

OPEN EVERYDAY
24
HOURS
OPEN EVERYDAY

24 SEVEN CAFE



SOUPS

RED PEAS SOUP (V)

Simmered with coconut milk and natural seasonings
SM: \$5.50
LRG: \$8.00

SOUP OF THE DAY

Made fresh daily
SM: \$5.50
LRG: \$8.00



SALADS

ASIAN CHICKEN SALAD \$12.00

Mixed Greens topped with slices of Chicken Breast, Ramen Noodles, Almond Slivers, Orange segments and Carrots with an Asian Peanut dressing

EXECUTIVE CHEF'S SALAD

Ham, Chicken, Pepper Jack Cheese on gourmet greens with boiled Egg and fresh Vegetables. Served with a house made Ranch dressing

ENERGY MIX SALAD (V) \$12.00

Mixed Greens, Red Onion, Black Beans, Garbanzo Beans, Dried Cranberries and Walnuts served with Honey Mustard Dressing
Add Chicken for \$5.00

KID'S MENU

GRILLED CHEESE \$5.00 SANDWICH (V)

Made with two types of Cheese (Swiss and Cheddar) on three slices of wheat or white bread

PB&J \$5.00 SANDWICH (V)

A classic combo of Peanut Butter and Jelly on three slices of wheat or white toast

HAM & CHEESE \$6.00 SANDWICH

Layers of Smoked Ham and Cheddar Cheese on your choice of sliced bread

**PRICES ARE IN USD AND ARE
SUBJECT TO GOVERNMENT TAX
AND SERVICE CHARGE**

BREAKFAST

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BREAKFAST BAGEL OR CROISSANT \$6.00

Toasted Bagel OR Croissant with:

- **Chicken Sausage, Seasoned Fried Egg and Cheese**
- **Pork Sausage, Seasoned Fried Egg and Cheese**
- **Bacon, Seasoned Fried Egg and Cheese**
- **Ham, Seasoned Fried Egg and Cheese**

SMOKED SALMON OR MARLIN BAGEL \$8.00

Smoked Salmon or Marlin, Cream Cheese, Red Onions, Lettuce, Tomato, Cucumber and Capers sandwiched in a toasted Bagel of your choice

Add Pepper Jelly \$1.20

TOASTED BAGEL OR CROISSANT \$4.50

Bagel OR Croissant, toasted and topped with up to two condiments of your choosing

- **Cream Cheese**
- **Peanut Butter**
- **Jelly**
- **Butter**

Additional toppings \$1.00

BAGEL OPTIONS

- **Plain**
- **Cinnamon**
- **Wheat**
- **Blueberry**
- **Everything**

COMFORT FOOD

HAM MAC & CHEESE \$10.00 CHICKEN POT PIE \$12.50

This classic comfort food is made up of cheesy Macaroni baked with bits of Ham

A classic English style Pot Pie of Chicken, Potatoes, Carrots, Green Peas and Mushrooms covered in a flaky Puff Pastry

VEGETABLE LASAGNA \$12.50

Sautéed variety of in-season Vegetables with Feta, Parmesan and Cheddar Cheese baked in this meat-free Lasagna

BAD DAWG CHILI \$5.00

A warm and comforting bowl of Beef Mince, Bad Dawg Pork Sausage, Bacon and Beans slowly simmered in Beer and spicy Tomato Sauce. Served with a side of Sour Cream

CHICKEN LASAGNA \$12.50

Jerk minced Chicken simmered in Cream with Vegetables layered between Lasagna Noodles and topped with Parmesan Cheese



24 SEVEN CAFE




NEW MENU ITEMS

SIGNATURE BOWLS

PRICES ARE IN USD & ARE SUBJECT TO GOVERNMENT TAX AND SERVICE CHARGE

PUMPKIN SALMON RUNDOWN  \$20.00
with vegetables, garbanzo beans & basmati rice. Served with avocado dressing

HIBACHI BEEF  \$23.00
with Jasmine rice, roast pumpkin, roast green beans & cherry tomatoes

CURRY GOODNESS \$20.00
Boneless curry mutton, steamed rice, root vegetables, scallion & rich curry gravy

CHICKEN TZATZIKI BOWL \$16.00
with Jasmine rice, roast corn & vegetables

JERK PORK  \$20.00
with spicy bbq & cheese sauce, roast corn & vegetables

OXTAIL \$20.00
with roast potatoes, roast pumpkin & ripe plantain

PANINIS & WRAPS

ROAST BEEF \$20.00 **SHRIMP & GUACAMOLE** \$20.00

JALAPENO PORK \$16.00 **BBQ VEGETABLE WRAP** \$6.00

COFFEE & TEA

PRICES LISTED ARE SUBJECT TO GOVERNMENT TAX AND SERVICE CHARGE

	REG	LARGE		REG	LARGE
100% BLUE MOUNTAIN COFFEE	\$3.50	\$4.00	TEA	\$3.00	\$4.50
DECAF COFFEE	\$3.50	\$4.00	ICED TEA	\$3.00	
CAPPUCCINO	\$4.00	\$5.00	HOT CHOCOLATE	\$3.50	\$4.00
MOCHA	\$4.00	\$5.00			
LATTE	\$4.00	\$5.00			
ICED COFFEE	\$3.50				
FRAPPE	\$6.00				
OREO FRAPPE	\$7.00				
SINGLE SHOT ESPRESSO	\$3.00				
DOUBLE SHOT ESPRESSO	\$4.50				

ADD FLAVORED SYRUP

\$1 REG, \$1.20 LARGE

- HAZELNUT
- FRENCH VANILLA
- CARAMEL

BEVERAGES

MILKSHAKE	\$6.00	FRUIT JUICE	\$3.00
BOTTLED WATER	\$2.00	MOTT'S APPLE JUICE	\$6.00
PERRIER	\$6.00	WELCH'S GRAPE JUICE	\$6.00
SPARKLING WATER		SODA	\$3.00
LEMONADE	\$3.50		
FROZEN LEMONADE	\$3.50		

SMOOTHIES

FRESH FRUIT SMOOTHIE	\$5.00	GREEN SMOOTHIE	\$4.00
A blend of seasonal Fruits		Assorted Green Veggies blended with Pineapple, a touch of Lime and Orange Juice	
BREAKFAST IN A GLASS	\$7.50	MELON & BASIL SMOOTHIE	\$6.50
A delicious blend of Oats, Honey, Ripe Banana, and low fat Yogurt		A refreshing blend of Watermelon, Cantaloupe, Ripe Banana, Honey and Basil	

ALCOHOLIC BEVERAGES

B&G MERLOT 187ML	\$5.50
B&G CHARDONNAY 187ML	\$5.50
RED STRIPE	\$4.00
RED STRIPE LIGHT	\$4.00
RED STRIPE FLAVOURS	\$4.50
HEINEKEN	\$4.00
GUINNESS	\$4.00
CORONA	\$6.00

DESSERTS

Please see our pastry case for today's specials

ICE CREAM	1 Scoop	\$4.20
	2 Scoops	\$6.00
CHEESECAKE		\$5.00
BREAD & BUTTER PUDDING		\$4.50
MUFFINS		\$3.50
SCONES		\$4.00
2 Scones per serving		
COOKIES		\$3.00
GLUTEN FREE GRANOLA BAR		\$3.00

