

CHECK OUT OUR  
CALENDAR  
OF EVENTS

# BAY GARDENS RESORTS NEWSLETTER

FEBRUARY 2023



## *The Key to your Ultimate Caribbean Vacation Getaway*

Centrally situated in the heart of Saint Lucia's entertainment capital, Rodney Bay Village, the **Bay Gardens Resorts** family of hotels and luxury private villas offers inviting, island-inspired accommodations. With five properties positioned on the Reduit Beachfront and within Rodney Bay Village and the Rodney Bay Marina, Bay Gardens Resorts is a favourite hotel destination in Saint Lucia for families, couples, and island explorers.

Featuring a total of 241 rooms, seven conference centers, four restaurants, and six bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



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## Independence Day Celebrations at the Bay Gardens Resorts



As a locally owned and operated resort chain, Independence Day celebrations resonates with the team at the Bay Gardens Resorts, and it is a special time for us all. On February 22nd, Saint Lucia observed its 44th Independence anniversary. There were a host of national activities which included a flag-raising ceremony followed by a firework display, a military parade, national sports awards, baton relay, a business expo, ecumenical service, and national colors day.

In the lead-up to the big day, The Bay Gardens Resorts team participated in the National Baton Relay. This eleven-day activity was geared and fostering inclusivity and community engagement across the island, as a locally made baton was carried and handed over to movers and shakers of each constituency, which included businessmen and women, athletes, civil servants, and just about anybody who wanted to get in on the action. Our directors, management, and staff came out in large numbers to support our very own, Ms. Cheryl Gustave as she proudly represented the Bay Gardens Resorts in the northern leg of this prestigious relay.

With a great sense of national pride, the Bay Gardens Beach Resort & Spa commemorated this momentous occasion, on Independence Day with a flag-raising ceremony on the property, followed by a parade with staff and guests alike. The Splash Island Water Park also offered special rates to locals on this day, to help them celebrate.

The Bay Gardens Resorts is happy to call Saint Lucia home and hopes that all Saint Lucians, both at home and in the diaspora enjoyed their Independence Day.

## What's Cooking? – New Menus at the Bay Gardens Hotel!



Dinner just got more exciting – and delicious at the Bay Gardens Hotel. The property recently launched its themed dinner nights, featuring Caribbean-infused Indian and Italian. This new twist on our culinary offerings is an exhilarating development for food lovers as the already luxurious dining experience has been amplified.

Themed nights at the Bay Gardens Hotel will not only take your tastebuds on a tour around the world but will allow guests the opportunity to experience the creativity of our skilled chefs as they incorporate local produce, herbs, and spices into signature dishes to create an immersive dining experience that promises to take you on a gastronomic journey. To view our new menus, [click here](#).

For more information on how to book your next culinary extravaganza at the Bay Gardens Hotel contact us at 457-8010 or send us an email at [marketing@baygardensresorts.com](mailto:marketing@baygardensresorts.com).

## Saint Lucia Jazz is Back With A Power-Packed Lineup!

The Saint Lucia Jazz & Arts Festival, the Caribbean's premier music festival is set to return this year. The festival has been a staple event on the island for over 25 years, attracting thousands of music lovers from all around the world, and has featured some of the biggest names in jazz, soul, and R&B, including Lionel Richie, Chaka Khan, and Patti LaBelle. This year's edition of the event promises to be just as exciting, with a lineup of internationally acclaimed artists such

as Sting, Shaggy, Buju Banton, Rema, Ayra Starr and so many more. In addition to the music, the festival also offers a variety of other activities and events, including food and craft vendors, cultural exhibitions, and workshops. This is a true celebration of the island's rich cultural heritage and vibrant music scene and provides visitors with a unique opportunity to experience the beauty and hospitality of Saint Lucia.

Saint Lucia Jazz & Arts Festival will be held from May 5th – 14th, 2023. To commemorate the return, the Bay Gardens Resorts is offering unbeatable deals on accommodation packages with rates as low as \$210.00 USD. For more information and to book your Jazz Special, [click here](#).



## Valentine's Day Recap



Here at Bay Gardens Resorts, we celebrate everything in grand style! Valentine's Day this year was no different as we hosted three impeccable events. The Bay Gardens Beach Resort invited lovers to sail away into the dreamy sunset of Reduit Beach with their "Love in Paradise" soiree at the Hi Tide Restaurant, featuring a delectable Caribbean buffet dinner with complimentary sparkling wine. Live entertainment by Saint Lucia's best created the perfect ambiance to bask

in the company of your special someone.

Romance also filled the air on the night of February 14th at the Bay Gardens Hotel. Their event, "Amoureux" was undeniably an exquisite dining experience, with loads of food and drink options. The Bay Gardens Hotel is synonymous with fun, so the live entertainment and staff created the perfect mix of romance and excitement for guests, who lauded the team for curating such a remarkable evening.

The Bay Gardens Marina Haven's quiet and quaint location was perfect to set the mood for their event "Falling for You". Our special sweethearts indulged in a three-course a la carte menu at the Anchor Restaurant, and of course, we had to throw in a complimentary bottle of wine as the perfect accompaniment to an appetizing dinner.

Irrespective of which property you chose to celebrate at, Valentine's Day at the Bay Gardens Resorts was laced with love and truly an unforgettable day!

## Tour Feature – Choiseul Waterfall Tour with Island Trekkers

This Waterfall Tour is hosted in the beautiful community of Choiseul. We hike downhill for about 25 minutes until we get to the river. From there we walk upstream for about 5-8 minutes until we get to the waterfall. Along the way we encourage our guests take advantage of the lush scenery and also the never-ending supply of Sulphur clay that can be found along the riverbanks which can be used as a face mask and also to help soothe the skin as a full body mask.



To book your next adventure with Island Trekkers, [click here](#).

## Winter Savings Of Up To 30% Off Accommodation

Are you dreaming of what a relaxing vacation at one of the Caribbean's premier resort chains would be like? It's time to make it a reality! Located in Saint Lucia, Bay Gardens Resorts is ideal for couples and families. We're offering guests major savings at the Bay Gardens Beach Resort & Spa, Bay Gardens Hotel, Bay Gardens Inn, and Bay Gardens Marina Haven.

### LIMITED-TIME OFFER!



### The Limited-time Offer Includes:

#### DIRECT BOOKINGS ONLY

- Complimentary breakfast daily\*
- Welcome cocktail on arrival
- Two Kids Stay and Eat FREE\*
- Complimentary Wi-Fi
- Bottled water in room on arrival.
- Complimentary shuttle between the Bay Gardens properties ONLY
- Complimentary non-motorized water sports activities
- Complimentary unlimited passes to Splash Island Water Park

For more information on this amazing sale and to book your island getaway, visit our website [click here](#).

## Spa Feature – Traveler Unwind



A perfect remedy to diminish the effects of jet lag both before and after your travels. The treatment begins with a warm classic pedicure with a foot massage combo, followed by a firm back, neck, and shoulder massage, which will relax tense and knotted tissue as well as improve circulation. Continue with a refreshing facial to recondition and moisturize the skin, and finally relax. This spa experience includes:

- Tension Relief Massage
- Gentleman's Facial
- Mens Pedicure and Manicure

To book your next relaxing experience at the Bay Gardens Resorts' La Mer Spa, [click here](#).

## Featured Employee – Kaila & Cherise

Meet Kaila Gregg and Cherise James, the dynamic Event Sales duo, and our featured staff for February 2023. Kaila first joined the Bay Gardens Beach Resort & Spa's team in 2018 where she started off as the Administrative Secretary to the General Manager, then subsequently the Culinary Administrative Assistant to the Executive Chef. In 2020, Kaila became the property's Wedding & Events Coordinator, handling everything from site visits to menu selection, and location setup.

She describes working at the Bay Gardens Resorts as insightful and exciting. She expressed that the opportunities given to her at Bay Gardens Resorts have further propelled her personal growth, which she is happy about.



Cherise James is the other half of the Event Sales duo. She started off her journey in 2017 at the Bay Gardens Resorts at the Front Desk and transitioned into a Reservations Agent where she served from 2018-2020. In 2021, Cherise moved into the Events department at the Bay Gardens Hotel & Inn where like Kaila, she handled everything from choosing the right space, coordinating vendors, managing budgets, and ensuring that everything runs smoothly on the day of the event. Cherise's charisma and inviting personality is the special touch needed for any event.

In a recent departmental merger and rebranding, Kaila & Cherise are now part of the Event Sales and Marketing Department, where they work together as Events Sales Associates booking Weddings, Events and Conferences for all of our properties. With over 7 years of combined experience, our event sales duo is knowledgeable, creative, and has the requisite skills to plan your next event.

Their dedication and attention to detail have made them some of the best in the industry with a bevy of repeat clients who constantly rave about the unforgettable moments they have created. For your next Conference, Wedding, or Special event, be sure to contact Kaila & Cherise who will assist you from idea generation to event execution.

## Recipe - Lobster Mac & Chesse



### INGREDIENTS:

- Kosher salt
- Vegetable oil
- 1-pound cavatappi or elbow macaroni
- 1-quart milk
- 8 tablespoons (1 stick) unsalted butter, divided
- 1/2 cup all-purpose flour
- 12 ounces Gruyere cheese, grated (4 cups)
- 8 ounces extra-sharp Cheddar, grated (2 cups)
- 1/2 teaspoon freshly ground black pepper
- 1/2 teaspoon nutmeg
- 1 1/2 pounds cooked lobster meat
- 1 1/2 cups fresh white breadcrumbs

### INSTRUCTIONS

1.) Preheat the oven to 375 degrees F.

2.) Drizzle oil into a large pot of boiling salted water. Add the pasta and cook according to the directions on the package, 6 to 8 minutes. Drain well.

3.) Meanwhile, heat the milk in a small saucepan, but do not boil it. In a large pot, melt 6 tablespoons of butter and add the flour. Cook over low heat for 2 minutes, stirring with a whisk. Still whisking, add the hot milk and cook for a minute or two more, until thickened and smooth.

Lobster season in St. Lucia goes from Aug 2nd - Feb 28th.

## Our Guest Experience



Have you seen what our guests are saying about us on TripAdvisor?

### **BAY GARDENS BEACH RESORT & SPA** **"WONDERFUL STAFF."**

Reviewed by: Mark Jen - Florida.

Wonderful staff that are always friendly and attentive. The resort is clean with well-maintained/decorated rooms. Especially loved the ocean-view balcony rooms. Beautiful facilities and locally

**BAY GARDENS HOTEL****"RELAXING TIME AWAY FROM HOME."**

Reviewed by: Shirma

We had a very comfortable stay. The room was always well-kept. The meals were satisfying. The staff was polite and willing to assist if necessary. Thanks to Nima for the warm welcome at check-in. Thanks to the other front desk staff who were friendly. Thanks also to Ms. Cheryl the GM, Ms. Helena, and Ms. Jennifer. Thank you, Bay Gardens.

**BAY GARDENS INN****"GREAT STAY!"**

Reviewed by: Al Eugene.

It was an amazing experience. We enjoyed the nearby activities such as the complimentary activities like the water park. There is a paramount emphasis on safety by the employees and lifeguards, which we enjoyed.

**BAY GARDENS MARINA HAVEN****"LOVED IT FOR MY BUSINESS TRIP"**

Reviewed by: Shiver Bahamas

Bay Gardens Marina was situated in the heart of the business center and had easy access to transportation. Everyone was friendly and helpful. The rooms are very nice and the grounds. I would choose them again for a business stay.