

Premium Collection

## **Every month** a different Sardinia.

Program of experiences at Falkensteiner Resort Capo Boi

S. Con Jaco

July 2024





### Every month a different Sardinia

Our approach to hospitality evolves from year to year, adapting to each type of guest. We fully understand the reasons of those who choose our corner of paradise in south-eastern Sardinia to enjoy the turquoise sea, white sand, cuisine and other services that make a perfect holiday. At the same time, we believe that an immersive experience in the area, which helps to get to know it better is the right answer for those who want to discover the destination at its best, combining moments of relaxation with those of discovery and adventure.





For this reason, we have decided to dedicate a different topic to each month: Sardinia is one but there are so many experiences that guests can enjoy to become experts of the island. For each month, different activities focused on a different topic to enrich a holiday and make it truly a memory-book experience. Choose the ones that suit you best.

## July The month of art

Sardinia is an open island.

Even from an artistic point of view, it preserves unique traits that characterise it in the world but, at the same time, it is willing to receive new influences and contemporary contaminations from everywhere.

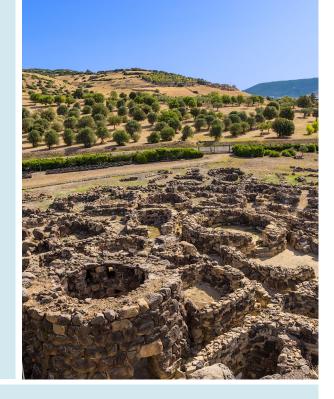
That is why in July, our resort becomes home to artists of all kinds!

# How to make July a special month

#### HIGHLIGHTS

#### **BARUMINI AND THE GIARA HORSES**

Embark on a journey of discovery into the ancient culture of Sardinia with a full-day excursion. An experienced guide will take you to Su Nuraxi, the splendid nuragic complex at Barumini, a UNESCO World Heritage Site. Discover the sophisticated architecture of the Nuragic civilisation and its complex social system. After exploring Su Nuraxi, enjoy a traditional Sardinian lunch in the nearby charming village of Gesturi. Then, head to the Giara plateau, a nature reserve where you can experience the true wilderness of southern Sardinia. Admire the wild horses, known as 'cavallini della Giara', living freely in their natural habitat. Your guide will reveal the secrets of this unique ecosystem, allowing you to fully immerse yourself in the breathtaking beauty of Sardinia.





#### DISCOVER THE BRONZE AGE

Take an exciting 4x4 excursion along the south-east coast, where you will visit traces of the passage of Phoenicians and Punics, exploring prehistoric tombs and the ruins of time. Admire the impressive Nuraghe Pentalobato 'Sa Domu 'e S'Orcu' in Castiadas, investigate the secret Domus de Janas of Monte Nai, and discover the enigmatic Menhir and Roman necropolis of 'Susalei' in Costa Rei.



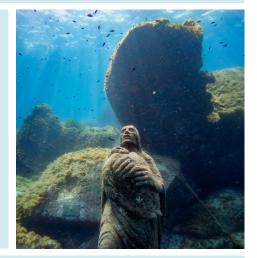
#### SPECIAL EXPERIENCES

#### 26 JULY - DINNER WITH A CULINARY ARTIST

Theodor Falser, South Tyrolean star chef and author of the dinner menu at our Kento Bay Restaurant & Lookout, where he offers Pan-Asian cuisine made with Sardinian ingredients, will be present at the hotel and offer a special menu to our guests. The wine pairing is by Cantina Siddura. For information and reservations, please contact the hotel reception.

#### FEAST OF MADONNA DEL NAUFRAGO IN VILLASIMIUS

This festival is held in Villasimius every year on the third weekend of July to invoke the Virgin's protection for all those crossing the sea. The festival begins on Saturday with a procession from the parish church of San Raffaele carrying the image of the Virgin to the port on a typical cart - the tracca - decorated with fruit and flowers and pulled by oxen. The most evocative moment of the festival takes place on Sunday, when, after the celebration of Holy Mass in the harbour square, the procession of boats to the Isola dei Cavoli begins. Here, the town priest dives with a group of divers to a depth of 10 metres, where he recites a prayer at the foot of the submerged statue - created in 1979 by sculptor Pinuccio Sciola - depicting the Madonna and Child. The prayer is heard over loudspeakers by the faithful, who watch the ceremony in the water or on the boats and throw beautiful wreaths of flowers into the water. At the end of the prayer, they return to the port where fish and local products are tasted, along with dancing, singing and fireworks.





#### RESORT'S ART PROGRAMME WITH NUAR ART GALLERY

Our collaboration with the Nuar art gallery in July offers many activities: throughout the month, a widespread photographic exhibition by the Sardinian artist Umberto Fara, who will be present at the venue for a vernissage on 4 July. On 19 July, an art dinner event at Kento Bay Restaurant & Lookout with Sardinian artists Antonio Murgia and Roberto Meloni exhibiting their works. From 24 to 26 July, various activities with artist Martina Vanda at the facility. Every Tuesday for the little ones there is the Kids Art Lab!

#### WELLNESS TREATMENT OF THIS MONTH

#### **RADIANCE TOUCH**

Allow yourself to be swept away by our signature facial treatment, enjoying its refreshing effect akin to brush strokes in a painting. Treat yourself and bask in your radiance.

#### Facial treatment | Brush techniques | Moisturizing| Refreshing

Please contact the reception of Acquapura Cocoon Spa to make a reservation.

Nelcome fome!

#### **Falkensteiner Resort Capo Boi**

Loc. Piscadeddus Strada provinciale 17 09049 Villasimius (CA)

#### FOR RESERVATIONS

contact our Concierge +39 070 09 97 311 - concierge.fcb@fatravel.it 9.00 - 13.00 & 16.00 - 19.00