







Spa Hours: Monday - Sunday 9:00am to 5:00pm 602-906-3820 | In House EXT: 4544 7677 N 16th St, Phoenix, AZ 85020 www.Tocasierraspaphx.com

## Massage

**SWEDISH** 

50 MINUTES \$160 80 MINUTES \$200

Classic Swedish massage techniques come together to create the ultimate experience of relaxation. A combination of gentle flowing strokes and tissue release to help you achieve mind & body balance.

**DEEP TISSUE** 

50 MINUTES \$175 80 MINUTES \$220

This therapeutic massage is ideal for those who suffer from old injuries or chronic pain. Deep tissue massage improves circulation to flush toxins from the muscles, to promote healing and full body wellness.

#### **EXPECTING MOTHER**

50 MINUTES \$175

Specifically designed for expecting mothers in their second & third trimester. A gentle massage that gives special attention to the mother's comfort concentrating on back, neck and shoulders, and also targets swollen, tired feet. Light to medium pressure.

#### **BASALT HOT STONE**

50 MINUTES \$175 80 MINUTES \$210

Melt away tension and soothe tired muscles with our Basalt Hot Stone Massage. Smooth, heated basalt stones are strategically placed and used to gently massage your body, promoting deep relaxation and a sense of profound well-being.

#### REFLEXOLOGY

50 MINUTES \$145

Detailed pressure point work on the feet that affect corresponding areas of the body to stimulate the body's natural healing ability. Followed by a soothing leg massage & an exfoliating sugar foot scrub.

#### COUPLES

SWEDISH

A wonderful addition to a romantic getaway. Enjoy the deep relaxation of a swedish or therapeutic massage with your partner. Ending your service with a cold glass of champagne.

THERAPEUTIC 50 MINUTES \$330 | 80 MINUTES \$410

50 MINUTES \$310 | 80 MINUTES \$380

# Spa Package

RESTORATIVE FACE & BODY

110 MINUTES \$300

Swedish Massage & Classic European Facial

**BABY MOON** 

110 MINUTES \$310

Expecting Mother Massage & Classic Hydration Facial

TRIPLE PLAY

160 MINUTES \$385

Seasonal Scrub, Seasonal Massage & Seasonal Facial

## Facial

### **CLASSIC EUROPEAN**

**50 MINUTES \$160** 

This classic favorite provides a deep thorough cleansing, exfoliation, extraction, ultra-nourishing mask and moisturization. Great for general maintenance, this facial can be tailored to all skin types.

#### AGE DEFYING

50 MINUTES \$175

Our Age Defying Facial is a luxurious and results-oriented treatment designed to restore youthful radiance. This targeted treatment is designed to visibly reduce the appearance of fine lines, wrinkles and age spots, leaving your skin feeling firmer, smoother and more youthful.

#### VITAMIN C BRIGHTENING

50 MINUTES \$175

Reveal a radiant glow with our Vitamin C Brightening Facial. This invigorating treatment harnesses the power of Vitamin C to combat dullness, even skin tone, and boost luminosity. Enjoy a revitalized complexion that appears brighter, smoother and full of life.

#### GENTLEMAN'S FACIAL

**50 MINUTES \$165** 

Designed specifically for men's skin, our Gentleman's Facial provides a deep cleanse, addresses common concerns like razor burn and ingrown hairs and leaves your skin feeling refreshed, smooth and revitalized.

#### LUMINOUS CBD GUA SHA FACIAL

**50 MINUTES \$175** 

Unveil a radiant and calm complexion with our Luminous CBD Gua Sha Facial. This unique treatment combines the soothing power of CBD with the ancient art of Gua Sha to promote lymphatic drainage, reduce puffiness and enhance your skin's natural luminosity.

#### ARRIVAL

Please arrive 15 minutes prior to your appointment. Service time will not be extended for late arrivals and the full price of the service will be charged.

#### CANCELLATION POLICY

A 12 hour notice is required for cancellations or changes to all appointments. Insufficient notice of cancellations may be subject to charges up to the full price of the service. All no-shows will be charged full service price. Age requirement is 18 years or older for spa treatments.

#### SERVICE CHARGE

To make your spa experience as seamless as possible, a 20% service charge will be applied on all spa treatments at time of check-out.

Effective: May 1st, 2025

## **Body Treatments**

#### **TOCASIERRA SIGNATURE**

**80 MINUTES \$225** 

A Tocasierra signature full-body relaxation massage, using our Agave nectar oil. Fully customizable to your personal preferences and wellness goals. Includes a soothing hot oil scalp massage, a hydrating paraffin hand therapy treatment, concluding with a relaxing foot massage.

### LIME IN THE COCONUT

**80 MINUTES \$225** 

Revitalize and improve your skin texture with this organic cane sugar body polish infused with uplifting aromas of coconut & lime. The Agave dry brushing helps shed impurities and exfoliates away dead skin. Followed by a 50 minute Swedish massage.

#### DESERT BLOOM BODY POLISH

**50 MINUTES \$150** 

Experience the revitalizing touch of the Arizona desert with our Desert Bloom Body Polish. This luxurious scrub gently buffs away dullness, revealing a smoother, more luminous complexion.

#### DAILY DOSE OF CALM & COFFEE

80 MINUTES \$225

Awaken and soothe your skin with our Coconut Coffee Body Scrub infused with calming CBD oil. This invigorating scrub gently exfoliates while nourishing with coconut and the antioxidant power of coffee, leaving your skin feeling smooth, refreshed and balanced. Followed by a 50 minute Swedish massage.

# **Massage Enhancements**

YOGA BALM	\$20	
CBD MUSCLE RELIEF	\$30	
HOT OIL SCALP TREATMENT	\$30	
HYPERVOLT PERCUSSION 10 MINUTES	\$30	
PARAFFIN HAND OR FOOT	\$30	
DRY BRUSHING	\$30	
AROMATHERAPY	\$15	
HOT STONE ADD-ON	\$50	
FOOT REFLEXOLOGY 20 MINUTES	\$50	
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## Hair Removal

BROW SHAPING AND CLEANUP BIKINI	\$30