

# Il Grasso

## STARTERS

### ZUPPA DEL GIORNO (V) £4.95

Homemade soup of the day

### ZUPPA DI VERDURE (V) £4.95

Classic Italian vegetable soup with lots of flavour and different textures

### BRUSCHETTA CON PEPERONI

#### ARROSTITI E POMODORI (V) £4.95

Crispy bread topped with roasted peppers, fresh tomatoes, garlic, fresh basil and extra virgin olive oil

### VERDURE GRIGLIATE CON FORMAGGIO DI CAPRA (V) £5.95

Grilled goats cheese served on a bed of grilled vegetables

### DUCK A L'ORANGE PATE (V) £5.95

A classic rich, yet smooth pate served with toasted bread

### SALT & PEPPER SQUID £5.95

Deep fried squid served with spicy tomato dip

### POLPETTE SALTATI CON PEPERONCINO FRESCO £5.95

Homemade meatballs sautéed with fresh chilli and red peppers

### ZUPPA DI PESCE PICCANTE £9.95

(Please allow 20 mins for preparation)

Freshly prepared fish soup made with mussels, calamari, prawns, chilli and fresh tomatoes served with crusty bread

### PEZZI DI POLLO ALLA GRIGLIA £6.95

Grilled chicken pieces sprinkled with crispy bacon and onion served on a bed of salad

### SALMONE AFFUMICATO CON LIMONE £7.50

Smoked salmon drizzled with fresh lemon juice and extra virgin olive oil

### INSALATA ALLA CESARE STARTER £6.50 MAIN £9.95

Iceberg lettuce, chicken, homemade croutons, grated parmesan cheese and caesar dressing sauce

## PASTA

### SPAGHETTI AGLIO, OLIO E PEPERONCINO 🌶️ (V) £7.90

A traditional Italian pasta dish made with extra virgin olive oil, garlic, chilli and fresh parsley

### SPAGHETTI CARBONARA £8.95

Italian favourite pasta made with smoked pancetta, cream eggs and parmesan cheese

### SPAGHETTI BOLOGNESE £8.95

A classic pasta dish made with prime minced beef in a rich tomato sauce

### PAPPARDELLE CON POLLO E BROCCOLI 🌶️ £9.90

Chef's speciality; creamy chicken, broccoli and chilli pasta dish

### LASAGNE POLLO E FUNGHI £9.90

Oven baked layers of egg pasta, chicken and mushroom with béchamel cheese sauce

### FETTUCCINE CON VERDURE ARROSTO ALFREDO (V) £9.20

Fettuccine pasta in a creamy sauce with roasted red peppers and courgettes

### GNOCCHI CON SALSICCIA E RADICCHIO £9.20

Chef's speciality; Gnocchi with pieces of sausage cooked in radicchio sauce

### PENNE CON SALMONE AFFUMICATO £9.90

Short pasta cooked in a creamy smoked salmon and onion sauce

### SPAGHETTI CON COZZE ALL'ARRABIATA 🌶️ £9.90

Light pasta cooked with mussels in a spicy tomato sauce with chilli and garlic

### HOMEMADE BEEF LASAGNE £9.90

Traditional Italian oven baked dish, layers of egg pasta, minced beef topped with béchamel cheese sauce

## SIDES

MIXED SALAD £2.80

GREEN SALAD £2.30

ROCKET SALAD £3.75

CHIPS £3.30

GARLIC BREAD £3.25

(V) VEGETARIAN 🌶️ MODERATELY SPICY



chicken available upon request, please ask member of staff

This menu does not list all ingredients. if you have any food intolerances or dietary requirements, please ask a member of staff who will be happy to assist.  
All prices inclusive of 20% VAT. An optional service charge of 10% will be added to all bills

# Il Grasso

## MAIN COURSES

### POLLO MILANO £13.50

Succulent breast of chicken in sun-dried tomato, garlic and cream sauce served with sautéed potatoes

### PETTO DI POLLO AROSTO CON PANCETTA £13.95

Roasted chicken breast wrapped in pancetta served with French fries and mixed salad

### BRACIOLE DI MAIALE MODENESE £13.95

Pan-fried pork chop in rosemary, garlic, white wine and butter sauce served on a bed of mashed potatoes accompanied by grilled vegetables

### COSTOLETE DI MAIALE ALLA MILANESE £13.95

Crispy pork cutlets in breadcrumbs served with new potatoes sautéed with bacon, rosemary and onions and garnished with mixed salad

### SALMON WITH LEMON AND WHITE WINE SAUCE £14.50

Pan fried salmon fillet in lemon and white wine sauce served with seasonal vegetables and potatoes

### GRIGLIATA MISTA £16.50

A selection of grilled beef, pork, chicken, bacon and sausage served with fried egg and sautéed potatoes

### IL GRASSO BURGER AND CHIPS £8.50

6oz gourmet burger served with cheese, tomatoes and onions in a seeded bun accompanied with chips and salad

### CHICKEN CURRY £11.50

Simply warming, chef's own chicken curry served with rice and salad garnish

### FILETTI DI BRANZINO IN SALSA MEDITERRANEA £14.90

Fillets of sea bass cooked in tomatoes, capers, black olives and garlic sauce served on a bed of mashed potatoes with seasonal vegetables

### RUMP STEAK WITH QUICK MUSHROOM AND RED WINE SAUCE £14.50

Prime 8oz rump steak in a mushroom and red wine sauce served with creamy mashed potatoes

### RUMP STEAK WITH PEPPERCORN SAUCE £14.50

Prime 8oz rump steak with peppercorn sauce and chips

### BISTECCA ALLA GRIGLIA £15.00

Prime 8oz rib eye steak grilled and served with salad and chips

## PIZZAS

### MARGHERITA (V) £7.75

Tomato and mozzarella

### NAPOLI £8.25

Tomato, mozzarella, anchovies and black olives

### QUATTRO STAGIONI £8.95

Tomato, mozzarella, artichokes, mushrooms, salami and ham

### VEGETARIANA (V) £8.25

Tomato, mozzarella, peppers, onions and mushrooms

### SICILIANA 🌶️ £8.75

Tomato, mozzarella and Italian salami

### POLLO E PEPPERONI ARROSTO 🌶️ £9.20

Tomato, mozzarella, chicken, roasted bell peppers, chilli flakes and onions

EXTRA TOPPINGS £1.00

## HEALTHY OPTIONS

### CHICKEN SALAD £8.95

Mixed salad with grilled breast of chicken

### WHOLE WHEAT PASTA (V) £8.50

Whole wheat pasta cooked with broccoli and fresh tomato sauce topped with rocket salad

### LENTILS & CHICKEN SHEPHERD'S PIE £9.50

Healthier version of traditional Shepherd's pie served with a generous portion of peas

### GRILLED FILLET OF SALMON 🌶️ £13.50

Served on a bed of rice fried with chilli, onions and peas

### COD AL FRESCO £13.50

Pieces of cod cooked in light tomato and black olives sauce served on a bed of mashed potatoes

### IL GRASSO SUPER SALAD £10.95

Lettuce, fresh tomato, sun-dried tomato, olives, peppers, carrots, sweetcorn, cucumber, onion and avocado dressed with extra virgin olive oil and oregano topped with delicious grilled halloumi cheese



## WHITE WINE

### IL GRASSO HOUSE WHITE WINE £16.90 VERSARE SAUVIGNON BLANC, ITALY

A famous white wine produced in the Veneto region in North-East Italy. This wine is straw yellow coloured, has a dry and harmonious flavour and an attractive bouquet

### CORTESTRADA GARGANEGA PINOT GRIGIO, ITALY £19.50

A delightfully open wine, generous in fruit

### VOLANDAS CHARDONNAY £19.50

Tropical fruit flavours, light and elegant with a seductive finish, rich in organic hints

### SAUVIGNON BLANC NEPTUNE POINT MARLBOROUGH, NEW ZEALAND £27.95

Lovely fruity and aromatic wine with notes of citrus, gooseberry and a subtle vanilla touch.  
Highly recommended

## RED WINE

### IL GRASSO HOUSE RED WINE £16.90 VERSARE MERLOT, ITALY

Ruby red, this Merlot has typical and elegant aromas of violets, plums and red fruits. It has a medium fresh bouquet with delicate red fruit flavours, good balance and structure

### VOLANDAS CABERNET SAUVIGNON £19.50

Lots of blackcurrant and cassis flavours with an underlying hint of eucalyptus

### IL CAGGIO CHIANTI DOCG, ITALY £20.95

A medium bodied, aromatic red with sour cherries on the palate complimented by leafy aromas and earthy smokiness

## ROSÉ WINE

### PINOT GRIGIO BLUSH, ITALY £16.90

Cherry red colour with glints of coral, this wine has a delicious aroma of strawberries and red berries.  
With its clean, crisp fruitiness and lasting finish, this is an elegant, well balanced rosé

## SPARKLING WINE

### PROSECCO NUÁ DOC, EXTRA DRY, ITALY £26.95

Light, fresh and well-balanced with attractive aromas and flavours of melon and green apples.  
The perfect choice for any occasion.

## WINE BY THE GLASS

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|--------------------|-------------------|--------------------|-------------------|
| HOUSE WHITE        | SMALL 125ML £3.00 | MEDIUM 175ML £4.90 | LARGE 250ML £5.90 |
| HOUSE RED          | SMALL 125ML £3.00 | MEDIUM 175ML £4.90 | LARGE 250ML £5.90 |
| ROSÉ               | SMALL 125ML £3.00 | MEDIUM 175ML £4.90 | LARGE 250ML £5.90 |
| PINOT GRIGIO       | SMALL 125ML £3.50 | MEDIUM 175ML £5.00 | LARGE 250ML £6.70 |
| CHARDONNAY         | SMALL 125ML £3.50 | MEDIUM 175ML £5.00 | LARGE 250ML £6.70 |
| CABERNET SAUVIGNON | SMALL 125ML £3.50 | MEDIUM 175ML £5.00 | LARGE 250ML £6.70 |
| CHIANTI DOCG       | SMALL 125ML £3.50 | MEDIUM 175ML £5.20 | LARGE 250ML £6.95 |