

ROWE'S WHARF SEA GRILLE

BREAKFAST SPECIALITIES

FULL AMERICAN BREAKFAST nf \$35

Two Eggs Any Style, Choice of Bacon, Ham, Sausage, Home Fried Potatoes, Toast, Freshly Brewed Coffee or Decaffeinated Coffee, Tea, Juice

CONTINENTAL BREAKFAST nf \$27

Selection of Juice, Coffee, Tea or Hot Chocolate, Choice of Daily Breakfast Pastry or Croissant and a Fruit Cup

EGGS BENEDICT* nf \$26

Choice of Classic Benedict, Florentine, or Smoked Salmon

CINNAMON BRIOCHE FRENCH TOAST veg/nf \$23

Powdered Sugar, Vermont Maple Syrup, Fresh Mixed Berries

RICOTTA AND LEMON PANCAKES veg/nf \$23

Powdered Sugar, Vermont Maple Syrup

MAPLE HOUSE SMOKED ATLANTIC SALMON* \$26

Toasted Bagel, Lettuce, Tomato, Capers, Red Onions, Cream Cheese

EGG SANDWICH ON A GRIDDLED CROISSANT \$18

Scrambled Eggs, American Cheese, Buttered Asparagus

EGGS

Egg Dishes Are Served With Home Fried Creamer Potatoes & Choice of Toast

TWO EGGS ANY STYLE* gf/nf \$16

POACHED FARM FRESH EGGS* nf \$22

Arugula, Avocado, Multigrain Toast, Tomato, Hollandaise

NEW ENGLAND STYLE CORNED BEEF

AND EGGS* gf/nf \$25

Poached Eggs over Corned Beef Hash, Tomato, Hollandaise

THREE EGG OMELET* gf/nf \$25

Whole or Egg Whites*

Choice of Three Fillings: Additional Fillings: \$3

Tomato, Onion, Peppers, Wild Mushrooms, Spinach, Cheddar, Feta, Ham, Bacon

Lobster - \$6

BEVERAGES

FRESHLY BREWED COFFEE \$7

POT OF TEA \$7

HOT CHOCOLATE \$6

WHOLE / SKIM MILK \$4

JUICES

ORANGE, GRAPEFRUIT \$8

APPLE, CRANBERRY, PINEAPPLE \$7

V-8, TOMATO JUICE \$7

SPARKLING MIMOSA (8AM) \$18

BLOODY MARY (8AM) \$18

FRUITS, PASTRIES & MORE

ENERGY SMOOTHIE gf/df \$11

Strawberry, Orange, Banana

HOUSEMADE GRANOLA v \$7

HOUSEMADE GRANOLA PARFAIT gf/veg \$17

Housemade Granola, Greek Yogurt, Fresh Berries

MCCANN'S IRISH OATMEAL df/v \$12

Walnuts, Raisins, Brown Sugar

Berries- \$5

Bananas- \$3

CROISSANT \$7

ENGLISH MUFFINS / BAGELS \$6

DANISH / MUFFINS \$6

FRESH BERRY CUP \$10

PINK GRAPEFRUIT \$8

GOLDEN PINEAPPLE & BLUEBERRY MEDLEY \$12

HOME FRIED CREAMER POTATOES gf/df/v/nf \$8

THICK CUT APPLEWOOD SMOKED BACON gf/df/nf \$8

HONEY SMOKED HAM gf/df/nf \$8

COUNTRY PORK SAUSAGE gf/df \$8

CORNED BEEF HASH gf/df/nf \$12

GREEK YOGURT \$8

DRY CEREALS \$7

Executive Chef David Daniels

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{ gf - Gluten Free / v - Vegan / veg - Vegetarian / df - Dairy Free / nf - Nut Free }

These Items are served raw or undercooked. Consuming raw or Undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness especially if you have certain medical conditions. Before placing your order, please inform your server if anyone in your party has a food allergy.