

# Manicure 400 Pedicure 450 French Manicure 500 **Express Manicure** 250 **Express Pedicure** 300 Polish Change 200 **Combined Manicure and Pedicure** 800 Shellac Manicure 400 Shellac Pedicure 450 Shellac Manicure & Pedicure 800 Shellac Nail Polish 250 Shellac Polish Remover 100

FOR THE LITTLE ONES

Because we know that a healthier lifestyle from a young age brings lifetime benefits for our loved ones. These treatments are designed for children 12 vears old and under.

## Mum and Me

A combination of body massage and natural mini facial or express manicure/pedicure. 90 Minutes 1,300

# Mini Me Massage

A relaxing and therapeutic full body massage with our all-natural oils.

45 Minutes 350

## Twinkle Toes and Fancy Fingers

Children Manicure and Pedicure. Treatment includes a soak, citrus scrub, cuticle trimming, gentle foot and hand massage and a choice of nail polish.

60 Minutes

# **HEALTH & WELLNESS ACTIVITIES**

Keep your body and mind in harmony through our curated private health & wellness activities. Reservations 24 hours in advance are necessary.

Vinyasa, Yin, Hatha, Ashtanga Yoga	700
Kundalini Yoga and Sound Healing	1,000
Qigong	700
Breathwork	700
Tibetan Bowl Chakra Healing	1,250
Japa Mala Meditation	1,000
Boxing	800





For more information please contact us:

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Discover Indulgence





# ISLAND'S BEST

A harmonious blend of techniques from century-old cultures, culminating in a paradise island to introduce balance to your physical state.

## Traditional Balinese Massage

This traditional massage is an ever-present part of the island's spiritual and physical beauty and is relaxing and therapeutic, utilizing both thumb pressure and skin rolling.

60/90 Minutes 500/620

## Hot Stone Massage

Shoot away stress and dissolve muscular tension. Aims to ease muscle stiffness, increase circulation, metabolism, and promotes deeper muscle relaxation.

90 Minutes 750

## Tui Na Facial Massage with Cooling Jade Roller

Tui Na is a Chinese medical massage technique using a gentle push and pull movements that incites the blood circulation in the head, face and ears. Your therapists will massage over 20 acupuncture points on the face. To complete this facial, discover the ancient cooling and therapeutic effects of the Jade roller. The rolling technique of the stone closes the pores while helping to move the lymph to reduce puffiness and wrinkling.

60 Minutes 750

# SIMPLICITY

Sometimes, less is more. A well executed massage might just be what you need.

Combining soft and medium pressure and long sinuous strokes throughout the body, the Symmetry Massage is perfect to lull you into the mindset you need to fully enjoy your vacation.

60 / 90 Minutes

## Detox

Designed to release toxins and increase blood and oxygen circulation. This therapeutic detoxification massage boosts the immune system to restore the body's natural balance.

60 / 90 Minutes

#### Sports

Ideal for chronic stiffness and soreness, our Sports Massage utilizes various deep tissue techniques and stretching.

60 / 90 Minutes 550/670

Specialised Treatment for upper back pain, neck pain, lower back pain. Performed by one of our senior therapists, trained by an accredited trainer and soft tissue therapist from Australia.

45 / 60 Minutes 600/650

# TOP TO TOE

Not an inch to be missed in the world of indulgence.

## Hair Treatment

Quench thirsty, tired hair with a lush Hair Cream Treatment, followed by a stress releasing head massage. Available at the SPA, as well as wash and blow dry with regular styling.

60 Minutes

## **Body Scrub**

Body scrubs are a therapeutic exfoliating treatment for the skin, leaving the entire body glowing and healthy. A selection of scrubs is available to suit your mood and skin type.

350 30 Minutes

#### Foot Relaxation Massage

Designed to relax and revive tired legs and relieve swelling; fantastic after a long flight!

60/90 Minutes

### Foot Reflexology

Heaven for tired legs and feet. Reflexology is based on the theory that the feet are reflections of the entire body. It will focus on specific points to stimulate and improve blood circulation and promote a healthy, balanced body.

460/570 60/90 Minutes

# PEVONIA BOTANICA

## Marine Collagen

Counteract any signs of early aging, to combat excessive dryness, dehydration, fine lines and wrinkles. Rich in concentrated Marine Collagen, this facial is perfect to refresh and fight signs of dehydration due to the humidity while on holiday's leaves skin plump, tone, with youthful glow.

60 Minutes 1.200

## **Detox Propolis**

From the Jura Mountains of France, abundant in antioxidant and antibacterial, Propolis is perfect for those with sensitive, hypersensitive and allergy-prone skin. Clears up breakouts, reduces blemishes and clarifies skin tone. This booster for the skin will soothe, heal, and truly enrich your skin.

60 Minutes 1,100

# **Detailing Facial For Him**

Rasher rash, skin irritation or sensitivity are all treated in this executive facial for him. Combining Lavender and Propolis, this micro emulsified gel is infused into the deeper layers of the skin to calm, heal, and truly enrich your skin. This facial also focuses on anti-bacterial and decongesting properties to alleviate micro-circulation problems and to strengthen your fragile skin.

60 Minutes 1.100

## Phyto Organic Facial

Optimize your skin's health and radiance with mask treatments that specifically address your skin type. Pure organic aromatherapy elixirs & botanical actives formulations from Pevonia Botanica to purify, balance & renew the skin. Improves your skin naturally and restore normal, balanced moisture levels. Leaving your skin radiant, softer, and hydrated.

60 Minutes

## Organic Express

Look impecable in record time.. Incorporate cleansing, exfoliating, face massage and moisturizing, leaves your skin fresh and vibrant. Pure essential oils refine the skin's texture and balance moisture and oil levels.

30 Minutes 650

## Sun-Soothing

530/650

Instantly soothe the skin and restore hydration, with the repairing benefit of White Lily and Green Tea to deeply hydrate and desensitize skin. No face scrub and face massage performed. 30 Minutes

# SIGNATURE BODY MASSAGE

Signature Massage
The holistic exotic Moor mud is rich in natural vitamins, minerals and enzymes is generously applied to your back for a deep relaxation body massage. Deep tension, sore muscles, aches and pains are alleviated as your body's circulation is stimulated and

60/90 Minutes 600/750

## Youthful Skin Massage

This unique body massage not only eases muscle tension but wonderfully restores youthful-looking skin. Using Pevonia Botanica unique massage emulsion rich in antiaging vitamin E, Safflower and Orange, good for wrinkle-smoothing, increases skin elasticity, and glowing skin.

60/90 Minutes 550/700

# LUXURIOUS BODY RITUAL

## Pure Bliss

The divine scent of sea and tropical fruits gently awaken your senses... Tropical Saltmousse removes impurities and mineralises your skin. Then deeply relax in body massage using antiaging massage emulsion. Then your body will be gently cocooned in a luscious-nourishing tropical scent elixirs for your skin rejuvenation goodness. Complete the pampering journey with a hydrating Pevonia Botanica mini facial for the sake of your pampered senses.

120 Minutes

## Pevonia Refresh

Body and face rejuvenation in a blitz! Enjoy the energizing body massage with the benefits of key essential oils to ease muscle tension and nourish the skin, and Pevonia Botanica Organix express facial leaving your skin healthy, radiant and smooth.

90 Minutes 1.000

# Fruity Delight

The exotic tropical fruits aromas of Mango & Passionfruit and the rich ingredients of vitamins and minerals pamper your skin and your senses. Your skin emerges supple, smooth and glowing, while the fruity aromas deliver a wonderful feeling of the tropical spa experience.

90 Minutes

## Holistic Awakening

This healing black magma warm aromatic Moor Mud is rich in natural vitamins, enzymes and minerals. A great anti-fatigue therapy, works deeper alleviating fatigue, aches, and



**ULTIMATE INDULGENCE** 

Get the best of our SPA with combinations of our

Clarity

Body massage, body scrub

most popular treatments.

Sometimes we only need a little bit of help on achieving relaxation. Our Balance package combines the benefits of a body exfoliation along with the hydrating and relaxing benefits of a body massage.

90 Minutes

## Renew

Body massage, tester facial

Bringing out your most radiant self by combining the traditions of the massage and the finest Asian skincare.

90 Minutes

## Symmetry for Two

Symmetry body massage, body exfoliation, herbal bath, facial with cooling jade roller Beginning with a footbath, the experience continues with a detoxifying and invigorating body exfoliation with a sea salt scrub followed by a herbal bath (choice of clove, star anise, cinnamon or peppermint) to prepare for a natural cleansing facial using a cooling jade roller to seal the pores.

180 Minutes 3,100

# Finding Balance

Body scrub, body massage, herbal bath

After readying your body to absorb the nourishing benefits of therapeutic oils with a full body exfoliation and massage, a herbal bath helps to relax your tense muscles.

120 Minutes

Chocolate Fondue (135 minutes) Balinese body massage, body scrub, milk chocolate body mask, warm chocolate bath, chocolate body lotion

If only your skin could taste! This decadent package is recommended even for those on the strictest of diet.

135 Minutes

### The Absolute Treat

Symmetry massage, body exfoliation, mineral rich orange and body mask, bath, cleansing natural facial with cooling jade roller, express manicure and pedicure, spa cuisine. This is an opportunity to spend a day discovering tranquillity.

270 Minutes 2.500

# After Sun Delight

120 Minutes

Body massage with lavender oil, cooling body mask, mini facial

Rehydrate the skin with moisture rich lavender oil, followed with a cooling body mask. While you are cocooned, our professional therapists conducts a mini facial. A true oasis for those who worship the sun.

900

\*Not recommended for acute sunburn.

## Create your own package!

Combine different treatments available and create the perfect spa experience that suits your needs today.

Choose any A La Carte treatment from our menu and save 10% from the full price.

All prices in thousands of rupiah and are subject to service charge and Government tax at 21%

