



LEX Spa<sup>®</sup>

**Opening Hours** Monday to Sunday : 10.00 am – 8.00 pm

# THALION BODY TREATMENTS

*Immerse yourself in the healing power of the ocean and reap its benefits. THALION body care invites you to return to the source of beauty and wellbeing, to experience serenity and splendour.*

## **Ultimate Body Detox**

**RM400**

(90 minutes)

This detoxifying body treatment combines the techniques of the THALION Detox Massage with marine extract known to stimulate the elimination functions and drain the body of harmful toxins, leaving the body feeling lighter, purified and toxin free.

## **Ocean Magnesium**

**RM350**

(60 minutes)

A fusion between the world of beauty and physiotherapy, the Ocean Magnesium treatment acts as a "super charger" that reduces the effects of stress, improves the quality of sleep and eliminates muscular tension. The body is immersed in a state of ultimate relaxation thanks to this unique signature back massage, which combines deep muscle movements, joint flexibility and the power of marine magnesium.



\*\* Prices are quoted in Ringgit Malaysia (RM). Images shown are for illustration purposes only.  
\*\* All reservations are based on first-come first-served basis and subject to availability.  
Advanced booking is highly recommended to secure your preferred date and time of your treatments.



# THALION FACIAL TREATMENTS

*THALION skin care treatments concentrate on the very best that the ocean has to offer and feature exceptional affinity with the epidermis. Your face will glow with pureness, softness, freshness and vitality.*

## **Absolute Hydration**

**RM230**

(60 minutes)

For true hydration and rejuvenation, this treatment concentrates on the benefits of marine extracts in optimally quenching the skin, leaving the skin feeling soothed and perfectly moisturized, glowing with radiance and softness.

## **Cellular Renewal**

**RM350**

(90 minutes)

This facial creates an alchemy between natural minerals and acids derived from the ocean to intensely stimulate cell renewal for a "new skin" effect. Skin texture will become noticeably refined and smooth, with the complexion visibly clear and even.

## **Intense White**

**RM280**

(60 minutes)

A treatment using THALION's patented Pylawhite solution to eliminate pigmented cells, prevent the formation of new pigmentation and even out the complexion.



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# LEXSPA EXCLUSIVE PACKAGES

*Treat yourself and someone you love to a day of unsurpassed luxury and pampering at LexSpa by Lexis Hotels*

## **LexSpa Healing**

1pax / 2pax (90 minutes)

Choose either our Balinese Massage or Signature Massage  
Select one treatment body scrub

**RM340 / RM600**

## **Lex Combination Retreat**

1pax / 2pax (100 minutes)

Combination of Urutan Malaysia and Absolute Hydration Facial Treatment

**RM450 / RM880**

## **Lex Body Bliss Ritual**

1pax / 2pax (120 minutes)

A combo of our Signature Full-Body Massage and Ocean Magnesium Body Treatment

**RM490 / RM960**



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# HEALING MASSAGE THERAPIES

*Rejuvenate your body and soul with a much-needed massage treatment and immerse yourself in total relaxation. Let your cares slip away and give in to the pampering that you deserve.*

## **Aromatherapy Massage**

**RM320**

(90 minutes)

A combination of aromatic oils with healing massaging techniques. Carefully applied pressure will stimulate the nervous system, while our signature acupressure technique will induce relaxation and promote wellness.

## **Urutan Malaysia**

**RM320**

(90 minutes)

This truly Malaysian delectation combines the essence of Malay, Indian, Chinese and other indigenous traditional massage techniques. You will feel refreshed and energized, with a complete relief from joint stiffness and muscle tension.

## **LexSpa Signature Massage**

**RM240 / RM300**

(60 minutes / 90 minutes)

Our signature massage is a harmonious blend of the muscle-healing properties of eastern and western massage techniques, along with the therapeutic prowess of natural coconut oil and pandan essential oil to promote healthier blood circulation, improved lymphatic functions, increased physical fitness, restored muscle tone and reduced stress and anxiety.

## **Balinese Massage**

**RM240 / RM300**

(60 minutes / 90 minutes)

Let all your body aches and pain melt away with gentle and relaxing touch from head to toe by our experienced therapists who use a combination of gentle stretches, skin rolling, kneading and stroking, and pressure-point stimulation to stimulate the flow of blood, lymph and energy.

## **Back and Shoulder Massage**

**RM140**

(30 minutes)

A relaxing therapy through the use of deep tissue massaging techniques focusing on various pressure points on the back and shoulders. This stress-combating massage will leave you feeling absolutely calm, revitalized and tension-free.

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# PURIFYING BODY SCRUBS

*A well-formulated and nourishing body scrub will effectively exfoliate and remove dead skin cells buildup caused by pollution, dust, debris, sun exposure and stress. It helps you to shed away dull skin, keep it looking hydrated, smooth, soft and brightened!*

## **Tongkat Ali Body Scrub**

**RM180**

(45 minutes)

With the use of scientifically acclaimed traditional Asian tree roots that are proven to increase your natural vitality, this unique blend of body scrub is both stimulating and invigorating.

## **Javanese Body Scrub**

**RM180**

(45 minutes)

Applying an ancient beauty secret originating centuries ago in the palaces of central Java, this purifying ritual removes dead skin cells to soften and rejuvenate your skin, leaving it with a royal glow.

## **Yogurt Body Scrub**

**RM180**

(45 minutes)

This gentle scrub is very kind to delicate skin, removing dead skin cells, smoothing out fine lines, tightening pores and hydrating dry patches without stripping away your skin's natural moisture and elasticity, yet leaving it nourished and glowing.

## **Sumatran Body Scrub**

**RM180**

(45 minutes)

This coffee-based body scrub is highly concentrated with powerful skin-nourishing and anti-aging ingredients. Almost instantaneously makes your skin softer, smoother and healthier, leaving you feeling and looking vibrant with a natural glow.

# PAMPERING HANDS & FEET CARE

*Our hands and feet do so much for us as we rely on them every day for almost everything. Any strain and tension in our hands and feet can take a huge toll on our health, so relieving that tension can have a huge positive impact on our overall well-being.*

## **LexSpa Mani-Pedi**

**RM200**

(75 minutes)

Includes nail trimming and shaping, removing cuticles, deeply cleansing your nails while keeping your hands and feet looking soft, younger, well-cared for and flaunt-worthy.

## **Spa Manicure**

**RM130**

(60 minutes)

Pamper your hands and nails with a thorough exfoliation, filing and shaping of nails, cuticle treatment and relaxing hand massage.

## **Spa Pedicure**

**RM130**

(60 minutes)

Give your feet the TLC that they deserve with a relaxing warm foot bath and deep exfoliation with our sea salt scrub. This treatment includes filing and shaping of toe nails, cuticle grooming and buffing.

## **Foot Massage**

**RM80 / RM160**

(30 minutes/60 minutes)

Inclusive of a relaxing foot bath and a therapeutic massage applied entirely on the feet to restore the body's natural equilibrium and improve blood flow. This treatment is a must for your feet after a long day.

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# TIME TO SPA

## OPENING HOURS

Monday to Sunday

10.00 am – 8.00 pm

## SCHEDULING AN APPOINTMENT

To schedule an appointment for your preferred treatment, please contact our LexSpa reception team who will be able to guide you to the right choice of treatment. To ensure your preferred time and service is available we recommend booking in advance. All spa appointments and packages are subject to availability and our cancellation policy. Please call **+606-6532000 ext no. 3346** for appointments.

## SPA ETIQUETTE

A spa is where we seek tranquillity, peace and serenity. Kindly silence your mobile phone and other electronic gadgets when you arrive at the spa and respect others' rights to privacy. The LexSpa team reserves the right to ask you to stop using devices within the premise.

## ARRIVAL TIME

We recommend that you arrive at our spa reception 15 minutes prior to your scheduled treatment, this will allow us the time to discuss your requirement and fill in your consultation form and /or health questionnaire. Please be advised that late arrivals will result in reduction of treatment time and the full treatment price will still apply.

## SPA ATTIRE

Changing facility is available inside the treatment rooms, with bathrobes, slippers and disposables provided for added comfort.

## HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies, or injuries which could affect your choice of treatment when making your spa reservation. This will allow us to assist you in selecting the best experience for you and arrange for the preparation of the room to suit all your needs.

## CANCELLATION POLICY

Should you need to cancel or reschedule, a minimum five (5) hours' notice is required before the scheduled treatment. A 50% cancellation fee will apply for non-arrival or treatments cancelled less than 5 hours before your scheduled time. Late arrival will shorten your treatment time.

## PRICES

All prices are quoted in Ringgit Malaysia (RM) and are subject to change at any time.

## VALUABLES

LexSpa and the hotel are not responsible for any loss of valuables at any time within the premise. We advise that you leave valuables at home or in the safe provided in your hotel room. Please ensure that all valuables placed in your robe pockets are removed after your treatment.





**GRAND LEXIS<sup>®</sup>**  
**PORT DICKSON**

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