

*start*



YOUR ACTIVE  
HOLIDAY

# Magic Moments

## AT FALKENSTEINER

We have made it our goal to offer our guests tailor-made vacation experiences in every phase of life and for all needs. The highest quality standards with an individual touch and the cozy ‚Welcome Home‘ feeling meet with a wide range of design options for a vacation with an innovative programme offering that leaves nothing to be desired. A time out made for providing our guests with unforgettable memories!



**Entertainment**



**Active**



**Deceleration**



**Indulgence**



## ACTIVE

Dynamic, energetic, motivated. An extensive sports and activity programme meets health-conscious nutritional elements from the region – gentle exercise and beneficial foods strengthen the body from the inside out. Balancing regeneration and mental fitness also represent an important aspect of our Acquapura SPAS. They enable our guests to enjoy a holistic experience for body and mind that appeals to all the senses. These perfectly coordinated components give you new energy for future experiences full of vitality.

**„Never start stopping – and never stop starting.“**

Cicero

# Signature TREATMENTS

## ADRIATIC REGENERATION

Exfoliation & Pack | Lavender,  
rosemary or immortelle |  
Regenerating

HRK 600

€ 79,63

50 MIN

## WAVES IN BALANCE

Lomi Lomi Nui | Balancing |  
Harmonizing | Energy flow |  
Relaxing

HRK 735

€ 97,55

60 MIN

HRK 1088

€ 144,40

90 MIN

## DALMATIAN SUN

Intensive regenerating facial |  
Firm & radiant skin |  
30 min. massage included

BY PHYTOMER

HRK 1088

€ 144,40

90 MIN

## BODY BOOSTER

Increases sports performance |  
Stretching & mobilization |  
Fascia | New power & energy

BY PINO

HRK 720

€ 95,56

60 MIN



# Signature TREATMENTS

## ACTIVE FLOW

Hot or cool foot compresses |  
Neck & shoulder massage |  
Powerful back, leg & foot  
massage | Aloe vera fresh plant  
leaf | Reduces tension | Warms  
up muscles | Prevents muscle  
soreness | Supports muscle  
recovery

Followed by a smoothie/shake  
with Sesamkraft

BY PHARMOS NATUR

HRK 758  
€100,60

60 MIN

## ACTIVE FLOW INTENSE

Refreshing foot bath with  
peeling for stressed feet | Neck  
& shoulder massage | Powerful  
back, leg & foot massage | Back  
wrap | Aloe vera fresh plant  
leaf | Reduces tension | Warms  
up muscles | Prevents muscle  
soreness | Supports muscle  
recovery

Followed by a smoothie/shake  
with Sesamkraft

BY PHARMOS NATUR

HRK 1118  
€148,38

90 MIN



# Specials

## ACTIVE

### CHECK YOURSELF

Body scan | Nutriion check  
up programme | Tailormade  
training programme |  
45 min. training session |  
Recovery drink

HRK 1095  
€ 145,33

120 MIN

### ENERGIZE YOURSELF

20 min. muscle pain relief  
massage with a med gun |  
Taping support |  
Magnesium shot

HRK 825  
€ 109,50

80 MIN

### TAPING TIME OUT

20 min. muscle pain relief  
massage with a med gun |  
Taping support |  
Magnesium shot

HRK 525  
€ 69,68

45 MIN



# Specials

## ACTIVE

### FOOT & BACK BOOSTER

Foot reflexology massage |  
Self-warming and detoxifying  
back pack

HRK 488

€ 64,77

40 MIN

### FORTIS RECHARGER

20 min. muscle pain relief  
massage with a med gun |  
Magnesium shot

HRK 240

€ 31,85

20 MIN

1 Euro = KN 7,53450.



