

YOGA *Retreats*

LIVE
AQUA[®]
URBAN RESORT
San Miguel de Allende



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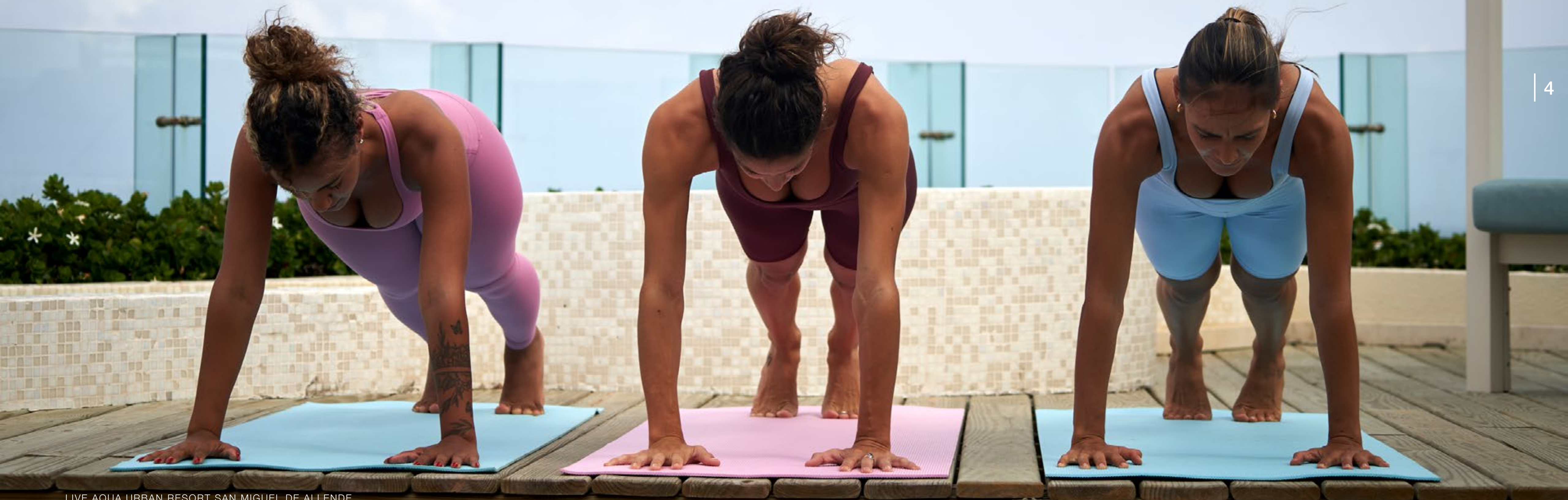
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WELCOME TO SAN MIGUEL DE ALLENDE

San Miguel de Allende, situated in Guanajuato, has been lauded with numerous awards from global organizations and esteemed travel publications including UNESCO, Travel + Leisure, Condé Nast Traveler, Food & Travel, and many more.

WHY PRACTICE YOGA AT LIVE AQUA?

At Live Aqua, every desire and sense is invigorated. Located in the heart of Mexico, Live Aqua Urban Resort San Miguel de Allende offers a harmonious blend of luxury, art, modern design, and unparalleled service. The expansive and serene environment is perfect for yoga sessions, complemented by awe-inspiring vistas. Our Executive Chef, Ernesto Narvaez, provides meticulously crafted meals tailored to suit every dietary requirement.



HOW TO GET HERE



Several flight paths lead to the airports nearest to San Miguel de Allende.

LEON, GTO. (BJX)	QUERETARO (QRO)
Dallas (DFW)	Dallas (DFW)
Houston (IAH)	Houston (IAH)
Chicago (ORD) (MDW)	Chicago (ORD) (MDW)
Fresno (FAT)	
Los Angeles (LAX)	
Oakland (OAK)	
Sacramento (SMF)	
San Antonio (SAT)	
Houston (IAH)	

DRIVING TIME BY CAR

CITY	Leon, Gto.	Queretaro
MILES	59 miles	53 miles
TIME	110 min.	60 min.

Please consult the latest flight schedules and connectivity details with your preferred airline.

DISCOVER THE LIVE AQUA EXPERIENCE

Embrace the luxury lifestyle that Live Aqua offers, designed to tantalize every sense. Immerse yourself in bold flavors, enchanting aromas, serene sounds, and captivating visuals. Here, art and design seamlessly merge, sparking inspiration and liberating your senses.

RELAX IN AN AUTHENTIC SANCTAURY

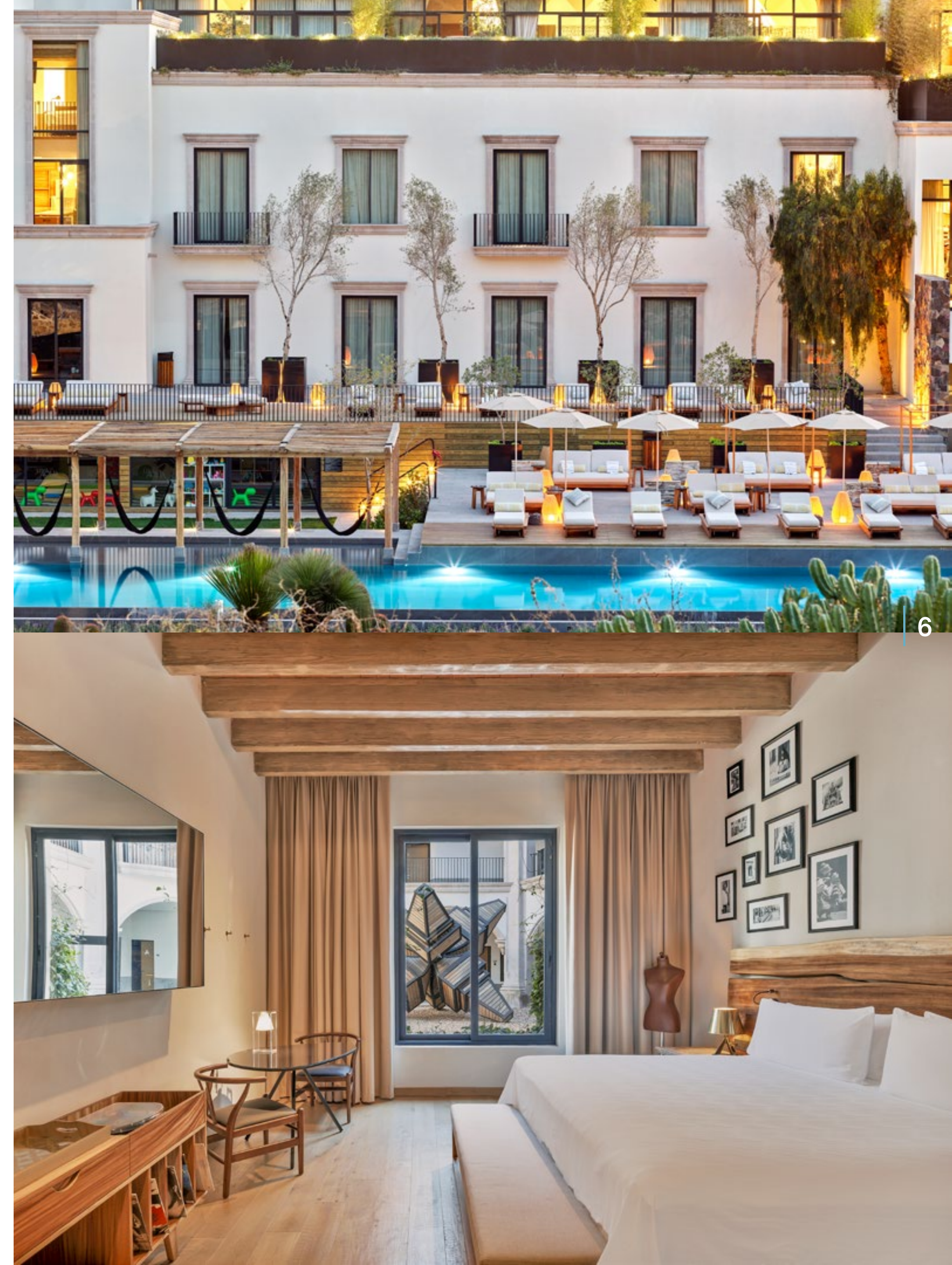
Your room, a sanctuary for the senses, invites introspection and exploration.

150 Rooms

- 77 with two Double Beds
- 27 with one King Size Bed
- 42 suites
- 4 residences

FORBES TRAVEL GUIDE STARS

Recognition by the Forbes Travel Guide denotes exceptional service and world-class amenities. Live Aqua takes pride in being amongst these illustrious establishments, known for their excellence.



YOGA RETREATS GROUP PACKAGE

Options for a 5 or 7-day stay include:

Accommodation | Choose between a king or a queen bed.

Meals | All meals and non-alcoholic beverages are included, with a vegetarian and vegan menu specially curated by our executive chef.

Transportation | Ground shuttle from and to Queretaro (QRO) or Leon, Guanajuato (BJX) International airports.

Fitness | 24/7 gym access.

Spa Amenities | Enjoy the sauna, steam bath, showers, relaxation zones, and ludic pool.

Culinary Session | Delight in a gastronomical session with our Executive Chef Ernesto Narvaez.

Complimentary program | For yoga teachers and retreat planners when booking 10 or more rooms.

All taxes and service fees included.



VENUES

TERRACE

Savor the panoramic views of the city from our magnificent terrace, protected by imposing wooden doors adjacent to the mezzanine.

Capacity | Coffee break | Lounge area
25 participants | Offered | Present

7:00 and 19:00 hrs.
Recommended yoga times.



SUNDECK

Sweeping views and an open sky make this the perfect venue for sunrise or sunset sessions.

Capacity
25 participants

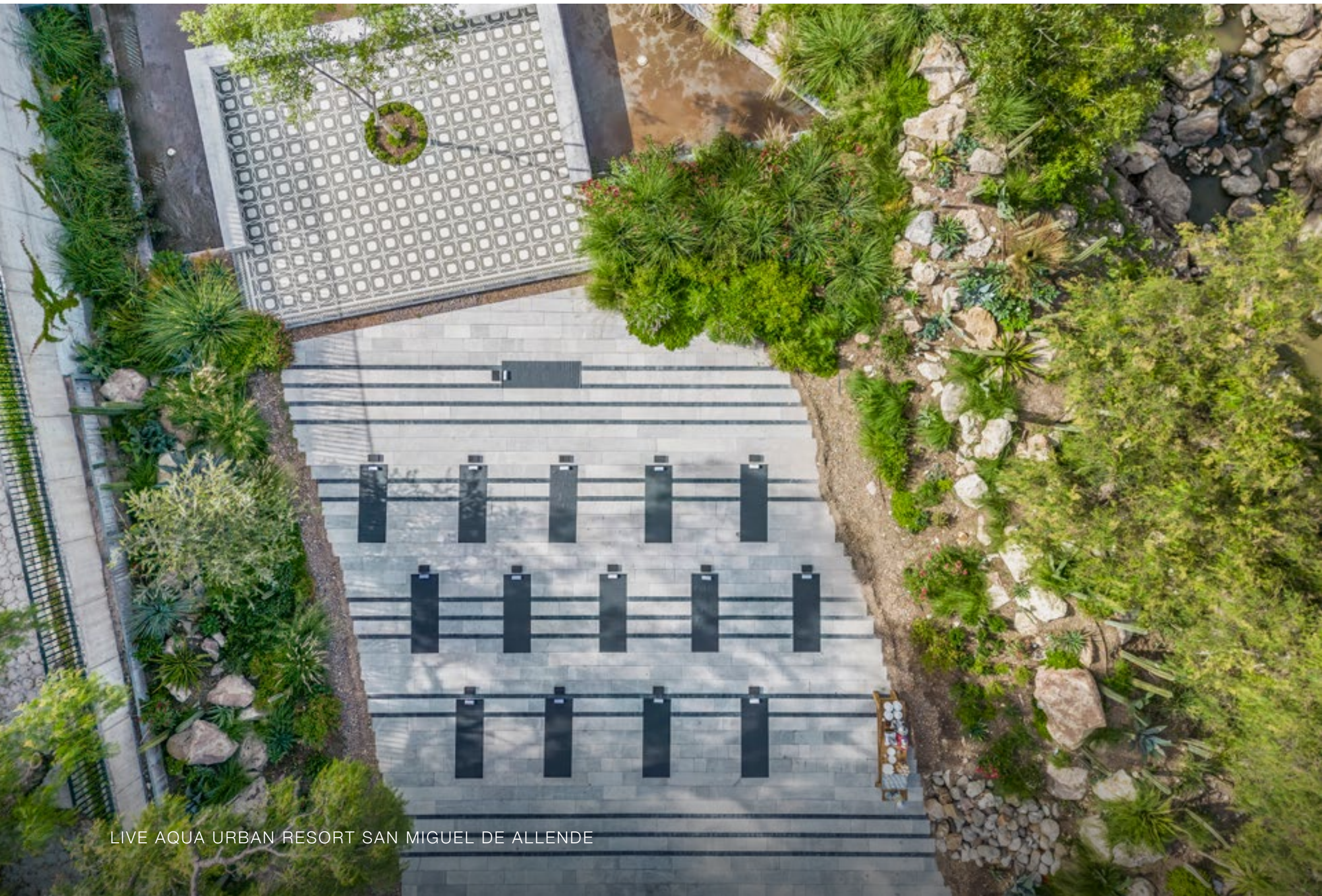
7:00 and 19:00 hrs.
Recommended yoga times.

GARDEN

The lush greenery and serene setting make the garden a top choice for nature lovers.

Capacity
40
participants

7:00 and 19:00 hrs.
Recommended yoga times.



MEETING ROOMS PATIO

This versatile space allows for a seamless blend of indoor and outdoor yoga sessions.

Capacity
30
participants

7:00 and 19:00 hrs.
Recommended yoga times.

POOL GARDEN

Feel connected to water and earth as you practice your poses in this refreshing venue.

Capacity
35
participants

7:00 and 19:00 hrs.
Recommended yoga times.



ALLENDE HALL

Our indoor meeting rooms can be transformed into serene yoga spaces for those who prefer a controlled environment.

Capacity
30
participants

7:00 and 19:00 hrs.
Recommended yoga times.

LA MATATENA

This elegant space is ideal for more intimate gatherings.

Buffet

50
participants

Cocktail

70
participants



ZEN GARDEN

True to its name, the Zen Garden offers a truly tranquil experience.

Buffet

20
participants

Cocktail

30
participants

YIN TONY BAR BY TANQUERAY

A sublime celebration of Gin, with drinks that evoke global essences: from botanicals to florals.

Buffet

35
participants

Cocktail

40
participants





AGENDA EXAMPLE

7:00 - 8:00 hrs.	Morning Coffee & Snacks La Matatena	14:00 - 15:00 hrs.	Lunch - Choice of buffet or family style Jardin Zen
8:00 - 9:30 hrs.	Morning Yoga Garden	15:30 - 18:00 hrs.	At Your Leisure - Explore downtown, pool, relax
9:30 - 10:30 hrs.	Breakfast - Choice of Buffet or Family Style La Matatena	18:00 - 19:30 hrs.	Yoga Class & meditation Sundeck or Terrace
11:00 - 13:30 hrs.	At Your Leisure - Pool, Spa, Activities, Naps	19:30 - 20:30 hrs.	Dinner - Choice of buffet or family style Yintony Terrace

YOGA RETREATS MENU

Our Executive Chef has crafted a vegetarian-vegan menu that complements the dietary preferences of retreat attendees with a mix of both national and international dishes. This menu can be tailored to your preferences.

VIEW OUR DAILY MENU [HERE.](#) 



WELLNESS

Dive deep into relaxation at Feel Urban Spa by Live Aqua. This sanctuary is designed to balance your body, calm your mind, and elevate your spirit.

Features:

- 8 dedicated massage rooms.
- Temazcal experience for 1-10 participants.
- A serene relaxation pool.
- Oxygen therapy for 70 minutes.

PERUSE OUR COMPREHENSIVE SERVICE MENU [HERE.](#) 

As a special, enjoy a 10% discount on all our offerings.

SIGNATURE CUISINE

Indulge in a culinary journey that will surpass your expectations. Each menu is crafted to tantalize your senses, every restaurant emanates sophistication to enhance your dining experience, and every pairing is thoughtfully chosen to accentuate flavors.



ZIBU ALLENDE

Created by the acclaimed Mexican Chef Eduardo Palazuelos, this venue merges Thai cuisine with gourmet Mexican dishes.



SPICE MARKET

Embark on a culinary voyage that delves into an array of Southeast Asian traditions and recipes.



CIGAR BAR "CASA DRAGONES"

Representing one of the globe's most esteemed tequila houses, this space offers an experience in cigar and habano tasting, complemented by a refined selection of liquors.



PATIO DEL ÁRBOL

Under the expertise of our Executive Chef Ernesto Narváez, a harmonious breakfast menu unfolds, showcasing an expansive array of items that embody both national and international influences.



YIN TONY BAR BY TANQUERAY

Yin Tony Bar by Tanqueray: Discover the innovative concept that celebrates Gin. Our cocktails invite you on a global journey, highlighting botanical, herbal, spicy, floral, and fruity essences, all in harmony with the prestigious gin brands. Embark on this palate odyssey and let yourself be captivated by Yin Tony Bar.



POOL BAR

A fusion of beach vibes, whimsy, and delight, intertwining Mexican flavors from both the sea and the earth.



EXPLORE SAN MIGUEL DE ALLENDE

Immerse yourself in the myriad wonders San Miguel de Allende presents. Explore the city's historic sites, delight in its culinary diversity, or simply wander through its picturesque streets.

Hot air balloon rides | ATV adventures | Experience Xotolar
Guided city tours | Adventure-packed Jeep tours | Vineyard visits

DISCOVER MORE DETAILS [HERE.](#) 

EXPERIENCES AND AMENITIES AT LIVE AQUA

At Live Aqua, we provide top-tier amenities and experiences, ensuring that your retreat becomes an unforgettable occasion.

- 24-hour gym | Pool.
- Variety of classes and tastings.
- “Buns Night” every Thursday.
- Sunday Brunch.





LIVE AQUA URBAN RESORT SAN MIGUEL DE ALLENDE

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