

THE BLUE WINDOW
RESTAURANT

DINNER MENU

WELCOME TO THE BLUE WINDOW RESTAURANT

We are at your service

The Blue Window Restaurant is designed to accommodate your dietary needs. However, if there is a change you would like to make to a particular dish and/or if you have any food allergies or dietary restrictions, please advise your server prior to placing your order.

Dietary note: Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of foodborne illness.

Please be advised that the restaurant has a strict "NO SMOKING POLICY"

Breakfast Service: 7:00am - 10:00am

Lunch Service: 12:00 noon – 3:00p.m

Dinner Service: 6:00p.m – 10:30p.m

Sunday Brunch: 11:30am - 3:00pm

Connect with us for updates on our menus, specials, promotions, and events.





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SOUPS


Red Peas Soup  **S: \$800 L: \$1,200**
Infused with Coconut Milk and Natural Seasonings

Chef's Soup of the Day **S: \$800 L: \$1,200**

SALADS

Add Chicken, Shrimp or Bacon to your Salads:
Chicken S: \$600 L: \$900 Shrimp S: \$1,000 L: \$1,500
Bacon \$650

Smoked Salmon Rice Salad **S: \$1,300 L: \$2,500**
Topped with Parmesan Breaded Eggplant, Balsamic Syrup & Micro Green Salad

Antipasto Salad  **S: \$750 L: \$1550**
Grilled Mixed Vegetables, Assorted Olives and Mozzarella Cheese served with Hummus & Virgin Olive Oil

Classic Caesar Salad  **S: \$1,600 L: \$2,700**
Crisp Romaine Lettuce with Home-Style Croutons, Parmesan Cheese, and Caesar Dressing

Crispy Chicken Noodle Salad **\$2,000**
A Bed of Crispy Curry Noodles Topped with Cucumber, Tomato, Beetroot, Roasted Chicken, Toasted Almond, and Jerk Pecan Nuts, served with a Peanut Butter Dressing

Field Greens Salad  **S: \$1,600 L: \$2,700**
Salad Greens with Crumbled Feta Cheese and Tomato, served with our Creamy Ranch Dressing

APPETIZERS

Crab Martini  **\$2,000**
Coconut Flavoured Deep-Fried Crab Balls with Pepper Flake Guacamole & Tortilla Chip, served with Romesco Sauce

Jalapeno Cheesy Shrimp  **\$2,800**
Shrimp stuffed with Pepperjack and Jalapeno, served with Mango Salsa, Jerk Mayo & Topped with Crispy Deep-Fried Pumpkin

Sticky Sweet Chicken **\$1,700**
Sticky Sweet Chicken with Roasted Pineapple, Caramelized Onion, Alfalfa and Brandy Honey Sauce and Watermelon Balls

Jerk Chicken Samosa **\$2,000**
with Sweet Chili and Siracha Sauce


Dragon Roll  **\$2,500**
Shrimp Tempura, Avocado Topped Tobiko, Sesame Seed, Spicy Mayo and Unagi Sauce

SANDWICHES AND BURGERS

(All Sandwiches and Burgers are served with Cole Slaw and Your Choice of Fries or Garden Salad)

Pegasus-BLT **\$2,000**
Pepper-Flaked Honey-Flavoured Bacon, Lettuce, and Tomato served on Homemade Coco Bread

Roast Beef Sandwich **\$3,200**
Layers of Beef, served on a Homemade Coco Bread with Roasted Bell Pepper, Onion, Mushroom, Monterey Jack and Jerk Gravy

Traditional Jerk Chicken Sandwich  **\$2,000**
Layers of Jerk Chicken Breast Marinated in a Honey Jerk Mayo and served on a Home-Made Cornbread

PRICES LISTED ARE SUBJECT TO GOVERNMENT TAX AND SERVICE CHARGE

 Vegetarian  Spicy  Very Spicy





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SANDWICHES AND BURGERS

(All Sandwiches and Burgers are served with Cole Slaw and Your Choice of Fries or Garden Salad)

Smoked Chicken Sandwich \$2,500

Cornbread topped with Smoked Chicken, Pickle, Roasted Bell Peppers, Jalapeno, Basil, Grilled Red Onions & Mozzarella, Served with Homemade Cranberry Gravy

Blackened Red Snapper Sandwich \$1,950

Blackened Snapper Grilled with Onions, Tomatoes, and Jerk Mayo, Served on Homemade Coco Bread

Traditional Cheeseburger \$2,000

Specialty Beef Burger Topped with Pepperjack Cheese, Served on a Toasted Bun

Pegasus Burger \$2,350

Pegasus Signature Specialty Beef or Chicken Burger topped with Sautéed Mushrooms, Bacon, Jalapeno Peppers, and Pepperjack Cheese

Pegasus Lamb Burger \$3,500

Homemade Lamb Burger Topped with Pepper Jelly, Cheddar Cheese, Tzatziki Sauce, Spicy Pepperoncini, Lettuce & Tomato

Pork & Beef Sliders \$1,700

Minced Pork and Beef Slider on English Muffins, Topped with Sautéed Dill Pickle, Grilled Pineapple, Grilled Bell Peppers, Guacamole & Spicy Cheese Sauce

PASTAS AND JAMAICAN SPECIALS

(Your choice of Penne or Linguine Pasta)

Add Chicken or Shrimp to your Pasta:

Chicken S: \$600 L: \$900 Shrimp S: \$1,000 L: \$1,500

Classic Jamaica-Style Vegetable Pasta \$2,300

Pasta with Ackee, Callaloo, Carrots & Tomatoes, Tossed in a Light Olive Oil Sauce Topped with Ricotta Cheese

Pasta Alfredo \$2,500

Pasta Simmered in a Rich Parmesan & Mushroom Cream Sauce

Jamaican Curry Goat \$3,800

Small-Diced Local Goat Meat Marinated in Curry & Jamaican Spices and Mango Chutney, served with Jasmine Rice

Boston Style Jerk Pork \$3,200 or Chicken \$2,800

Jamaican Jerk Chicken or Pork served with our Homemade Jerk Sauce, served with Coconut Flavored Rice & Peas

Braised Oxtail \$4,200

Slow-Braised Oxtail with a Hint of Spicy Scotch Bonnet, Red Wine & Broad Beans, served with Coconut Flavored Rice & Peas

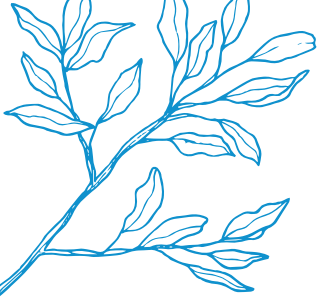
Pegasus Fish Fillet \$3,950

Fish Fillet done to your liking – Steamed, Roasted, Escovetich or Brown Stew, Served with Vegetables and Steamed or Fried Bammy



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CHEF'S SPECIALS

Herb Grilled Chicken \$2,200

Grilled Herb Chicken Breast Simmered in Smoked Mushroom Beurre Blanc, served with Callaloo Rice and Roasted Tomatoes

Char Siu Beef Short Rib \$3,900

Pimento, Scallion and Thyme Short Rib Grilled to Perfection, served with Cauliflower Mash and Bacon Bits

Honey Garlic Salmon \$4,500

Grilled Salmon Marinade in Honey Garlic Butter, topped with Lemon & Bell Peppers and served with Jasmine Rice

Smoked Pork Chops \$4,500

Pegasus Style Smoked Pork Chops Grilled and Simmered in Barbeque Sauce

New York Favourite \$6,500

Grilled New York Steak served with Double-Baked Potato, Vegetables a Red Wine Reduction & Deep-Fried Onion Rings

Mint Flavoured French Lamb \$5,800

Blackened Char-Grilled French Lamb Chops served with Roasted Red Skin Potatoes, Topped with Mint Flavoured Beurre Rouge

Sweet Miso Steak or Pork with Ramen \$4,500

Steak or Pork Tenderloin Sautéed with Mushroom, Snow Peas, Miso Paste and Ramen Noodles.

SIDES

- Double Baked Potatoes \$500
- Seasoned Fries \$550
- Mashed Potatoes \$600
- Steamed Vegetables \$600
- Steamed Rice \$500
- Rice & Peas \$500
- Garden Salad \$620

MEATLESS OPTIONS

Falafel Roll  \$1,400

Traditional Crispy Falafel Ball in Steam Lasagna Sheet, served with Tomato and Spicy Cream Sauce

Yam Croquette \$1,500

Yam and Cranberry Croquette served with Grilled Eggplant rolls, topped with Tomato Salsa and Spinach Cheese Sauce

Homestyle Tortellini \$2,700

Spicy Vegetarian Homestyle Tortellini served with Pesto Sauce, Roasted Bell Peppers, Cherry Tomatoes & Freshly Grated Parmesan Cheese

DESSERTS

Carrot Cake \$1,200

with Caramelized Walnut and Cream Cheese Frosting

Triple Mousse Cake \$1,400

with Coconut Rum Sauce and Toasted Coconut Passion

Fruit Crème Brulé \$1,200

with Berry Compote

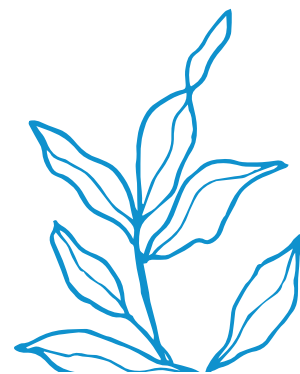
Almond Oats Crumble Berry Pie  \$950

Ice Cream

(Ask your server for available flavours)

Single Scoop \$600

Double Scoop \$920



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