tea time



BY SOFITEL
BRISBANE CENTRAL



A Ritual Worth Savouring

Long before the clink of porcelain and the scent of butter and citrus filled Parisian salons, tea already held its place as one of the world's great rituals.

Sofitel Brisbane Central brings these two traditions together, pairing the unhurried elegance of the French afternoon with the ancient art of the tea leaf, and inviting you to pause, breathe and savour something truly considered.

High Tea by Sofitel - Adult $85
Served with unlimted tea and coffee

Champagne High Tea by Sofitel - Adult $105
Begin your afternoon with a glass of Pommery Rosé Brut or Pommery Brut Apanage Champagne

Petit Prince High Tea - Child $45
Served with unlimited kids tea and coffee.
For children 11 years and under.

ELEVATE YOUR HIGH TEA

Champagne Indulgence - $95
Elevate your experience with free-flowing Pommery Brut Rosé or Pommery Brut Apanage Champagne

Afternoon Indulgence - $60
Complete your High Tea experience with a 90-minute beverage package, featuring free-flowing Jansz Sparkling and Rosé.

FROM LEAF TO CUP

Every tea in this collection begins its life as a leaf from Camellia sinensis, an evergreen shrub first cultivated in China more than four thousand years ago. What began as a medicinal tonic in ancient courts became one of the most beloved beverages on earth, carried along trade routes, reimagined by cultures the world over, and eventually finding a home in the grand tea rooms of Europe. Today, that same leaf, shaped by soil, climate and the hand of the tea maker, gives us everything from the palest white teas to the deep, earthy character of aged pu-erh.

SIX FAMILIES, ENDLESS EXPRESSIONS

Behind the thousands of teas grown and blended across the globe lie just six true families: white, green, yellow, oolong, black and dark (pu-erh), each defined not by where it grows, but by how it is crafted. The difference lies in oxidation: white teas are barely touched; greens are quickly heated to lock in their fresh, vegetal character; oolongs sit somewhere in between, part-oxidised for layers of complexity; black teas are fully oxidised for deep colour and bold, malty character; and dark teas are aged, sometimes for years, to develop a smooth, earthy depth. Alongside these six sits a much-loved seventh: herbal tisanes, naturally caffeine-free infusions of flowers, fruits, herbs and spices. Technically not 'tea', but far too delicious to leave off the table.

SOFITEL SIGNATURE BLENDS

Curated in collaboration with Dilmah and Australian Tea Masters

Riverlight Rose

White tea, rose petals, lychee and vanilla. An exotic blend of florals, delicate fruits, and notes of vanilla bean

Billabong Green

A fusion of Australian grown green tea blended with strawberry gum, desert finger lime, calendula and quandong extract

Brisbane Black

Australian black tea, desert finger lime, cacao shells, calendula, pink cornflower, safflower and natural Kakadu plum extract. Zesty desert finger lime meets rich, malty black tea and cacao shells, with fruity floral notes from Kakadu plum, pink cornflower, safflower and calendula, delivering a refreshing yet bold taste with a smooth, chocolatey finish.

Coastal Bliss

Peppermint, spearmint, lemon verbena, lavender, black cohosh, dong quai, liquorice root, ashwagandha root. St John's wort, red clover and rose petals. A blend of herbals to help calm your body and mind. The delicate floral notes are supported by soft mint with a hint of lemon.

WHITE TEAS

Minimally processed and made with the freshest leaves of unopened Camellia sinesis plant. This white tea boasts fruity and floral notes. Quietly spoken, don't let that fool you, the white tea is complex with its smooth delicate flavour and natural goodness.

Silver Needle

Originally from Yunnan Province, China, this tea has a light floral aroma of orchids and a delicate but sweet flavour.

Hemp White Light

Hemp, white tea, tulsi, nettle leaf, rose petals and jasmine flower. Treat yourself to the antioxidants of white tea, nettle, and vitamin C.

White Peony Tea

White peony, white kunzea and manuka. A delicate and sweet profile from white peony, brightened by the citrusy notes of white kunzea, while subtle pine undertones of manuka add a gentle earthiness, resulting in a smooth and refreshing blend with a light, aromatic finish.

Jasmine Pear Dragon White Tea

Tightly rolled Dilmah China white tea and natural jasmine petals. The hand-rolled pearls infuse to reveal young bud and tender leaf with jasmine petals, producing a lightly fragrant, pale yellow cup where the elusive floral character combines perfectly with gentle white tea.

GREEN TEAS

Green tea provides a rich and natural source of antioxidants such as polyphenols, flavonoids and catechins and is bursting with plant-based goodness. Used in traditional Chinese, Indian and Japanese medicinal practices for centuries, it's time to drink your greens.

Anji Bai Cha

Named for its fresh leaves, almost completely jade white in colour, that turn white again after brewing, through the tea itself is a green tea, rich in amino acids. From Anji country, Zhejiang province, China, two young leaves are plucked for every leaf shoot, giving it a mature, robust flavour prized by those who prefer more depth than Silver Needle, with a pale liquor.

Jasmine Pearls

These delicate, hand rolled pearls are from Fujian and have a sophisticated jasmine flavour. The tea is layered seven times with fresh jasmine flowers to produce the unique flavour and aromatic blend of green tea and jasmine.

Peach Bellini

A blend of green tea, freeze dried raspberries and stone fruits, this tea blend is energising and refreshing.

Moroccan Mint Mirage

Pure Ceylon green tea with natural peppermint leaves and natural spearmint leaves.Minty aromas with bold cooling sensations and grassy brightness in the finish.

Basil Berry Fusion

Pure Ceylon green tea with basil leaves, natural flavouring and strawberry pieces. An aromatic fusion of fruit and grassy notes, best enjoyed with a spoonful of honey.

YELLOW TEAS

Hailing from China with ancient influences, yellow tea is rare with a soft and delicate yet floral aroma and a unique mellow flavour. The cousin of green and white tea, the tea leaves are wrapped in wet paper or cloth to induce a mild oxidation process through steaming. The leaves are then oxidised for up to three days producing a yellowing effect.

Huang Da Cha

Also known as the 'coffee of tea'. During processing, the tea is heavily roasted and undergoes further processing which results in the unique flavour, similar to a mild coffee.

Huo Shan Yellow Bud

An imperial tribute tea that has been made in China since the Ming dynasty. Like with many yellow teas, the processing method was lost – however it was recovered in 1972. The yellow colour is produced by spreading the tea indoors in three separate rounds.

OOLONG TEAS

Oolong boasts many health benefits and tickles the tastebuds with complex undertones and tantalising hints of black and green tea tastes. A little introverted, oolong tea was traditionally drunk by Chinese people for centuries. With light green tea notes spilling over with floral and vegetal flavours, this tea rewards a slower sip.

Formosa Oriental Beauty

Lightly oxidised with delicious fruit and honey notes, this oolong tea produces a sweet, light, golden sip. Known as the Champagne of oolongs, we say cheers to that!

Oolong Chardonay

Oolong tea, papaya chips, orange peel, cinnamon chips, rose petals, vanilla bean and natural wine flavours. A hand blended and lightly roasted oolong bursting with light spice and fruit notes finished with soft rose and vanilla beans. The natural chardonnay notes add an unexpected flavour kick.

Single Estate Oolong Leaf Tea

A Dilmah single estate oolong, semi-fermented for a midpoint between green and black tea. Dark green, well-twisted leaves produce a mellow, pleasing infusion that is more earthy than typical green teas, yet more fragrant and lighter than most black teas.

BLACK TEAS

The world is your oyster as each black tea has a completely different taste. Strong, full-bodied and bold flavours are paired with notes of honey, malt, chocolate, toast and caramel. Take your pick.

Darjeeling Margaret's Hope

Margaret's Hope is one of the most famous tea gardens in Darjeeling. We are thrilled to be able to supply a limited quantity of their second flush Darjeeling, with a champagne-coloured liquor and a soft flavour of stone fruits and citrus.

Ceylon Heritage Breakfast

Pure Ceylon black tea. Robust, full-bodied and malty, with a lingering aftertaste. This tea can be enjoyed with a dash of warm milk.

Wake Up Brisbane

Kick start your day with our bold take on the classic English breakfast. This tea is full-bodied with malty undertones and a dash of natural sweetness.

Purple Tea

This rare purple tea is from Kenya, now made almost exclusively there. Its startling colour comes from naturally occurring anthocyanin, the same compound found in red wine, which may also support cardiovascular health, blood sugar metabolism and cholesterol levels, alongside natural antioxidants. Purple tea has a naturally sweet flavour with light vegetal notes and a refreshing finish.

FLAVOURED BLACK TEA

Majestic Earl Grey

Pure Ceylon black tea with natural flavouring and blue cornflower petals. Aristocratic, heady aromas of bergamot citrus with a full body and bittersweet finish.

Regal Spice Chai

Pure Ceylon black tea with cinnamon bark, ginger root, clove buds, black peppercorn, star anise and cardamom pods. An orchestra of sweet and spicy flavours with an astringent structure and earthy finish.

Ginger Honey and Mint

A high elevation single-region Dilmah tea with a warming ginger fragrance leading into a balanced blend of natural honey, ginger and lingering mint.

Tropical Love Bliss

Pure Ceylon black tea with natural flavouring and pineapple pieces. Breezy notes of ripe pineapple, creamy coconut and vanilla bean, medium bodied.

Heavenly Chocolate Rose

Pure Ceylon black tea with natural flavouring, peppermint leaves and rose petals. Intense aroma of Turkish delight and chocolate, with a smooth texture and sleek finish.

DARK TEAS

This is a unique category. The health benefits of dark tea have been documented by the Chinese for centuries and we are sharing the secret.

Raw Pu-Erh-Sheng, 8 Years Old

Sheng is a pu-erh tea produced like a green tea. When properly steeped it is a wonderfully aromatic, astringent, sometimes bitter and complex beverage, with flavours combining grassy or fresh hay characteristics, floral notes and sometimes hints of dried fruit.

Royal Pu-Erh-Shou, 5 Years Old

This rich, mellow tea has been cellared for five years. Being loose leaf, it has aged more quickly, resulting in a rich, smooth taste with little to no astrigency, a hint of peat, and subtle sweet flavours with a nice, thick mouthfeel.

HERBAL INFUSIONS

A collection of flowers, fruits, herbs and spices combine into some of our most deliciously wholesome blends. Naturally caffeine free, these may be called tisanes or herbal infusions to prevent confusion with 'tea' made from the Camellia sinensis plant.

Eternal Summer

A wholly invigorating blend filled with ingredients that awaken the senses and set you up to power through the rest of your day. Rooibos combines with wild berries and calendula to produce Eternal Summer.

Detox

Hemp husks, nettle leaf, dandelion root, burdock root, rhubarb root, St Mary's thistle, liquorice root, lemon peel, lemon verbena, red clover and calendula come together for a cleansing, feel-good sip to savour.

Hangover Tea

Nettle, chamomile, lemon balm, ginger root, fennel seed and angelica root unite to clear the head and settle the stomach: a gentle reset after a big night.

Ayurvedic Pitta

An Ayurvedic Pitta blend offering a clean, balanced infusion with a gentle herbal aroma and a naturally smooth finish. Fennel, lemongrass, chamomile, peppermint, basil leaf, coriander seed, hibiscus and rose petals.

Pure Chamomile Serenity

Chamomile flowers. A soothing floral fragrance with notes of hay and apple, finishing with a gentle sweetness, the perfect wind-down cup.

Spiced Citrus Discovery

Ceylon cinnamon with ginger root, orange peel, cardamom pods, star anise, black peppercorn and natural flavouring. Bright orange tang meets the heat of pepper and spice for a bold, warming finish.

Elderflower and Hot Apple

A naturally caffeine-free Dilmah infusion bursting with delicious apple fragrance and crowd-pleasing flavour. Citrus and green apple meet elderflower and elderberries for a fresh, summery sip.

Natural Infusion of Blueberry

Blueberries lend their soft, tangy flavour to this intense, caffeine-free Dilmah infusion: a delicious fusion of berry, orange and sweet fruit notes, all natural fruit, herb and spice combined.

PETIT PRINCE TEAS

Now our little adventurers can sip, giggle and enjoy teas designed especially for them. Minimally processed and made with the freshest leaves. Some of these brews help with a good night's sleep.

Raspberry Popcorn

With the rich, earthy notes of rooibos and the sweet taste of strawberry and apple, this playful blend features colourful popcorn and delicate flower petals. Naturally caffeine-free.

Chill Out

A calming blend containing relaxing ingredients such as chamomile, lemon balm, lavender and rose petals.

Rocket Fuel

A fun, delicious and healthy herbal blend with a sweet berry aroma and flavour, made with honeybush, hibiscus, apple pieces and Australian currants. The kids will love this tea hot or iced.

Fairy Tale

With a fruity aroma and the sweet flavours of papaya, pineapple and strawberry, this vibrant blend is packed with hibiscus and rosehip shells for a delicious way to brighten your child's day.

TEA TAILS

Where fine tea meets exceptional spirits, creating elegant cocktails infused with flavour, aroma and a touch of indulgence.

Ruby Red $26

Rose with French Vanilla Tea, Grey Goose Vodka, Pineapple Juice, Cranberry Juice, Lemon Served in a Coupe beneath a Mixed Berry Smoked Bubble

Purple Rain $26

Butterfly Pea infused Vodka, Luxardo Maraschino, Crème de Violette, Lavender, Lime. Served in a Coupe with Luxurious Maraschino Cherries

Fingerlime French $26

Billabong Green infused Gin, "Verbena" Australian Fingerlime Liqueur, Lemon Juice, Pommery Brut Apanage Champagne
Served in a Flute with Lemon Twist

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