

HARBOUR CITY

BAR & GRILL

BREAKFAST MENU

Buffet

Daily Breakfast Buffet

Featuring scrambled eggs, bacon and sausage, hash browns, fresh baked pastries, individual yogurt, fresh fruit, a toast station and either waffles, pancakes, or French toast | **21**

Plates

Farmers Breakfast

Two farm fresh eggs any style, choice of bacon, sausage, or ham, hash browns, and toast | **18**

Continental Breakfast

Yogurt, fresh cut fruit, your choice of any two Danish, muffin, croissant or toast, or one bagel with cream cheese | **15**

Eggs Benedict

Two poached farm fresh eggs, peameal bacon, fresh citrus hollandaise, hash browns | **18**
Atlantic smoked salmon instead of bacon | **24**

Lox 'n Bagel

Local Atlantic smoked salmon, red onions, capers, cream cheese, toasted bagel and fresh fruit cup | **22**

Three Egg Omelette

Served with mushrooms, caramelized onions, ham, Colby cheese and hash browns | **18**

Triple Decker Breakfast Club

Three slices of toast, fried egg, Swiss cheese, peameal bacon, sliced tomato, lettuce, and guacamole mayo served with hash browns | **18**

The Good Morning Burger

Fried egg, cheddar cheese, sausage patty, bacon, lettuce, tomato, HCBG burger sauce on an egg bun served with hash browns | **16**

Breakfast Poutine

Hash brown potatoes, bacon, sausage, ham, mushrooms, caramelized onions, cheese curds, and scrambled eggs topped with citrus hollandaise | **20**

Cinnamon Roll Pancakes

Brown sugar and cinnamon swirled buttermilk pancakes, cream cheese frosting, served with choice of bacon, ham or sausage | **17**

Healthy start

Strawberry Banana Smoothie Strawberries, banana honey, orange juice, yogurt | **7**

Caramel Apple Oatmeal Oats, brown sugar, caramel apple compote | **9**

Fresh Start Fresh cut melon + seasonal berries, honey, Greek yogurt, granola | **10**

Small bites

Side of Bacon (3) or Sausage (2) or Ham (2) | **4**

Bagel with Cream Cheese | **5**

Plain Greek Yogurt | **3.25**

Hot Oatmeal | **6**

Cold Cereal | **3.50**

Side of Cheese | **5**

Muffin, Croissant or Toast | **3**

Fresh Fruit Salad | **6.50**

Beverages

Starbucks® Coffee or Tazo® Teas | **3.75**

Hot chocolate | **3**

Orange, apple or cranberry juice | **3.50**

Milk | **3.50**

Specialty Coffee

Espresso | **3.75**

Latte | **4.50**

Cappuccino | **4.50**

French Vanilla Cappuccino | **3.50**

Kids

One Egg any style with choice of bacon, sausage or ham | **10**

Pancakes with syrup and choice of bacon, sausage or ham | **10**

French Toast with syrup and choice of bacon, sausage or ham | **10**

Cold Cereal and Milk with individual fruit yogurt and toast | **10**

All above include orange, apple, cranberry juice or milk

please always inform us of any allergies or food sensitivities

consuming raw or uncooked meats, seafood, shellfish or eggs may increase your risk of food born illness

HARBOUR CITY

BAR & GRILL

SOUP + SALAD

WEDGE SALAD | 14

TWO ICEBERG WEDGES, CHERRY TOMATOES, ROASTED PEARS, CRUMBLLED GOAT CHEESE, CANDIED PECANS + BUTTERMILK RANCH DRESSING

CAESAR SALAD | 12

ROMAINE, CRISP SMOKED BACON, CROUTONS, PARMESAN CHEESE, CAESAR DRESSING + LEMON GARNISH

LOCAL SEAFOOD CHOWDER | 16

OUR HOUSE SPECIAL, FEATURING BAY SCALLOPS, COLDWATER SHRIMP + NOVA SCOTIAN HADDOCK (CONTAINS BACON)

FRENCH ONION SOUP | 10

RICH BEEF BROTH, CARAMELIZED SPANISH ONIONS, GRILLED GARLIC BAGUETTE TOPPED WITH SWISS CHEESE

STARTERS + SHAREABLES

HARBOUR CITY BUTTER BOARD | 11

SELECTION OF ARTISAN BREADS + FLAVOURED BUTTER OF THE WEEK

CAULIFLOWER BITES | 11

CRISPY FRIED CHOOSE FROM: HCBG SMOKED BBQ, HCBG HOT, AND HONEY GARLIC SAUCES OR TRY OUR HARBOUR CITY DRY RUB [TOSSED OR ON THE SIDE]

LOCAL OYSTERS | 16

4 LOCAL OYSTERS WITH HARBOUR CITY HOT SAUCE
ADDITIONAL OYSTER | 4 EACH

LOCAL MUSSELS | 15

JOST VINEYARDS WHITE WINE + GARLIC
or THAI COCONUT CURRY BROTH

APPETIZER PLATTER | 24

RED ONION RINGS, CAULIFLOWER BITES, CRISPY WINGS + DEEP FRIED CHRIS BROTHERS' PEPPERONI

CRISPY FRIED WINGS | POUND 18

CHOOSE FROM: HCBG SMOKED BBQ, HCBG HOT, AND HONEY GARLIC SAUCES OR TRY OUR HARBOUR CITY DRY RUB [TOSSED OR ON THE SIDE]

HARBOUR CITY NACHOS | 18

FRESH FRIED TORTILLA CHIPS WITH LAYERED CHEESE, GREEN ONION, JALAPENOS + TOMATOES SERVED WITH SOUR CREAM AND SALSA

ADD GROUND BEEF | 6 GRILLED CHICKEN | 7
FRESH GUACAMOLE | 4 EXTRA CHEESE | 5

POUTINE | 11

FRIES, LOCALLY SOURCED CHEESE CURDS + GRAVY

CALAMARI | 14

HAND TOSSED FRIED SQUID + MARINARA

RED ONION RINGS | 10

CRISPY RED ONION RINGS + GARLIC AOILI



VEGETARIAN



GLUTEN FREE



DAIRY FREE



NUT FREE

PLEASE ALWAYS INFORM US OF ANY ALLERGIES OR FOOD SENSITIVITIES

Consuming raw or uncooked meats, seafood, shellfish or eggs may increase your risk of foodborne illness.

BURGERS + HANDHELDS

INCLUDES YOUR CHOICE OF: WEDGE SALAD, CAESAR SALAD, HOUSE CHIPS OR FRIES

UPGRADE TO: SEAFOOD CHOWDER | 6 ONION RINGS | 4 SWEET POTATO FRIES | 4 POUTINE | 6

SUBSTITUTE: MARINATED PORTOBELLO MUSHROOM PATTY | 4

HARBOUR CITY BURGER | 18

APPLEWOOD SMOKED CHEDDAR, BACON JAM, GARLIC AIOLI, LETTUCE + TOMATO

MAC N' CHEESE BURGER | 20

ATLANTIC BEEF PATTY, BACON, MAC N' CHEESE, CRISPY FRIED ONIONS, LETTUCE, TOMATO, HCBG BURGER SAUCE, DILL PICKLE

JERK CHICKEN TACOS | 18

TWO MARINATED HOUSE-MADE JERK CHICKEN SOFT- AND HARD-SHELL TACOS, TOMATO, GREEN ONION, JALAPENO + HCBG HOT SAUCE CREMA

CRISPY CHICKEN BURGER | 18

CRISPY FRIED CHICKEN BREAST, HOUSE-MADE COLESLAW, LETTUCE, TOMATO, DILL PICKLES + MAYO

BEER BATTERED HADDOCK BURGER | 18

LOCAL BEER BATTERED FRESH NOVA SCOTIAN HADDOCK, LETTUCE, TOMATO, HOUSE-MADE COLESLAW + TARTAR

GRILLED CHEESE | 18

LA VENDENNE SOUR DOUGH, PROSCIUTTO, APPLEWOOD SMOKED CHEDDAR, BRIE+ APPLE-RED ONION COMPOTE

CHICKEN CLUB WRAP | 18

GRILLED CHICKEN BREAST, SMOKED BACON, LETTUCE, TOMATO + CHEDDAR TOSSED IN MAYO

STEAK HOAGIE | 24

SLOW ROASTED SHAVED RIB EYE, RED ONION + RED WINE DEMI TOPPED WITH CHEESE ON GRILLED GARLIC BUN

STONE OVEN PIZZAS

ELOTE PIZZA | 10-inch 18 / 12-inch 25

CHILI OIL ROASTED CORN, RED ONION, MOZZA, FETA, CHILI CREMA SAUCE, GREEN ONION

CHICKEN CAESAR PIZZA | 10-inch 18 / 12-inch 25

GARLIC BUTTERED CRUST, GRILLED CHICKEN, SMOKED BACON, MOZZA, PARMESAN, CAESAR SALAD TOPPED

BUILD YOUR OWN | 10-inch 18 / 12-inch 25

CHOOSE TWO VEGETABLES: MUSHROOMS, RED PEPPERS, SPINACH, RED ONION, TOMATO

CHOOSE ONE PROTEIN: BACON, GRILLED CHICKEN, JERK CHICKEN, PEPPERONI, GROUND BEEF

ADD EXTRA TOPPING | 2 EXTRA CHEESE | 4

PASTA

THAI NOODLE BOWL | 26

RICE NOODLES, THAI COCONUT CURRY BROTH, SCALLOPS, SHRIMP, VEGETABLES + CRISPY CALAMARI

INDIAN CURRY NOODLE BOWL | 21

RICE NOODLES, SMOKED CAULIFLOWER, INDIAN GRAVY, VEGETABLES

CHICKEN PARMESAN | 22

CRISPY FRIED CHICKEN BREAST, MARINARA, MELTED MOZZARELLA, TAGLIATELLE PASTA + GRILLED GARLIC BAGUETTE

BUILD YOUR OWN PASTA | 16

CHOOSE ONE: TAGLIATELLE -OR- CAVATAPPI PASTA

CHOOSE ONE: MARINARA -OR- ROASTED GARLIC PARMESAN CREAM

INCLUDES ALL: MUSHROOMS, PEPPERS, SPINACH, ONIONS

ADD 5oz. GRILLED CHICKEN | 7 FIVE SHRIMP | 8 THREE SCALLOPS | 12

SERVED WITH GRILLED GARLIC BAGUETTE

PLATES

MAPLE + DIJON GLAZED SALMON | 27

SEARED ATLANTIC SALMON, MAPLE DIJON GLAZE, ROASTED RED POTATOES, SPRING CARROTS

PAN FRIED HADDOCK | 22

CORNMEAL CRUSTED NOVA SCOTIAN HADDOCK, SPRING CARROTS, ROASTED RED POTATOES + LEMON BUTTER SAUCE

FISH N' CHIPS | 1PC. - 16 2PC. - 20

LOCAL CRAFT BEER BATTER FRESH NOVA SCOTIAN HADDOCK, FRIES, COLESLAW + TARTAR

STEAK FRITES | 8oz. - 29 10oz. - 34 12oz. - 38

STRIPLOIN GRILLED YOUR WAY. SERVED WITH FRIES, MUSHROOMS AND SAUTEED ONIONS + DEMI

PAN SEARED SCALLOPS | 32

SEARED LOCAL SCALLOPS, MUSHROOM AND ASPARAGUS RISOTTO, BAJON JAM & BALSAMIC DRIZZLE, SPRING CARROTS

JERK CHICKEN SKEWERS | 22

MARINATED HOUSE-MADE JERK CHICKEN, ROASTED RED POTATOES, SPRING CARROTS + HARBOUR CITY HOT SAUCE
CREMA SERVED ON THE SIDE

HARBOUR CITY

BAR & GRILL

SWEET ENDINGS

BEE STING CHEESECAKE | 9

GERMAN BEE STING CAKE BAKED IN CHEESECAKE, HONEY ALMONDS + CHERRY COULIS

PARIS-BREST | 9

PÂTE À CHOUX RING FILLED WITH PRALINE MOUSSE, PISTACHIO ANGLAIS + TUILLE COOKIE

BLUEBERRY MOUSSE CUPOLA | 9

BLUEBERRY MOUSSE DOME, MILK CHOCOLATE + BARRELING TIDE RUM CORE ON HONEY BUTTER CAKE

STRAWBERRY LEMONADE CRÊPE CAKE | 9

LAYERS OF CRÊPES, STRAWBERRY LEMON ICING, HOME-MADE RHUBARB ICE CREAM + PASSIONFRUIT SPONGE

CHOCOLATE BANANA PARFAIT | 9 VEGAN

A JAR FULL OF BANANA CAKE AND CHOCOLATE CUSTARD, COCONUT BUTTERSCOTCH + TOASTED COCONUT

BEVERAGES

PEPSI, DIET PEPSI, 7UP, GINGER ALE | 3

FREE REFILLS ABOVE

BRISK ICED TEA, MUG ROOT BEER | 3.25

ORANGE, APPLE, CRANBERRY JUICE | 3.50

LIME BUBBLY | 3.25

PROPELLER ROOT BEER -OR- GINGER BEER | 4

BOTTLED WATER | 3

PERRIER | 3.50

STARBUCKS COFFEE, DECAF, TAZO TEAS | 3.75

ADD 1OZ. LIQUEUR | 7

LATTE, CAPPUCCINO | 4.25

ESPRESSO, AMERICANO | 3.75

16oz ICED COFFEE | 3.50

ADD 1OZ. FLAVOR SHOT TO ANY ABOVE | 1.50

FRENCH VANILLA CAPPUCCINO | 3.50

HOT CHOCOLATE | 3

HOUSE WINES

5oz. | 8 8oz. | 14

ALARIO SAUVIGNON BLANC, CHILE

ALARIO CABERNET SAUVIGNON, CHILE

MCGUIGAN PINOT GRIGIO, AUSTRALIA

MCGUIGAN SHIRAZ, AUSTRALIA

PLEASE BE ADVISED THE **NOVA SCOTIA LIQUOR CONTROL ACT** REQUIRES
EATING ESTABLISHMENTS TO MAINTAIN A **2 DRINK MAXIMUM** WITHOUT A MEAL.