



BAR MENU

3 PM TILL 8.30 PM



STARTERS & SMALL PLATES

- Soup of the Day** £8.50
- Southern Fried Boneless Chicken Thigh** £8.50
Pickled slaw | Mississippi Comeback sauce
- Peri Peri Lemon & Herb Sauté King Prawns** £9.50
Fresh lettuce | burnt lemon | garlic saffron sauce
- Warm Focaccia** £7.50
Butter | olives **V**
- Sticky Hot Honey Chicken Wings** £8.50
Spring onion | sesame
- Spiced Breaded Cauliflower Wings** £8.50
Peri Peri dressing | fried onion | blue cheese sauce **V**

SEAFOOD

- Seabass Fish 'n' Chips Style** £18.50
Crushed peas | home cooked chips | tartare | burnt lemon
- King Prawn Tagliatelle Arrabbiata** £16.50
Spiced tomato sauce | spinach | Italian cheese | fresh herbs

STEAKS

- 10oz Ribeye** £29.50
Roasted tomato | mushrooms | home cooked chips
 - The Chimichurri 12oz Rump** £26.50
Roasted mushroom | tomato | smoked paprika | home cooked chips
- Add:** Peppercorn Sauce £2.95 Chimichurri £2.95

VEGGIE

- Cauliflower Steak Peri Peri Style** £16.00
Herb ratatouille | smoked paprika parmentiere potato | blue cheese dressing **V**
- Roast Vegetable Tagliatelle Arrabbiata** £16.00
Italian cheese | tomato sauce | spinach | fresh herbs **V**

BURGERS

- The Double Short Rib and Rump Steak Burger** £18.50
Two beef patties | brioche bun | relish | lettuce | gherkin | tomato | slaw | home cooked chips
 - The Crispy Chicken Burger** £16.50
Southern style chicken thigh | brioche bun | Mississippi comeback sauce | lettuce | gherkin | tomato | slaw | home cooked chips
 - The Veggie Superfood Burger** £16.50
Superfood Pattie | brioche bun | relish | lettuce | gherkin | tomato | slaw | home cooked chips **V Vg**
- Extra Burger Toppings:** Bacon £1.50 | Cheddar £1.50

SHARING IS CARING...

- The High Tide Share All** £38.50
Seabass goujons | sauté peri peri lemon & herb black tiger prawn | steamed mussels in bacon, leek and cider sauce | scampi | garlic bread | side salad | home cooked chips
- The Meaty Mansion** £38.50
12oz rump | hot honey chicken wings | southern fried chicken thigh | garlic focaccia | home cooked chips | blue cheese dip | slaw

SALADS

- The Caesar Supreme** £16.50
Pan fried chicken supreme | charred baby gem | crispy bacon | Italian cheese | focaccia croutons | fresh tomato | saffron Caesar dressing
 - The Superfood Salad** £12.50
Spinach | kale | cranberries | pumpkin and sunflower seeds | walnuts | almonds | tomatoes | red onion | lemon olive oil **V Vg**
- Add Toppings:** Steak Strips £8.50 | Pan fried seabass £6.50 | Southern fried chicken thigh £5.50 | Superfood pattie strips **Vg** £4.50

SIDES

- Homemade onion rings** £4.50
- Home cooked chips** £5.00
- Home cooked chips loaded with bacon & cheddar** £8.00
- Side salad** £5.00
- Garlic focaccia** £5.00
- Cheesy garlic focaccia** £6.50

— **V** Vegetarian Dish **Vg** Vegan Dish —

ALLERGIES: - We kindly Request that you inform a member of serving staff in advance of ordering if you have any food allergies.