



EST. 1959
TERRA NOVA
 ALL-SUITE HOTEL

BREAKFAST

PLATED 'BUFFET'

'Endless servings for a filling start to your day!'

Start With Your Selection Of:

- Ackee & Saltfish
- Steamed Callaloo
- Escoveitched Fish
- Mackerel Rundown
- Chicken Liver & Onions
- Bacon & Breakfast Sausages
- Breakfast Braised Wings
- Sautéed Cabbage

Ask About The Special of the Day

Served With Your Choice Of:

- Johnny Cake • Boiled Dumpling •
- Boiled Yam • Green Banana • Fried Bammy •
- Steamed Bammy • Ripe Plantains •
- Home Fries • Fruit Plate •
- White/Whole Wheat Toast

- Assorted Cereals • Banana Bread •
- Blue Mountain Coffee • Tea • Juice

US\$23 per person

Plated Buffet Breakfast

Complimentary to In-House Guests Only

BREAKFAST SANDWICHES

'Served on freshly baked Bagels & English Muffins

Oxtail & Melted Cheese \$15

Tender Oxtail Morsels • Caramelized Onions •
 Cheddar Cheese • Manchego Cheese •
 Scotch Bonnet Bagel

Ham & Cheese \$13

French Toast
 French Bread • Honey Baked Ham Slices •
 Cheddar • Cinnamon • Eggs • Maple Syrup •
 Powdered Sugar

Mackerel Rundown \$13

Eggs Benedict
 Sautéed Callaloo • Poached Eggs •
 Cheddar • Mackerel Rundown •
 Toasted English Muffin

Croque Madame \$13

Hard Dough Toast • Honey Baked Ham Slices •
 Cheddar • Dijon Mustard • Béchamel • Sun-
 ny-Side Egg

Rainbow Bagel \$13

Sunny-Side Egg • Ham • Cheddar • Lettuce •
 Tomatoes • Red Onions • Cream Cheese •
 Garlic Bagel

Eggs Benedict Florentine \$10

Sautéed Spinach • Cheddar •
 Garlic & Herb Roasted Tomatoes •
 Poached Eggs • Hollandaise • English Muffin

In-House Guests enjoy complimentary Plated 'Buffet' Breakfast OR (1) A la Carte option + (1) A la Carte Side per person
 Prices quoted in USD & attract 10% GCT & 10% Service Charge.
 Please advise your server of any allergies. Fish may contain bones.



TERRA NOVA
ALL-SUITE HOTEL

BREAKFAST

OMELETS

*Served with (1) choice of Toast, freshly baked Bagels or English Muffins

Western **\$15**

Ham • Steak • Cheddar • Green Peppers • Red Onions • Mushrooms

Smoked Salmon **\$13**

Smoked Salmon • Dill & Escallion • Cream Cheese • Red Onions • Capers • Pepper Jelly

Jerked Chicken & Plantain **\$11**

Jerked Chicken • Fried Plantains • Cheddar • Green Peppers • Red Onions

Build Your Own **\$10**

Choose any (3) Fillings:
Callaloo • Cheddar • Green Peppers • Olives • Tomatoes • Onions • Mushrooms • Ham • Bacon

SCRAMBLED EGGS

*Served with (1) choice of Toast, freshly baked Bagels or English Muffins

Smoked Salmon & Dill **\$13**

Norwegian Smoked Salmon • Dill • Red Onions • Capers

JaMexican **\$11**

Chorizo Sausage • Roasted Corn • Tomato Salsa • Cheddar • Scotch Bonnet Pepper

Black Bean Tofu Scramble **\$10**

Black Beans • Spinach • Herbed Tofu • Roasted Cashew • Roasted Tomatoes

2 Eggs Done Your Way **\$4**

PANCAKES OR WAFFLES

Coconut & Banana **\$8**

Coconut Flakes • Maple Syrup • Banana Slices • Coconut Clotted Cream • Powdered Sugar

Buttermilk **\$6**

Butter Milk Pancakes • Maple Syrup • Butter • Powdered Sugar • Seasonal Fruits

FRENCH TOAST

Blue Mountain Coffee **\$14**

French Bread • Eggs • Maple Syrup • Coffee Clotted Cream • Powdered Sugar

Strawberry Cheesecake **\$11**

French Bread • Eggs • Maple Syrup • Powdered Sugar • Classic Strawberry Cheesecake

Banana & Maple Syrup **\$9**

French Bread • Eggs • Maple Syrup • Clotted Cream • Banana Slices • Powdered Sugar

OTHER

Warm Oatmeal Porridge **\$5**

Served with: Almonds • Raisins • Brown Sugar

Saltfish Fritters **\$5**

Granola Cereal **\$4**

With Choice of Milk: Whole • Coconut

\$3 Sides

Toast • Bagel • English Muffin • Boiled Dumplings (3) • Boiled Yams (3 pcs) • Fried Bammy (3 pcs) • Steamed Bammy (3 pcs) • Green Bananas (3) • Johnny Cakes (3) • Ripe Plantains (5 pcs) • Egg Your Way (1)

\$4 Sides

Home Fries • Ham Slices (4) • Bacon Strips (4) • Sausages (4) • Fruit Plate (1)

+ Banana Bread - \$3

BEVERAGES

Blue Mountain Coffee **\$3**

Espresso (Single) **\$3**

Americano **\$4**

Cappuccino **\$4**

Latte **\$4**

+ Hazelnut / Caramel **\$0.50**

Tea / Hot Chocolate **\$2**

Fresh Juice of the Day **\$3**

Fruit Juice **\$2**

In-House Guests enjoy complimentary Plated 'Buffet' Breakfast OR (1) A la Carte option + (1) A la Carte Side per person
Prices quoted in USD & attract 10% GCT & 10% Service Charge.
Please advise your server of any allergies. Fish may contain bones.