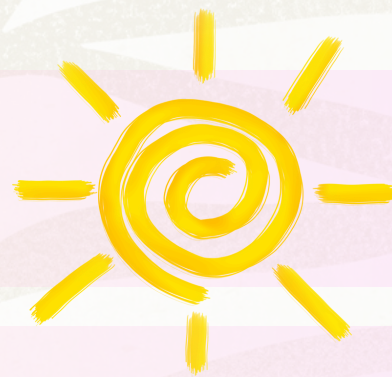




## Sankalpa Studio June 2025 Schedule

**Monday:**

**9:00 to 10:00**  
**Slow Flow with Hanna**



**Tuesday:**

**9:00 to 10:00 AM**  
**Release and Restore Yin with Marcia,**

**Wednesday:**

**9:30 to 10:30 AM - June 4,11 & 18**  
**Restorative with May**

**Thursday:**

**9:00 to 10:00 AM**  
**Gentle Yoga “ Journey to Tranquility and Healing”**  
**with Marcia**

**Friday:**

**9:00 to 10:00 AM**  
**Yin and Breath with Hanna**  
**6:00 PM**  
**Latin Dance with Andrew**

**Saturday:**

**9:00 to 10:00 AM - June 7,14 & 21**  
**Yin with May**

**Sunday:**

**10:00 to 11:00 AM**  
**11:30 AM to 12:30 PM**  
**3:00 PM to 4:00 PM**  
**Pilates with Fran**



**True Blue Bay Boutique Resort**

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Tel: 473 443 8783

CLASS EC\$25

5 classes booklet available at EC\$100 at the resort front desk