



VIE SPA



# VIE SPA

## WELCOME TO VIE SPA

Escape to Vie Spa, a place where your wellness is nurtured to harmonise with your inner self, a place where care is personalised and life is celebrated. From the moment you enter our sanctuary you will feel a wave of calm wash over you. Connecting science with nature, Pevonia and sensory organic iKOU offerings are individually tailored to deliver optimal results. Our spa suites, relaxation areas and grounds will add to the total experience.

**Escape to Vie Spa and leave feeling restored, revived and inspired.**

# VIE SPA

## CONNECTING SCIENCE WITH NATURE

Developed in the World Heritage listed Blue Mountains, **iKOU** luxury formulations and ingredients are based on organic and wild-harvested Australian fruit and flower extracts. Direct from the earth and naturally chemical free, iKOU extracts are obtained through a DNA extraction process allowing precious actives to remain potent and pure.

## NATURAL INGREDIENTS, PROFESSIONAL RESULTS

**Pevonia** green skincare products and in-spa treatments unite the finest natural botanical and marine ingredients with advanced technology and delivery systems to ensure the products reach the deepest layers of the skin for maximum absorbency and truly phenomenal results.

VIE SPA



iKOU

OPTIMUM  
HYDRATION  
FACE MIST  
55ml/1.89fl.oz. e

# VIE SPA

## iKOU RITUALS

### **EARTH & OCEAN**

**2 hrs / \$350**

Vie Signature Ritual – Tropical North Queensland. De-stress and connect with the earth's healing benefits in this iconic Australian location, where the rainforest meets the reef. Feel tensions ease as native aromatics and waves of flowing massage lull you into a deep sense of calm. Leave feeling balanced with a renewed sense of wellbeing.

- Native aromatic back scrub
- Serene body and scalp massage
- Hydrating radiance facial
- Lemon Myrtle & Cucumber foot and lower leg mask
- De-stress organic body souffle

### **WHITE FLANNEL FLOWER SANCTUARY**

**1 hr 45 min / \$295**

Unwind and allow your body to receive the healing benefits of deep relaxation. Inspired by the beauty of the Australian White Flannel Flower, this elegant ritual is a complete head-to-toe degustation of iKOU treatments. Connect with the inner joy that lives within you, while exotic ingredients restore a radiant all-over glow.

- Organic Coconut & Jasmine body polish
- Australian White Flannel Flower hydrating cocoon
- Age defying White Flannel Flower facial
- White Flannel Flower body souffle & foot restoration massage

**UPGRADE 30 min / \$85**

Organic White Flannel Flower infused back, neck & shoulder massage.

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## iKOU RITUALS

### **DAINTREE RAINFOREST RITUAL**

**1 hr 30 min / \$270**

Breathe new life into your body and soul with this uplifting wellness ritual. Sea salt exfoliation reveals radiant skin while preparing the body and clearing the mind. Aromatic full body and scalp massage focuses on releasing tension, leaving you energised and walking on air.

- Organic Lemon Myrtle body scrub
- Quandong & Bergamot heated scalp cocoon
- Renewal body massage



# VIE SPA

## VIE RETREAT

### Let us take you on a journey...

Slip into your fresh robe and let go of daily stresses as your feet are bathed in aroma infused soak. Surrender within our tranquil settings and unwind between treatments. Relax, sip warm herbal infusions, close your eyes and breathe...

### QUEEN VIE

**3 hr 30 min / \$500**

You deserve the royal treatment! Face, skin and nails are polished, preened and perfected during this indulgent selection of divine offerings. A truly glamorous journey from tiara to toe. Includes bottle of nail colour, yours to take home as a memento.

- Couture facial
- Citrus body glow
- Hydrating Waterlily body wrap
- Blissful back massage
- Petite mani & pedi
- Australian Sparkling Piccolo

### VIE & TONIC

**3 hrs / \$420**

Support your health regime and recharge batteries during this stimulating detox cocktail. Intensive sea salt scrub, spiked with zesty fruit enzymes, kick starts the circulation and awakens the senses. An invigorating full body massage targets fluid retention and releases tension. Concluding with an intensive toning and firming body wrap of marine seaweed, rich in trace minerals.

- Lymphatic body brushing
- Intensive Sea Salt body scrub
- Full body & scalp massage
- Marine Mineral seaweed wrap
- Spa refreshments



# VIE SPA

## VIE RETREAT

### VIE DUO

**1 hr 30 min / \$450 per couple**

Re-connect during our signature full body & scalp massage, side by side, in your own private suite. Ideal for couples, best friends and loved ones.

- Aromatic foot ritual
- Calm & balance massage
- Sacred scalp massage
- Australian Sparkling for two

### VIE CLIQUE

**2 treatments, 1 hr / \$190**

**3 treatments, 1 hr 30min \$240**

A delightful Spa soiree perfect for hen's, baby showers and reunions. Includes spa refreshments, foot ritual prior to treatments and celebratory glass of Australian Sparkling wine. Personal locker, towel and robes will be provided for your comfort. **Minimum 4 guests.**

Select 2 or 3 spa treatments of your choice.

- Petite facial
- Aromatic back massage
- Deeply hydrating hair cocoon
- Lower leg massage & cooling foot mask



## PEVONIA FACIALS

### **HYDRA-CLOUD™**

**1 hr 30 min / \$260**

Signature Hydra-Cloud™ Mask treatment facial features a highly concentrated, Fragmented Hyaluronic Acid to deliver plumper, firmer, resilient and more supple skin. The Micronized Cotton blend is loaded with fast-acting repairing agents and negative ions that work quickly to repair, deeply hydrate, cool and firm. This super charged skin treatment is recommended for all skin types, including sensitive and menopausal and as a supportive treatment for rosacea.

### **INTENSIVE LUXE**

**1 hr 15min / \$230**

Transform the duller complexions, boost hydration and refine texture during this exquisite customised facial. Deep cleansing, an enzymatic exfoliation plus an intensive custom ampoule for the face neck and décolletage is infused and massaged deeply to restore health to the skin. High performance 'lift off' mask seals in the active ingredients for longer lasting results. Leave with renewed, hydrated and visibly luminous skin.



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## PEVONIA FACIALS

### **COUTURE**

**1 hr / \$180**

Prescriptive facial treatment with extraordinary results. Personalised with a skin boosting ampoule to target your skin concerns.

**Propolis** - Calms and soothes sensitive skin and helps heal breakouts.

**Vitaminic** - Intensive vitamin boost to revitalize dry skin types.

**Vit. C & Oxyzomes** - For all skin types seeking an illuminating glow.

**Collagen & Caviar** - Highly concentrated formula to repair, smooth and plump aging skin\*.

**Escutox™** - Topical Botox™ Designed to naturally relax lines and wrinkles\*.

**\*\$20 upgrade**

Includes professional skin diagnosis, deep cleansing with an enzymatic exfoliation, face, neck and décolletage massage plus organic mask. Leave with hydrated, toned skin that glows with radiance.



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## PEVONIA FACIAL ENHANCERS

### **INTENSIVE EYE MASKS**

**\$50**

Cryo Collagen - 100% freeze dried collagen intensely hydrates and plumps, reducing the appearance of fine lines and wrinkles.

Ginkgo Biloba - Ultra-cooling eye mask infused with Ginkgo Biloba & Vitamin C, helps drain excess fluid and brighten eye contour, alleviating dark circles.

### **FOCUS MASSAGE UPGRADE**

**30 min / \$85**

Enhance your facial and release tension with extended aroma infused massage. Your choice of back, foot or scalp.

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## iKOU FACIALS

### **ORGANIC DE-STRESS**

**1 hr 30 min / \$260**

This calming, restorative facial focuses on collagen regeneration, healing, nourishing and rebuilding skins elasticity. Organic and wild harvested Australian fruit and flower extracts boost hydration and reveal skins natural glow. An aromatherapy scalp, foot, arm and lower leg massage with Geranium, Lavender & Clementine completes this soothing experience.

### **WHITE FLANNEL FLOWER AGE DEFYING FACIAL**

**1 hr 15 min / \$230**

This deeply relaxing, signature facial delivers high-performance, visible anti-ageing results. A powerful blend of Australian plant, fruit and flowers tone and firm the skin, boosting hydration and collagen production. Radiant skin is revealed with an AHA & BHA Australian Desert Lime Face Polish. Relaxing acupressure facial massage makes way for active, organic ingredients, serums and double masques application.

### **DEEP CELL HYDRATION**

**1 hr / \$180**

Quench thirsty skin and reveal natural radiance during this deeply hydrating facial. Featuring super-antioxidant, native Australian rainforest Crown of Gold. Renewal begins with a focus on effective exfoliation. Moisture balance is restored with a deep cell. low molecular weight Hyaluronic Acid infusion compress and luxurious double masque. Results in a visibly radiant, nourished and revitalised complexion.

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## iKOU ORGANIC POLISH, BUFF & SCRUB

### **ORGANIC POLISH, BUFF & SCRUB**

Transform body and mind during iKOU Organic High-Performance Body Scrubs. Rich in essential fatty acids and antioxidants, specially selected oils promote skin renewal whilst heightening senses. Natural exfoliants polish away dull cells to reveal radiant skin. The finishing full body application of a triple butter Organic Body Soufflé leaves the mind relaxed and the skin rejuvenated.

### **COCONUT & JASMINE BODY POLISH**

**1 hr / \$180**

Re-connect and bliss out. A gentle but effective Coconut & Jasmine Rice body polish for sensitive skin.

### **ORGANIC ITALIAN ORANGE & AUSTRALIAN JOJOBA BODY BUFF**

**1 hr / \$180**

De-stress and inspire. A fast results sugar scrub rich in hydrating Jojoba Oil for healthy cell renewal and glowing skin.

### **LEMON MYRTLE RENEWAL BODY SCRUB**

**1 hr / \$180**

Revive and cleanse. A detoxifying, energising salt scrub with deep cleansing Lemon Myrtle for rejuvenation of balanced skin types.

### **ORGANIC POLISH, BUFF OR SCRUB + NATIVE BACK MASSAGE**

**1 hr 30 min / \$250**

Your choice of iKOU full body polish, buff or scrub followed by a deeply relaxing back massage, infused with native aromatics.

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## AQUA

### TIME TO SPA

**30 min / \$65**

Enhance any massage experience by indulging in a warm bath infused with exotic aromatics and sea minerals. Precious time to relax and unwind alone or with your partner within your private Spa suite.

### CITRUS RAIN

**45 min / \$125**

Discover glowing skin during a mineral salt body scrub, spiked with zesty fruit enzymes. Awaken as invigorating jets of warm water flow over the body, increasing circulation and revitalizing fatigued muscles.





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## PERFORMANCE WRAPS

### **MARINE MINERALS**

**45 min / \$150**

Detox Support - Full body brushing kick starts the detoxification process, stimulating the circulation and targeting fluid retention. Drift away during a soothing scalp massage as the body is wrapped in a blend of the finest seaweed, harvested off the French coast of Brittany. Rich in trace minerals and vitamins, the potent ingredients work to re-mineralise and reduce fluid trapped within the body.

### **CREPE NO MORE**

**45 min / \$150**

De-Aging Powerhouse - Experience the latest in body de-aging with this antioxidant rich, marine collagen body cocoon. After body brushing, a luscious crafted blend of Longan Super Fruit, potent Hyaluronic Acid and Shea Butter, is applied to the body. The active ingredients work to radically to reduce crepiness and smooth uneven texture.

### **WATERLILY SOS**

**45 min / \$150**

Calming & Cooling - Relieve sun sensitivity during this ultra-cooling body wrap. Waterlily, Green tree and Chamomile work in harmony to bring welcomed relief to uncomfortable, over exposed skin. This gentle treatment heals, desensitizes and decreases skin temperature on contact.

### **UPGRADE**

**30 min / \$85**

Full body mineral salt scrub spiked with zesty fruit enzymes.

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## MASSAGE

### **BALANCE & CALM**

**1 hr / \$170 - 1 hr 30 min / \$210**

This full-body harmonising massage combines rhythmic movements and gentle manipulation. Create your own journey with your choice of one of five iKOU organic, aromatherapy plant oil blends. Intuitively guide your mind and body to greater relaxation and energy balance.

### **MUSCULAR WELLNESS**

**1 hr / \$180 - 1 hr 30 min / \$220**

A medium to firm pressure, tension releasing massage. Organic, anti-inflammatory herb and plant infused oils, including a warming trio of Australian Eucalyptus and Arnica deliver effective results and leave you feeling relaxed and renewed.

*Deep tissue massage upgrade available on request, subject to availability.*

### **EVOLE HOT STONES**

**1 hr 30 min / \$235**

Therapeutic healing benefits of hot stones with a blend of Geranium and Mandarin oils provide a comforting aroma to de-stress, soothe senses and quiet the mind. The fluid movement of warm basalt stones acts as an extension of the hands, releasing muscular tension, aiding deep relaxation.

### **MAMMA TOO**

**1 hr / \$180**

A combination of pregnancy specific massage techniques for the body, adapted to each stage of this precious journey, bringing much needed release and relief. A tranquil aromatherapy blend nurtures, protects and strengthens leaving skin soft and supple.

### **BERGAMOT SOOTHING SCALP COCOON**

**30 min / \$95**

A deeply nourishing cocoon, infused with Bergamot and Quandong, soothes sensitive scalps and restores lustre. Inhale the comforting aroma as tension is lifted during a blissful head massage. Pause and exhale, allowing the cares of the day to be washed away.

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## TIPS & TOES

### **RAINFOREST FOOT RITUAL**

**45 min / \$125**

Absolute bliss for tired legs and aching soles. Native Eucalyptus foot soak and scrub preps for a circulation boosting, softening treatment. Drift away during a lower leg soothing oil application and a tension releasing pressure point massage. An aromatic Lemon, Tea Tree and cooling Cucumber foot mask leaves you with a true spring in your step.

### **SOLE REVIVAL**

**1 hr / \$135**

An indulgent Spa foot treatment incorporates a foot soak, sea salt exfoliation, cuticle tidy, aromatic soothing foot massage and deeply moisturising mask. Nails are then shaped and polished to perfection. Includes your personal polish for home use.

### **HANDPRINT**

**1 hr / \$135**

Transform your hands from the practical to the beautiful with skin smoothing exfoliation, aromatic massage and nourishing hand mask. A file, cuticle tidy, nail buff or a splash of 'take home' colour completes the experience.

### **SPARKLING DUO**

**1 hr 30 min / \$250**

Indulge in a gorgeous mani & pedi whilst sipping on a glass of Australian sparkling wine. Includes personal bottle of polish to take home as a memento.

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### **Arrival**

We recommend you arrive 15 minutes prior to your appointment, to allow yourself time to complete your consultation form and explore our calming surroundings. Whilst we will always try to accommodate your treatments in full, we would hate for your treatment to be cut short due to your late arrival.

### **Attire**

Please wear whatever makes you feel comfortable. Upon arrival you will be provided with a robe, disposable slippers, and towels. Disposable underwear will be available for body treatments.

### **Cancellations**

We understand that sometimes you may need to change your schedule. We kindly ask you give us a minimum of 24 hours notice. Appointments cancelled within 24 hours will incur a 50% cancellation fee. Appointments cancelled within 4 hours or no-shows will incur a 100% cancellation fee.

### **Younger Guests**

Guests under the age of 16 must be accompanied by a guardian. Treatments are subject to suitability and availability. Please discuss options with Spa Reception prior to booking.

### **Health**

Our priority is your wellbeing. Please inform your therapist if you have any known medical condition that may affect your treatment. We reserve the right to electronically check temperature before guests enter the Spa.

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### **Pregnancy**

Our caring team will adapt many of our treatment offerings to suit pregnant and nursing mums. For your peace of mind, we advise treatments to be taken after 1st trimester. Please notify Spa reception at the time of booking.

### **Prices and Service**

All our Spa offerings and prices are subject to change without notice.

### **Serenity**

Please help us to maintain serenity by turning off mobile phones before entering.

### **Social Distancing**

Please respect any social distancing measures in place within the Spa. We will notify you on arrival of up to date procedures in accordance to government regulations.

### **Spa Cuisine**

Please talk to our Reception regarding our seasonal delicacies.  
\*24 hours pre-order required.

### **Valuables**

Whilst lockers are provided for you, we recommend you leave all valuables in your room as we do not assume any liability for loss or damage of any kind.

\* Surcharge applies on sundays and public holidays