



Café Flamant

Lighter Start

Locally-made Croissants & Muffins \$4

Overnight Oatmeal \$8
Rolled oats, milk, seasonal fruit jam, granola

Yogurt Parfait \$8
Greek yogurt, roasted nutty granola,
seasonal berries, local honey

Fresh Fruit & Berries \$5
Seasonal fresh cut fruit & berries

Breakfast Specialties

American Breakfast \$14
Two eggs cooked your way, bacon, toast with
choice of potatoes, grits, or fruit

Belgian Waffle \$10
Fluffy waffle topped with seasonal berries &
whipped cream

Breakfast Sandwich \$11
Choice of bacon or ham, cage-free eggs, provolone
cheese, local croissant with choice of potatoes,
grits, or fruit

Breakfast Flatbread \$10
Scrambled eggs, bacon, farmer's cheese

Egg-white Frittata Sandwich \$11
Seasonal vegetables, avocado, mozzarella, local
croissant with choice of potatoes, grits, or fruit

Avocado Toast \$12
Smashed avocado, goat cheese, tomatoes,
hard-boiled egg on Italian bread

Coffee & tea

Local Coffee	\$3
Assorted Hot Teas	\$3
Iced Coffee	\$4
Cold Brew	\$4
Americano	\$4

Espresso	\$4
Macchiato	\$4
Latte (regular or vanilla)	\$4
Café au Lait	\$4

NOTICE: Consuming raw or undercooked meats, poultry, seafood shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.