



WELLNESS

*MOVE WITH INTENTION,
EXPAND YOUR MIND*

22nd November

Join us for a 55-minute full-body journey of conscious movement sequences designed to help you reach mindful euphoria and increased connectedness with the Marbella Club's garden and sea surroundings as your backdrop.

FRIDAY 22ND NOVEMBER

Move With Intention, Expand Your Mind

4 PM Walk-ins & Registration

4:30 – 6 PM Session

Meeting point: Beach Club parking

Limited spaces available. Tickets include healthy drinks and snacks.

55 € pp VAT included

To book: (+34) 952 82 22 11 wellness@marbellaclub.com

IN PARTNERSHIP WITH SANCTUM