THIS OPTION IS PERFECT IF YOU HAVE A BUSY AGENDA.

Menu of the day is the chef's choice. Here's a sample of the kind of delicious dishes we'll be serving. We'll serve your lunch to your meeting room at your preferred time.

Available for up to 20 delegates



ONE

(HI(KEN BUFFALO WRAP

Wholemeal wrap with crisp chicken tenders, tossed in buffalo sauce with rocket leaves (563 kcal)

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TUNA & SWEET(ORN WRAP

Wholemeal wrap filled with tuna mayonnaise and sweetcorn with cucumber, spring onions and pea shoots (540 kcal)

GREEK SALAD

Tomato, feta, olives, cucumber and basil tossed in olive oil (171 kcal)

ETON MESS

Meringue pieces, whipped cream and mixed berries (191 kcal)

PA(KET OF (RISPS

Individual flavoured crisp packet (169 kcal)

Two

SALMON WRAP

Five-spiced shredded chicken with sautéed mixed greens, chillies, ginger and coriander (726 kcal)

OR

VEGGIE WRAP

Wholemeal wrap filled with hummus, grilled peppers, pea shoots, avocado, grated carrot, cucumber and red onion (516 kcal)

(AESAR SALAD

Caesar Salad Crisp lettuce, anchovy fillets, crisp croutons with a Caesar dressing and shaved parmesan (96 kcal)

LEMON POSSET

Set lemon cream (423 kcal)

PACKET OF (RISPS

Individual flavoured crisp packet (169 kcal)



THREE

GRILLED (HI(KEN WRAP

Wholemeal wrap with grilled chicken strips with cracked black pepper, lime yoghurt, tomato, cucumber, red onion and rocket (549 kcal)

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HOISIN VEGETABLE WRAP

Wholemeal wrap filled with hoisin dressing, Chinese leaf, grated carrot, peppers, celery and spring onion (369 kcal)

SUPERFOOD SALAD

Mixed quinoa, feta, peas, mint and parsley with avocado, broccoli and sesame seeds in an olive oil dressing (I37 kcal)

(HO(OLATE POT

Milk chocolate mousse, crisp biscuit base and chocolate sprinkles (374 kcal)

PA(KET OF (RISPS

Individual flavoured crisp packet (169 kcal)

FOUR

B.L.T. WRAP

Wholemeal wrap with crisp bacon, shredded lettuce and sliced tomato with chipotle mayonnaise (483 kcal)

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VEGGIE WRAP

Wholemeal wrap filled with hummus, grilled peppers, pea shoots with avocado, grated carrot, cucumber, red onion (516 kcal)

(OLESLAW

Grated carrot, shredded cabbage and chopped onion, bound in a rich mayonnaise (181 kcal)

ETON MESS

Meringue pieces, whipped cream and mixed berries (191 kcal)

PA(KET OF (RISPS

Individual flavoured crisp packet (169 kcal)

FIVE

(HI(KEN (AESAR WRAP

Wholemeal wrap with grilled chicken strips with crisp lettuce, anchovy fillets, crisp croutons, Caesar dressing and shaved parmesan (478 kcal)

or

(AESAR WRAP

Wholemeal wrap filled with crisp lettuce, anchovy fillets, crisp croutons, Caesar dressing and shaved parmesan (371 kcal)

TOMATO & ONION SALAD

Mixed tomatoes, sliced red onion, basil and olive oil dressing (IO5 kcal)

(HO(OLATE POT

Milk chocolate mousse, crisp biscuit base and chocolate sprinkles (374 kcal)

PA(KET OF (RISPS

Individual flavoured crisp packet (169 kcal)

