

**Opening Hours** 10:00am till 10:00pm (Daily, Closed on Tuesdays)

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### MASSAGES AND REFLEXOLOGY

LexSpa's massages and reflexology treatments not only relax and reinvigorate your body, but also promote the release of harmful toxins for long-lasting overall health and vitality.

#### Traditional Massage (60 minutes) (90 minutes)

#### RM280 RM380

Experience deeper healing through traditional techniques passed down over generations. Designed to alleviate fatigue and tense muscles, your therapist works to help you achieve harmony of body, mind and spirit.

### Balinese Massage (60 minutes) (90 minutes)

#### RM280 RM380

**RM430** 

This massage combines stretching, long strokes as well as palm and thumb pressure techniques to release tension and enhance flexibility. Traditionally practised to jump start the metabolism, you'll experience a surge in energy at the end of this treatment.

#### Aroma Hot Stone Massage (90 minutes)

#### Healing through heat of warmed stones kneaded across your body to melt away any tension. Designed to stimulate the natural cleansing processes in the body, it is highly recommended for improving sleep, combating poor blood circulation, muscular aches and high stress levels in the mind and body.

#### Back Massage (30 minutes)

#### **RM128**

This short but effective massage will help to relieve tension and stress, allowing you to return to your day feeling relaxed and revitalized. It focuses on the shoulder, back and neck to loosen and relax the muscles that carry the stress of everyday living.

#### Foot Reflexology (30 minutes) (60 minutes)

#### RM98 RM150

Experience balance and deep relaxation. This holistic treatment provides physical renewal with specific thumb, finger and hand techniques applied to various reflex points on the feet to stimulate corresponding organ groups in the upper body.

#### Add-On : Hot Oil

**RM30** 

\*\* Prices are quoted in Ringgit Malaysia (RM). Images shown are for illustration purposes only.
 \*\* All reservations are based on first-come first-served basis and subject to availability.
 Advanced booking is highly recommended to secure your preferred date and time of your treatments.

# BODY SCRUBS AND BODY WRAPS

Bask in the scent and sound of the ocean as you allow your skin and pores to be reawakened, and calmly soaking in our luxurious ingredients.

#### Organic Body Wrap (45 minutes)

# Experience immediate relief to sun-damaged or sun-sensitive skin with this soothing wrap. Cooling and calming waterlily, green tea and chamomile are used to relieve the discomfort of over-exposed skin. Alleviate the skin's burning and stinging sensation as this treatment heals, desensitizes and reduces surface skin temperature. A relaxing and therapeutic foot and scalp massage is performed during the body wrap.

- Indian Healing Clay Mask
- Honey
- Aloe Vera Gel or Cucumber Gel

#### Organic Body Scrub (45 minutes)

This salt mousse scrub will remove dead skin cells and impurities whilst releasing negative ions to counteract damaging environmental pollutants. Your skin will appear silky smooth, soft and moisturized after this fragrant exfoliating treatment.

- Organic Hibiscus Scrub
- Organic Ginger Scrub
- Organic Grapefruit Scrub

#### Mix & Match Body Bar (45 minutes)

Create your own body scrub or wrap where you can mix and match your own essential oils, base and botanicals. This body brushing is nourishing, softening and enriching. After the scrub / wrap, your skin will be restored to its natural glow to give you beautiful, healthy skin.

- Rice
- Oat
- Soy Bean
- Honey

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#### RM240

**RM250** 

### RM240





## HAIR AND SCALP TREATMENTS

Allow the magical touch of our skilful therapist help your mind and body to drift off to unparalleled tranquillity.

#### Hair, Scalp and Shoulder Treatment (45 minutes)

#### **RM250**

A therapeutic scalp and shoulder massage with olive oil and aloe vera gel treatment to moisturize your hair and detoxify your scalp. Enjoy a luxurious hand massage while relaxing under the hair steamer while the hair dries.

Herbal Steam (20 to 30 minutes)

#### RM150

Herbal steam is for irritation and swollen blood vessels in the scalp. It also detoxifies and lightens your body.

## SPA RITUAL PACKAGES

Pamper yourself or your loved one with a purely indulgent day at LexSpa, guaranteed to fulfil the skin and body's needs and more.

#### ENERGY (2 hours)

#### **RM500**

Revitalize your inner strength by increasing vitality with this series of energizing treatments using natural ingredients.

- Organic Scrub (30 minutes)
- Traditional Malaysian Urut (60 minutes)
- Foot Reflexology (30 minutes)

#### PURITY (2 hours 15 minutes)

Enhance your inner glow with a series of treatments designed to detoxify and restore your body, naturally.

- Tea Tree & Lime Foot Ritual (15 minutes)
- Aroma Hot Stone Massage (90 minutes)
- Hair Scalp Massage (30 minutes)

#### BLISS (2 hours 30 minutes)

Experience complete tranquillity with this series of relaxing rituals inspired by ancient tradition in Bali for health, beauty and radiance.

<ul> <li>Herbal Steam</li> </ul>	(30 minutes)
<ul> <li>Balinese Massage</li> </ul>	(60 minutes)
<ul> <li>Organic Body Scrub</li> </ul>	(30 minutes)
<ul> <li>Organic Body Wrap</li> </ul>	(30 minutes)

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### RM550

**RM750** 

### LEXIS SUITES

# TIME TO SPA

**OPENING HOURS** Mondays to Sundays

10:00am till 10:00pm (Daily, Closed on Tuesdays)

#### SCHEDULING AN APPOINTMENT

To schedule an appointment for your preferred treatment, please contact our LexSpa reception team who will be able to guide you to the right choice of treatment. To ensure your preferred time and service is available we recommend booking in advance. All spa appointments and packages are subject to availability and our cancellation policy. Please call **+604-628 2888 ext no. 0838** for appointments.

#### SPA ETIQUETTE

A spa is where we seek tranquillity, peace and serenity. Kindly silence your mobile phone and other electronic gadgets when you arrive at the spa and respect others' rights to privacy. The LexSpa team reserves the right to ask you to stop using devices within the premise.

#### **ARRIVAL TIME**

We recommend that you arrive at our spa reception 15 minutes prior to your scheduled treatment, this will allow us the time to discuss your requirement and fill in your consultation form and /or health questionnaire. Please be advised that late arrivals will result in reduction of treatment time and the full treatment price will still apply.

#### **SPA ATTIRE**

Changing facility is available inside the treatment rooms, with bathrobes, slippers and disposables provided for added comfort.

#### **HEALTH CONDITIONS**

Kindly advise us of any health conditions, allergies, or injuries which could affect your choice of treatment when making your spa reservation. This will allow us to assist you in selecting the best experience for you and arrange for the preparation of the room to suit all your needs.

#### **CANCELLATION POLICY**

Should you need to cancel or reschedule, a minimum five (5) hours' notice is required before the scheduled treatment. A 50% cancellation fee will apply for non-arrival or treatments cancelled less than 5 hours before your scheduled time. Late arrival will shorten your treatment time.

#### PRICES

All prices are quoted in Ringgit Malaysia (RM) and are subject to change at any time.

#### VALUABLES

LexSpa and the hotel are not responsible for any loss of valuables at any time within the premise. We advise that you leave valuables at home or in the safe provided in your hotel room. Please ensure that all valuables placed in your robe pockets are removed after your treatment.



LEXIS SUITES PENANG

28, Jalan Teluk Kumbar, 11920 Bayan Lepas, Pulau Pinang, Malaysia.

A property of Kuala Lumpur Metro Group.

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