

LUNCH & DINNER

monday - friday all day | saturday & sunday after 3pm

FROM	THE
garc	ten

Organic Greens	\$14
local lettuces, cherry tomatoes,	
cucumbers, shaved baby vegetab	les,
sliced avocado, candied walnuts,	
feta, honey citrus vinaigrette	

Classic Caesar Salad \$15 housemade dressing, sourdough croutons, maple cured bacon, shaved parmesan

Tomato & Burrata	\$
local heirloom tomatoes, summe	r
greens, basil, shiso pesto, white	
balsamic glaze	

Broccolini Salad \$18 crispy broccolini, brussels sprouts, quinoa, sundried cherries, parmesan, lemon vinaigrette

Add Ons

blackened, grilled chicken breast	\$15
sauteed garlic prawns	\$14
pan seared salmon	\$16
crispy tofu, gochujang glaze (2pc)	\$9

for the table

Fries house spice blend	\$9	Hummus beetroot, baby summer vegetables,	\$19
Truffle Fries	\$14	spiced crispy pita, grilled baguette, pickled shallots	
parmesan, chives, truffle aioli			
		Maui Style Beef Short Ribs	\$21
Crispy Cauliflower	\$16	soy glazed, sesame seeds, charred	
housemade spicy peri peri sauce,		lemon	
blue cheese aioli			
		Lamb Lollipops	\$32
Chinois Prawns	\$19	four pieces, chimichurri	
housemade spicy aioli, candied			
walnuts, sesame seeds, scallions		Charcuterie & Cheese	\$48
'VEC' Fried Chieken	610	3 types artisanal cured meats & BC	
'KFC' Fried Chicken	\$19	cheeses, olives, house baked mixed	
gochujang glaze, shaved celery		nuts, preserves & mustard, grilled	
		baguette	

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BOWLS & handhelds

Karma Signature Bolognese \$28

signature chorizo & beef sauce. mushrooms, spinach, parmesan, basil

\$36 Seafood Linguine seared canadian scallops, prawns, baby kale, roasted tomatoes, basil cream

\$28

\$48

Meathall Trio Slider

bocconcini stuffed beef and pork meatball, pomodoro, lettuce, pickle & onion, basil aioli

Karma Burger

\$22

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8oz kobe style beef, Karma special sauce, maple glazed house cured bacon, aged cheddar, butter lettuce & tomato on a potato bun Choice Of: hand cut fries, caesar salad or green salad

Grilled Vegetable Wrap

hummus, avocado, alfafa sprouts, Choice Of: hand cut fries, caesar salad or green salad

Turkey Club

\$24 roasted turkey breast, spicy mayonnaise, maple glazed house cured bacon, white cheddar, butter lettuce & tomato on cranberry sourdough Choice Of: hand cut fries, caesar salad or green salad

Chicken Sandwich

\$24 spiced & grilled chicken thigh, pickles, lettuce & tomato, sweet & spicy glaze, on a sesame brioche bun Choice Of: hand cut fries, caesar salad or green salad

LARGER fare

Roasted Chicken

ginger dressed roasted potatoes, summer baby vegetables, dijon jus

\$34 Steak

\$36

8oz grass fed beef tenderloin, scallion mashed potatoes, truffle mushrooms, baby summer vegetables, demi glace

\$24

\$28

Pan Seared Halibut

housemade gnocchi, yuzu & sundried tomato beurre blanc. hemp hearts

WEEKDAY BRUNCH

monday - friday Ilam-3pm

\$23

Power Bowl (V)

chai infused overnight oats, house made granola, coconut whipped cream, BC berries & bananas

\$16 Avocado Toast

country sourdough, cherry tomatoes, bocconcini, smashed citrus avocado, soft poached eggs

Omelet

three organic eggs, gruyere cheese, sauteed leeks, spiced home fries, roasted summer tomatoes, side of toast

Karma Big Breakfast

two eggs any style, bacon, housemade ham or artisan pork sausage, spiced home fries, roasted tomatoes, side of toast

