



Lié Spa & Wellness



Signature Massage

Indulge in our signature massage to deliver deeper healing through a combination of traditional urutan, Swedish and Shiatsu techniques from top to toe. This unique approach helps relieve tensed and tired muscles while restoring the body's natural energy flow.

🕒 90 mins | RM580.00_{NET}

Aromatherapy Ultimate De-stressor

Together with your chosen massage oil, our therapist rhythmically applies proven effective Swedish techniques combined with aromatherapy to help you de-stress, unwind and achieve a deep sense of wellness that calms your mind and helps deep relaxation.

🕒 60 mins | RM380.00_{NET} 🕒 90 mins | RM480.00_{NET}

Deep Tissue Massage

Experience immediate relief from stiff, aching muscle and sore joints as you are transported into a realm of restoring relaxation. Our massage therapy targets specific trigger points, providing effective pain management and stress relief. This treatment is ideal for addressing arthritis, muscle tension, post-sports recovery and more.

🕒 60 mins | RM380.00_{NET} 🕒 90 mins | RM480.00_{NET}

Foot Reflexology

Stimulating specific pressure points on the sole can help to eliminate toxins from the body. It improves blood circulation leaving you feeling renewed.

🕒 60 mins | RM280.00_{NET}

Hydro Dip

Immerse yourself in the soothing embrace of our hydro-dip Jacuzzi featuring our specialized Jasmine & Lavender bath sea salt. This calming blend offers a refreshing effect while moisturizing and repairing your skin. The gentle water movement and varying temperatures in our hydrotherapy work together to soothe muscle tension and promote relaxation. It's a blissful interlude that prepares your body for deeper relaxation ahead.

🕒 30 mins | RM180.00_{NET}

Le Spa Indulgence

Indulge in our meticulously crafted spa journey, designed to rejuvenate your mind, body and soul. Our ultimate spa indulgence experience is a symphony of treatments that promise to transport you to a rejuvenated state of blissful calm. Reserve your path to inner peace today.

- Foot ritual
- Body scrub (select your own favourite scrub)
- Jasmine and Lavender bath sea salt
- Le Spa signature massage (1 hour)
- Healthy snack and drinks

 180 mins | RM850.00^{NETT} per person | RM1600.00^{NETT} per couple

Full Body Scrub

• Coffee Moist Scrub

This rich aromatic scrub is made from a blend of finely-ground coffee which helps scrub away dead skin to reveal new healthy skin underneath. It also improves blood circulation and reduces cellulite. When combined with natural yogurt wrap, it leaves the skin smooth, bright and glowing.

 40 mins | RM260.00^{NETT}

• Silky Summer Skin

Aromatic and gentle, our creamy body polish exfoliates dry skin and polishes away toxins, leaving your skin silky-soft and hydrated. It's an ideal pre-treatment service to enhance relaxation and achieve optimal results.

 40 mins | RM260.00^{NETT}

• Salt Mousse-Glow Exfoliating

Increase negative ions released into the skin for a healthier and softer body. French sea salt and organic fruit extracts enriched in pro-vitamin A and carrot seed oil are applied to your body, recreating the seawater ambiance experience.

 40 mins | RM260.00^{NETT}

**prices are inclusive of 10% service tax and prevailing government taxes*

Do's & Don'ts

Reservation of Service

We highly recommend prior reservation in advance to ensure that your preferred time and service is available.

Cancellation Policy

We require 8-hour notice for changes or cancellations. Please keep in mind that arriving late for a treatment may require us to shorten the length of your treatment with full charges applied as not to inconvenience other guests.

Health Conditions

Please advise us of any health conditions such as allergies, injuries, hypertension, pregnancy, or any possible concerns that may pose a risk during your treatment. More serious health conditions may require permission from your doctor. We advise refraining from consuming any food at least an hour before your scheduled treatment. Your safety and well-being are our top priorities.

Quick Shower

A quick shower just before your massage is relaxing and washes off any salt, minerals or chemicals that could clog pores when mixed with oils or other treatment products.

Loss or Damage

Kindly leave valuables in your room safe. The hotel and Le Spa & Wellness will not be held responsible for any losses, damages and misplaced of personal belongings.

Accidents or Injuries

Le Spa & Wellness shall not be liable for any accident or injury suffered by guest.

Operational Hours : 11.00 am to 9.00 pm (Daily)

Inquiry/Reservations : +603 7681 1111 / 7712 2222

Address : One World Hotel, First Avenue,
Bandar Utama City Centre,
47800 Petaling Jaya, Selangor