

## 早餐 BREAKFAST

### 傳統美式 traditional american ..... 188

自選鮮榨果汁：香橙、西柚、西瓜  
choice of fresh fruit juice : orange, grapefruit or watermelon

麵包籃：3款西式糕點或鬆餅，配牛油及果醬  
bakery basket : 3 types of pastries and muffins, butter and jam

鮮果拼盤及雜莓酸奶  
freshly sliced seasonal fruit, berry yoghurt

雙蛋（可選擇您最喜愛的烹調方式）  
煙肉或香腸、薯餅、烤蕃茄、焗豆、多士  
two eggs ( prepared in any style )  
with bacon or sausages, hash brown, grilled tomato,  
baked beans, toast

### 歐陸式精選 continental ..... 138

自選鮮榨果汁：香橙、西柚、西瓜  
choice of fresh fruit juice : orange, grapefruit or watermelon

麵包籃：自選3款西式糕點，牛角包、丹麥甜包、鬆餅、全麥麵包、  
黑麥麵包、牛油及果醬  
choice of 3 pastries for bakery basket : croissant, danish, muffin,  
whole wheat bread, rye bread, butter and jam

自選麥片：格蘭諾拉、全麥維、玉米片或卜卜米  
配藍莓、香蕉片及自選全脂牛奶、脫脂牛奶或豆奶  
choice of cereal : granola, all bran, corn flakes or rice crispies  
with fresh blue berries, sliced banana and choice of milk,  
skim milk or soy milk

精選冷切肉盤及芝士  
sliced cheeses and continental cold cuts

鮮果拼盤  
freshly sliced seasonal fruit

咖啡或茶  
coffee or tea

### 健康生活 wellness option ..... 168

自選鮮榨果汁：香橙、西柚、西瓜  
choice of fresh fruit juice : orange, grapefruit or watermelon

鮮雜莓盤、低脂乳酪及穀類  
bowl of mixed berries, low fat yoghurt and granola on the side

豆漿（冷或熱）  
glass of soy milk ( chilled or warm )

香草意大利節瓜蛋白奄列  
egg white, zucchini and feta cheese omelet with fresh herbs

水煮西蘭花  
poached broccoli

香蕉核桃蛋糕  
homemade banana walnut cake

咖啡或茶  
coffee or tea

### 澳葡交融 macau impression ..... 138

叉燒包、燒賣  
barbecue pork bun, siu mai dumplings

自選中式粥品：皮蛋瘦肉、牛肉或雞肉  
配鹹蛋及中式薄脆  
choice of rice congee : pork and century egg, beef or chicken  
with salted egg and chinese crackers

葡撻  
portuguese egg tart

鮮果拼盤  
freshly sliced seasonal fruit

中式茶  
chinese tea

### 雙蛋 ..... 118

可選擇您最喜愛的烹調方式  
配煙肉、香腸、烤蕃茄或薯餅、焗豆、多士、牛油  
**two eggs prepared in any style**  
with bacon, sausage, grilled tomato or hash brown,  
baked beans, toast, butter

### 煙三文魚炒蛋 ..... 128

烤蕃茄、薯餅、水煮蘆筍  
**scrambled eggs with smoked salmon**  
grilled tomato, hash brown, poached green asparagus

### 自選三蛋奄列 ..... 128

可選擇：火腿、芝士、蘑菇、蕃茄、洋蔥或青椒  
配香腸、薯餅、焗豆、水煮西蘭花  
**three egg omelet**  
choice of filling: ham, cheese, mushroom, tomato, onion or bell pepper  
with sausage, hash brown, baked beans, poached broccoli

### 班尼迪克蛋 ..... 128

可選擇：煙肉、煙熏三文魚或烤火腿  
配水波蛋、英式鬆餅、菠菜、荷蘭汁、烤薯仔  
**eggs benedict**  
choice of: bacon, smoked salmon or grilled ham  
with poached egg, english muffin, spinach, hollandaise sauce,  
roasted potato

### 廣東點心拼盤 ..... 98

豬肉燒賣、牛肉燒賣、叉燒包、蔥花蝦米腸粉  
**cantonese steamed dim sum platter**  
pork siu mai, beef siu mai, barbecue pork bun,  
steamed dried shrimp and spring onion rice flour roll

### 中式粥品 ..... 98

可選擇：皮蛋瘦肉、牛肉或雞絲粥  
配鹹蛋、中式薄脆  
**chinese rice congee**  
choice of : pork & century egg, beef or shredded chicken  
with salted egg and chinese crackers

### 葡國凍肉及芝士拼盤 ..... 128

腌菜、橄欖、酸青瓜、葡式麵包  
**portuguese cold cuts & cheese platter**  
pickled vegetables, olives, cornichons, fresh baked portuguese bread

### 雞蛋三文治卷 ..... 88

煙肉、煎蛋、凱撒包  
**the breakfast roll**  
crisp bacon, fried egg and salad in a kaiser roll

### 班戟 ..... 88

雜莓、糖漿  
**pancake stack**  
assorted berries, maple syrup

### 法式西多士 ..... 78

士多啤梨、糖漿、糖霜  
**french toast**  
strawberries, maple syrup, icing sugar



以上價目為澳門幣，須另加 10% 服務費  
如閣下有任何食物過敏或特定膳食要求，請預先知會餐廳服務員  
all prices are in mop and subject to 10% service charge  
please advise us of any allergies or special dietary requirements

## 海島特飲 THIRST OF COLOANE

### 100% 鮮榨蔬果汁 FRESH JUICE

**愛守護者 wingman**..... 50

蘋果、芹菜、青瓜、檸檬、香橙、薑

功效：容光煥發

apple, celery, cucumber, lemon, orange, ginger

benefit: glowing skin

**青汁閃亮 green lemon blitz**..... 50

菠菜、羽衣甘藍、青蘋果、青瓜、檸檬

功效：有助瘦身

spinach, kale, green apple, cucumber, lemon

benefit: weight loss

**紅汁熱戀 red spice**..... 50

蘋果、紅菜頭、紅蘿蔔、香橙、番薯

功效：有助清肝

apple, beetroot, carrot, orange, sweet potato

benefit: cleans the liver

**晨曦微露 morning glory**..... 50

紅菜頭、紅蘿蔔、香橙

功效：促進新陳代謝

beetroot, carrot, orange

benefit: cleanse the detox

### 咖啡 COFFEE

**美式咖啡 americano** ..... 40

**卡布奇諾 cappuccino**..... 40

**拿鐵 café latte** ..... 40

**摩卡咖啡 café mocha**..... 40

**冰美式咖啡 iced americano** ..... 40

**冰焦糖咖啡 iced caramel coffee** ..... 40

### 茶 TEA

**英國早餐紅茶 english breakfast tea**..... 40

**伯爵紅茶 earl grey**..... 40

**大吉嶺紅茶 darjeeling tea** ..... 40

**茉莉花茶 jasmine petal tea**..... 40

**洋甘菊花茶 chamomile tea**..... 40

**薄荷葉茶 peppermint tea** ..... 40



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