

RESORT ACTIVITIES



Personalized Yoga / Pilates Training

Experience tailored Yoga and Pilates training sessions designed to meet your unique needs and goals. Our expert instructors provide one-on-one guidance, ensuring a personalized practice that enhances your flexibility, strength, and overall well-being. Whether you're a beginner or an experienced practitioner, we will adapt each session to optimize your wellness journey.

1 hour - \$75 per person for two guests Supplement - \$25 per person thereafter Max no. of guests = 8

Sip n Paint

Sip and Paint is a creative activity where participants can explore their artistic talents and create their own unique artwork. It's a relaxing and enjoyable way to unwind and tap into your inner artist, while sipping on your favorite beverages. *Two drinks included.

2.5 hours - \$150 for two guests* Supplement - \$35 per person thereafter*

Wine Tasting

Indulge your senses in an exquisite journey through the world of wines with our captivating wine tasting experience. Step into an ambiance of sophistication as you embark on a sensory exploration that will awaken your palate and broaden your appreciation for the complexities of each varietal. Each wine will be paired with its own canape to create a delightful and complementary tasting experience.

2 hours - \$125 per person Min no. of guests = 6



ISLAND ACTIVITIES

Stargazing

Star Gazing in St. Eustatius offers a captivating celestial experience under the serene Caribbean night sky. Participants can observe a dazzling array of stars, planets, and constellations, as the island's low light pollution enhances visibility. Guided by expert astronomer Jaap Vreeling, it's an enchanting opportunity to connect with the universe's wonders in a tranquil, unspoiled setting.

2 hours - subject to availability. Price per person dependent on group size.

Hike the Quill

Experience the breath taking beauty of St. Eustatius during a guided nature hike up the dormant volcano, the Quill. Explore the lush tropical landscapes, encounter unique flora and fauna, and enjoy panoramic views from the summit. This invigorating adventure allows you to connect with the island's natural wonders.

2.5 hours - subject to availability.Starting from \$30 per person, payment direct to guide on the day.Price includes Nature Tag from STENAPA

Bee Experience

The "Bee Experience" offers guests an immersive and educational adventure into the world of bees. You will have the opportunity to learn about beekeeping practices, observe hives up close, and gain insights into the essential role of bees in pollination. This hands-on activity, led by Celbees, provides a unique and engaging way to appreciate the vital importance these fascinating insects have within our ecosystem.

1.5 hours - subject to availability. Price per person upon request.



Guided Historical Walk

The Historical Walk through St. Eustatius' capital, Oranjestad, offers a captivating journey through the island's rich past allowing visitors to explore its historical treasures. This guided tour provides an immersive experience, highlighting key landmarks, buildings, and stories that shape the island's history. Travelers can discover the unique cultural and architectural heritage of St. Eustatius as they walk through time. It's a must-do activity for history enthusiasts and those seeking to delve into the island's fascinating past.

3 hours - subject to availability.

\$35 per person, payment direct to guide on the day.



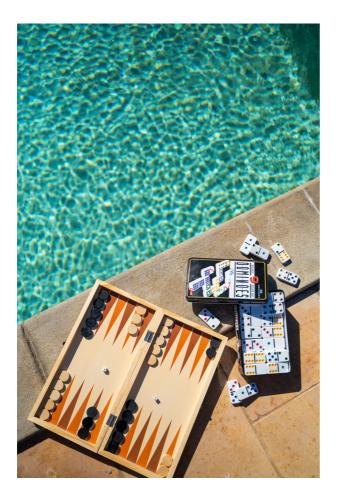
COMPLIMENTARY ACTIVITIES

Mini Golf

Enjoy a fun and leisurely game of mini golf, perfect for individuals and families. Challenge your family and friends, or compete for the best score as you navigate through the 17 hole course surrounded by breath taking views over to St. Barths.

Board Games

Enjoy fun and interactive board games. Gather with friends and family in a cozy atmosphere for hours of entertaining fun. Whether it's classic games like chess or modern favorites such as Monopoly, our selection caters to all ages and preferences. Create memorable moments with laughter, competition, and camaraderie during your stay.





Basketball, Football & Tennis

Enjoy an exciting game of basketball or football as well as a match of tennis on our multipurpose sports field with friends and loved ones. Showcase your skills and have fun while basking in the beautiful resort surroundings and the view of the Quill.



Booking Information

To make a booking, contact our reservations team on reservations@goldenrockresort.com or call them on +599 318 3348.

Adult price - children aged 12 and above Child price - children aged 4-11 Complimentary - children aged 0-3



Massages

STATIA MASSAGE

50 MINUTES | \$120

Take your mind, body and soul on a journey to discover your inner paradise with a relaxing full-body. Statia massage that incorporates local oils and scents of the Caribbean sea.

GOLDEN ROCK MASSAGE

50 MINUTES | \$120 Melt away your tension with an invigorating hot stone massage, leaving your body relaxed and stress free.

NEEM LEAF MASSAGE

50 minutes | \$120

Unwind, distress and release your worries and anxieties with a stimulating massage and aromatherapy that includes a touch of Statia's natural neem oil and other carefully selected essential oils tailor made to your individual preference.

MORINGA LEAF MASSAGE

50 minutes | \$120

Quiet your busy mind, sooth your soul and experience ultimate relief with this therapeutic massage to target deep muscle tension, stiffness and discomfort incorporating Statia's natural moringa oil.

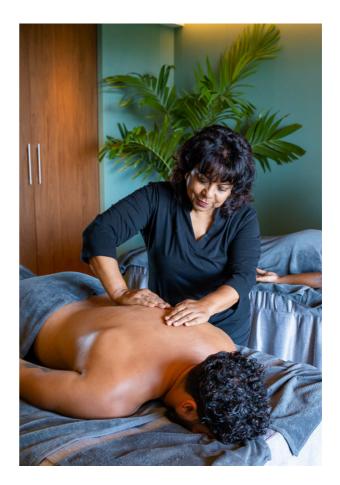
TWO HUMMINGBIRDS MASSAGE

50 minutes | \$220

Two Hummingbirds, on the same rock, at the same time in harmony with a relaxing and sensual massage for two.

Add ons:

Reflexology 15 min | \$30 Scalp Treatment 15 min | \$30 Muscle Soother 15 min | \$30



Body Scrubs

Exfoliating Salt Scrub

45 minutes | \$100

Exfoliate your skin and encourage the natural flow of circulation with our full body salt scrub infused with natural herbs, that will leave your body smooth, relaxed and glowing.

Seaweed & Coffee Scrub

45 minutes | \$110

Nurture and reinvigorate your body with this special blend of seaweed and coffee. Exfoliate your skin, lifting away dull dead skin cells, leaving you with a complexion that looks more radiant.





Facials

The Rock Facial

45 minutes | \$80

Indulge in a facial, crafted with natures ingredients and vitamins. This hydrating facial is designed to revive, replenish and rehydrate your skin leaving your skin soft and radiant.

The Rock Gentleman's Facial

45 minutes | \$90

A special facial for all men wanting to take care of their skin. A deep cleansing, purifying and hydrating experience designed to address the male skincare needs. This facial helps to deal with issues such as sensitivity, dullness, ingrown hairs, Roughness, and razor burns.

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Bath Soaks

Statia Herbal Bath Soak

45 minutes | \$100

A relaxing blend of organic Statia herbs infused with magical healing powers of neem, sage, lemon grass, soursop and mint to help you relax, distress and revitalize. Dive into Statia's natural water.

Botanical Bath Soak

45 minutes | \$100

Escape to serenity and botanical bliss with a relaxing botanical soak, a soothing blend of calming herbs like basil, Aloe, chamomile, lavender, ginger, eucalyptus and moringa. Calm your mind and create inner peace.

Coconut Milk & Spice Bath Soak

45 minutes | \$100

This luxurious combination of coconut milk, oats and warm aromatic spices. A touch of chamomile, ginger, cinnamon and turmeric will leave your skin silky smooth, supple and renewed. Pamper your skin with a lush creamy tropical bath.

Blue Bead Bath Soak

45 minutes | \$100

Dispel your negative energy and connect to your intuitive wisdom with a reinvigorating spiritual bath. Using natures powerful healing herbs like sage, thyme, peppermint, rosemary, basil and essential oils.

Add ons:

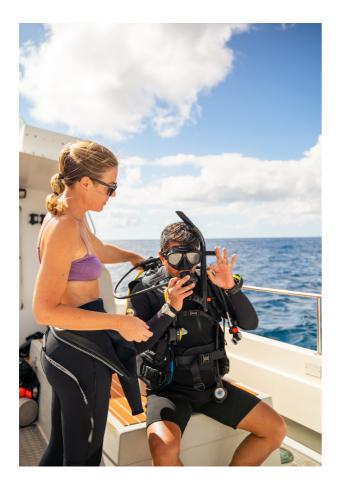
Reflexology 15 min | \$30 Scalp Treatment 15 min | \$30 Muscle Soother 15 min | \$30





The pristine waters around Sint Eustatius, offer a variety of 36 dive sites in the Marine Park, which is bigger than the island itself, and the dive sites are all located within 3miles of the harbor.

Statia was termed "Best Caribbean Diving Destination" by National Geographic in 2022, and most recently voted "Best Wreck Diving", "Best Macro Life" and "Best Marine Environment" in the Scuba Diving Magazine Reader's Choice Awards 2024.



Guided by our experienced dive team, who are gualified to teach all PADI courses from Discover Scuba Diving to Divemaster, all our divers will enjoy valet guided dives that fit their comfort and experience level. The diving is diverse and offers several unique habitats from shallow reefs to deeper walls. Wrecks, archeological sites and lava flows all make

for an interesting underwater topography. All dive sites are covered in coral, sponges and abundance of all our favorite Caribbean creatures, big and small.

Prices for in house guests

\$150 - 2 tank AM dives*/** \$75 - 1 tank PM dive*/** \$200 - 3 tank AM & PM dives*/** \$100 - night dive* \$50 - snorkel trip

For more information on certifications, prices or to book your next dive, contact us on info@statiadivers.com.

*prices exclude Marine Park Fee **prices exclude hire equipment



