

CHECK OUT OUR  
CALENDAR  
OF EVENTS

# BAY GARDENS RESORTS NEWSLETTER

JULY 2022



## *The Key to your Ultimate Caribbean Vacation Getaway*

Centrally situated in the heart of Saint Lucia's entertainment capital, Rodney Bay Village, the **Bay Gardens Resorts** family of hotels and luxury private villas offers inviting, island-inspired accommodations. With five properties positioned on the Reduit Beachfront and within Rodney Bay Village and the Rodney Bay Marina, Bay Gardens Resorts is a favourite hotel destination in Saint Lucia for families, couples, and island explorers.

Featuring a total of 241 rooms, seven conference centers, four restaurants, and six bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



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## Carnival at Bay Gardens Resorts / Return of Saint Lucia Carnival



The COVID-19 pandemic halted a lot of activities: and Saint Lucia Carnival was no exception. However, after two years, the festivities returned this year in all its splendor. The Carnival Season officially kicked off on July 07 with a variety of national events such as Calypso and Soca Monarch, Panorama, and the National Carnival Queen Pageant.

The Bay Gardens Resorts in collaboration with the Dermalogics Clinic showed their support for the arts and culture through the sponsorship of Ms. Merel Popo, one of the contestants for the National Carnival Queen Pageant. Eight contestants vied for the title of Saint Lucia's Carnival Queen 2022 in five onstage appearances including interview, performing talent, swimwear, costume, and evening wear. Merel gave an amazing account of herself during her exciting pageant journey and represented Bay Gardens Resorts & Dermalogics Clinic with grace and poise.

[Click here](#) to see highlights from Merel's pageant journey.

In addition to national events, there were several private parties and concerts. Saint Lucian music is unique and pulsating and our local artistes such as Teddyson John, Ricky T, Ambi and Dezral ensured that we were dancing and grooving for the entire season. Our events also saw the likes of internationally acclaimed artistes such as Maxi Priest, Patrice Roberts, and Destra Garcia.

The Carnival season culminated in an exciting fun filled two-day street parade of live bands and DJ music, stunning Carnival costumes and the joyous and energetic revelry typical of Caribbean carnivals. This is an incredibly special celebration of our history, culture, and creativity.

[Click here](#) to see more highlights from the season.



## Creole Heritage Month Is Up Next!



Saint Lucia celebrates Creole Heritage Month in October. Jounen Kweyol or “Creole Day” is a culmination of the month’s activities and is celebrated on the last Sunday of October. In the weeks preceding Jounen Kweyol, citizens display their national pride with creative outfits made from madras material or in full national dress, the Wob Dwyiet. Creole day is filled with lots of folk music, dancing, authentic creole dishes, cultural shows, and highlights of traditional ways

of living. Kweyol activists also use this time to pay homage to St. Lucians past and present who have contributed significantly toward preserving and spreading the culture.

Observance of Jounen Kweyol started in 1981 when a group of French Creole linguists from the Caribbean and Indian Oceans decided to form an organization called Bannzil Kweyol devoted specifically to the study and promotion of French Creole languages.

Jounen Kweyol has always been a major celebration at Bay Gardens Resorts with amazing activities which feature an array of delectable creole food such as hot bakes and cocoa tea, stuffed crab back, stewed octopus and National Dish, green fig and saltfish. Our guests are also treated to cultural entertainment and get the opportunity to win attractive prizes.

We have so much planned for this year’s Creole Day and we cannot wait to share it. We look forward to you celebrating Jounen Kweyol with us at the Bay Gardens Resorts.

## Living the Suite Life

Bask in the Suite life at Bay Gardens Beach Resort, just steps away from Reduit Beach. With a kitchen, living and dining area, and views to die for, our Beachfront Suites are the best option for families with one- and two-bedroom options available. Some of the in-room amenities include balcony/patio furniture, smart television with cable, in room safe and so much more. And for a limited time only, save up to 40% off our one-bedroom suites. [Click here to book.](#)



## Bay Gardens Marina Haven celebrates their 4th Anniversary



On July 6th, 2022, the Bay Gardens Marina Haven celebrated its anniversary. Four years ago, the then Palm Haven Hotel joined the Bay Gardens brand. With an incredible location, the Marina Haven boasts being the closest hotel to the Rodney Bay Marina, as well as being only minutes away from St. Lucian attractions such as Pigeon Island National Landmark, Reduit Beach, the Gros Islet Street Party, duty-free shopping malls, specialty restaurants and hip bars.

Throughout its distinguished tenure, the Marina Haven has continued to evolve in elevating the guest experience in all aspects and welcomes singles, couples, families, friends, and business travelers to enjoy this beautiful 32-room gem.

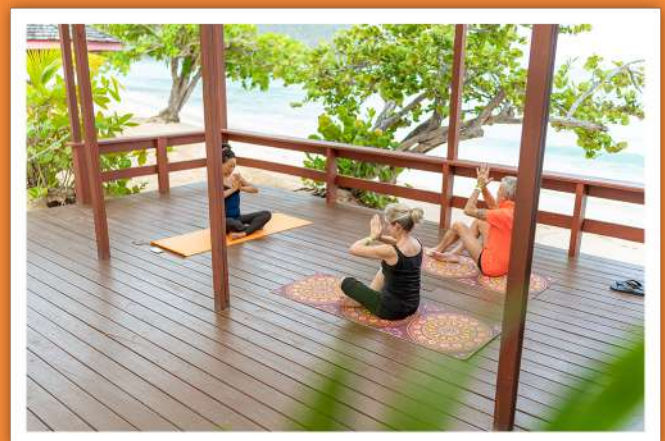
All guests staying at the Bay Gardens Marina Haven benefit from access to Bay Gardens Beach Club, situated on the prime beachfront location of the 4-star Bay Gardens Beach Resort & Spa. A complimentary hourly shuttle service operates between the Marina Haven and the Beach Resort, thus allowing you access to sun loungers on the beach, use of Splash Island Water Park, non-motorized watersports, and complimentary WiFi.

[Click here](#) for more information on how you can book your next stay at the Bay Gardens Marina Haven.

## Wellness Feature - Yoga at Bay Gardens Resorts

This month we celebrated International Day of Yoga under the theme "Yoga for Humanity." Yoga has been proven to be one of the best solutions for stress release as it deals with inner peace. Other general health benefits include improved physical and mental strength, better flexibility, and posture as well as improved immunity.

During your next stay, be sure to sign up for our free Morning Yoga sessions, happening Mondays, Wednesdays and Fridays at the Bay Gardens Beach Resort and Tuesdays and Thursdays at the Bay Gardens Hotel. [Click here](#) to look at what your tranquil yoga experience is going to be like.



To secure your desired appointment, we recommend that you pre-book treatments via email at: [lammerspa@baygardensresorts.com](mailto:lammerspa@baygardensresorts.com), call: 758.457.8553 or [click here](#).

## Dining at the Bay Gardens Resorts Just Got Better!



After scaling down its operations to only dinner service for some time, the SeaGrapes restaurant is back and in full swing, now offering both lunch and dinner culinary experiences. Nestled on the Reduit beach front, featuring a relaxed “barefoot on the beach” vibe with breathtaking views of Pigeon Island National Landmark, the SeaGrapes Restaurant is known for some of the freshest seafood and other delectable menu options. If you are a lover of seafood and fine dining, SeaGrapes

should be your first choice when in Saint Lucia.

We are continuously working towards giving you the best dining experiences at the Bay Gardens Resorts. As such, we recently revamped our lunch menus at the Hi Tide and Spices Restaurants. Relax in a breezy beachfront setting at the Hi Tide restaurant at the Bay Gardens Beach Resort and enjoy a delicious meal, from our Caribbean favorites to tantalizing international and vegetarian dishes. Our guests love Hi Tide and describe it as one of the best restaurants in Saint Lucia. Spices Restaurant at the Bay Gardens Hotel is also a crowd favorite, offering a world of delicious Caribbean and West Indian Cuisine where exotic flavors, and bold spices elevate every dish. With their new menu, featuring unique additions such as the green banana and saltfish quesadilla, guests can experience a farm-to-table dining experience at the Spices Restaurant.

## Sizzling Staycation Specials

Skip the trip to the airport and head straight to Bay Gardens Resorts for a sizzling staycation. Enjoy delicious island cuisine and all the amenities and services of our beautiful properties.

The Bay Gardens Beach Resort & Spa, Hotel, Inn, and Marina Haven all offer a variety of appealing packages from which to choose, including the Breakfast Experience and MAP Experience (breakfast and dinner). Our popular all-inclusive experience features meals for two, unlimited house brand drinks, complimentary access to Splash Island Water Park and more.



Ditch the trip and splash into summer at home with the Bay Gardens Resorts. You can find more information on how to book your getaway [here](#).



## Tour Feature - Anansi's ATV Tours



Our feature tour of the month is the Anansi ATV package! On this epic escape, you will experience riding an all-terrain vehicle through beautiful St. Lucia's, lush, mountainous banana, coconut, and citrus plantations and finally there is an unimaginable panoramic view of the Atlantic on our Northeast coast.

Upon arrival you will be welcomed by our tour guide who will then briefly highlight the necessary instructions and use of safety gear.

then work with you to help you understand how to ride the vehicle and how to manage the terrain. Getting to the tour location is simple as Anansi's ATV Tours will pick you up from the Bay Gardens Resorts and take you back in style.

For more information and how you can book your ATV adventure, visit our tour desk, or [click here](#).

## Featured Employee – Darna Darcie

Our featured staff member for July is Ms. Darna Darcie. Ms. Darcie has been employed with the Bay Gardens Resorts for the last six years where she started as an Administrative Assistant to the General Manager. She then moved to the front desk department as an agent. After proving her capabilities through committed service and hard work, Darnia was recently promoted to Front Desk Supervisor.



She describes herself charismatic, friendly, and outgoing. She further explained that working as a front desk supervisor affords her the opportunity to meet new and interesting people; which is often the most exciting part of her day. When not on Duty, Darnia enjoys partying and reading. Her preferred choice of books include urban fiction, and about anything written by black authors.

Her most memorable moment at Bay Gardens Resorts is being called into a meeting with the General Manager at the Bay Gardens Hotel, Ms. Cheryl Gustave, to be informed that she will be promoted to Front Desk Supervisor. Her long-term goal is to continue to strive for excellence and to someday move up the managerial ladder along with other young people like herself. We congratulate Darnia on her recent promotion and look forward to more amazing things from her in the future!

## Our Guest Experience



Have you seen what our guests are saying about us on TripAdvisor?

### **BAY GARDENS BEACH RESORT & SPA**

#### **EXCELLENT RESORT.**

Reviewed by: [mungal91](#).

We had an amazing time, and it was awesome and will surely come back again. The staff were awesome, and the food was excellent. Booking tours was easy. The room was comfortable and

spacious, cleaned every day and sanitized.

### **BAY GARDENS HOTEL**

#### **"LOVED IT ALL"**

Reviewed by: [Deb48\\_12](#)

I have finally found time to write my review. My husband and I loved it here. Such a peaceful hotel with great food, service, and brilliant location. This place has the added benefit of being able to enjoy the other Bay Gardens resorts. A short stroll or shuttle bus takes you to a beautiful beach with full amenities. Lunch and dinner here was gorgeous. The whole place is spotless and so relaxing. Lovely pool areas with comfortable sun beds. It was great that, despite an early evening pick-up for our departure, we could still enjoy the all-inclusive service. We loved it so much we have already booked it for March 2023.

### **BAY GARDENS INN**

#### **"BAY GARDENS INN IS DELIGHTFUL"**

Reviewed by: [cwarden2022](#)

The staff at the Bay Garden Inn was attentive to my needs, along with displaying such hospitality, that I felt spoiled. Thanks for putting a smile on my face, to what I thought was lost. Thank you for all that you do!

### **BAY GARDENS MARINA HAVEN**

#### **"AMAZING SERVICE AND VALUE FOR MONEY"**

Reviewed by: [devkuman](#)

Everyone on the staff was amazing and treated us with great kindness. Such lively people with kind hearts. Loved our stay and would recommend them. The food was amazing, especially their seafood was so worth it. The chef specially made Caribbean style jerk chicken as per our request and it was magnificent. You can ask for all your travel needs at the front desk and they will try to help you get it sorted.

## Recipe of The Month: Hi Tide Chicken Tacos



### Ingredients

- 6 oz chicken breast strips
- ¼ cup Julienne of vegetables (peppers, carrots, onions, cabbage)
- 1 tbsp soy sauce,
- 1 tbsp hoisin sauce
- 1 tsp minced garlic,
- 1sp chopped parsley
- 1 tsp chopped celery
- 2 taco shells
- ¼ cup grated mozzarella cheese

### Method:

- 1.) Stir fry Chicken in Oil, Garlic, Seasoning and Hoisin Sauce until cooked.
- 2.) Add vegetables to stir fry mix.
- 3.) Give one spin to achieve a la dente of vegetables.
- 4.) Remove from heat.
- 5.) Place in Taco shell.
- 6.) Add cheese.
- 7.) Place under the grill until golden brown