

Ifuru Island Maldives

WELCOMES RENOWNED NATUROPATH & ACUPUNCTURIST DR. SHAKKEEL AM



Ifuru Island Maldives welcomes Dr. Shakkeel AM, a CIDESCO-certified naturopath and acupuncturist, as a Visiting Wellness Practitioner from 28 January to 30 March, marking a key step in the resort's vision to develop a curated Visiting Practitioner (VP) program.

With over 10 years of experience in luxury wellness hospitality across the Maldives, India, and Bahrain, Dr. Shakkeel brings a holistic and personalized approach to wellbeing, inspired by his grandfather, a respected Ayurvedic healer. His work integrates classical Ayurveda, therapeutic acupuncture, yogic relaxation, and modern wellness diagnostics to support balance, immunity, and long-term vitality.

Holding a Bachelor's degree in Naturopathy and Yogic Sciences and advanced acupuncture training from the Jing Well Academy, Dr. Shakkeel begins each guest journey with a comprehensive assessment, including Tridosha analysis, tongue and pulse diagnosis, ensuring treatments are tailored to individual needs.

During his residency at Ifuru Island Maldives, guests can experience Therapeutic and Cosmetic Acupuncture, Kalari Marma Therapy, Sleep Enhancing Therapy, Detox Ayurveda Cleanse, Posture Alignment Therapy, immersive Ayurvedic rituals, restorative bodywork, and guided meditation sessions inspired by the island's natural environment.

Dr. Shakkeel's residency forms part of Ifuru Island Maldives' ongoing commitment to building a rotating Visiting Practitioner program, designed to introduce globally experienced wellness experts and offer guests meaningful, results-driven wellness journeys.

Guests are invited to begin their experience with a complimentary Ayurveda or Wellness Consultation.



Notes to Editors

*Terms and conditions apply. 24-hour 'Exclusively Yours' all-inclusive meal plan includes, complimentary meet & greet, with welcome drinks and amenities, at the island's airport, dine-around experience at each of the resort's restaurants and bars, premium brand spirits, sparkling and premium wines, tailor-made cocktails, and soft drinks, as well as an in-villa mini-bar replenished once a day.

High-res images available here: [DropBox](#)

About Ifuru Island Maldives

Set in a secluded part of the beautiful Raa Atoll, Ifuru Island Maldives is an independently owned private island retreat. Focusing on fostering a playful, social atmosphere, the resort proudly stands on four pillars: Social, Fun, Lifestyle, and Great Value.

Intentionally designed to make every moment unforgettable, each of the resort's **147 beach suites and villas** are **sunset-facing** and offer exceptional views of the pristine beach and turquoise Indian Ocean beyond.

Offering a premium **24-hour premium all-inclusive** programme '**Exclusively Yours**', guests can savour a range of exceptional dishes and culinary creations at six restaurants – two of which are à la carte – and four bars, as well as enjoy in-room minibars which are replenished daily.

Ensuring guests can truly immerse themselves in the destination and create unforgettable memories, Ifuru Island offers a range of activities and excursions, including **diving, snorkelling, cultural immersions, sunset charters, island-hopping and star gazing**.

Guests can also access a range of complimentary facilities, including snorkelling equipment, non-motorised water sport equipment, Coconut Kids Club, 24-hour gym, Tennis and Futsal Court (reservation required), recreational centre and high-speed wi-fi.

With a pristine sandy beach, infinity pool and the Xanadu Spa, which offers a range of treatments and wellbeing programmes, as well as plunge pools, saunas and steam rooms, there are plenty of opportunities to find rest and relaxation at Ifuru Island.

For further press information, please contact: **Sindhaan Mohamed (Sinnu)**, Assistant Director of Marketing and Communications at sinnu@ifuruisland.com.



Ifuru Island Maldives, Raa Atoll, Republic Maldives

Resort: +960 6582 800 | Reservations: +960 6582801

bookingmagic@ifuruisland.com