

SOLA BAR

Takeaway Menu



SNACKS TO SHARE

Steakhouse Chips VG GF Served with tomato sauce	9
Truffle Chips VGO Steakhouse chips with truffle oil, parsley and served with truffle aioli	12
Italian Garlic Bread V GFO	12
Vegan Cannelloni VG Filled with roasted pumpkin, zucchini, capsicum, vegan sour cream and topped with Pomodoro sauce and vegan cheese	18
Salt & Pepper Calamari DF Served with rich tartare sauce and lemon wedges	24

SALADS

Insalata di Rucola V GF VGO Rocket, beurre Bosc pear, roasted pecan, radish and honey mustard dressing Add grilled chicken \$5.00	15
Sola Signature Salad V GF VGO Mixed leaves, dried fig, cranberries, pistachio, balsamic dressing and blue cheese curd Add grilled chicken \$5.00	17

(V) Vegetarian | (GF) Gluten Free | (GFO) Gluten Free Option | (DF) Dairy Free |
(DFO) Dairy Free Option | (VG) Vegan | (VGO) Vegan Option

PIZZA

All of our pizzas have the option of gluten free bases for an extra \$2

Margherita V GFO VGO Tomato base, mozzarella, fresh tomato and fresh basil	23
Capricciosa GFO DFO Tomato base, ham, mushrooms, artichoke, mozzarella and black olives	27
Tartufo GFO DFO Mushrooms, red onion, mozzarella, truffle aioli and chives	27
Pollo Calabrese GFO DFO Tomato base, chicken, roasted pepper, red onion and mozzarella topped with chipotle BBQ sauce	27
Garlic Prawn GFO DFO Garlic pesto base, prawns, mozzarella and rocket	29

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MAINS

Lasagne Al Ragu	29
Beef cheek ragu, Pomodoro sauce, béchamel gratin with mozzarella	
Pasta Alla Norma GFO VGO	29
Rigatoni, diced eggplant, Pomodoro sauce, smoked Scamorza and chives	
Sola Vegan Gnocchi VG	29
Creamy pesto sauce, sundried tomato and pine nuts	
SOLA Burger GFO	28
Wagyu beef pattie, cheddar cheese, pickles, tomato, lettuce, American mustard, ketchup and served with steakhouse chips	
Chicken Parmigiana	36
With ham, Pomodoro sauce and mozzarella, served with steakhouse chips and coleslaw	

DESSERT

Vegan Chocolate Cake	16
Choc raspberry date sponge, coconut ganache, raspberry coulis and dried apricot	
Tiramisu V	16
Layers of coffee-soaked vanilla sponge and Mascarpone mousse, topped with a mascarpone mousse dome and served with gold dusted chocolate soil	
Australian Cheese Plate	32
Kenilworth selection of cheese with quince paste, lavosh, fresh grapes and dried fruits	

KIDS

Side Salad VG	7
Mixed leaves, red onion, Roma tomato and radish	
Kids Pizza GFO	13
Ham, mozzarella and pineapple	
Kids Fish and Chips DF	13
Kids S&P Calamari DF	13
Kids Nuggets and Chips DF	13
Kids Spaghetti al Pomodoro VG GFO	13
Kids Fettucine Carbonara GFO	13
With cream, diced bacon and parmesan	

FLAVOURSOME BEEF FROM KILCOY, QLD AUSTRALIA

Our beef comes from the beautiful region of Kilcoy in Queensland, Australia. Kilcoy is known for its pristine surroundings and fertile lands, which provide the ideal conditions for raising exceptional cattle. The local farmers in Kilcoy uphold sustainable farming practices and prioritise the well-being of their animals, resulting in premium-quality beef that is flavoursome and tender.

CHICKEN FROM GLASS HOUSE MOUNTAINS, QLD AUSTRALIA

Our chicken is sourced from the picturesque Glass House Mountains region in Queensland, Australia. This area is renowned for its lush landscapes and favourable climate, creating an ideal environment for raising healthy and high-quality poultry. The farmers in Glass House Mountains adhere to ethical farming practices, ensuring that the chickens are well-cared for and raised without the use of antibiotics or added hormones. The result is tender and succulent chicken that satisfies the highest culinary standards.

By carefully selecting our meat from these specific locations, we emphasise our commitment to quality, sustainability, and supporting local farmers. We believe that by utilizing the exceptional ingredients available in Kilcoy and Glass House Mountains, we can deliver a truly memorable dining experience to our valued guests.

Thank you for choosing our restaurant, and we look forward to serving you dishes that showcase the exceptional flavours of our local region.