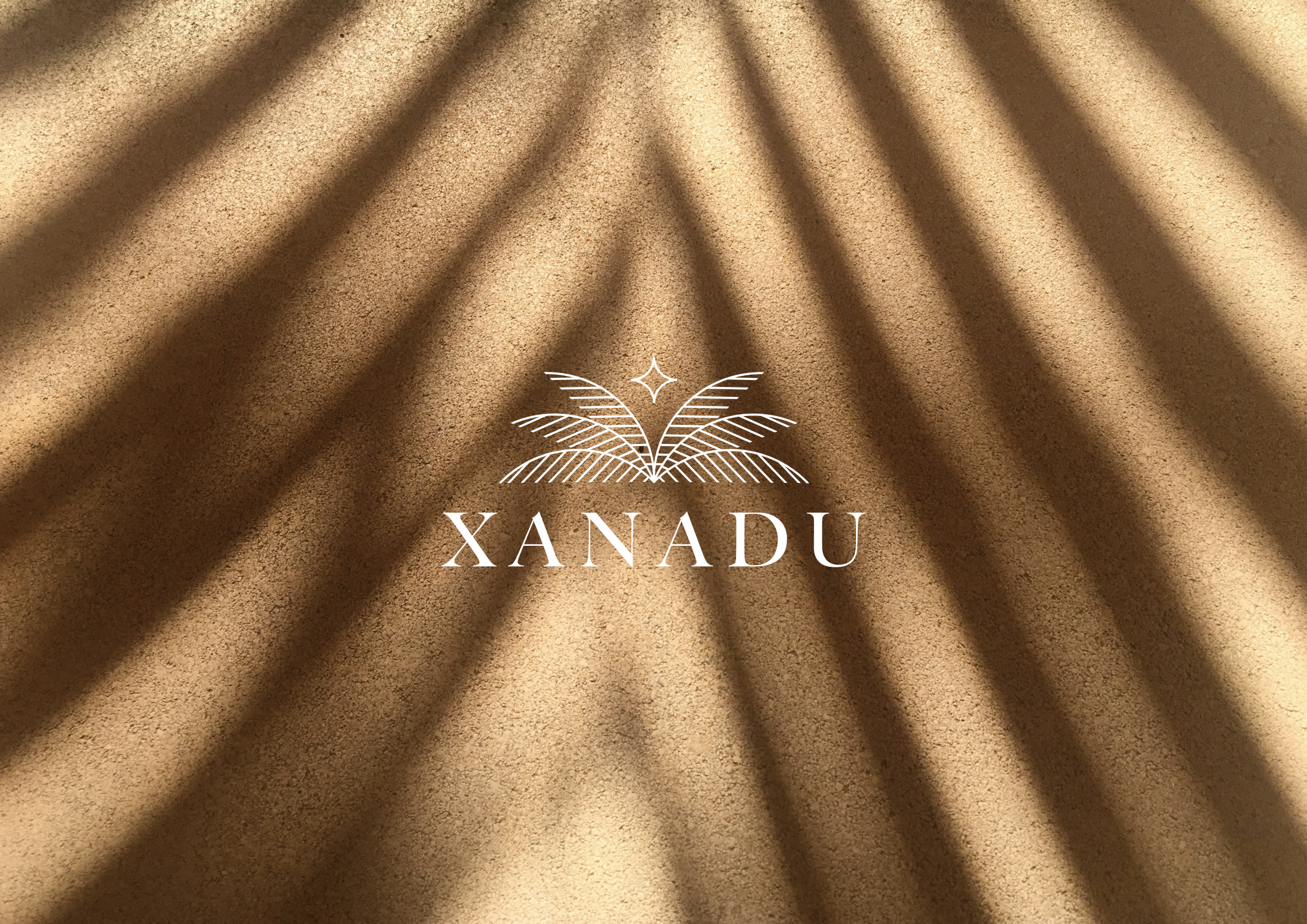

XANADU



A SERENE ESCAPE TO RELAX REJUVENATE & *spoil yourself!*

A luxurious oasis of tranquility and relaxation surrounded by lush tropical palms and gardens. From indulgent treatments to specialized programs, our Island Spa is the perfect destination to unwind and discover inner peace, balance and harmony.

six palms of wellness:

RELAX
RECOVER
REVITALISE
RESTFUL
REPLACE
REJUVENATE

MASSAGE MAGIC

Complete your holiday with a well-deserved moment of relaxation and rejuvenation. There is nothing like it to refresh the mind, calm the nerves, and soothe the muscles.

Deep Muscular Massage

A medium to strong deep pressure massage. This massage releases stress, eases muscle tension, boosts circulation and improves mobility. Intensive strokes work to loosen and relax the muscles.

60 MIN / 90 MIN

Aromatherapy Stress Relief Massage

A light to medium pressure, slow movements. This massage activates the nerve endings and increases blood circulation. Aromatherapy massage oil will calm your senses and allow your mind to let go of the stresses of daily life.

60 MIN / 90 MIN

Thai Therapy Massage

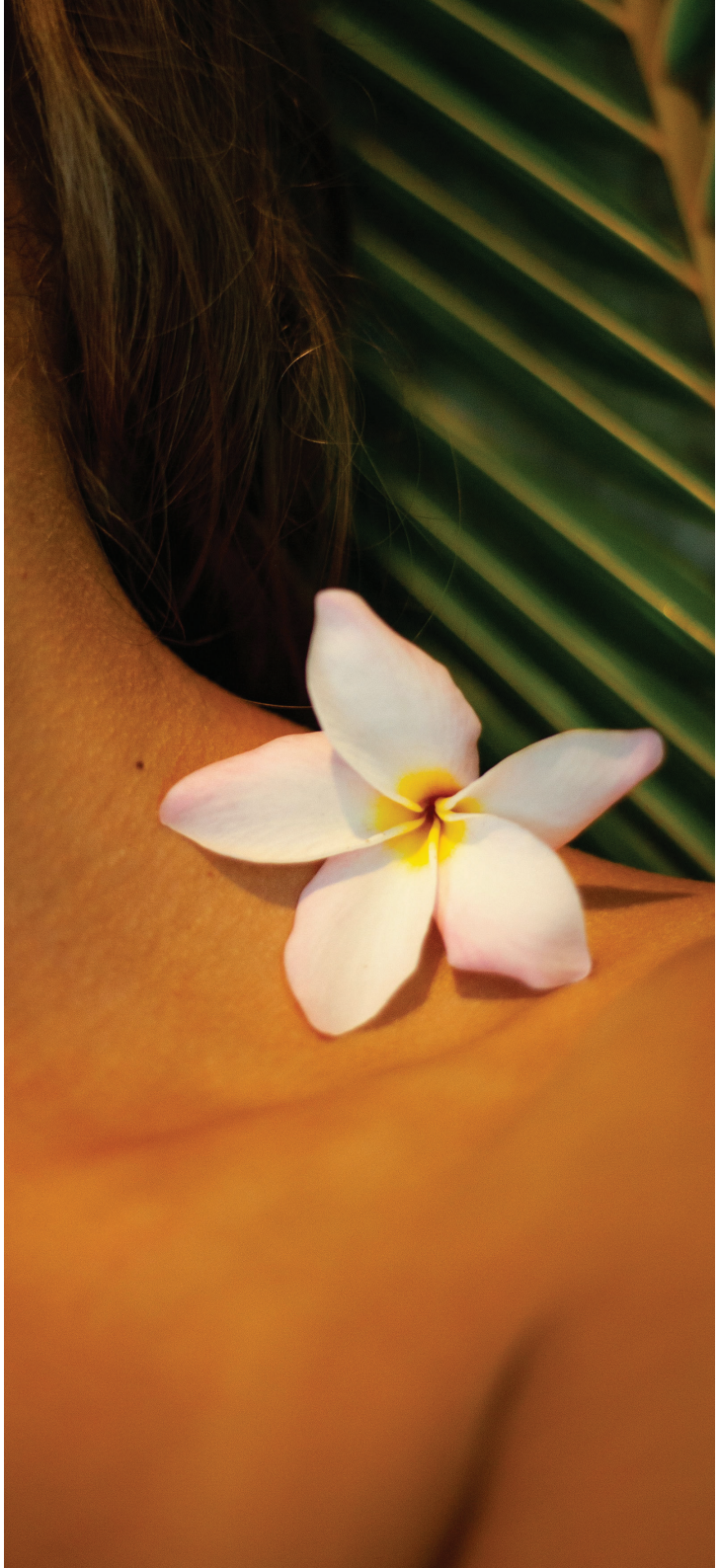
The unique ancient art of freeing energy flow throughout the body by releasing blockages along the body's energy lines. The massage is oil-free and focuses on pressure points and stretching techniques, which improves circulation and flexibility.

60 MIN / 90 MIN

Relaxing Foot & Leg Massage

Pamper your soles with this relaxing massage after a long day of traveling. A stimulating massage of the feet and leg, involving stretches and pressure points that will invigorate, relieve tension, and renew the entire body.

60 MIN



Thai Therapy *(with Herbal Hot Compress)*

Experience the perfect combination a stretching of a traditional Thai massage with the application of a warm herbal compress which contains healing herbs that's help remove tension, stiffness from muscles and leaves you with a feeling of deep relaxation.

90 MIN

Therapeutic Hot Stone Massage

The combination of the heat of the stones incorporated with our signature Relaxation Massage; allowing your therapist to better relieve muscle tension with less pain. This full-body session is the perfect treatment to loosen tight muscles, relieve stress, relax the body and mind.

90 MIN

Pregnancy Massage

This massage is specially designed for pregnant women and therefore particularly addresses back pain as well as tension in the shoulder and neck area. The massage can be performed on all expectant mothers from the fourth month and up to the middle of the seventh month.

60 MIN

Tension Back Neck & Shoulder Massage

This massage will loosen tense muscles using remedial-style deep tissue massage. To stimulate the nerves, loosen up tight muscles and remove stress, both emotionally and physically.

30 MIN

Ifuru Sea, Sand and Senses Signature

A truly indulgent spa journey inspired by Maldivian traditional. A therapeutic begins with fine sea sand exfoliate this allows the body to eliminate toxins and impurities from the skin, but also stimulates blood circulation and allows the body to absorb minerals present in the sand.This treatment is combined with our full body massage with signature warm sand pouch therapy filled with heated sea sand and dipped in pure warm coconut oil from the island. Heat will generate the blood circulation and muscle relaxation.

90 MIN

AYURVEDIC RITUALS

SHIROBHYANGA – *Indian Head Massage*

This stress-relieving head massage does double duty by easing head and mental tension, as well as bringing vitality back to your hair and scalp. By focusing on the various Marma points in your head and neck, this massage promotes long-term relaxation and deeper, longer, and unbroken sleep.

40 MIN

SHIRODHARA – *Third Eye Pour*

Therapeutic oils are poured in a continuous stream (to bathe the head) directed to the mid fore-head. will soothe your mind, body, reduce stress and help improve your sleep.

45 MIN

ABHYANGA – *Full Body Massage*

The Abhyanga is the classic, begins with a gentle head massage and Hot medicinal oil with gentle, nourishing strokes. This treatment melts away stress, calms the nervous system, and revitalizes the immune system while gently. Warm, aromatic towel compresses are applied at the end, leaving you feeling refreshed and renewed.

50 MIN



FACIAL TREATMENTS

Focusing only natural, pure and effective ingredients using highest quality essential oil, organic vegetable oil, plants extracts to create bio facial products line to suit various skin types. Combining signature treatment steps to enhance the effectiveness and pleasurable journey to the clients-the journer of natural beautiful sensation to please your senses.

Cellulose Mask Facial 75 MIN

Benefits of this soothing treatment enhanced with jade guasa. Reduce redness and inflamed skin, reduce sunburn, rehydrate the skin and diminish appearance of fine line and wrinkles.

Black Magic Purifying Facial 60 MIN

Benefits of this deep cleansing enhanced with jade to clean the pores and eliminate excess sebum on the face control and balance oily skin to remineralizer the skin.

Green Perk Facial 60 MIN

The benefits of this treatment enhanced with Himalayan hot and cold stones. Stimulate circulation underneath the skin. Relax facial muscles tension. Help with lymphatic drainage.

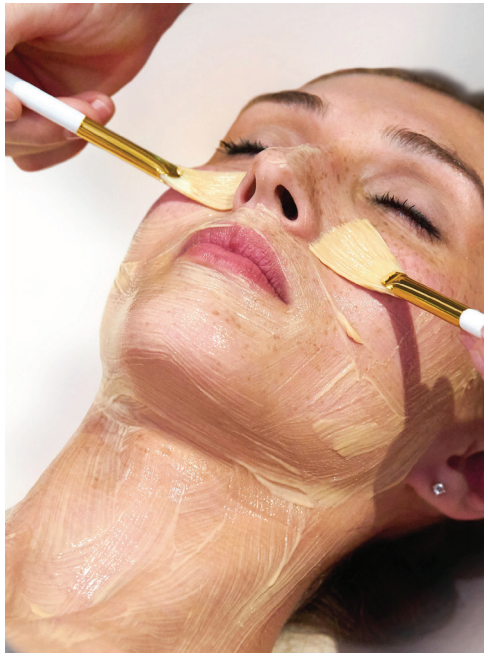
Pink Radiance Facial 60 MIN

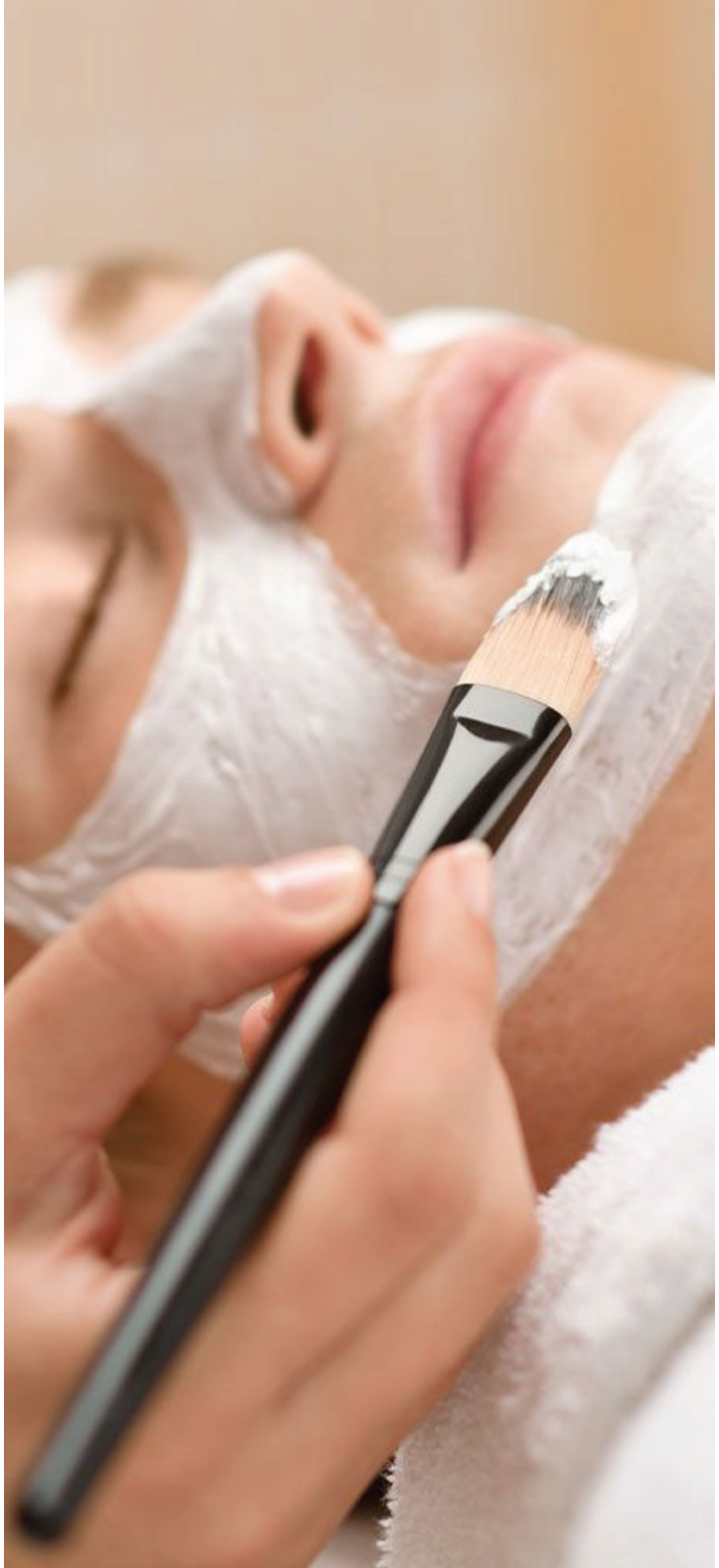
The benefits of this treatment enhance with cooling marbles. Helps tightening the skin. Improve uneven skin tone. Reduce skin inflammation from acne. Helps brightening the skin.

VINOBLE FACE RITUAL

VEGAN, SUSTAINABLE, INTENSIVELY NOURISHING

Vinoble skincare aims at making your skin healthy and leaving you with a feeling that we call skin happiness. This is the feeling you experience when your skin is perfectly hydrated, has a natural glow, and simply feels amazing. *Skin happiness knows no age*





CLASSIC FACIAL 30 MIN

Your ideal VINOBLE COSMETICS discovery treatment. Enjoy a relaxing facial massage with a face mask rich in active ingredients. The treatment is rounded off with skincare cream tailored to your skin type. For instantly visible results on any type of skin!

Ritual | Cleansing | Scrub | Facial Massage with Mask | Final Treatment

HYDRATION FACIAL 60 MIN

Happy skin in just one hour! This VINOBLE COSMETICS treatment can be tailored precisely to the needs of your skin. After cleansing and a scrub, you receive a soothing facial massage with a serum. This is followed by a nurturing cream mask with antioxidant or regenerating properties, depending on your skin type. While the mask takes effect, your hands are pampered with a hand massage. The treatment is rounded off with skincare cream tailored to your skin type. The result: Intensively nourished and relaxed skin that looks fresh and feels amazing!

Ritual | Cleansing | Scrub | Facial Massage with Serum | Cream Mask | Final Treatment

FACE LIFTING FACIAL 90 MIN

Highly concentrated active ingredients for radiant eyes and intensive skincare. During this 90-minute VINOBLE COSMETICS treatment, your skin is boosted with a highly effective concentrate cocktail. Precious active ingredients tailored to your skin type penetrate deep into the skin and nourish it from within. The facial massage or cleansing is followed by a special Vinoble eye treatment that makes your eye zone look fresh again. After the special premium mask and personalized final treatment, your face is left looking youthful, firm and pampered.

Ritual | Cleansing | Scrub | Concentrate cocktail | Facial Massage | Eye care | Special lifting Mask | Final treatment

BODY TREATMENTS

Our therapists combine the skin-smoothing qualities of a body scrub and boy wrap with the soothing elements of massage to remove dry, flaky skin, increase circulation and aid detoxification. You will experience glowing and smooth skin.

BODY SCRUB

Aromatherapy Salt Glow

This deep cleansing specialty treatment gently exfoliates the body with salts from the Sea. Softer and smoother skin is attained by removing dull surface skin cells and adding moisture with Aromatherapy Lotion

45 MIN

Jojoba Bead Polish

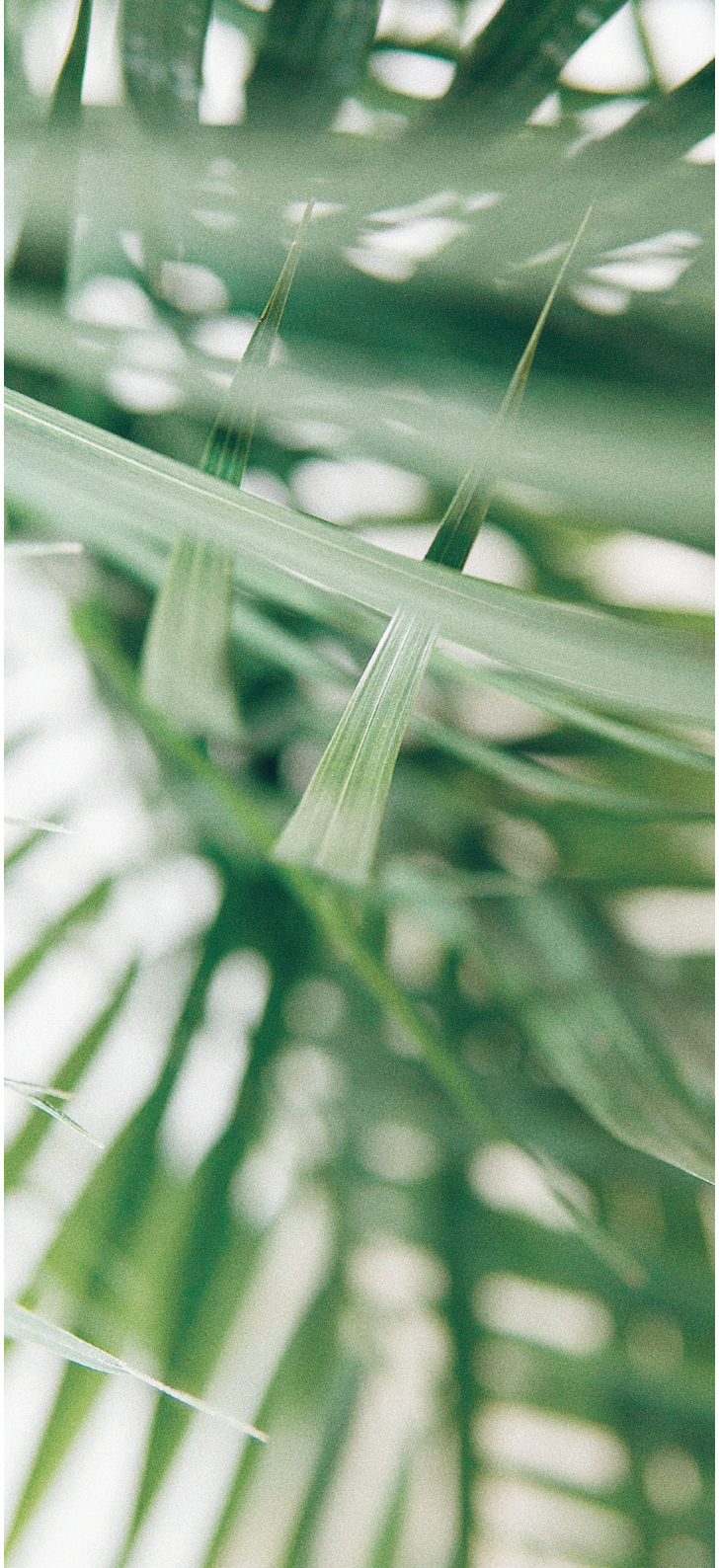
Moisturize Jojoba beads regularly to release surface toxins and other impurities. Refreshing cucumber and hydrating aloe vera leaves your skin soft, smooth and radiant.

45 MIN

Seaweed Revitalizing Cream Scrub

Exfoliating Seaweed & Micro-Granules refine and smooth the skin. Lavender, Ylang Ylang, Sweet Marjoram, Petitgrain and natural oils are enriched to nourish and soften the skin leaving the skin feeling nice & soft.

45 MIN



BODY WRAP

Body Mask Amber & Vetiver (White Clay)

White clay with pure Amber essential. This miracle mud contains minerals to cleanse and balance the skin while tightening pores and improves circulation.

45 MIN

Body Mask Lemongrass & Orange Blossom

White mud based Body mask has soothing and regenerating properties. The infused essential oil enhances vitality and radiance. With purse lemongrass & Orange Blossom Jojoba oil Aloe Vera & Kaolin

45 MIN

Seaweed Revitalizing Wrap

Powerful seaweed algae are rich in antioxidants, Vitamin A, and fatty acids that can have anti-aging effects. As your skin absorbs these healthy nutrients, it gets a boost in cell regeneration and elasticity, can help reduce the appearance of wrinkles and cellulite.

45 MIN

SUN THERAPY

Pre - Sun Ritual 45 MIN

Perfect to have therapy in preparation to sun exposure that begins with a gentle exfoliation. Follow SunKiss Unscented SPF 50 to protect your skin. Perfect solution to sun protection suitable to all skin types and skin tones. Paraben free, cruelty free and Vegan. Sun Kiss's eco – conscious ocean friendly ingredients are packed with vitamins and skin loving anti-oxidants.

Post – Sun Ritual (Sun Soother) 40 MIN

Surrender to the healing properties of aloe and bergamot to deepen and extend your tan. The healing and moisturizing properties of aloe and lavender are an un unrivaled relief for skin stressed by sun exposure or dry conditions. Let us first wrap you soothing aloe gel before massaging you scalp, neck and feet.

XANADU PACKAGES

Choose a truly immersive Sanctuary spa experience for yourself or a loved one with a spa package that bundles multiple services together for total bliss.

SUNKISS APERITIF FOR COUPLES

Designed for your perfect first day of relaxation and the perfect start for your tan plan

- Steam or Sauna & Plunge Pool
- Choice of Body Scrub
- Deep Muscular Massage
- A glass of Champagne

140 MIN





ROMANCE RETREAT FOR COUPLES

- Steam or Sauna & Plunge Pool
- For him 30 min head massage / For Her 30 min facial
- Deep Muscular Massage
- A glass of Champagne

140 MIN

HOLISTIC SIGNATURE EXPERIENCE

- Abhyanga
- Shirobhyanga
- Shirodahra

120 MIN

A TOUCH OF PARADISE

- Steam or Sauna
- Jojoba bead Polish
- Aromatherapy Stress Relief Massage
- Express Facial

150 MIN

DAY OF INDULGENCE

- Steam or Sauna
- Seaweed Revitalizing Cream Scrub
- Seaweed Revitalizing Wrap
- Deep Muscular Massage
- Green Perk Facial
- Express Mani & Express Pedi (Normal Polish)

270 MIN



DESTINY PACKAGES

Relax 3 DAYS PACKAGE

DAY 1 Sunset or Sunrise Yoga in your private villa or on the beach

DAY 2 Aromatherapy Stress Relief Massage (60 mins)

DAY 3 Black Magic Purifying Facial

Recover 5 DAYS PACKAGE

DAY 1 Sunset or Sunrise Yoga in your private villa or on the beach

DAY 2 Massage (60 mins) and Shiro Dhara

DAY 3 Choice of Steam or Sauna + Body Scrub & Body Wrap

DAY 4 Green Perk Facial

DAY 5 Express Normal Polish Manicure & Pedicure

Revitalize 7 DAYS PACKAGE

DAY 1 Choice of Steam or Sauna + Body Scrub & Body Wrap

DAY 2 Deep Muscular Massage (60 mins)

DAY 3 Sunset or Sunrise Yoga in your private villa or on the beach

DAY 4 Abhyanga Massage and Shiro Dhara

DAY 5 Foot & Leg Massage

DAY 6 Pink Radiance Facial

DAY 7 Coconut Hair Mask + Express Normal Polish Mani & Pedi





KIDS MENU 4 – 10 YEARS

Kid Massage 30MIN / 50MIN

Fancy Fingers Mani 20 MIN

Twinkle Toes Pedi 20 MIN

Coconut Gentle Polish 30 MIN

Prince or Princess Care Package

- Kid Massage & Mani + Pedi 80 MIN
- Kid Massage & Facial 80 MINS
- Kid Massage & Body Scrub 80 MIN

BEAUTY SALON

ALL IN THE HAIR

Shampoo & Blow Dry *(Short)* 45MIN
Shampoo & Blow Dry *(Long)* 60MIN+
Coconut Hair and Scalp Treatment 45MIN
Basic Bridal Hair
Basic Bridal Make Up
Basic Bridal Hair & Make Up
Hair cutting is available on special request

A QUICK WAX

Underarm
Upper Lip
Half Leg
Full Leg
Half Arm
Full Arm
Back / Chest

SOMETHING EXTRA?

In Villa Bath Set Up
In Villa Massage (Extra Charge per guest)
Steam, Sauna and Spa Plunge Pool 45MIN
Private Yoga – Single 60MIN
Private Yoga – Couple 60MIN
Ice Bath Revitalize and Recover 30MIN

While the Ice & Bubbles Challenge may seem daring, it offers remarkable benefits for your body and mind. The cold-water immersion can promote muscle recovery, reduce inflammation, and invigorate your senses. After the challenge, bask in the warmth of a post-ice bath glow, feeling recharged and revitalized under the warm glow of the Maldivian sun.
Luxurious Setting: Ifuru Island Resort provides the perfect backdrop for this extraordinary adventure.



THE NAILS SOCIALS

Treat your hand and feet to the care they deserve. From the basic to the indulgent, our treatments focus on the health and integrity of your nails first, creating a beautiful finish.

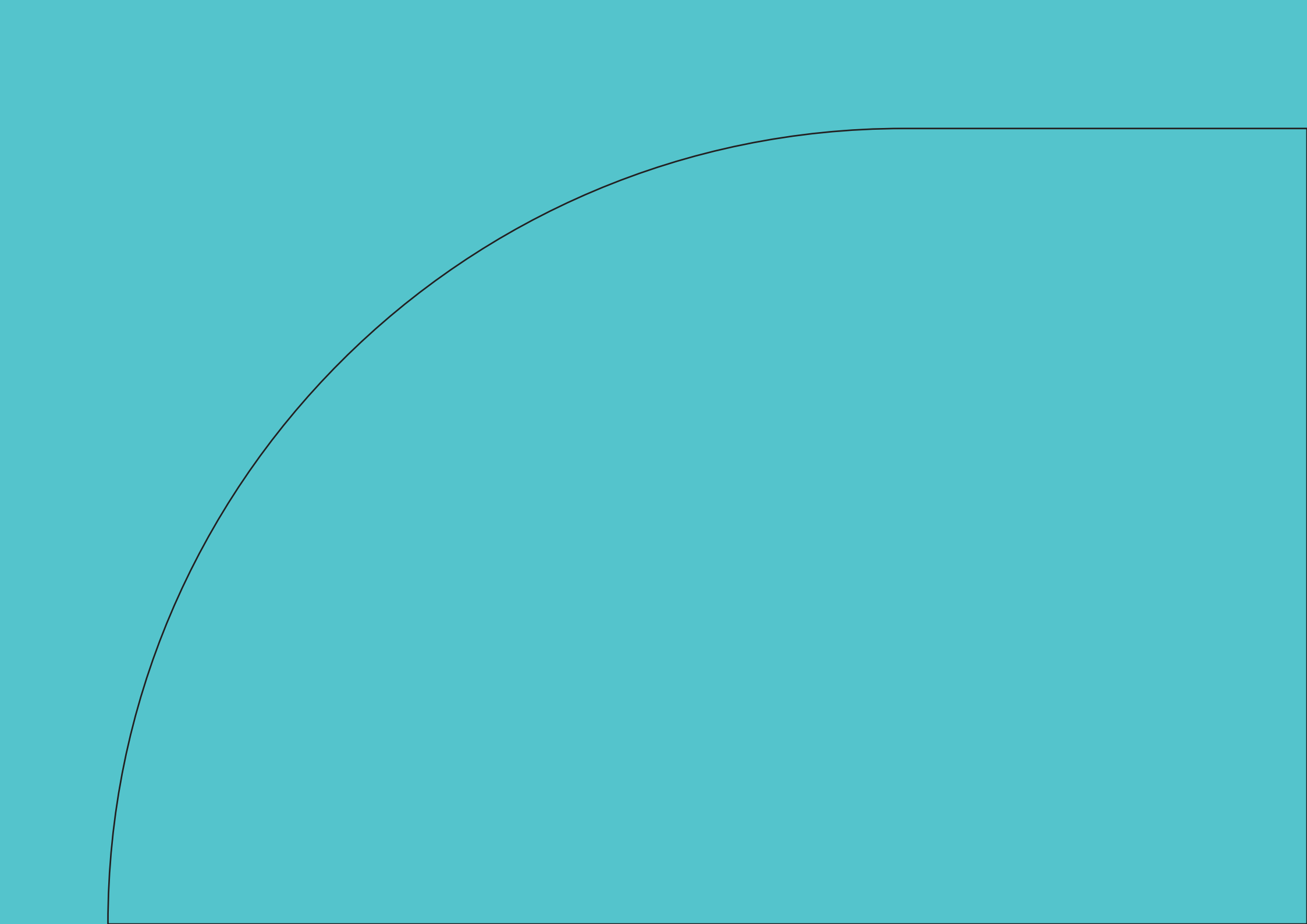
Polish Only *a fresh coat of polish*
NORMAL POLISH 15MIN / GEL 30MIN

Quickie *a no-nonsense shape and polish*
NORMAL POLISH 30MIN / GEL 45MIN

Signature *our classic service includes: nail shaping, cuticle care, exfoliating and a massage. Finish off with a fresh coat of polish.*

- Gel Manicure 80MIN
- Gel Pedicure 80MIN
- Classic Manicure 60 MIN
- Classic Pedicure 60 MIN







All prices are quoted US dollars and subject to additional 10% service charge and 17% government taxes

XANADU

A SERENE ESCAPE TO RELAX REJUVINATE & *Spoil Yourself!*

MASSAGE MAGIC

Deep Muscular Massage	60 MIN / $130 | 90 MIN / $188
Aromatherapy Stress Relief Massage	60 MIN / $130 | 90 MIN / $188
Thai Therapy Massage	60 MIN / $130 | 90 MIN / $188
Relaxing Foot & Leg Massage	60 MIN / $130
Thai Therapy (with Herbal Hot Compress)	90 MIN / $199
Therapeutic Hot Stone Massage	90 MIN / $199
Pregnancy Massage	60 MIN / $130
Tension Back Neck & Shoulder Massage	30 MIN / $70
Ifuru Sea, Sand & Senses Signature	90 MIN / $188

AYURVEDIC RITUALS

Shirobhyanga - Indian Head Massage	40 MIN / $99
Shirodhara - Third Eye Pour	45 MIN / $129
Abhyanga- Full Body Massage	50 MIN / $130

FACIAL TREATMENTS

Cellulose Mask Facial	75 MIN / $155
Black Magic Purifying Facial	60 MIN / $130
Green Perk Facial	60 MIN / $130
Pink Radiance Facial	60 MIN / $130

VINOBLE FACE RITUALS

Classic Facial	30 MIN / $99
Hydration Facial	60 MIN / $159
Face Lifting Facial	90 MIN / $222

BODY TREATMENTS

BODY SCRUBS

Aromatherapy Salt Glow	45 MIN / $99
Jojoba Bead Polish	45 MIN / $99
Seaweed Revitalizing Cream Scrub	45 MIN / $99

BODY WRAPS

Body Mask Amber & Vetiver (White Clay)	45 MIN / $99
Body Mask Lemongrass & Orange Blossom	45 MIN / $99
Seaweed Revitalizing Wrap	45 MIN / $99

SUN THERAPY

Pre - Sun Ritual	45 MIN / $111
Post – Sun Ritual (Sun Soother)	45 MIN / $99

XANADU PAC KAGES

Sunkiss Aperitif for couples	140 MIN / $399
Romance Retreat for couples	140 MIN / $399
Holistic Signature Experience	120 MIN / $269
A Touch of Paradise	150 MIN / $269
Day of Indulgence	270 MIN / $488

DESTINY PACKAGES

Relax	3 DAYS PAC KAGE / $269
Recover	5 DAYS PAC KAGE / $666
Revitalise	7 DAYS PAC KAGE / $888

KIDS MENU

Kid Massage	30MINS / $45 | 50MIN / $75
Fancy Fingers Mani	20 MIN / $20
Twinkle Toes Pedi	20 MIN / $20
Coconut Gentle Polish	30 MIN / $45

PRINCE OR PRINCESS CARE PACKAGE

Kid Massage & Mani + Pedi	80 MIN / $99
Kid Massage & Facial	80 MIN / $99
Kid Massage & Body Scrub	80 MIN / $99

BEAUTY SALON

ALL IN THE HAIR

Shampoo & Blow Dry (Short)	45 MIN / $75
Shampoo & Blow Dry (Long)	60MIN / $99
Coconut Hair and Scalp Treatment	45MIN / $88
Basic Bridal Hair	$100
Basic Bridal Make Up	$100
Bridal Hair & Make Up	$200
Hair cutting is available on special request	

A QUIC K WAX

Underarm	$30
Upper Lip	$30
Half Leg	$45
Full Leg	$75
Half Arm	$40
Full Arm	$70
Back / Chest	$75

THE NAILS SOCIALS

POLISH ONLY - *a fresh coat of polish*

Normal Polish	15MIN / $28
Gel	30MIN / $45

QUICKIE- *a no-nonsense shape and polish*

Normal Polish	30MIN / $45
Gel	45MIN / $88

SIGNATURE

Gel Manicure	80 MIN / $95
Gel Pedicure	80 MIN / $95
Classic Manicure	60 MIN / $75
Classic Pedicure	60 MIN / $75

SOMETHING EXTRA?

In Villa Bath Set Up	$45
In Villa Massage (Extra Charge per guest)	$35
Steam, Sauna and Spa Plunge Pool	45MIN / $30
Private Yoga – Single	60MIN / $60
Private Yoga – Couple	60MIN / $100
Ice Bath Revitalise and Recover	30MIN / $50

Prices are quoted in US dollars and are subject to 10% service charge and 17% GST.