

# DM LE SPA



*Located next to the Alpilles,  
the Domaine de Manville SPA  
welcomes you for a Provence –  
smelling wellness break.*

*Alone or with someone special,  
with friends or family,  
we have designed our spa  
treatment offering  
to meet all your needs.*



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# Signature Treatments

DOMAINE DE MANVILLE

Wrapped in a halo of light  
and Provençal scents,  
the Domaine de Manville SPA  
invites you over to discover its history.

### VELVET SKIN

45 min - 125€

Let yourself be tempted by this full  
body treatment which includes the  
Domaine's scrub and balm.  
Its nourishing properties will leave  
a protective and soft layer  
with a satin-finished on your skin.

### THE GRAND MANVILLE

1h30 - 215€



This exceptional treatment takes care  
of your face and body. Massage techniques  
drain, relieve congestion and successively  
shape and firm your legs, arms, waist...  
Your face is radiant, decongested and lifted.

### MANVILLE RELAXATION

1h - 145€

Created by the expert team  
of the Domaine de Manville Spa,  
this treatment will provide you a first  
experience with the world of Wellness  
Massage... Face, scalp, hands and feet  
are in the spotlight...  
Combining various wellness  
techniques, this treatment combines  
deep benefits from Shiatsu pressure  
points and stretching. It provides  
an extremely deep and long-lasting  
relaxation of both body and mind.

The duration of the treatment specified includes the exchange time, installation in and exit from the treatment room.

For any treatment lasting one hour or more (excluding hair removal), enjoy a complimentary one-hour access to the sensory  
space. For treatments lasting less than an hour, one-hour access is available for 15€.

All our massages are non-therapeutic and non-medical well-being and relaxation treatments.

# Well-being massages

## INDIVIDUAL

### CUSTOM MESSAGE

30 min - 85€

45 min - 120€

1h - 145€

1h30 - 215€

Determine your 100% personalized massage during an exchange with your spa practitioner and allow yourself to enjoy a unique moment of well-being.

**All our customized massages can be performed in a duo cabin free of additional charge.**

### EXPECTING MOM MESSAGE

1h - 155€

Extra soft, cocoon-like and at the same time effective to relieve muscle tension, this massage specially designed for pregnant women offers a gentle break with multiple benefits.

### HOT STONE MESSAGE\*

1h - 155€

The energy of hot stones balances your body and relaxes it. You feel as if you were wrapped in a soft cocoon. This feeling of well-being lasts for hours.

\* Stones need to be heated at least 1 hour before your arrival. Please specify you would like the Hot Stone massage when you are booking.

### SWEDISH-DEEP TISSUE MESSAGE

1h - 155€

1h30 - 225€

This deep pressure wellness massage is ideal after a workout. It precisely releases muscle tension through slow, deep movements. This treatment also helps relieve muscle aches and promotes blood and lymphatic circulation for a better athletic recovery

### MESSAGE UNDER THE PINE FOREST

1h - 185€

Within the pine forest of the Domaine, treat yourself to 60 minutes of absolute relaxation with a deeply relaxing massage. Surrounded by the woody scents and calm of nature, your body will regain harmony and lightness.

## FOR TWO

### MASSAGE

30 min -170€

45 min -240€

1h - 290€

1h30 - 430€

Enjoy a moment of relaxation for two  
in your exclusive area.

### RELAXING MOMENTS BODY

1h30 - 350€

Together, enjoy the delights of a silky  
Provence-scented bath followed by a well-  
being massage.

### RELAXING MOMENTS FACE AND BODY

2h30 - 548€

Immerse yourself in a delicious silky  
Provence-scented bath and relax together  
while enjoying a well-being massage.  
End up this special moment with an  
ESTHEDERM® facial treatment.

Escape your body and mind in a relaxing



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Each ritual is a gentle  
symphony of expert gestures  
and scents from Provence, where the  
body relaxes and the mind escapes.

## THE MANVILLE HARMONY

1h30 - 210€

30min bodyscrub, followed by 60min  
of customized massage\*

2h - 270€

30min bodyscrub, followed by 90min  
of customized massage\*

A unique sensory journey beginning  
with a delicate body scrub created  
especially for the domaine De  
Manville, to enhance your skin,  
followed by a Relaxing 60min  
massage , performed with our  
signature balm massage, tailor-  
made for Domaine De Manville. A  
moment of balance and escape , in  
the heart of the emblematic scents of  
Provence.

\*excluded deep-tissue and hot-stone  
massage

## THE SUBLIME MOMENT OF MANVILLE

2h45 - 325€

30min bodyscrub, followed by 60min  
of customized massage\*  
finishing with a 60min customized  
face treatment ESTHEDERM®

An exceptional ritual beginning with  
a revitalizing body scrub, followed  
by a relaxing massage performed  
with our signautre balm massage,  
an exclusive olfactory creation.  
Followed by a 60min customized  
ESTHEDERM facial treatment to  
reveal your skin'natural radiance. A  
comprehension experience of beauty  
and relaxation designed as an ode to  
Provençal well-being.

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# Rituals

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DOMAINE DE MANVILLE

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INSTITUT  
ESTHEDERM  
PARIS

AGE **PROTEOM**™  
BIOTECHNOLOGIE BREVETÉE

ADVANCED SERUM

Care first  NAOS



# INNOVATION

## AND IF YOUR SKIN AGES HALF AS FAST?

### VISIBLY AND DURABLY

#### ...PROTO-DERMIC TECHNIQUE

A pioneer in the use of skin proteome, Institut Esthederm revisited its professional care menu by including the Serum Age Proteom™ and its new proto-dermic facial massage technique at the heart of every care protocol.

Co-creator of this technique, Chantal Lehmann, creator of the 1st manual lift of clinically proven efficacy, worked for more than 25 years at understanding the power of an exogenous action with the hands on the skin tissue. As the Serum Age Proteom™ strengthens the functionality of skin proteins, the proto-dermic massage techniques also strengthen the tissues, strengthen and stimulate the cells. The dermis produces new fibroblasts which in turn produce collagen and elastin.

The whole structure of the face being mobilized, tightening of skin and muscle tissue allows deep cellular stimulation.

The action is thus done on the volumes of the face as well as on the quality of the skin. The immediate effect is tightened skin, improved features, erased shadowy areas.

# ESTHEDERM

# Face treatment

## ESTHEDERM

Beautiful skin is the result of adapted products associated with expert routines. Our professional know-how of aesthetics through highly-technical care rituals, associated with ecobiological formulas and ultra-sensory galenics, optimizes the quality of every skin at any age. To entrust your skin to your Institut Esthederm expert skincare practitioner is to ensure an immediate and lasting result while experiencing a moment of ultimate relaxation.



## DEEP SKIN CLEANING

30 min - 85€

A unique method of deep and ultra-respectful cleansing, for energized skin more receptive to treatment.

Deeply-cleansed skin (1) 100%

Oxygenated and detoxified skin (1) 95%

**[L'OSMOCLEAN]**

## BOOST OF HYDRATATION, PURITY OR VITALITY

1h - 135€

A care that adapts to the skin state of the moment and that will respond to a problem of dehydration, imperfections or lack of energy.

Inspired by dermo-esthetic procedures, with active ingredients perfectly dosed and selected for intensive, immediate and long-lasting results

Hydra: plumped and elastic skin (2) 90%

Purity: excess sebum absorbed (2) 95%

Vitality: more toned and energized skin (2) 94%

**[LE FONDAMENTAL]**

## 100% CUSTOMIZED PEELING

1h15 - 150€

Youthful peeling treatment in zoning, skin renovator, ultra-personalized to meet each specific need: imperfections, wrinkles, shine, stains.

Improved skin texture (3) 100%

Even skin tone (3) 89%

**[LE MULTIPLEEL]**



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# Face treatment

## ESTHEDERM

### MANUAL LIFT

1h30 - 179€

A real manual lift that enhances and redraws the contours of the face.

Cheekbones lifted and plumped (4) 86%

Firmer, more toned skin (4) 100%

**[L'ESTHELIFT]**

### SIGNATURE TREATMENT

1h30 - 189€

The Institut Esthederm signature treatment, an invitation to relaxation, energizes the body and spirit. Skin is smoothed and firmed, the complexion luminous.

Brighter complexion (5) 100%

Redensified skin (5) 100%

**[L'EXCELLAGE]**

### YOUTHFULL LOOK

30min - 65€

Express relaxation treatment. The eye contour is moisturized and smoothed, the traces of fatigue erased.

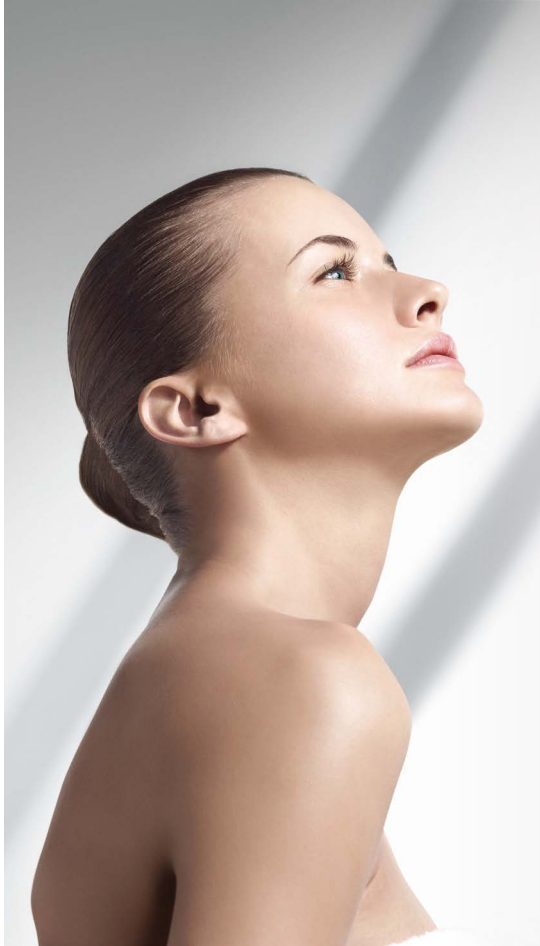
Plumped eye contour and smoothed wrinkles (6) 93%

**[REGARD PÉTILLANT]**

(1) 19 women from age 20 to 43. Satisfaction survey after treatment (2) 22 women from age 20 to 45. Satisfaction survey after treatment (3) 25 women from age 30 to 45. Satisfaction survey after treatment (4) 20 women from age 40 to 51. Satisfaction survey after treatment (5) 21 women from age 51 to 65. Satisfaction survey after treatment. (6) 22 women from age 30 to 55. Satisfaction survey after treatment (7) Test under dermatological supervision – 22 women between the ages of 50 and 70, application 2 times a week for 56 days.

### EXTRA

Blackheads extraction 10€ - Eye contour patches 10€



**The intensive care  
treatments are carried out  
in synergy with the**

**...SKIN  
MAXIMISER !**

### **VISAGE PREMIUM TREATMENT**

2h00 - 285€

An exceptional treatment signed Institut Esthederm exclusively at the Domaine de Manville Spa. Unique, for incomparable results on cell regeneration.

HIGHLIGHT: a back massage to optimize the relaxation and the effects of the face care

### **MYO FACIAL MASSAGE**

1h00 - 149€

6 Treatments (1 hour) | 805€

Face and neck lift massage. Very effective, anti-ageing, this technique is ideal to improve the appearance of the skin, plump, tone, fight against muscle hypotonia and cutaneous relaxation.

HIGHLIGHT: an incomparable result from the first care.

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All our massages are non-therapeutic and non-medical well-being and relaxation treatments.

# Beauty treatments

Complete hand treatment 1h | 145€

Complete foot treatment 1h | 155€

This treatment takes care of the beauty of the natural nail. Repair treatment for the cuticles, bath and exfoliating scrub followed by a moisturizing massage. This treatment will end with an immersion of the hands or feet in a wonderful paraffin bath to restore comfort and softness of your skin. Nails base pose.

# Teenage care

Up to (and including) 14 years old and with an adult present

Osmoclean facial treatment 30 min | 55€

Gentle body massage 30 min | 75€

# Hair removal

## FOR HER

Upper lip 15€

Eyebrows 25€

Armpits 40€

Arms or 1/2 legs 40€

Bikini 40€

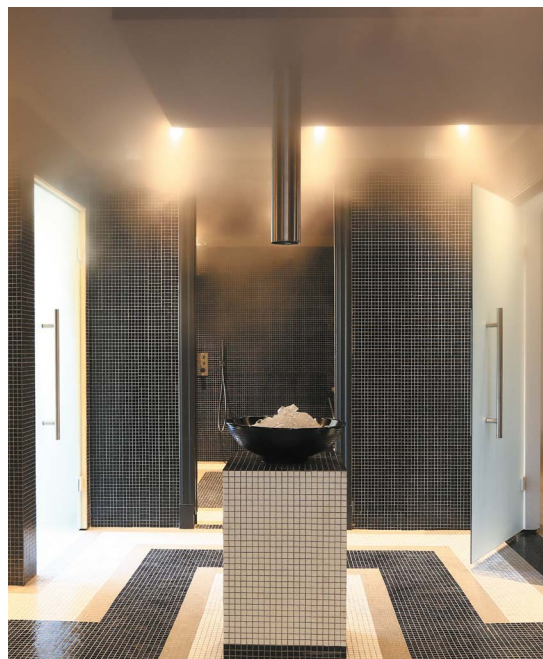
Integral Bikini 65€

Full legs 60€

## FOR HIM

Back / Torso 55€

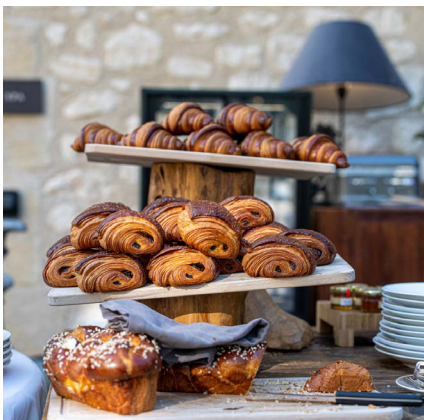
Shoulders 35€











### BREAKFAST & SPA

half day Spa access  
preceded by a delicious  
breakfast under our  
glass roof or on the  
courtyard terrace  
(buffet style)

### FROM MONDAY TO FRIDAY

excluding school holidays and public holidays

Price

90€/pers.

...including massage 30min

135€/pers.

...including massage 1h

190€/pers.

...including massage 1h30

250€/pers.



### BISTRO & SPA

half day Spa access  
followed by a lunch in  
our Bistro  
(starter, main course, dessert,  
water, glass of wine and hot  
drink)

### FROM MONDAY TO SUNDAY

Price

110€/pers.

...including massage 30min

150€/pers.

...including massage 1h

205€/pers.

...including massage 1h30

265€/pers.



### BAR & SPA

half day Spa access  
followed by a moment  
at the bar  
(one homemade treat +  
one drink : the bartender's  
inspiration (non-alcoholic  
cocktail) or hot beverage)

### FROM MONDAY TO SUNDAY

Price

80€/pers.

...including massage 30min

125€/pers.

...including massage 1h

180€/pers.

...including massage 1h30

240€/pers.

# Gift boxes

An original gift for unique moments: Birthday, Mother's Day, Father's Day, Valentine's Day, Christmas, Wedding...

For a day at the SPA or a treatment of your choice,  
order online at:  
**[www.domainedemanville.secretbox.fr](http://www.domainedemanville.secretbox.fr)**



...or just scan  
the QR code  
opposite.



## Access to the SPA

45 minutes for resident guests at the hotel  
and upon reservation (adults and children)

the "sensory area"

Heated indoor swimming pool,  
jacuzzi, sauna, steam bath and fitness area

**THE SPA IS OPEN EVERY DAY**

ADULTS (FROM 16 YEARS OLD) : Every day from 10am to 7pm

Fridays and Saturdays from 10am to 8pm

CHILD (UNDER 16 YEARS OLD) : Every day from 9am to 10am

**ORIENTAL TRAY**

Black soap scrub at the Steam Bath's 15€



# Terms and conditions

## SPA POLICY

The Spa is a place of relaxation and tranquility. Please respect the comfort and privacy of each customer. The Spa team offers wellness massages without therapeutic purpose. The Spa is a non-smoking area, and use of mobile phones or any other electronic device is not allowed.

## SPA ON ARRIVAL

We thank you for respecting your appointment time and recommend that you arrive 15 minutes early. We ask you to kindly note that a late arrival will shorten the care time. On the other hand, if our schedule allows us to do so, we will strive to offer you the same care.

## DURATION OF TREATMENT

The duration of the treatment includes the exchange time with your Spa Practitioner, undressing, dressing and exiting the treatment room. Delays are tolerated, however, they will result in a reduction of massage time.

## BOOKING AND CANCELLATION

We advise you to make your appointment thoughtfully. A 100% cancellation fee will be charged for any treatment cancelled less than 24 hours before appointment time.

## HEALTH

We thank you for notifying us at the time of booking of any health problems, any allergy or injury that may affect your spa experience. If in doubt, please consult your physician.

## EXPECTING MOTHERS

The spa offers specially designed treatments for pregnant women from the 4th month. The spa team will be happy to help you choose the treatment best suited for this particular time.

## PERSONAL BELONGINGS

No personal cosmetic product can be used in our spa areas. Management and the spa ambassadors cannot be held responsible in the event of loss, theft, deterioration of or forgotten jewelry, personal items, or money within the spa.

## AT HOME

To continue your home care ritual, the products used for treatment are available for purchase at the Spa reception. Our ambassadors are available for all custom routine requests.

## RATES MAY BE CHANGED AT ANY TIME WITHOUT PRIOR NOTICE.

The SPA team thanks you for your attention.