



ACQUAPURA SPA ESSENTIALS



Nature. Health. Balance.

At Balance Resort Stegersbach, activity and regeneration are kept in balance for a perfect symbiosis of pure enjoyment, new body experiences, relaxation, and slowing down. Water, the element of life, is both a source of inspiration and the basis for the shapes and colours found in the Falkensteiner Acquapura SPA.

It allows guests to slow down and rediscover their own strengths. Everything comes together in harmony, reflecting the unique character of the surroundings.

A calm, uncomplicated ambience, natural luxury and the charm of Southern Burgenland make the Acquapura Mountain SPA a unique wellness experience for all of your senses.

Welcome Home!



A

ACQUAPURA SPA

„Acqua pura“ means „pure water“ and is the essence of the spa worlds in the Falkensteiner Hotels & Residences. Water revitalizes, relaxes and promotes physical wellbeing - it is not without reason that it is considered the elixir of life. From a spiritual point of view, water is assigned to the second energy centre, where creativity, wishes and dreams are anchored.

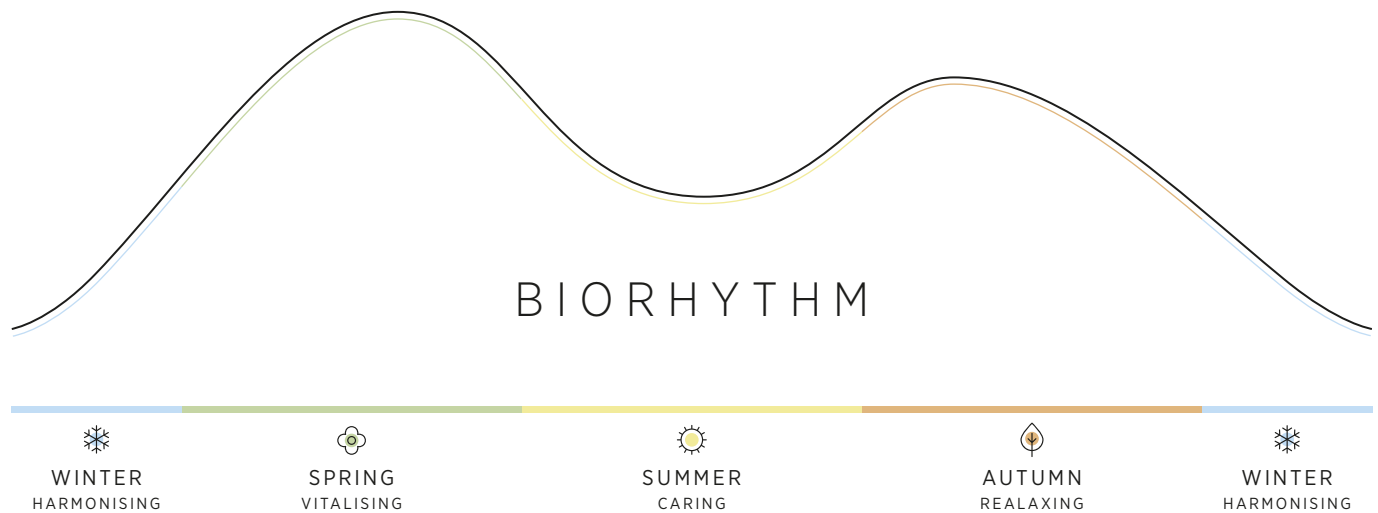
It strengthens the ability to get involved with things and to flow with them. If you connect unconditionally with the element water, this promotes the ability to better accept the unknown and to imagine the future in new ways.

Inspired by living in harmony with nature, everything flows together smoothly in the Acquapura SPA. Here, space is created for free thoughts and inner balance. A pure, holistic spa experience, which above all should create positive states of mind, relaxation, pleasure, joy, health and vitality. The Acquapura SPA is a place where you can rediscover your own centre and simply surrender to the moment.





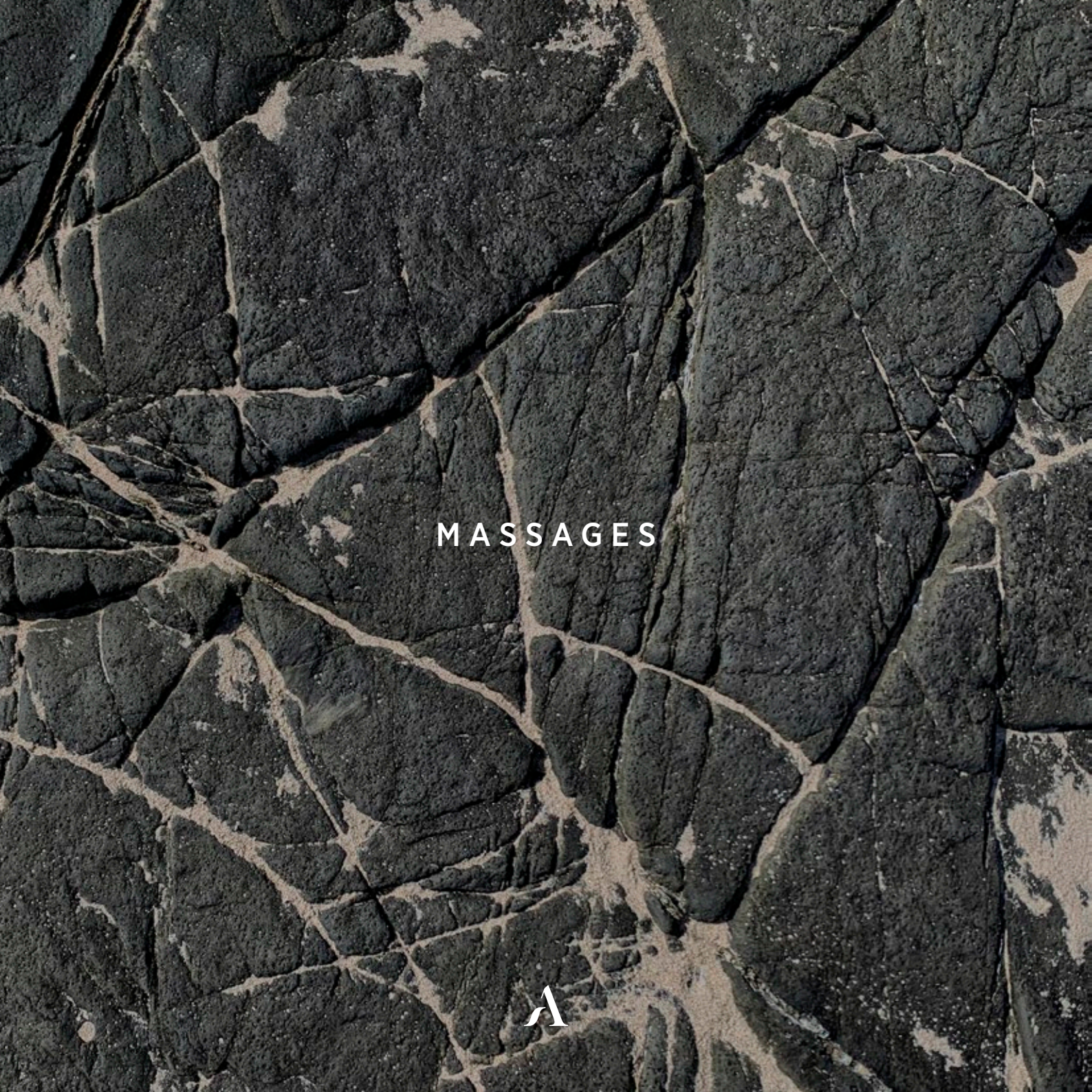
THE ACQUAPURA PRINCIPLE



Overwhelmed by the complexity of everyday life, many people have partially forgotten to live in harmony with nature and themselves. The Acquapura principle is therefore geared towards personal balance and the natural biorhythm of life. These distinct, rhythmic phases reflect the course of the day and mirror the seasons.

All Acquapura SPA Treatments & Rituals are based exclusively on natural products, combat personal imbalance, and are tailored to individual needs. Energising and vitalising, nourishing and calming, relaxing, balancing and harmonising, or clear and pure.





MASSAGES

A



TAILOR MADE MASSAGE

PINO aromatic oil of your
choosing | Massage techniques
individually adapted to your
wishes and needs

€85 50 MIN

€125 80 MIN



PARTIAL BODY MASSAGE

Your choice: back | Foot reflex
zones | Head-shoulder-neck

€48 30 MIN



COMBINED MASSAGE

2 partial body areas of your
choice: foot reflex zones |
Abdominal massage |
Back massage

€85 50 MIN



AROMA CANDLE MASSAGE

PINO aroma candle of your
choosing | Tailored to your
well-being | Pleasant and
soothing

€89 50 MIN



LYMPHATIC STIMULATION MASSAGE

Very gentle partial or full
body application | Drain the
lymphatic nodes | Unblocking |
Promotes blood circulation |
Stimulates the immune system

€48 30 MIN

€95 60 MIN



HOT STONE MASSAGE

Grounding power of hot
basalt & cool marble
stones | Deeply relaxing
full-body massage

€88 50 MIN

€129 80 MIN



VITALISING



CARING



RELAXING



HARMONISING

The background of the entire page is a grayscale marbled pattern, resembling natural stone or marble. The veins are dark and irregular, flowing across the lighter, textured background.

SIGNATURE MESSAGES





CRANIO-SACRAL THERAPY

Special osteopathic application | Increase your well-being | Resolve disturbances | Activate the body's own self-healing powers

€52 30 MIN

€89 50 MIN



ACQUAPURA SIGNATURE FLOW FASCIA MASSAGE

Increase mobility |
Relieve tension

€95 60 MIN



HERBAL STAMP

Hot herbal stamps and aromatic herbal oils | Tapping, stroking, and circular movements | Relaxation for the whole body

€98 60 MIN



GENTLE SPINE REGULATION (DORN & BREUSS METHOD)

Loosen muscles with warm St. John's wort oil | Realign displaced vertebrae | Immediate deep relaxation using individual techniques

€129 80 MIN



BREUSS MASSAGE

Relaxing, warming & gently rhythmic back massage with warm St. John's wort oil | Optimally supply nutrients to your intervertebral discs | Holistic deep relaxation | Relief for your spine & vegetative nervous system

€89 50 MIN



VITALISING



CARING



RELAXING



HARMONISING



FACE

PHYTOMER



PIONNIER RÉVÉLATEUR DE JEUNESSE

Signature facial treatment |
Happy ageing care for your
face, lips & décolletage |
Mask and final care | For
firm & radiant skin

€147 80 MIN



PERFECT REGARD INTENSIVE CARE FOR THE EYES

Firming care for radiant
eyes & moments | Smoothing
of fine lines

€65 40 MIN



CITADINE

Counters urban pollution |
Clarifies, detoxifies, and
oxygenates the skin

€95 60 MIN



HYDRA ORIGINAL

Plumping moisturizer |
Organic algae | Filling &
nourishing for more
radiance

€95 60 MIN



INTENTION JEUNESSE

Correction and tightening of
fine lines | Instant effect thanks
to multi-peeling | Active ingre-
dients from the sea

€95 60 MIN



VITALISING



CARING



RELAXING



HARMONISING

FACE



PHARMOS
NATUR



EXCLUSIVE ROHINI REGENERATING TREATMENT

Individual effectiveness of
adaptogenic rejuvenation
plants | Selected ingredients |
Deep regeneration | Treatment
ritual for every skin type

€147 80 MIN



LOVE YOUR AGE - POWER TREATMENT

Intensive regeneration |
Smooth fine lines |
Rejuvenation for mature
skin in need of regeneration

€128 80 MIN



BIO LIFTING

Intensive care | Supply of
nutrients | Natural firming |
For dry, tired & sagging skin

€95 60 MIN



DETOX FACE

Cleaning | Activates the
flow of the lymph glands |
Strengthens the connective
tissue for every skin, especially
for stressed skin and rosacea

€95 60 MIN



INTENSIVE MOISTURE

Intense moisture | Cooling &
calming | Freshness & vitality
for every skin type | Especially
for young and dehydrated skin

€95 60 MIN

CAN BE
ADDED TO
ANY FACIAL
TREATMENT

On request for
a surcharge:

- Eyebrow shaping
- Eyelash dyeing
- Eyebrow dyeing



VITALISING



CARING



RELAXING



HARMONISING

FACE

PHYTOMER


PHARMOS
NATUR

NATURE OF MEN

Perfect care for men –
vitality booster for face and body



MEN'S SPECIAL ENERGYBOOST

Additional cosmetic back
massage | Activating |
Restores balance

BY PHARMOS NATUR

€128 80 MIN



MEN'S SPECIAL STRESSLESS

Cell renewal | Regeneration |
Revitalisation | Soothes
irritations

BY PHARMOS NATUR

€95 60 MIN



„MEN'S AFFAIR“ PEAU NEUVE AU MASCULIN

Individual high-tech care
with active ingredients from
the sea | Supply oxygen to
your tissues | Moisturising
and anti-ageing

BY PHYTOMER

€95 60 MIN



RELAXING



HARMONISING



VITALISING



CARING



BEAUTY

A



MICRODERMABRA- SION SPECIAL

An efficient intensive
peeling with microcrystals |
Deep cleansing | Serum |
Mask | Final maintenance

€104 60 MIN



FACIAL MASSAGE

With active ingredient
ampoule | Décolletage | Neck

€62 40 MIN



MANICURE CLASSIC

Shape nails | Treat cuticles |
Hand care with massage

€45 30 MIN



PEDICURE CLASSIC

Foot bath | Remove pressure
marks | Shape nails | Gentle
foot massage

€69 50 MIN

CAN BE
ADDED TO ANY
HAND & FOOT
APPLICATION

Alessandro colour polish

€15

Alessandro gel polish

€25



FANCY HAND RITUAL

Manicure | Hand peeling |
Hand pack | Hand massage |
Velvety soft hands

€75 50 MIN



FANCY FOOT RITUAL

Pedicure | Foot peeling |
Foot pack | Foot massage |
For tender and well-
groomed feet

€95 75 MIN

CAN BE
ADDED TO
ANY FACIAL
TREATMENT

Microdermabrasion

€39 10 MIN

On request for
a surcharge:

- Eyebrow shaping
- Eyelash dyeing
- Eyebrow dyeing



VITALISING



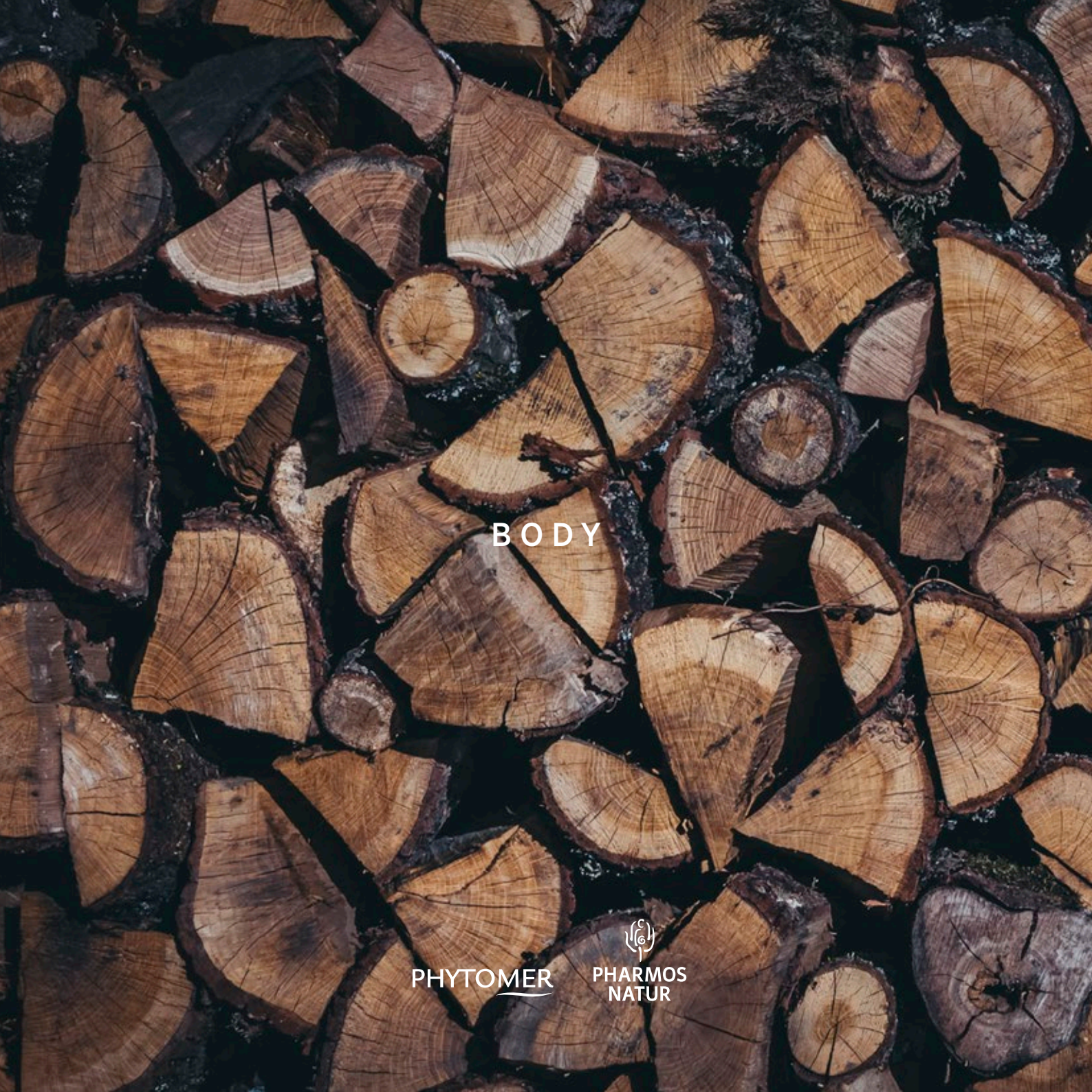
CARING



RELAXING



HARMONISING



BODY

PHYTOMER


PHARMOS
NATUR



SCULPT ZONE

Slimming ritual for stomach, legs, buttocks and stubborn cellulite | Gentle sea peeling | Warming, shaping wrap

BY PHYTOMER

€97 60 MIN



VOILE DE SATIN

Relaxing full body peeling | Sea salt crystals | Massage for skin remineralization and hydration

BY PHYTOMER

€56 40 MIN



P5 SOIN MINCEUR

Modelling, contour-shaping massage | Slimming lotion to reduce curves | Slimming pack with algae jam

BY PHYTOMER

€91 60 MIN



BODY & FACE WITH ALOE VERA & ALGE

Full body peeling & care pack | A fresh kick that restores balance to the face

BY PHARMOS NATUR

€95 60 MIN



LOVE YOUR AGE RITUAL

Full body pampering program | Cosmetic relaxation massage for the back | Individual facial

BY PHARMOS NATUR

€129 80 MIN



VITALISING



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RELAXING



HARMONISING

BATHS, PEELINGS
& PACKS





BALANCE SPECIAL PEELING

High quality aloe vera oil |
Cleansing full body peeling |
Followed by exquisite
body lotion

€ 54 35 MIN



ORANGE SUGAR PEEL

Sugar scrub | Orange,
coconut & soybean oil

€ 37 20 MIN



PAPAYA & ALOE SEA SALT PEELING

Sea salt peeling |
Papaya & aloe vera oil

€ 37 20 MIN



SALT ON MY SKIN

Gentle cosmetic vitality
massage | Sea salt peeling &
relaxing bath

€ 112 80 MIN



AROMA SPA FULL BODY PACK

Pure indulgence | Floating
lounger, exclusively on request:

- sensitive skin
- mud pack for the joints
- seaweed wrap
- nourishing, firming body pack

€ 52 40 MIN



VITALISING



CARING



RELAXING

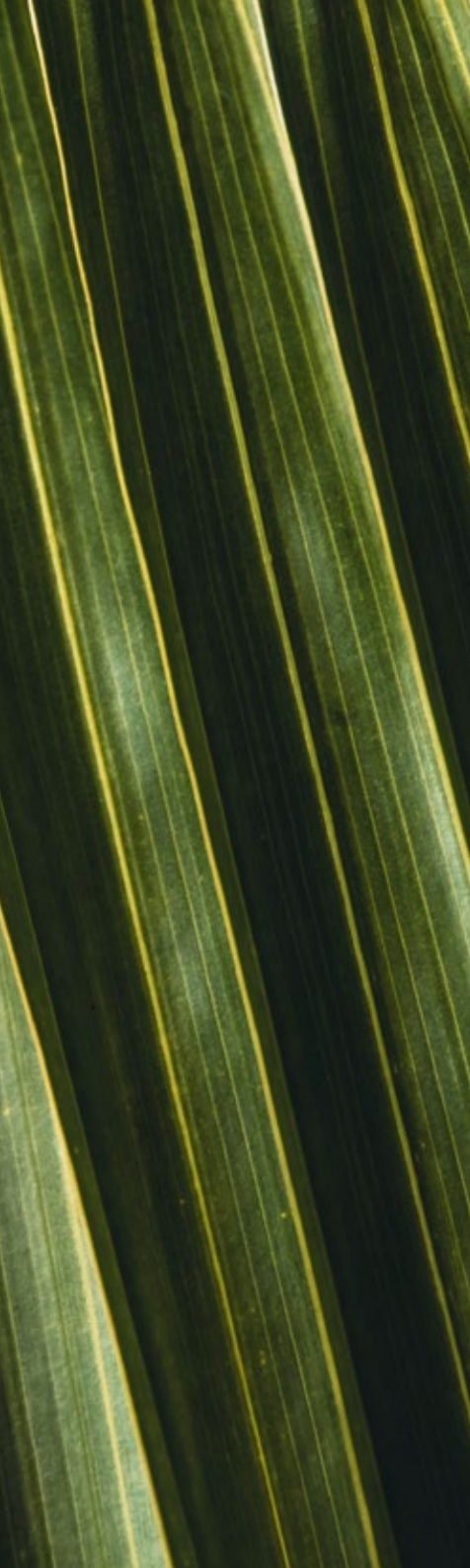


HARMONISING



PRIVATE SPA





PRIVATE SPA

Enjoy all body treatments and massages in private with your partner in the light-flooded private spa suite.

Basic inclusive service: 1 bottle Balance Resort sparkling wine with homemade pralines, fresh fruit and mineral water or 1 bottle Uhdler with local cheese, fresh fruit and mineral water



PRIVATE SPA „TRILOGIE“

Your own steam bath | Choose from three different peelings | Bathtub with space for two | Three types of bath cream and five different bath salts | Cozy lounging area for two

Until 2 p.m.

€125 120 MIN

From 2 p.m.

€140 120 MIN



PRIVATE SPA „AQUARELL“

Whirlpool tub with space for two | Three types of bath cream and five different bath salts | Cozy lounging area for two | Modern multimedia system

Until 2 p.m.

€95 120 MIN

From 2 p.m.

€115 120 MIN



RELAXING



HARMONISING



VITALISING



CARING



SPORT & COACHING



HEART RATE VARIABILITY MEASUREMENT

A scientifically based and
impressive measurement of
vitality based on your heart
rate variability (HRV)

HRV 10 minutes
quick measurement

€59 KURZANLAYSE

HRV 24-hour measurement

€149 INKL. BERATUNG



BIO IMPEDANCE ANALYSIS

Analysis of body composition
(muscle, water, fat)

€35 20 MIN



PERSONAL COACHING

€45 30 MIN

€75 50 MIN



RELAXING



HARMONISING



VITALISING



CARING



PHYTOMER

ENVIRONMENTALLY FRIENDLY BIOTECHNOLOGY FROM THE SEA

For more than 40 years, research and development teams have been working on powerful marine ingredients, developing the cosmetics of tomorrow. The assets of the sea are combined with unique biotechnology.

PHYTOMER decodes the power of natural active substances from the sea and uses micro-organisms to develop modern and innovative ingredients. This new high-tech biochemistry is effective and harnesses nature's potential without harming it.



PHARMOS NATUR

Green luxury cosmetics for health, beauty & joie de vivre, inspired by the unique potential of Mother Nature. Pharmos Natur uses precious healing & rejuvenating plants from all over the world and combines the complex active ingredients in a sophisticated way. All essences are adaptogenic, i.e. they know where and how to act best.

Carefully and holistically the SACRED PLANTS are processed. Their rich active ingredients, their intensive light energy and their high vibration are contained in the valuable care products. The special feature: active ingredient-rich aloe vera instead of water, without the addition of alcohol and without classic preservatives.

SPA ETIQUETTE



Secure your desired treatment before arrival.



Cancel applications by 4:00 p.m. the day before to avoid fees.



Take your time and arrive 10 minutes before your treatment.



Wear swimwear in the pool area and refrain from wearing clothes in the sauna area.



Attend the treatment dressed in your bathrobe.



Be considerate of guests seeking peace and quiet and respect the cell phone ban.



Do not reserve any couches.



Please inform us in advance of any health concerns, illnesses or allergic reactions. Consult your physician if you are pregnant.



Treatment time is the time from the moment you are picked up at the spa desk until the therapist says goodbye. Before the application, we will ask you about your wishes and will be happy to advise you.



It is best to keep jewelry and valuables in the room safe.



Gift time to your loved ones with our SPA vouchers.

