

BREAKFAST

ENGLISH BREAKFAST R70

2 eggs, bacon, grilled tomato, baked beans, French fries & a slice of white OR brown toast

EGGS BENEDICT R75

Toasted English muffin layered with bacon, two perfect poached eggs & smothered in Hollandaise sauce

OMELETTE R80

3 egg omelette with 3 fillings of your choice & topped with cheddar cheese: mushrooms, peppers, bacon, ham, tomato, onion & chilli

WARM SPICED OATS R35

Oats simmered in milk & butter. Topped with cinnamon & honey

SAVOURY FRENCH TOAST R75

2 slices of buttery French toast topped with savoury mince & cheddar cheese

EXTRAS

Bacon	R25
Pork sausage	R15
Chicken sausage	R20
Beef sausage	R22
Chicken livers	R19
Baked beans	R12
French fries	R12
Egg	R8
Mushrooms	R18
Toast & butter	R6

TOASTIES

Served with French fries OR side salad, on your choice of white OR brown bread

CHEESE & TOMATO R60

CHICKEN & MAYO R60

BACON, EGG & CHEESE R75

BUILD A BASKET

FRENCH FRIES & DIPPING SAUCE R20

ADD CHICKEN STRIPS R75

ADD CRUMBED MUSHROOMS R55

ADD FRANKFURTER BITES R35

ADD FISH GOJONS R55

ADD TEMPURA PRAWNS (4) R85

ADD BBQ CHICKEN WINGS R70

NACHOS GRANDE BASKET R120

PLATE OF CHIPS R18

BURGERS

Served with French fries OR side salad

QWANTANI BURGER R105

150g ground beef patty OR grilled chicken breast with bacon, egg, cheddar cheese, lettuce, tomato & pickles

CLASSIC CHEESE BURGER R89

150g ground beef patty OR grilled chicken breast with cheddar cheese, lettuce, tomato & pickles

PREGO ROLL R95

Portuguese style steak strips tossed in our house made Prego sauce & served on a Portuguese roll

PIZZA'S

Served with garlic, grated parmesan & chilli

QWANTANI SPECIAL R125

Beef mince with green peppers, chill, peppadews, gherkins, cheddar, mozzarella & parmesan

MARGHERITA R85

Topped with fresh tomato & basil

SHORT RIB R135

Pulled BBQ short rib, peppadews & feta

HAWAIIAN R90

Topped with ham & pineapple

SPICY CHICKEN R115

A tasty mix of mushrooms, green peppers & black olives

VEGETARIAN R85

Fresh tomato, green peppers & mushrooms

FOCCACIA R45

Crispy base with garlic, olive oil & herbs

Mushrooms R18

Mozarella R20

Olives R12

Green peppers R12

Feta R20

Bacon bits R20

Cajun chicken R25

PASTA

Served with garlic, grated parmesan & chilli

BEEF LASAGNE R100

CHICKEN ALFREDO R85

NAPOLITANA PASTA R75

BOLOGNAISE R105

SALADS

GREEK STYLE SALAD R70
Fresh salad greens topped with cherry tomatoes, onion, cucumber, black olives & feta

CAJUN CHICKEN SALAD R75
Grilled Cajun chicken strips on a bed of fresh salad greens, cucumber, onions, tomato & feta

TABLE SALAD (SERVES 4) R135
Garden greens, cherry tomatoes, cucumber, onion, feta & olives

SIDE SALAD R32
Garden greens, tomato, cucumber & onion

CURRIES

Served with rice, sambals & a poppadum

CHICKEN R100
MUTTON R135
BEEF R115

SAUCES

MUSHROOM R40
GARLIC BUTTER R20
PERI-PERI R20
BBQ R20
CHEESE R30
BLACK PEPPER R32

DESSERTS

ICE-CREAM & CHOCOLATE SAUCE R35
(3 scoops)
CAKE OF THE DAY R65
WAFFLE R50
Topped with whipped cream OR ice cream & chocolate sauce
SWEET TREAT OF THE DAY R45

STARTERS

SOUP OF THE DAY R45

CHICKEN LIVERS R50
Cooked in a peri-peri sauce, finished with cream & served with a Portuguese roll

DEEP-FRIED CAMEMBERT R105
Served with melba toast & cranberry sauce

GARLIC SNAILS R75
Served with toasted brown bread fingers

MAINS

Served with French fries, savoury rice, vegetables OR side salad

HAKE R105
Grilled OR battered, served with your choice of tartar OR lemon butter sauce

STICKY PORK RIBS 500G R205
STICKY PORK RIBS 800G R295

STEAK AU POIVRE R195
Grilled fillet mignon, coated in coarse black pepper topped with a sauce of your choice

BEEF RUMP STEAK 300G R180
Flamed grilled & served with a sauce of your choice

T-BONE 350G R175
Flamed grilled & served with a sauce of your choice

FLAME-GRILLED HALF CHICKEN R180
Basted with your choice of Portuguese peri-peri, lemon & herb, OR BBQ

CHICKEN SCHNITZEL R110
Crumbed chicken fillet topped with a sauce of your choice

EISBEIN R125
Served with hot English mustard

BARISTA BAR

ESPRESSO (single) R20
AMERICANO R23
CAPPUCCINO R35
CAFFE LATTE R26
CAFFE MACCHIATO R25
MOCHACCINO R27
FILTER COFFEE R22

COCKTAILS

MOJITO R60
COSMOPOLITAN R60
STRAWBERRY DAIQUIRI R65
LONG ISLAND ICE TEA R75
MARGARITA R60
PINA COLADA R65

TEA

FIVE ROSES R19
ROOIBOS R22
BREAKFAST TEA R22

MILKSHAKES

LARGE R38
KIDDIES R23
FRED FREAKY SHAKE R50

JUICE

ORANGE/GUAVA R25

Fred KIDDIES MENU

for kids under 12

enjoy your meal!



Chicken Strips & Chips

R52

Burger & Chips

R 60

Bolognaise

R 60

Cheese Toastie & Chips

R 38

Mac & Cheese

R 60



We go together like
"MAC & CHEESE"

*Fresh
and
Tasty*



wine list

HOUSE WINE

	PER BOTTLE	PER GLASS
Bon Courage Like Father Like Son Merlot / Cabernet Sauvignon	R105	R35
Bon Courage Like Father Like Son Rosé (Semi-Sweet)	R105	R35
Bon Courage Like Father Like Son Chenin Blanc	R105	R35

WHITE WINE

Creation Whale Pod Sauvignon Blanc	R215
David Finlayson Sauvignon Blanc	R195
De Krans Wild Ferment Chardonnay	R175
Klawer Cellars Chenin Blanc	R120
Kleine Zalze Cellar Selection Chenin Blanc	R160

ORGANIC WINE

Reyneke Organic Shiraz / Cabernet Sauvignon	R199
Reyneke Organic Chenin Blanc	R199

RED WINE

Spier Signature Pinotage	R190
Klawer Cellars Pinotage	R120
Kleine Zalze Cellar Selection Cabernet Sauvignon	R200
Landskroon Cabernet Sauvignon	R208
Leeuwenkuil Shiraz	R160
David Finlayson The Berry Box Merlot	R215
Darling Cellars Merlot	R158

ROSÉ WINE

Landskroon Blanc de Noir (Pinotage, Off-Dry)	R145
Robertson Winery Light Pinotage Rosé	R120

BUBBLY

Spier Secret Sparkling	R235
Bon Courage Blush Sparkling Vin Doux (Semi-sweet)	R199
Darling Cellars Blanc de Blanc Brut	R289
Darling Cellars Demi-Sec	R289

MANAGERS RESERVE

Ask your waitron

