



Acupuncture Meridian Massage & TCM

RESTORE YOUR ENERGY. RECONNECT WITH YOURSELF.

Step into the world of Traditional Chinese Medicine (TCM) and experience the powerful synergy of Acupuncture Meridian Massage (AMM) combined with ancient healing techniques.

Your experience includes:

- Tuina massage deeply relaxing and energizing touch therapy
- Meridian activation clears energetic blockages and boosts self-healing
- Complementary TCM techniques – including acupressure, cupping, moxa, ion brushes, sound bowls, scraping (Gua Sha), taping, tuning forks

Benefits at a glance:

- Improved circulation & muscle relaxation
- Strengthened immune system
- Enhanced energy flow (Qi)
- Relief from stress, fatigue, pain & digestive issues

INDIVIDUAL AMM & TCM EXPERIENCE

Personal energy treatment | Consultation | Tongue and pulse diagnosis | Deeply regenerative and holistically strengthening

ENERGY HARMONY CLARITY

from € 154 80 MIN

WEI-QI TREATMENT

Immune system and energy booster | Strengthens Wei-Qi (the body's natural defense energy) Preventive care | Energetic support during times of transition

₩ ENERGY

from **€** 98 50 MIN

BRUSH DETOX TREATMENT

Cleansing and detox with ion brush | Activates lymphatic flow | Stimulates circulation | Energizing and clarifying for skin and body

ENERGY CLARITY

from **€** 48

25 MIN

REGENERATIVE SKIN BALANCE

For Qi blockages and energy stagnation | Promotes flexibility | Relieves energy-related discomfort

HARMONY RELEASE

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from € 48

25 MIN