



AMATARA WELLNESS RESORT LAUNCHES PRE-WEDDING PAMPER RITUALS

BLISSFUL INDULGENCE FOR BRIDE AND GROOM

PHUKET, 22 August 2019 - Bride and Groom can bid adieu to pre-wedding stress courtesy of [Amatara Wellness Resort](#) with an enchanting wedding package that removes any stress in the run up to, and on the big day: from pre-wedding pampering to seamless event planning, Amatara sets the standard for once-in-a-lifetime occasions. Couples are invited to kick off their stay with an indulgent new programme of curated treatments inspired by Asian heritage to ensure body and mind are refreshed and revived, and they feel at their best for this auspicious occasion. Hidden in a quiet corner of the idyllic island of Phuket, the resort is becoming a benchmark for tropical elegance; designed to harmonise with the naturally exquisite surroundings, the gracious accommodation and intuitive service providing the perfect backdrop for an unforgettable wedding.



Ahead of the ceremony, brides-to-be can relax in complete bliss at Amatara Spa with a gentle softening and brightening *Body Exfoliation* (30 minutes); a moisturising *Body Wrap* (30 minutes) using a blend of floral extracts and freshly-cut banana leaf; an *Amatara Revitalising Facial* (60 minutes) to leave skin beautifully refreshed, cleansed and photo-ready; a deeply relaxing *Candle Massage* (60 minutes) to soothe tired muscles; a luxury *Milk Bath* (30 minutes) to exfoliate the skin for additional softness; and a must-have *Manicure and Pedicure* treatment.

Amatara's grooming package includes, in addition, a relaxing *Indian Head Massage* (60 minutes) to release tension and de-clutter the mind; a *Deep-Tissue Massage* (60 minutes) to loosen knots; and *Foot Reflexology* (60 minutes) to combat any last-minute stress before the wedding. The betrothed



are also invited to a couples massage workshop, which not only teaches the physical skills of massage, but also allows time for them to reconnect ahead of the big day.

A spectacular paradise setting overlooking the Andaman Sea, Amatara Wellness Resort provides a choice of beautiful and atmospheric venues, unrivalled experience and legendary service, to bring to life the dream wedding. Located on the tip of the property and at the highest point, Sala Spa is one of the true gems of Amatara for a breathtaking wedding with panoramic views across the bay. Couples can also choose from the romantic rooftop terrace Sun & Moon for sunset nuptials or a poolside venue at The Retreat, perfect for those that demand privacy.

A dedicated wedding coordinator oversees all the details, from flowers to food, stationery, photographers and everything in between. Whether couples are planning a traditional Thai reception or a Western wedding, Amatara ensures every moment is memorable. The renowned culinary team delight guests with bespoke menus and mouth-watering cuisine, catering for intimate cocktail receptions and lavish buffet dinners.

The **Couples Indulgence** package costs THB30,900 per couple and includes:

For Him	For Her
Body Exfoliation (30 minutes)	Body Exfoliation (30 minutes)
Indian Head Massage (60 minutes)	Body Wrap (30 minutes)
Deep-Tissue Massage (60 minutes)	Candle Massage (60 minutes)
Amatara Milk Bath (30 minutes)	Amatara Milk Bath (30 minutes)
Brightening and Revitalising Facial (60 minutes)	Brightening and Revitalising Facial (60 minutes)
Foot Reflexology (60 minutes)	Manicure and Pedicure (105 minutes)
Plus, Couples' Learn to Massage Workshop (90 minutes) or Couple Yoga (60 minutes)	

For more information and reservation, visit www.amataraphuket.com or call +66 76 318 888.

-ENDS-



Notes to editors:

Amatara Wellness Resort, Phuket, Thailand

Tucked away in a tranquil corner of Cape Panwa, Phuket, the Amatara Wellness Resort centres around an experience of total wellness, ranging from its holistic programmes to its exclusive retreat packages. As the first and only luxury destination spa in Phuket, Amatara offers all-inclusive programmes, spacious and stylish accommodation, organic, whole food cuisine tailored to individual health goals, and personalised wellness treatments and activities. Offering that rarest of finds for spa lovers with families – a credible, results driven wellness offering combined with family friendly accommodation, a kid’s club and extensive facilities including two swimming pools, games room, water sports, and tennis courts.

For further press information and images, please contact:

Juthamart Lipikornsukthaweekul (Joy)

Assistant Director of Marketing Communications

Tel: +66 85 553 6199

Email: Juthamart.l@amataraphuket.com