

VINTAGE

GRAND HOTEL

WELLNESS PACKAGES

PACKAGE 1

AED 999

(5) Five Massages for 60 minutes
with one time 30 minutes body scrub

PACKAGE 2

AED 1,199

(5) Five Massages for 90 minutes
with one time 30 minutes body scrub

Book a package of 5 massages for 60 or 90 minutes and enjoy our wellness benefits includes steam, sauna, Jacuzzi and outdoor pool either before or after your treatment.

Packages are valid for 3 months from the date of purchase.
For inquiries, please call/WhatsApp +971 52 512 5731
or call directly +971 4 429 3300

VINTAGE SPA

Aromatherapy Massage (60 minutes/ 90 minutes)

Therapeutic full-body massage using blends of essential oils personally selected for your needs. This deeply relaxing, aromatic massage works along the pressure points of the body using soft massage techniques and essential oils. The oils, known for their healing properties are inhaled and absorbed through the skin to achieve your desired results.

AED 350/ AED 455

Balinese Massage (60 minutes/ 90 minutes)

Traditional Balinese massage technique using a combination of gentle stretches, acupressure, reflexology, and aromatherapy to stimulate the flow of blood, oxygen and energy around your body, bringing a sense of wellbeing, calm and deep relaxation.

AED 350 AED 455

Swedish (60 minutes/ 90 minutes)

Therapeutic soft tissue techniques with long and flowing movements coupled with essential oils, this classical massage brings you into a state of balance and harmony.

AED 350/AED 455

Jet lag Massage (90 minutes)

A treatment for weary travelers to get you back on track after long hours of travelling by restoring your body clock in this soothing, relaxing treatment, reinstating a sense of balance.

AED 455

Fitness Massage (90 minutes)

Tailored massage using specific techniques to release deep-seated muscle tension. This firm massage is ideal for men who enjoy deep massage pressure and require focus on particular areas of their body. Advanced massage techniques and hot volcanic stones are used throughout this bespoke treatment, helping to relieve tight muscles and improve muscle mobility.

AED 455

VINTAGE SPA

Foot Massage (30 minutes)

Pamper your feet and keep them strong and flexible. Massaging the feet can alleviate anxiety and bring about a deep state of relaxation. Foot massages improve circulation, stimulates muscles, reduces tension, and often eases pain.

AED 199

Scalp Revitalizer (30 minutes)

In addition to stimulating blood flow of the scalp, increasing probability of healthy hair growth, scalp massages are soothing whilst assisting in prevention of headaches as well as benefiting sleep patterns. Ideal for fatigue or jet lag.

AED 199

Tension Relief Massage (30 minutes)

Focusing on the back, neck & shoulder areas to loosen muscle tension allowing your body to unwind, get rid of stiffness and promote deep relaxation.

AED 199

SPA BODY POLISH

Dead Sea Salt Body Scrub (30 mins)

The Dead Sea contains a unique combination of minerals that help to stabilize the moisture contents of the skin. Dead Sea Mineral Salts contain bromide salts that act as an anti-oxidant, which decelerates the appearance of wrinkles and delays the ageing process. Magnesium salts are also effective anti-allergens, and therefore help spare sensitive skin from any irritation.

AED 199