

start



YOUR ACTIVE
HOLIDAY



ACTIVE

Dynamic, energetic, motivated. An extensive sports and activity program meets health-conscious nutritional elements from the region - gentle exercise and beneficial foods strengthen the body from the inside out. Balancing regeneration and mental fitness also represent an important aspect of our Acquapura SPAS. They enable our guests to enjoy a holistic experience for body and mind that appeals to all the senses. These perfectly coordinated components give you new energy for future experiences full of vitality.

„Never start stopping - and never stop starting.“

Cicero

Magic Moments

AT FALKENSTEINER

We have made it our goal to offer our guests tailor-made vacation experiences in every phase of life and for all needs. The highest quality standards with an individual touch and the cozy Welcome Home feeling meet with a wide range of design options for a vacation with an innovative program offering that leaves nothing to be desired. A time out made for providing our guests with unforgettable memories!



Entertainment



Active



Deceleration



Indulgence

Specials

ACTIVE

“SO GAIL!” - EXPERIENCE

Private Spa | After active |
Unwinding for two | Relaxing
aroma massage | Gailtaler
Speck-Jausn & Craft Beer

€145 120 MIN

LOMI LOMI - ALPINE SPIRIT

Lomi Lomi massage |
Scent of mountain pine |
Warm stones | Deep
relaxation | Harmonization |
Recharge your vitality

€105 80 MIN

MOUNTAIN BREEZER

After Sun Facial |
Refreshing | Calming | Cooling
pack for the legs

€80 60 MIN

REFLEX FEET & BACK

Foot reflexology massage |
Self-warming and
detoxifying back pack

€53 40 MIN



Signature TREATMENTS

CRANIO - THE POWER OF REGENERATION

Cranio Sacral Therapy |
Relieves pain & blockages |
Balances entire nervous
system | Activates self-
healing powers | Supports
immune system

€75 50 MIN

TAPING TIMEOUT

Muscle & fascia support |
Relaxation | Pain relief

€25 20 MIN

ENERGY BOOSTER

Tailormade sports body
massage | Vital muscle
energy | Activates & loosens
muscles | Relieves tension &
muscle soreness | Improves
performance

€69 50 MIN

„SOMETHING TO EXFOLIATE & CREAM“

Exfoliation & pack | Native
herbs | Regenerating |
Heated waterbed

€72 50 MIN



