

MARKET LUNCH SEMI-BUFFET @ CBV 2022
1st July– 31st September

Rotation 1

Açorda de legumes com queijo feta

Mashed bread stew with grilled vegetables, feta cheese and egg yolk
麵包蓉，烤雜菜，菲達芝士，蛋黃

or

Bacalhau al pil pil

Braised codfish loin, broad beans, padron peppers and garlic-chili oil
燴馬介休，蠶豆，紅椒、香蒜辣油

or

Secretos de porco bísaro grelhados

Grilled Iberian pork fillet, chorizo rice, fresh herbs and lemon
烤伊比利亞豬排，葡國香腸飯，新鮮香草，檸檬

or

Entrecosto de vitela assada com vinho do Porto

Braised beef short ribs, quinoa & potato mash, port wine sauce
波特酒汁紅燒牛肋骨配藜麥薯蓉

or

Leitão à moda da Bairrada (add Mop.68)

Crispy-roasted suckling pig, chorizo rice, orange salsa and creamy peppercorn sauce
脆皮烤乳豬，葡國香腸飯，香橙莎莎，忌廉胡椒醬 (另加 Mop.68)

or

Bife à Portuguesa (add Mop.68)

Pan-seared US beef fillet mignon, Pata-Negra ham, white wine butter sauce
香煎美國牛排，火腿，白酒牛油醬 (Mop.68)

Rotation 2

Esparguete com pesto de baterraba e avelã

Spaghetti, heart of palm with beetroot and hazelnut pesto
榛子棕櫚芯甜菜頭醬煮有機全麥意粉

or

Açorda de bacalhau no pão

Mashed bread stew with shredded codfish, egg yolk and coriander
馬介休麵包蓉、蛋黃及芫荽

or

Filete de salmão com pure de batata

Pan-seared salmon fillet, mashed potato, tomato & olive salsa
香煎三文魚柳配薯蓉伴蕃茄橄欖莎莎醬

or

Galinha à Africana

African chicken with spicy peanut-coconut sauce
非洲雞配香辣花生椰子醬

or

Leitão à moda da Bairrada (add Mop.68)

Crispy-roasted suckling pig, chorizo rice, orange salsa and creamy peppercorn sauce
脆皮烤乳豬，葡國香腸飯，香橙莎莎，忌廉胡椒醬 (另加 Mop.68)

or

Picanha de cordeiro com batata doce (add Mop.68)

Roasted lamb rump steak, herb crusted sweet potato and red wine sauce
烤羊柳配香草甜薯，紅酒汁 (另加 Mop.68)

Rotation 3

Risotto primavera vegetariano

Wild mushroom risotto, green asparagus, crispy-fried tofu and toasted pine nuts

野菌蘆筍香脆豆腐松子燴飯

or

Bacalhau à Brás

Traditional Portuguese codfish “à Brás”

傳統薯絲馬介休

or

Filete de linguado com crosta de quinoa

Baked quinoa crusted fillet of sole, citrus polenta and tomato-caper salsa

蕃茄莎莎醬焗藜麥魚柳配柑橘粟米糕

or

Caril de carne de vaca estufada

Macanese curried beef brisket and steamed rice

澳葡式咖哩牛腩，米飯

or

Leitão à moda da bairrada (add Mop.68)

Crispy-roasted suckling pig, chorizo rice, orange salsa and creamy peppercorn sauce

脆皮烤乳豬，葡國香腸飯，香橙莎莎，忌廉胡椒醬 (另加 Mop.68)

or

Filete de Robalo selvagem (add Mop.68)

Pan-fried Chilean seabass fillet, swede puree, smoky eggplant ratatouille, basil oil

(add Mop.68)

香煎智利鱸魚、蕪菁甘藍蓉、煙燻茄子、羅勒油 (另加 Mop.68)

Rotation 4

Lasagna de beringela

eggplant and cheese lasagna, tomato - herb sauce
茄子，蕃茄，芝士，千層麵

or

Caldeirada de lulas com amêijoas

Squid stew with clams, potato, bell pepper and coriander
香菜雜椒燴鮮魷及蜆

or

Bacalhau à moda de Braga

Breaded codfish loin, red onion, bell pepper, garlic, tomato sauce
炸馬介休伴紅洋蔥，甜椒，大蒜，蕃茄醬

or

Peito de frango com molho de cogumelos morelos

Pan-fried free-range chicken breast, mashed potato, pancetta, morel mushroom cream sauce
香煎雞胸肉配薯蓉，香脆煙肉及忌廉羊肚菌醬

or

Leitão à moda da Bairrada (add Mop.68)

Crispy-roasted suckling pig, chorizo rice, orange salsa and creamy peppercorn sauce
脆皮烤乳豬，葡國香腸飯，香橙莎莎，忌廉胡椒醬 (另加 Mop.68)

or

Polvo à lagareiro (add Mop.68)

Grilled octopus tentacles, crushed new potatoes,
pearl onions, crispy-fried garlic and olive oil
烤八爪魚，香草薯仔，香蒜攪油醬 (另加 Mop.68)

Rotation 5

Linguine com molho de tomate e manjeriço

Linguine with fresh tomato basil sauce

意大利麵、蕃茄醬、新鮮羅勒

or

Risotto de bacalhau

Codfish risotto, tomato, parmesan, coriander

馬介休燴飯，蕃茄，帕馬森芝士，香菜

or

Secretos de porco preto com migas

Grilled Iberian pork fillet, corn bread-chorizo mash, tomato salsa

燒伊比利亞豬，粟米麵包香腸蓉，蕃茄莎莎

or

Braseado de Bochecha Wagyu com Vinho do Porto

Port wine braised Wagyu beef cheek, wild mushrooms and mashed potato

紅酒燜和牛牛頰肉，野菌，薯蓉

or

Leitão à moda da Bairrada (add Mop.68)

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脆皮烤乳豬，葡國香腸飯，香橙莎莎，忌廉胡椒醬 (另加 Mop.68)

or

Filete de Robalo selvagem (add Mop.68)

Pan-fried Chilean seabass fillet, swede puree, smoky eggplant ratatouille and basil oil

(add Mop.68)

香煎智利鱸魚、蕪菁甘藍蓉、煙燻茄子、羅勒油 (另加 Mop.68)

Rotation 6

Spinach tagliatelle com ragu de lentilhas

Tagliatelle pasta, braised puy lentils, tomato, kale and Portobello mushrooms
扁意粉、燴扁豆、蕃茄、羽衣甘藍及大啡菇

or

Polvo frito com batata doce

Braised octopus tentacles, wild mushrooms and sweet potato puree
葡式八爪魚
雜菌，甜薯蓉

or

Moqueca de marisco à Portuguesa

Seafood-coconut stew, ginger, potato, coriander
椰子燴海鮮，薑，薯仔，芫荽

or

Rojões de Porco à Alentejana

Fried Iberian pork, Portuguese sausage, olive, pickles and steamed rice
炸伊比利亞豬、葡萄牙香腸、橄欖、醃菜、米飯

or

Leitão à moda da Bairrada (add Mop.68)

Crispy-roasted suckling pig, chorizo rice, orange salsa and creamy peppercorn sauce
脆皮烤乳豬，葡國香腸飯，香橙莎莎，忌廉胡椒醬 (另加 Mop.68)

or

Bacalhau à Lagareiro (add Mop.68)

Grilled codfish loin, baby potatoes, red onions and garlic olive oil
燒馬介休，薯仔，紅洋蔥，大蒜、橄欖油 (另加 Mop.68)