of warm marine mud.



## EXTENDED YOUTH

60 min. **KN 515**  
90 min. **KN 725**

Three key steps of this high-performing treatment for renewing skin surface, filling wrinkles and restructuring the face. Wrinkles are visibly reduced and the skin is firmer after just one treatment.

# SPECIAL SIGNATURE TREATMENTS

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## HANAKASUMI

Japanese massage technique      50 min. **KN 470**  
80 min. **KN 680**

This Oriental massage technique and exotic cherry blossom and rice body peel offer a unique experience for the body and soul. The above rituals are followed by a massage with karite butter, which has an exceptionally calming effect and will help you easily distance yourself from everyday problems.

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## THALASSO ESSENCE

50 min. **KN 460**  
80 min. **KN 680**

A unique treatment that starts with an exfoliation procedure using a creamy scrub for purified and remineralised skin. A specific massage provides a calming sense of enjoyment from your toes to the top of your head, while being surrounded by relaxing scented notes.

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## SEA HOLISTIC

30 min. **KN 260**  
60 min. **KN 645**

A combination of hand massage, acupressure and stretching exercises. This highly original massage has been inspired by the Thai pinda sacks, using salt crystals and lavender. It will restore body balance and ensure an absolute feel-good sensation.





# Massages

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## AROMA FULL-BODY MASSAGE

30 min. **KN 260**

50 min. **KN 355**

80 min. **KN 570**

Therapy by touch and smell, which establishes a regular stream of energy through the body's energy channels. This achieves a balance between mind and body and alleviates a number of problems, such as headaches, insomnia, or body pains.

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## FOUR-HANDED MASSAGE

30 min. **KN 420**

40 min. **KN 570**

The foundation of this massage is the harmonious work of two therapists' hands. In the field of massage techniques, this massage is considered one of the most effective ways to quickly achieve relaxation and reduce tension in the muscles.

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## VOLCANIC STONE MASSAGE

50 min. **KN 440**

80 min. **KN 710**

Hot volcanic stones offer a sense of complete calmness. Thanks to the effect of the heat released by the stones, your body relaxes, calms and unwinds.





## **TUI-NA ENERGY MASSAGE**

30 min. **KN 260**

50 min. **KN 355**

80 min. **KN 570**

The Tui-na massage is a powerful energy massage performed with movements along the meridians (energy flow) and stimulation of acupuncture points. The Tui-na massage establishes energy balance, favourably affects vitality and increases the body's stamina.

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## **CLASSIC FULL-BODY MASSAGE**

30 min. **KN 245**

50 min. **KN 340**

80 min. **KN 550**

One single massage does wonders to the skin and its underlying tissue. The muscular system loosens up, blood circulation improves and the lymphatic system functions more efficiently, all triggering a feeling of pure satisfaction.

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## **HEAD, FACE AND NECKLINE MASSAGE**

30 min. **KN 250**

A relaxing massage, which soothes, opens pores and aids micro-circulation.

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## **REFLEX ZONE MASSAGE**

30 min. **KN 300**

Pressing specifically defined points on the feet in a relaxing manner slowly but surely gets rid of stress. The points that the therapist presses are associated with the neural pathways of individual organs. By stimulating the points, the functioning of certain organs is enhanced.





# BEAUTY À LA CARTE

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## HAND AND FOOT CARE



SPA Manicure

40 min. **KN 245**

SPA Pedicure

50 min. **KN 295**

Nail Polishing

15 min. **KN 70**

Hand or Foot Exfoliation  
and Massage

20 min. **KN 170**

Express Manicure and  
Gel Colour

40 min. **KN 315**

Express Pedicure and  
Gel Colour

40 min. **KN 315**

Gel Colour Removal

20 min. **KN 100**

## WAXING



|               |               |
|---------------|---------------|
| Upper lip     | <b>KN 50</b>  |
| Bikini/armpit | <b>KN 85</b>  |
| Lower legs    | <b>KN 155</b> |
| Entire legs   | <b>KN 240</b> |
| Arms          | <b>KN 85</b>  |
| Back          | <b>KN 155</b> |

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## EYE SHAPING TREATMENTS



|                 |               |
|-----------------|---------------|
| Eyelash Tinting | <b>KN 80</b>  |
| Eyebrow Tinting | <b>KN 100</b> |
| Eyebrow Shaping | <b>KN 70</b>  |

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## SOLARIUM

5 min. **KN 25**



# SPA ETIQUETTE

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## **BOOK A TREATMENT**

To ensure that you can enjoy the treatment of your choice, we recommend that you book a treatment a day earlier by contacting the SPA reception on +385/(0)23/555 940, internal: 2940.

## **TIME FOR YOURSELF**

In accordance with our Acquapura SPA philosophy, we would like to invite you to our SPA reception about 10 minutes before your appointment to get into the right mood for the treatment, for instance with a soothing cup of tea. If you arrive late, the treatment will be shortened accordingly, out of respect for subsequent guests.

## **CLOTHING**

Please come to the treatment wearing a bathrobe. To protect your privacy, we provide a disposable slip for every treatment and we work with various covering techniques. For some treatments, you can also wear more comfortable clothes. We will be happy to provide you with information about this.

## **VALUABLES**

We recommend that you do not bring any jewellery to your treatment. For your own peace of mind, please secure any valuables in your room safe. We accept no liability for any lost valuables.

## **WISH FULFILMENT**

In accordance with our motto “Rediscover yourself”, we want to fulfil your wish to achieve vitality, care, relaxation, balance and/or purity. Therefore, before the treatment we will ask you what you consider to be the most important. Competent advice is an integral part of the treatment, and we regard it as essential. Please, inform our staff about your health condition and/or pregnancy. Usage and participation in SPA treatments is entirely at own risk.

## CANCELLATION

Please note that in the case of cancellation, you must inform the SPA reception at least 6 hours before the scheduled beginning of the treatment. Later cancellations will be charged with the full price.

## OPENING HOURS

|                      |               |
|----------------------|---------------|
| Treatments:          | 08.00 – 21.00 |
| Indoor/outdoor pool: | 08.00 – 21.00 |
| Fitness:             | 08.00 – 21.00 |
| Sauna:               | 10.00 – 21.00 |

## POOL/SAUNA

In the pool area, bathing suits are required. In the sauna area, please do not wear any clothing, for hygienic reasons. Children over the age of 16 are welcome. The pool area is also a family area. Nevertheless, we request that you please show consideration for other guests who wish to enjoy some peace and quiet.

## ACQUAPURA SPA ATMOSPHERE

To ensure that all guests can enjoy their stay, the Acquapura SPA is a non-smoking area. We also request that you switch off your mobile phone.

## VOUCHER

The ideal gift – adjusted individually or specifically for one treatment. Be it for your partners, friends or family – the time to rediscover oneself feels really good. For information about our Acquapura SPA vouchers, please ask at our SPA reception.

## PAYMENT OPTIONS

The treatment can be charged to your room account. The management reserves the right to make any changes to treatments, prices and opening hours. All prices include taxes.

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A modern interior space featuring a swimming pool in the foreground with a stainless steel handrail. The pool has blue tiles and is surrounded by a light-colored stone floor. In the background, there is a hallway with wooden walls and doors. Two blue square signs are mounted on a wooden pillar. The ceiling has recessed lighting. The text "WELCOME HOME!" is overlaid in the center.

**WELCOME HOME!**

[www.falkensteiner.com](http://www.falkensteiner.com)