#### Holistic Hikes Retreats

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16th - 19th April | 14th -17th May



#### What's included

3 night stay at Nobu Hotel Ibiza Bay

3 guided hiking routes

Daily breakfast at beachside chiringuito Chambao

Omakase Dinner at Nobu Restaurant (7 course menu)

Wellbeing experience: Holistic Zen Massage

Welcome gift amenity

Personalized vitamins and juices

Wake up and energise activity

Airport transfers

Pick up from the hotel to the hikes

1.160 EUR p.p

Price per person for a double room. For single occupancy an extra charge of 600 EUR applies.





## 3 night stay at Nobu Hotel Ibiza Bay

FIND OUT MORE ABOUT THE HOTEL

### Three guided Hiking Routes

## Day 1 - Natural Spa Hike

17 APRIL AND 15 MAY | 9AM

Natural Spa Hike. One of the highlights of this hike is the Natural Spa, where you can enjoy the best of Ibiza's natural jacuzzis. These hidden gems are scattered throughout the island and offer the perfect opportunity to relax and rejuvenate in the crystal-clear waters. Soak in the natural hot springs and let the stress of everyday life melt away.





#### Day 2 – Es Vedrà 18 April and 16 May | 4:30PM

Es Vedrà is a must-do experience for any nature lover visiting lbiza. This stunning limestone rock formation is located just off the coast of the island and stands at an impressive 392 meters above sea level. One of the highlights of a hike to Es Vedrà is the opportunity to witness the magic of the island's rich history and legends. The rock formation has been a site of spiritual and mystical significance for thousands of years and is said to be the home of the ancient goddess Tanit. In addition to the natural beauty and historical significance, the hike to Es Vedrà also offers the chance to spot a variety of wildlife. Keep an eye out for the many bird species that call the island home, such as the eagle, the falcon and the kestrel.

# Day 3 - Mindfulness Hike and Portal del Cielo

Experience the untouched wild north of Ibiza on a hike to Portal del Cielo. This stunning trail takes you through lush greenery and breathtaking views, providing the perfect opportunity to reconnect with nature and practice mindfulness. Take in the fragrant pine forests, crystal clear streams and rocky outcrops that make this area so special. This hike also incorporates mindfulness practices to enhance the overall experience. Discover the hidden gems of Ibiza and experience the natural beauty of the island in a unique and mindful way on this unforgettable hike.







