



  
*Lié Spa* & Wellness



## Signature Massage

Indulge in our signature massage, combining Swedish and Shiatsu techniques for deeper healing from head to toe. This unique approach relieves tension in tired muscles and restores natural energy flow.

 90 mins | RM580.00 NETT

## Aromatherapy Ultimate De-stressor

Together with your chosen massage oil, our therapist rhythmically applies proven effective Swedish techniques combined with aromatherapy to help you de-stress, unwind and achieve a deep sense of wellness that calms your mind and helps deep relaxation.

 60 mins | RM380.00 NETT

 90 mins | RM480.00 NETT

## Deep Tissue Massage

Experience immediate relief from stiff, aching muscle and sore joints as you are transported into a realm of restoring relaxation. Our massage therapy targets specific trigger points, providing effective pain management and stress relief. This treatment is ideal for addressing arthritis, muscle tension, post-sports recovery and more.

 60 mins | RM380.00 NETT

 90 mins | RM480.00 NETT

## Foot Reflexology

Stimulating specific pressure points on the sole can help to eliminate toxins from the body. It improves blood circulation leaving you feeling renewed.

 60 mins | RM280.00 NETT

## Hydro Dip

Immerse yourself in the soothing embrace of our hydro-dip Jacuzzi, infused with specialized Jasmine and Lavender bath sea salt. This calming blend refreshes while moisturizing and repairing your skin. The gentle water movements and varying temperatures melt away muscle tension, creating a blissful experience that paves the way for deeper relaxation.

 30 mins | RM180.00 NETT

# Le Spa Indulgence

Immerse yourself in our crafted spa journey, designed to rejuvenate your mind and soul. This ultimate indulgence is a harmonious blend of treatments that transport you to a blissful state of calm. Reserve your path to inner peace today:

- Foot Ritual
- Complete Exfoliation (choose your favourite scrub)
- Jasmine and Lavender Sea Salt Bath
- Le Spa Signature Massage (90 mins)
- Healthy Snacks and Drinks

 180 mins | RM850.00 NETT per person | RM1600.00 NETT per couple

## Complete Exfoliation

### • Coffee Moist Scrub

This rich aromatic scrub is made from a blend of finely-ground coffee which helps scrub away dead skin to reveal new healthy skin underneath. It also improves blood circulation and reduces cellulite. When combined with natural yogurt wrap, it leaves the skin smooth, bright and glowing.

 40 mins | RM260.00 NETT

### • Silky Summer Skin

Aromatic and gentle, our creamy polish exfoliates dry skin and polishes away toxins, leaving your skin silky-soft and hydrated. It's an ideal pre-treatment service to enhance relaxation and achieve optimal results.

 40 mins | RM260.00 NETT

### • Salt Mousse-Glow Exfoliating

Boost negative ions for healthier and softer skin with our treatment. French sea salt and organic fruit extracts, enriched with pro-vitamin A and carrot seed oil are applied to your skin create a rejuvenating seawater ambiance experience.

 40 mins | RM260.00 NETT

*\*prices are inclusive of 10% service tax and prevailing government taxes*

# Do's & Don'ts

## Reservation of Service

We highly recommend prior reservation in advance to ensure that your preferred time and service is available.

## Cancellation Policy

We require 8-hour notice for changes or cancellations. Please keep in mind that arriving late for a treatment may require us to shorten the length of your treatment with full charges applied as not to inconvenience other guests.

## Health Conditions

Please advise us of any health conditions such as allergies, injuries, hypertension, pregnancy, or any possible concerns that may pose a risk during your treatment. More serious health conditions may require permission from your doctor. We advise refraining from consuming any food at least an hour before your scheduled treatment. Your safety and well-being are our top priorities.

## Quick Shower

A quick shower just before your massage is relaxing and washes off any salt, minerals or chemicals that could clog pores when mixed with oils or other treatment products.

## Loss or Damage

Kindly leave valuables in your room safe. The hotel and Le Spa & Wellness will not be held responsible for any losses, damages and misplaced of personal belongings.

## Accidents or Injuries

Le Spa & Wellness shall not be liable for any accident or injury suffered by guest.

Operational Hours : 11.00 am to 9.00 pm (Daily)  
Inquiry/Reservations : +603 7681 1111 / 7712 2222  
Address : One World Hotel, First Avenue,  
Bandar Utama City Centre,  
47800 Petaling Jaya, Selangor