

**GOLF RETREATS**  
BY MERKUR HEALTH

**merkur**   
*Health*



## GOLF MASSAGE

Relaxation and regeneration of  
muscles after a round of golf |  
Promotes circulation | Revitalizing



from € 87 50 MIN

## GOLF RECOVERY RITUAL

Deep-acting peat treatment |  
Promotes regeneration | Warmth |  
Well-being | Detoxifying | Purifying



from € 29 20 MIN

## GOLF PERFORMANCE COACHING

Individual one-on-one coaching |  
Optimization of movement patterns |  
Strengthening of muscles | Improve-  
ment of physical performance on  
the golf course



from € 59 30 MIN

## AFTER GOLF REGENERATION

BY PHAMOS NATUR

Relieves tension | Revitalizes muscles  
and joints | Gets you back in swing  
for your next round of golf



from € 112 60 MIN

To ensure a smooth and relaxing experience for you, we would like to inform you that our golf treatments are subject to the reservation and cancellation policies outlined in our SPA etiquette. For further information, the Merkur Health SPA team is happy to assist you at +43 3326 55 0 55 or [stegersbach@merkur-lifestyle.at](mailto:stegersbach@merkur-lifestyle.at).

Imprint: Concept & Design: FMTG Services GmbH | Media Owner: Merkur Lifestyle GmbH. Publisher: Estermann GmbH, Print Location: Aurolzmünster. The golf spa menu is valid starting August 2025 and remains in effect until a new version is published. All prices include taxes and duties. With the release of this golf spa menu, all previous prices are no longer valid. Subject to printing and typographical errors. Version: As of August 2025.