



WELLNESS

Hiking Routes



Hiking in Marbella

*Adventure beyond the Marbella Club and discover
the best routes for a day's walk through the area's historical
or natural landmarks.*

ROUTES

La Concha

Sierra Blanca · 7,6 km

El Vereda del Faro

Sierra Blanca · 5,4 km

Sendero Acequias del Guadalmina

Benahavís · 4,52 km

Benahavís - Montemayor

Benahavís · 6,94 km

Refugio de Juanar - Cruz de Juanar

Istán · 8 km

Xarblanca - Arroyo de los Monjes - Ermita de los Monjes

Marbella, · 4,14 km

Pinar de Nagüeles - Arroyo de las Piedras- Mina de Agua de Buenavista

Marbella · 4,13 km

LA CONCHA

SIERRA BLANCA, MÁLAGA

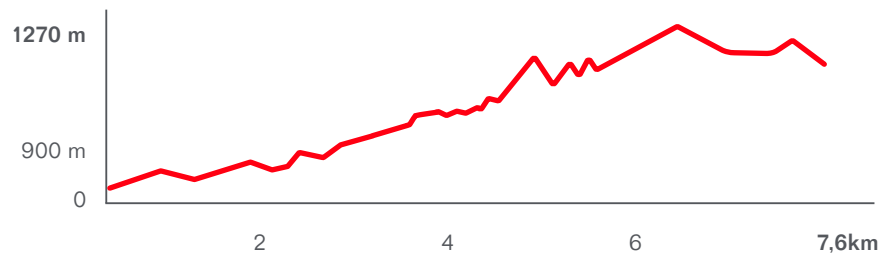
Undoubtedly a bucket list item for anyone in the Marbella area, this is the star route of the Sierra Blanca mountain range.

Accessible via the Refugio de Juanar starting point just 15 minutes from the hotel, expect a half-day hike taking you through dense pine and chestnut forests and olive groves.

The route is divided into three sections and ranges from medium to hard difficulty, as you border the ridge the Sierra Blanca peaks.

The rewards are endless: pristine views of Marbella to Gibraltar, as well as the Lake of Istan and Malaga all the way to the Sierra Nevada peaks.

Not recommended for children.



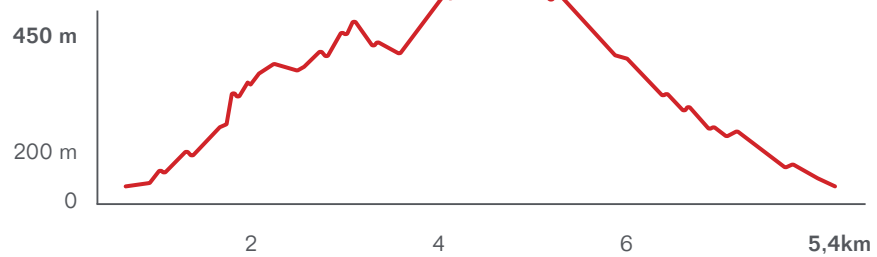
LEVEL	TIME	TOTAL DISTANCE
High	6 hours	7,6 km

EL VEREDA DEL FARO

SIERRA BLANCA, MÁLAGA

Once a settlement in ancient times, this route begins and ends in the olive grove of Puerto Rico Bajo.

You will walk through several points of historical interest, where pottery tools from the Paleolithic and Neolithic periods have been found.



LEVEL
Medium/High

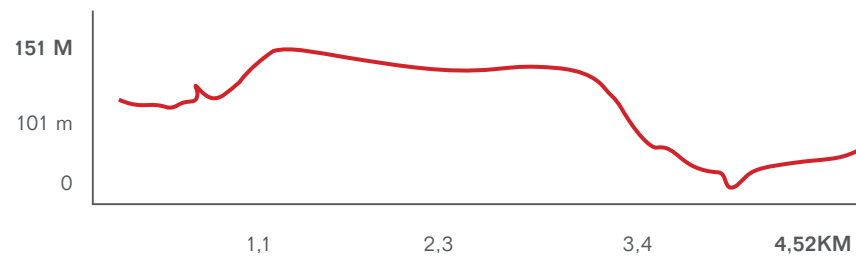
TIME
2 hours and 30 minutes

TOTAL DISTANCE
5,4 km

SENDERO ACEQUIAS DEL GUADALMINA

BENAHAVÍS, MÁLAGA

This path was used by the Arabs more than ten centuries ago to gather water from the Guadalmina River. Today, the irrigation ditch has been adapted for hiking. With only a few pronounced curves and nearly flat terrain, this route is ideal for all ages.



LEVEL
Medium/Low

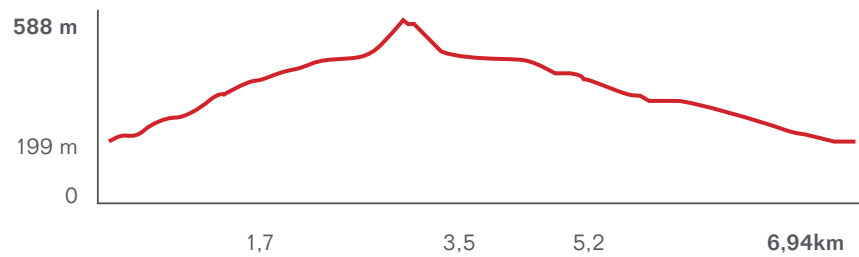
TIME
1 hour 30 minutes

TOTAL DISTANCE
4,52 km

BENAHAVÍS - MONTEMAYOR

BENAHAVÍS, MÁLAGA

Starting in nearby Benahavís, this route ascends up to the peak of Montemayor mountain (579m). On top, you'll find the Montemayor Castle, an Arab fortress from where you can see more than 100 km of coastline and straight views to Africa.

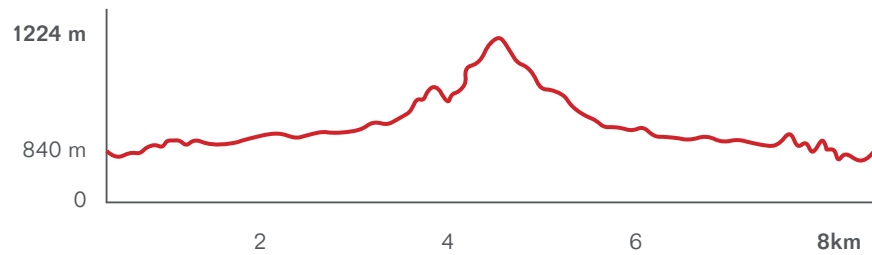


LEVEL	TIME	TOTAL DISTANCE
Medium/Low	2 hours 30 minutes	6,94 km

REFUGIO DE JUANAR - CRUZ DE JUANAR

MARBELLA, MÁLAGA

The walk begins in the Refugio de Juanar base and follows a well-defined track through open country with olive groves before starting with a steep hike to the Cross. The finish will prove especially challenging as it will require a bit of climbing.



LEVEL
High/Medium

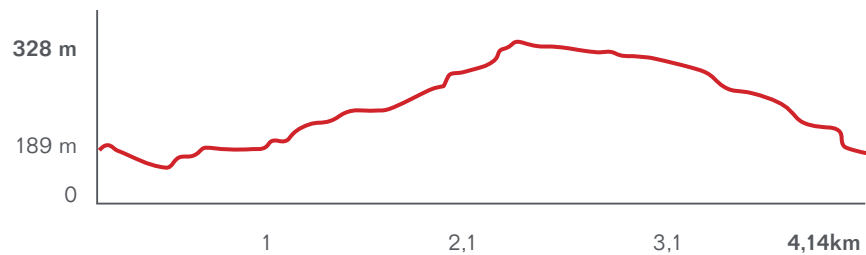
TIME
2 hours

TOTAL DISTANCE
8 km

XARBLANCA - ARROYO DE LOS MONJES - ERMITA DE LOS MONJES

MARBELLA, MÁLAGA

Only a few kilometres away from the beaches of Marbella, this route will take you through lush and humid plant life of Sierra Blanca. After following the riverbed for a couple of kilometers, you will have to jump over - and sometimes through (depending on the season) natural pools and small waterfalls. Best done in winter or spring.



LEVEL
Medium/Low

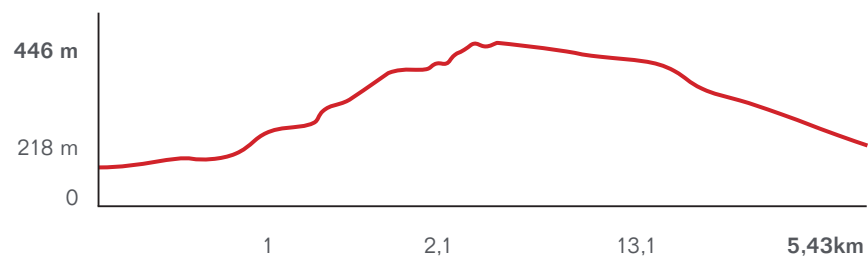
TIME
2 hours

TOTAL DISTANCE
4,14 km

PINAR DE NAGÜELES - ARROYO DE LAS PIEDRAS - MINA DE AGUA DE BUENAVISTA

MARBELLA, MÁLAGA

This route will take you through the pine forest of Nagüeles and then on to a bit of stone-stepping through a stream. Finally, you'll arrive at an 1800s lead foundry, a vestige of the mining history of Marbella.



LEVEL	TIME	TOTAL DISTANCE
Medium/Low	2 hours 30 minutes	5,43km

RECOMMENDED ITEMS

FEET

Comfortable trainers

BODY

Sports wear (weather dependent)

HEAD

Cap for sun protection

ACCESSORIES

Rucksack

Sunglasses with UV protection

Sunscreen lotion

YOUR GUIDE WILL BRING

Trekking poles (if required)

Water bottles

First aid kit

Nuts

ADDITIONAL INFORMATION

BOOKING

These hiking routes present various difficulty levels and durations.

Please ask our Wellness Desk for prices.

Booking is required 48 hours in advance. Cancellations can be done 24h in advance.

All our routes can be customized for groups.

To enquire about which routes are most suitable for children and specific age groups, please contact our Wellness Desk.

Telephone (+34) 952 822 211

wellness@marbellaclub.com

Dial 3 from your room

MEETING POINT

Hotel lobby

Departure and arrival varies according to the selected route

Marbella Club Hotel, Golf Resort & Spa
Bulevar Príncipe Alfonso von Hohenlohe, s/n, 29602, Marbella, Málaga, Spain
Telephone (+34) 952 822 211 marbellaclub.com