



Sugar Cane Club
HOTEL & SPA

Guest Directory

RESTAURANT • SPA • BAR • POOL • ENTERTAINMENT • LAUNDRY • TAXIS • TOWELS • WAKE-UP CALLS TOURS • DRESS
CODE • GYM • NEARBY ATTRACTIONS • TELEVISION • CAR HIRE • ROOM SERVICE ACTIVITIES

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Welcome

Welcome to the beautiful island of Barbados and thank you for choosing Sugar Cane Club Hotel & Spa for your ultimate vacation experience. Discover the harmonious blend of luxury, tranquility and seclusion of our select hilltop boutique hotel.

At Sugar Cane Club Hotel & Spa, our well-trained and dedicated team is here to take care of your needs and our aim is to provide you with the best Caribbean Service without intruding on your privacy. Should you require further assistance or information on the Island or Hotel, please visit our Front Desk located in the lobby or dial extension 5005. Our team will be available to you for all your requests, from the simplest to the most complex. There is also an in-room guide with useful and handy information pertaining to the Hotel facilities and more.

We pride ourselves of an International and Local Cuisine that promises to tantalize your taste buds! Be prepared for this Culinary Arts experience, led by our Group culinary Director Jeremy Dupire and his team. It is advised to book your preferred seating time with the Front Desk during a La Carte nights.

We are always looking for ways to pamper you during your stay, and therefore we are proud to introduce you to our Spa. Our dedicated team of professionals will do their best to make you feel comfortable.

Join us every Wednesday at 10:15a.m. for an opportunity to swim with the turtles and snorkel the blue waters of the Caribbean. For those of you who want to get really active, be sure to hit the gym, try the squash court or ask about our mountain bikes, or go for a hike in our botanical gully and discover Barbados in a new way.

Do have a wonderful holiday, enjoying all Barbados has to offer as well as the hospitality of its people. Again, to all our repeat guests, thank you again for choosing the Sugar Cane Club Hotel & Spa and making it your home away from home. We do look forward to seeing you return in the coming years.

As we like to say here at Sugar Cane Club Hotel & Spa, time is your own, so do as much or as little as you wish!

Please note: This guide, the content and information contained within it is subject to change at any time deemed necessary for the Hotel's smooth operation and discretion.

Safety & Security

PERSONAL SAFETY

We have taken every possible measure to make your stay a safe and pleasant one. Barbados is also recognized for its safety, but do be aware of your surroundings as in any country. Please follow these safety tips.

IN YOUR ROOM

1. Always secure your room/entrance door.
2. Never let a stranger into your room. Always verify the identity of the person who knocks on your door.
3. Never give your room number to a stranger.
4. Do not display your room key in public or leave them in public areas or other places where they may be stolen.
5. It is also against the Hotel's policy for unregistered guests to be on the property without express permission from management.
6. Do not leave your balcony door unlocked at night or leave valuables, clothing, towels or shoes on the balcony.

AROUND THE ESTABLISHMENT

1. All stairs can be dangerous and particularly outdoor stairs which can be slippery when wet. Please exercise care when going up and down stairs and use the handrails.
2. Always lock your valuables in the provided in-room safe or safety deposit boxes at Front Desk should your room not have a safe.
3. Always make a mental note of the nearest emergency exits.

OUT AND ABOUT

1. Do not draw attention to yourself by displaying large amounts of cash or expensive jewelry.
2. Do not leave valuables in your car when out driving.
3. It is important that you know where you are going. Ask for directions when unsure.
4. Do not wander to desolate or unlit areas alone.
5. Be aware of what is going on around you. If you see any suspicious activity, please report your observations to Management.
6. Be conscious of the vendors on the beach.
7. All off-property incidents should be reported to the police immediately.

FIRE SAFETY

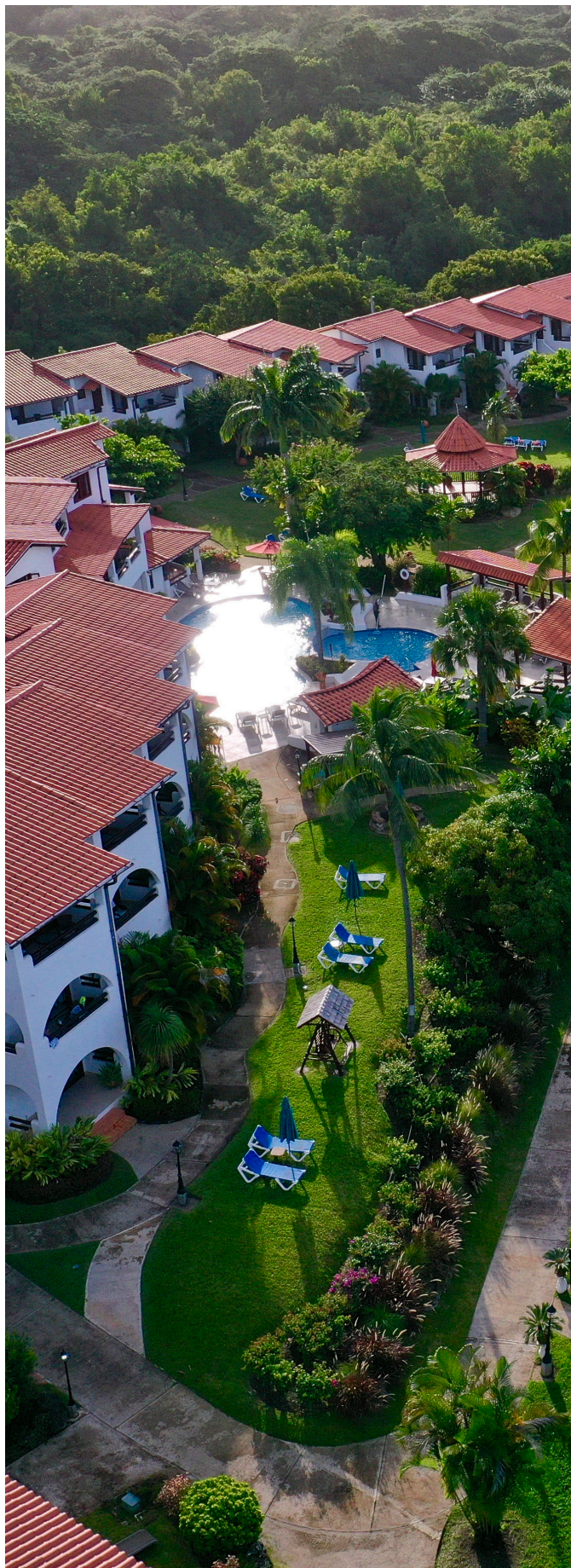
In the event there is a fire please remain calm and leave the area immediately. You can report it to the Front Desk or any Hotel Staff Member who will action our fire safety protocols accordingly.

The fire route is located behind your room door. If there is any smoke rising from behind a door or it feels hot to the touch DO NOT open it. In the case of a large fire DO NOT attempt to gather any belongings; get out of the room/area as fast as possible in a safe manner.

Each room is equipped with a smoke detector which will sound in the event of a fire. Your room is also equipped with a Fire Blanket in the event of a small fire on the stove top or in your room. Fire extinguishers are available on each floor. Please note their location.

MUSTER POINT

In the case of any emergency, or fire, there is a muster point located in the Hotel's Car Park.



SECURITY

Sugar Cane Club provides security throughout the day. The hotel is also monitored via CCTV Cameras in all public and general areas. At night, a night receptionist/ security officer is located at the Front Desk to look after your every need and emergencies. The night receptionist has no access to cash.

Please dial Ext. 0

SICKNESS / INJURY

If you take ill at any point during your vacation please report it immediately to the Front Desk. A doctor/ the ambulance can be called if you wish. There is also a small selection of over the counter drugs and first aid supplies available at the Frangipani Gift Shoppe on-site or there are 2 pharmacies in the nearby area of Speightstown.

IN THE EVENT OF A HURRICANE

Each year between the months of June and November, hurricanes may occur in this part of the region. However, they are quite rare in Barbados. In the event that there is an official Hurricane Warning, guests will be given detailed instructions by the Hotel's Manager to ensure your safety and comfort.

Telephone & Internet Communication

ADDRESS

Please travel with the hotel's contact information at all times.

Maynards, St. Peter, Barbados
Tel: +1 (246) 422-5026
Fax: +1 (246) 422-0522
Email: info@sugarcaneclub.com
Web: www.sugarcaneclub.com

TELEPHONE & INTERNET IN-HOUSE DIRECTORY

Room to Room	5 + Room Number
Local Calls	9 + 7 Digit Number
Front Desk.....	0
Meeting Room.....	5035
Gym.....	5038
Housekeeping.....	5030
La Salsa Restaurant & Bar.....	5022
The Chattel Bar	5023
Sugar Cane Spa	5036
Reservations / Admin Offices	5010

Please note: Some of these numbers have already been programmed on your room phone.

INTERNATIONAL DIALING (STATION TO STATION)

USA, Canada & Caribbean

1 + Area Code + Number

United Kingdom & Europe

011 + Country Code + Area Code + Number

South America

011 + Country Code + Area Code + Number

Please note: "0" must not be dialed when it is the first digit of an area code. Country codes may be found in our local phone directory located in your room.

EXAMPLE:

To call the UK – Dial 011 + 44 + Area Code + 123 4567

COUNTRY CODES

Country codes are available in the Barbados Telephone Directory. It should be located by your telephone in the living area. Common area codes:

1	USA	52	Mexico
43	Austria	31	Netherlands
32	Belgium	41	Switzerland
55	Brazil	58	Venezuela
1	Canada	61	Australia
385	Croatia	86	China
33	France	784	St. Vincent
30	Greece	596	Martinique
473	Grenada	758	St. Lucia
868	Trinidad	64	New Zealand
81	Japan	47	Norway
49	Germany	46	Sweden
852	Hong Kong	44	United Kingdom
353	Ireland		
39	Italy		

VOICE MAIL RETRIEVAL

Your room comes equipped with a voice-mail system. Once a message has been left, you will notice a repeating tone when you pick up the handset, or you will see a red flashing light. To clear your messages press X97 and follow the voice prompts, or press the message button.

TELEPHONE RATES

Local Calls FREE

All other calls are charged on a per minute basis. Please check with Front Desk for the rates to call outside of Barbados. Please note that 1-800 calls are also charged per minute.

Caribbean.....	\$2.00/minute
USA.....	\$2.80/minute
Canada	\$2.80/minute
United Kingdom.....	\$2.80/minute

WAKE UP CALLS

Our Hotel Ambassadors will be more than happy to assist you with a scheduled wake up call.

Please dial Ext. 0

INTERNET SERVICES

Complimentary Internet is offered via wireless .

To join the wireless network, search and join the “Sugar Cane Guest” network on your device or phone. Please check with Front Desk for the wifi password.. If you have brought your own wireless enabled computer, wireless access is available in all rooms. The wireless service does vary from room to room or location on property. We try to provide the best speeds and bandwidth available on island.

OTHER IMPORTANT NUMBERS AND CONTACTS

EMERGENCY NUMBERS

Police Emergency	211
Police Station (Speightstown).....	419-1731
Fire Emergency	311
Fire Station (Weston)	422-2407
Directory Assistance	411
Ambulance	511
Queen Elizabeth Hospital	436-6450
Sandy Crest Medical (ER)	419-4911
Department of.....	438-7575
Emergency Management	

AIRLINES

Grantley Adams	536-1300
International Airport	



Guest Services & Facilities

HOUSE RULES

1. Checkout is at 12:00 Noon. GUESTS FAILING TO CHECK OUT ON TIME WILL BE CHARGED A LATE CHECK OUT FEE.

Late checkouts are available and based on availability on the day of departure.

\$30.00USD for access until 3:00pm

\$60.00USD for access until 5:00pm

2. Persons who are not guests of the Hotel must be registered at reception as visitors, and notice must be given when they are leaving. Please respect this rule as it is for your own safety and well being while our guests.
3. Management reserves the right to refuse the registration of any visitor at their discretion.
4. Your room is for your enjoyment. However, at Management's discretion you may be asked to leave for any excessive noisemaking.
5. All accounts should be settled on the evening prior to departure. Guests paying direct must pay on arrival. A cash deposit or credit card imprint is required at check-in.
6. Missing, broken or damaged items, fitting or furniture will be charged to you at replacement cost. A credit card imprint or BDS \$150.00 as a security deposit is required at check-in for this purpose.
7. Personal cheques are not accepted.
8. Sugar Cane Club Hotel & Spa is an environmentally friendly property. We request that air-conditioning units not be used when windows and/ or doors are open or when you are not in the room.
9. No glassware or bottles are to be taken poolside. We will provide plastic glassware from the bar.
10. Topless bathing and topless sunbathing are against the law in Barbados.
11. Swimming is not permitted in the pools past 6pm. Notice there are no lifeguards on property, and swimming is at your own risk.
12. Aloe is a tropical plant sold on the beach for sunburn. It is not permitted on the property as it stains everything permanently. You will be charged for any damage caused by the plant and any aloe found in rooms will be discarded.
13. Food and drink are not to be given to people who are not registered, or on a non-inclusive meal package, unless you have purchased a pass. or drinks to other persons will be charged accordingly.
14. Please obey all facility policies and dress codes.
15. The Hotel also offers a Departure Lounge with shower facilities for late departures. This is located in the Hotel's Green Monkey Lounge, next to the pool.

AIR-CONDITIONING

Every room is fitted with an air-conditioning unit. Please ensure that all doors and windows are closed when the unit is working. Please do not set the temperature below 20 degrees Celsius as this may result in condensation in the room or the A/C freezing overnight.

Help us conserve energy; please turn off your air-conditioner when you are leaving your room.

BANKS / BANKING

Most banks are open from 8:00am – 3:00pm Monday – Thursday and from 8:00am – 5:00pm on Fridays. There are a few banks located in Speightstown for your convenience.

Please note: Banks are closed on Public Holidays.



BEACHES

The closest beach is within walking distance from the hotel and offers the perfect opportunity for a stroll down, but the walk back up can be challenging because of the hill. We recommend using the complimentary shuttle. The beaches in the area are beautiful and impressive with their fine white sand and clear blue water; we highly recommend, and provide a complimentary shuttle to the following beaches:

SAND STREET BISTRO (SHUTTLE DROP-OFF POINT): Convenient access to multiple beach options in Speightstown, all within walking distance

- A great choice for lunch, dinner, or drinks
- Bathrooms available
- Kids Play Area and Beer Garden
- Beach chairs and umbrellas are available for rent

HEYWOOD'S BEACH: A beautiful beach at the front of Port St. Charles Marina. There is excellent snorkeling available in certain areas of the beach, great sandy bottoms, and amazing views of the Marina's yachts. From Heywood's you can also walk along the beach, and into Speightstown. 2 minutes from hotel.

SPEIGHTSTOWN: Known in Barbados as one of the most Historical towns of the Island. Today, it thrives with many small shops, restaurants & bars, fruit & vegetable vendors, a lot of History and small town life! Visit the local bakery, Orange Store Grocer, Wave Rider Bar, Fishermans Pub, Little Bristol Pub, Casareep or Mangos Restaurant for a real experience of what makes this small town so unique. From here you also have access to a major bus terminal, which in effect can get you to almost any corner of the island. Please note that all stores require you to cover up your beachwear in their establishments. 5 minutes from the hotel.

If you would prefer to stay out of the sun, the palm trees or an umbrella will provide cooling shade. Beware of the manchineel trees and DO NOT shelter under them or touch or eat their fruit as it is poisonous and can cause severe blistering. These

trees are usually marked with a red ring around the trunk. Please do not swim if red flags are up on the beaches as they indicate swimming conditions are dangerous. Also stay away from buoys as little sea insects that call the buoys home may sting you.

PLEASE NOTE:

Beaches are public in Barbados; therefore you may find yourself approached by vendors and water sport operators.

Say "No thank you" if you are uninterested in what they are selling.

Transactions with unauthorized vendors will be at your own risk.

Please note that the selling, or purchasing of illegal drugs or substances may result in prosecution.

BOTANICAL VALLEY AND NATURE WALK

A natural botanical valley surrounds the Sugar Cane Club Hotel & Spa. The walk takes you through some of Barbados' natural flora and fauna, allowing you to personally explore the island's natural beauty. Stop and listen to the sounds of nature, take a photo, chances are you'll see a clan of monkeys or unique island birds. Be careful, monkeys if provoked will defend themselves. The Hotel advises you to wear fully enclosed footwear when going on the gully walk. The walk can be uneven and tiring for some persons and is not advised to be done alone. Contact Front Desk to organize your tour.

Please note: Though the walk is an attraction and feature of the Hotel, we only accept liability for guests who go on it if they are with a guide; if you choose to go alone, then you proceed at your own risk.

CHEF — PRIVATE

Should you wish to request a private chef to prepare a meal in your suite or provide a personal cooking lesson kindly contact the restaurant or Front Desk for additional information on this service.

CREDIT CARDS

Sugar Cane Club Hotel & Spa accepts the following main credit cards:



A credit card authorization is required from you upon arrival. US \$200.00 will be accepted as a deposit in lieu of cash. Personal cheques are NOT accepted.

CURRENCY EXCHANGE

The hotel accepts the Pound, US and Canadian dollars. If you need to change small amounts of cash our Front Desk Ambassador will be more than willing to assist where possible.

Please dial Ext. 0

DOCTOR

For assistance, please call the Front Desk. Sandy Crest an emergency clinic is 15 minutes away and the main hospital, Queen Elizabeth Hospital approximately 30 minutes away. We do have a list of doctors in the surrounding area as well as emergency and after-hours doctors who will come to the Hotel, call-out charges will apply.

DRESS CODE IN HOTEL RESTAURANTS

We understand that you are on vacation but we ask you to abide by the following dress code for the comfort of all guests.

During the day our dress code is casual and relaxed. We do ask when using the main restaurant and bar that gentlemen wear shirts and dry pants and the ladies cover their swimsuits. Bare feet will not be accepted in the Restaurant. After 6:30 p.m. smart dress is expected in the La Salsa Dining Room; no sleeveless shirts, shorts or hats will be allowed. Gentlemen in capri's with a polo or sleeved shirt are accepted. Casual dining is acceptable.

Thank you for your co-operation.

DRINKING WATER

Owing to the island's natural coral structure, Barbados is renowned for having pure natural drinking water from the tap. Bottled water can be purchased from the bar or gift shop.

DRUGS

Sugar Cane Club Hotel & Spa has a zero tolerance policy for all illegal drugs and substances. Any person(s) selling, purchasing or consuming these substances will be reported to the authorities and evicted from the hotel. No compensation will be offered under these circumstances.

ELECTRIC POWER

The electricity is 110 Volts – 50 Cycles and a limited number of adapters is available through the Front Desk. A refundable deposit is required for use of this item.

ENVIRONMENT AND CONSERVATION

Sugar Cane Club Hotel is committed to the preservation of our environment. We would therefore appreciate your assistance in the following areas:

1. Turn off your lights and air-conditioning when leaving your room. Please do not leave the air-conditioning running when doors and windows are opened. If you set your air-conditioning below 20 degrees C it will cause condensation.
2. Report any leaks.
3. Maximize the utilization of your beach and bathroom towels.
4. When at the beach remember that coral reefs are home to thousands of sea creatures, so when snorkeling, diving or on boat trips, please do not damage the reef or dispose of trash in the ocean.

FIRST AID

Basic first aid supplies are available from the Front Desk.

FISH PONDS

We feed our fish a special diet formulated to keep them healthy in their environment. Do not feed the fish! Should you wish to participate when our staff is feeding the fish, please check with the Spa.

These are fresh water fish, and the ponds contain Japanese Koi.

PLEASE NOTE: Do not put hands in the water with any creams or suntan lotion on them (it will kill the fish) – Do not touch the fish!

FURNITURE AND FITTINGS

All our suites are fully equipped for your convenience and enjoyment. Kindly check the items in your room on check-in and immediately report any damages, missing or broken items to the Front Desk.

GAZEBO

Whether you want to read a book, have a cup of tea or just relax, our Gazebo is the ideal spot. It could also be a romantic venue for weddings or the renewal of vows.

GLASS BOTTOM BOAT RIDE

Ever wanted to go swimming with the turtles or enjoy the underwater life without getting wet? Every Wednesday at 10:00. We offer a complimentary Glass Bottom Boat ride. Snorkeling equipment is provided for those who wish to go swimming. Please organise with the Front Desk to get the shuttle down to the beach.

Please Dial Ext. 5005

GREEN MONKEY LOUNGE

This air-conditioned lounge serves as a relaxed library area, and departure lounge during the day, and as a piano / entertainment area at night. Restrooms and shower facilities are included inside as well as TV, games, music and a piano. Wireless Internet services are also provided in this area and a guest computer.

GYM

For those with exercise on the agenda, the hotel has an air-conditioned Fitness Room. The gym is open 24 hours a day. This gym is unsupervised and use of any equipment is entirely at your own risk. Adults with medical problems are asked to consult a doctor before using the facility. Please report any equipment that is not working properly to the Front Desk. Correct attire and shoes are required. Please leave machines clean after use. Should you wish a personal instructor, please contact the front desk.

GRATUITIES

Gratuities are at your own discretion. If you wish to leave a gratuity for an individual you may do so directly; but if you wish to leave for a department or the entire team, we can provide a form and envelope that is available at the Front Desk.

GUEST SURVEY

We wish to hear how you enjoyed your stay and if there is anything that we can improve upon or add in order to enhance our property and/ or service. We kindly ask you take a few minutes to leave us a review on TripAdvisor. We will also email you a guest satisfaction survey after you check out.

HAIR DRYERS

Hair dryers are available in all rooms.

HOUSEKEEPING

Daily maid service is provided. Housekeeping is open from 8:30 a.m. to 5:00 p.m. Towels are changed every other day & sheets every three days. To assist us in our efforts to be an environmentally friendly hotel. If you require towels earlier, they will be available at Front Desk. Kindly note a laundry charge of BDS \$6.00 per towel will apply for an early towel exchange. Please hang towels that you do not require to be changed. Beach Towels are exchanged daily 3:30pm to 4:30pm at the pool deck.

Please Dial Ext. 5030

INSECTS

Due to its tropical climate Barbados is home to a few pests namely mosquitoes and sand flies. Please wear repellent if they bother you and your room can be sprayed upon request. Repellent and After Bite lotions are available at the Front Desk.

IRON AND IRONING BOARDS

For your convenience, irons and ironing boards are already in your suite.

KEY CARDS

All room keys are electronic. Please do not place them next to magnetic objects or it will interfere with their coding. At departure please leave the key cards at the Front Desk. There is a charge of US\$25.00 for each card not returned on checkout.

LAUNDRY

A do-it-yourself washer and dryer are provided for your use, and the machines are token operated. Tokens may be purchased at the Front Desk for BDS \$8.00 each. The mini laundry is located below the pool deck. Soap powder is available from the Front Desk. Should you require outside laundry services, this can be arranged through Front Desk.



LOCATION

We are located on the exotic northwest coast of Barbados, within walking distance of picturesque

Speightstown, and some of the island's beautiful beaches. We are within quick and easy access to the East Coast and Northern tip of the island and to many of the island's attractions; speak to any member of staff for queries or more information on Barbados.

LOST AND FOUND

Please contact a Guest Services Ambassador at Front Desk if any items have been misplaced.

MAIL / POSTAGE

Mail is received and sent out daily from the Front Desk, Monday – Friday. Stamps are available at the Front Desk and postcards are available at the Front desk for purchase.

MAINTENANCE ISSUES

Sugar Cane Club is run to the highest standards but at times maintenance issues unfortunately do occur. Please do not hesitate to report any issues / concerns immediately so that they can be dealt with right away. Our staff are always happy to help provide the best holiday possible.

Please Dial Ext. 5005

MONKEYS

The Monkeys are lovely to look at, and lovely to photograph, but please be aware they are wild animals and are to be treated with respect. From time to time, you may see green monkeys on/off property and on occasion you may see them on the beach. DO NOT feed the monkeys near to your apartment, or they may end up too close to you for comfort. Thank you for your co-operation.

MOUNTAIN BIKES

There are complimentary bikes available for your use in the area. Do not leave the bikes unattended. One of our staff members will be more than happy to direct you to a safe and enjoyable riding area. Mountain bike tours of the surrounding areas can also be organized. Please check with the Front Desk for more information and to obtain bike equipment. Safety helmet and sneakers must be worn at all times. Bikes must be returned by sundown.

NEWSPAPERS

There are two local newspapers on island – The Advocate and The Nation. The Nation is available for purchase from the front Desk. A copy of Britain Today is printed daily and kept at the Bar. International papers may be ordered through our Newspaper Direct Service. Please ask for details at the Front Desk.

NON-RESIDENT GUESTS

Management requests that you declare any non-resident guests to the Front Desk and keep entertained visitors to the hotel's public areas, and not in your room. Any food or drink given to unregistered guests will be charged to your bill, including All-Inclusive guests.

PARKING

Free parking is provided but vehicles and contents are left at your own risk.

POOLS

There are two freshwater swimming pools for your enjoyment. Please note that the pool is unsupervised and swimming is at your own risk. NO GLASS IS ALLOWED POOLSIDE. Please respect all the pool signage. DIVING IS NOT ALLOWED.

Please shower before entering the water. Persons who have skin allergy problems should not use the pool. Do not use the pool under the influence of alcohol or drugs. Sugar Cane Club Hotel & Spa does not accept any responsibility to guests for any accidents or injury while using the pool.

SHUTTLE / BUS SERVICE BY HOTEL

The hotel provides a complimentary shuttle service to Speightstown (the closest main Town) and area beaches. Complimentary shuttle times are as follows:

TO BEACH & SPEIGHTSTOWN:

9:00 AM

10:00 AM

12:00 NOON

3:00 PM

5:10 PM

In addition, the shuttle is available from 9 AM to 5 PM, and in-between any of the above times for

your convenience, at a cost of \$5.00 BDS Dollars per person each way. To better plan the chauffeur's day, and guarantee availability in the shuttle, we recommend you book the desired pickup and return times in advance with the Front Desk.

SAFETY DEPOSIT BOXES AND VALUABLES

Please take the same precautions as you would at home. Do not leave cameras, jewelry and other valuables outside or unattended on property or at the beach when swimming or taking a walk. Valuables should be kept in the safety box provided in each room. Keep doors and windows closed and locked if leaving the accommodations. Sugar Cane Club Hotel cannot accept any responsibility for loss of valuables left outside of the room safe. Some safes are operated by key, in the event that the safe in your room is electronic, please see the below instructions.

To programme your in-room safe please follow these instructions:

- Your in-room safe's door should be found open.
- Behind the safe door, where the door hinge is located, you will find a red reset button.
- Press the reset button; two beeps will sound and the "proceed" light will illuminate.
- Type in your personal code (4 digits).
- Press "A" or "B" to activate code.

To re-open the door:

- Type in your personal code.
- Press "A" or "B".
- Door is unlocked
- The green light will come on; turn the knob clockwise in 5 seconds and pull out to open the safe.

Please leave box open at your departure.

Please note: If battery light on safe is illuminated, please inform Front Desk to have the battery changed. Please dial Ext. 5005

SMOKING

Smoking is banned in all public enclosed areas and all hotel rooms. The fine for smoking in public is US \$250.00 or imprisonment for 12 months, or both. The Hotel will charge a mandatory deep cleaning fee of \$250.00 US Dollars to persons that smoke in the Hotel Rooms.



SPEIGHTSTOWN

Historic Speightstown is over 300 years old and was the first major port and commercial centre of Barbados. After being neglected for many years, Speightstown has recently been revived and is now home to the island's largest private and luxury marina, Port St. Charles. A second marina, Port Ferdinand is in the process of being built next to Port St. Charles.

Speightstown offers a varied shopping experience – a large supermarket, hardware stores, gift shops and branches of the major department stores of Barbados. In this city you will also find a post office, pharmacies and branches of all major banks on the island.

There are some excellent restaurants in the area, as well as fine examples of original Barbadian architecture. Speightstown is one of the few towns in Barbados to still have small streets lined with two storey shops, some with Georgian balconies on the upper floor.

You will also find street vendors selling fruit, vegetables or fresh fish right off the boat. It is the perfect place to stroll around and enjoy your day taking the most captivating pictures.

SUNBURNS

To avoid ruining your holidays please wear a good sun block and avoid excessive sun exposure especially between the hours of 11 am – 2 pm when the sun is at it's hottest. An excellent after sun lotion is provided in your room. If you run out of the complimentary sample it is available for purchase at the Front Desk.

SQUASH COURT

A squash court is provided for enthusiasts. Proper

attire must be worn at all times: NON-MARKING SHOES ONLY (available for purchase from the Frangipani shop), shirt and pants. Squash court booking time and equipment may be arranged at the Front Desk.

TABLE TENNIS AND DART BOARD

There is table tennis and a darts board available on the viewing platform of the Squash Court. Equipment can be obtained from the Front Desk.

TOURS AND TRANSPORTATION

All tours, car hires and taxis can be arranged with the Front Desk.

Please Dial Ext. 5005

USE AND MISUSE OF FACILITIES

Your room is equipped for maximum comfort. If you destroy, break or remove any article(s) from your room, you will be charged for the article at the replacement value. Report items that are missing, cracked or broken to the Housekeeper or Front Desk. Unreported damaged items may be charged to your room or credit card if it is without doubt that an occupant of your room caused the damage.

VENDORS

Vendors are not to be invited back to the property for any reason. All beaches in Barbados are public; therefore at the beach you may be approached by vendors who can become over-enthusiastic on occasions. If you do not wish to inspect their goods, just say "No Thank You". Any purchases made from these vendors are at your own risk.

Also, please avoid using the aloe plant in its natural form, this is sold by vendors at the beach, as it causes permanent stains on fabrics and clothing.

WAKE UP CALLS

Our guest service staff will be more than happy to assist you with a scheduled wake up call.

Please Dial Ext. 5005

WEDDINGS

Please ask at the Front Desk to set up an appointment with our Wedding Coordinator. We pride ourselves in creating packages and taking away the stress, so you can enjoy your special day.

Restaurants & Bars

LA SALSA RESTAURANT AND BAR

Enjoy Breakfast, Lunch and Dinner in a delightful setting at La Salsa Restaurant and Bar. Capture the flavours of Barbadian and International Cuisine while enjoying the breathtaking views of our gardens, pool and the ocean. The restaurant is open at the following times:

Breakfast..... 7:30 am – 10:00 am

Lunch 12:00 am – 2:30 pm

Dinner..... 6:30 pm – 9:30 pm

Bar operating hours are from 9:00 am – 11:00 pm.

If you have any dietary preferences, please notify any member of staff at Front Desk or within the Restaurant. Someone from our culinary team would be more than happy to sit with you, and see what dishes can be prepared to suit your needs.

LA SALSA RESTAURANT & BAR DINNER EVENTS

Sunday A La Carte Menu

Monday Poolside A La Carte Menu

Tuesday..... A La Carte Menu

Wednesday A La Carte Menu

Thursday Caribbean BBQ Buffet

Friday A La Carte Menu

Saturday Chef's Buffet

Please note: Please make reservations at the Front Desk.

PACKED LUNCH

If you are going on a trip and want to take along a light meal, a cooler bag can be prepared for you at a cost of \$20.00 BDS. It is a select menu, as not all things will stay fresh that are from the regular menu. Please give the Front Desk 24 hours' notice.

Please dial Ext. 5005

ROOM SERVICE

Room Service is available from La Salsa Restaurant during opening hours at an additional charge of BDS \$10.00 as a delivery fee.

CHATTEL BAR & RESTAURANT

The Chattel Bar is a charming Barbadian rum-shop style bar and eatery tucked into the hotel's lush tropical grounds, away from the main pool area. With its cosy, intimate setting, it is ideal for enjoying traditional Bajan dishes, local flavours, and expertly crafted rum cocktails. The relaxed island vibe makes it a favourite for quiet dinners and unhurried evenings surrounded by greenery.

Tuesdays, Wednesday & Friday: 6:30 pm – 9:00 pm

Sunday & Saturday: 6:30 pm – 9:00 pm

SAND STREET BISTRO

Located in nearby Speightstown, Sand Street Bistro is a charming beachfront bistro known for its relaxed island setting and elevated dining experience. Just across from the sea, it blends coastal views with thoughtfully prepared cuisine in a welcoming atmosphere. Sugar Cane Club guests receive 10% off at Sand Street Bistro, making it a wonderful option for an off-property dining experience.

Friday – Sunday: 10 am – 10 pm

Monday, Wednesday & Thursday: 4 pm – 10 pm
(Dinner Service from 5 pm)

Happy Hour 4 pm– 6 pm
for all open days,

Closed on Tuesdays

POOLSIDE BAR

The Poolside Bar offers refreshing drinks and casual bites just steps from the water. It is the perfect place to cool off with a cocktail, enjoy light fare, and settle into the rhythm of a sun-soaked afternoon.

Bar Opening Time: 9 am – 5:30 pm

ENTERTAINMENT

On select nights, or throughout the week we will have entertainment ranging from karaoke to steel pan music.

Spa Services

Sugar Cane Spa is a blend of luxury, tranquility and seclusion located on a hilltop setting at Sugar Cane Club Hotel & Spa overlooking the exotic West Coast of Barbados.

From the moment you arrive you will realize that Sugar Cane Spa is not an ordinary Spa. The Mediterranean architecture and warm ambiance combined with lush Barbados Tropical beauty forms a welcoming elegance and atmosphere.

The Spa features seven (7) treatment rooms designed with the ultimate spa treatment in mind. Enhancing the lives of our guests through beauty, harmony and well-being.

Treatment rooms can accommodate couples or singles.

We invite you to discover the joys of simple relaxation at our award-winning spa, featuring a range of hydrotherapy baths, massage, facials, manicures, pedicures a steam room and a full range of body treatments, including scrubs and cocoons. Our product line emphasize on long-term solutions to overall beauty and well-being. Whether for an hour or for a day escape and enjoy an extensive range for treatments offered by our experienced professional therapists.

An essential part of your Spa day at Sugar Cane Club is a visit to the Serenity Area, designed to ease your stress and soothe your soul. Featuring a beautiful gazebo and dipping pool, this quiet outdoor area awaits after your treatment, to continue and lengthen your relaxation with us.

Beauty and elegance like no other.

Dial extension 5036 to book your appointment



Local Information

BARBADOS

Barbados is an island of the Lesser Antilles, 21 miles in length, 14 miles in width and divided into 11 parishes. The island is located at 13.4 N and 54.4 W and is situated in the western area of the North Atlantic Ocean, 100 kilometres east of the Windward Islands and the Caribbean Sea. The island is seen by most scientists as geologically unique as it was formed as a result of an amalgamation of two land masses over a period of many years.

Barbados is relatively flat with the exception of one major high point, Mount Hillaby, which measures approximately 1,115 feet or some 343 metres above sea level.

EARLY HISTORY OF BARBADOS

The peaceful Arawaks and the more ferocious Caribs were the first inhabitants of Barbados. However, when English Captain, John Powell arrived in 1625, the island was uninhabited and as a result he claimed it for King James I of England. Powell soon returned to England to put the necessary plans in place and subsequently returned to Barbados in February of 1627 at the site which is now known as Holetown.

The island was given the name Los Barbados after strong similarities to the ficus trees on the island whose aerial roots looked like beards.

Tobacco and cotton were initially cultivated by the colonists but by the 1640s they had fully transitioned to the sugar cane industry. Sugar cane production in Barbados dominated the other sugar industries in the Caribbean as sugar plantation owners on the island were very powerful and successful businessmen.

The occurrence of a few natural disasters in Barbados throughout the late 1600s caused many unwanted financial problems for the industry. However, despite the setbacks, heavy investments of sugar and importation of African slaves to work the land still continued throughout the island. Sugar proved to be greatly profitable for Barbados and became the island's main crop.

By 1720, however, the sugar industry in Barbados was no longer a commanding force to be reckoned with as countries like the Leeward Islands and Jamaica had outdone the island. In more recent times, the tourism industry burgeoned around a focus on the island's natural beauty, and friendly, welcoming people, and has remained Barbados' primary earner to today.

HISTORIC SPEIGHTSTOWN

Quite close to Sugar Cane Club Hotel & Spa, on the North-Western side of the island, there is a town classified as the second largest town on the island called Speightstown. It was settled in 1630 and named after a gentleman and landowner by the name of William Speight. One of Barbados' earliest settlers, Captain John Swan drew the island's first map around 1640 and at that time, the area was known as Spykeses Bay but was pronounced Spykestown ever since by many Barbadians.

In its heyday, back in the 17th century, Speightstown was considered a thriving port and was an important link in the island's trading activities. While it cannot lay claim to that position today, Speightstown still bustles with activity. Almost all of the major commercial banks lie within the vicinity of the town and most major transactions can be conducted at any of the locations.

Churches of many of the main denominations can be found in Speightstown, with the two most noticeable being the Anglican and Methodist denominations. There are retail stores of every kind, and vendors can also be found displaying fresh seasonings, fruit and vegetables in their stalls on the sidewalks. Despite all the modern amenities, stores and traffic flow, there is something quaint and special about this little town.

Speightstown exploration should definitely be on your list of things to do in Barbados. To learn more about Barbadian culture, there is an art gallery and an interactive historical museum. Dining options are plentiful, from fine dining to "snackettes," fast-food outlets and other locations where one can avail of good Bajan food, day in, day out.

The Speightstown jetty is where some of the island's fishermen anchor their boats and is a beautiful spot for photos.

BARBADOS BEACHES

Sugar Cane Club Hotel & Spa is just a stone's throw away from some of the most pristine West Coast beaches on the island. Port St. Charles Beach, Godings Bay, Gibbs Beach and Colony Club Beach are just a few of the many that provide the ambience for those seeking watersports activities, exquisite sunsets, or simply places of relaxation and natural beauty.

In contrast to the calmer turquoise waters of the West Coast beaches, the South, North and East coasts are somewhat livelier and provide many ideal spots for surfing and other water activities.

With the recent implementation of boardwalks along some areas of the South and West Coast beaches, visitors and locals alike can now enjoy the beachfront at its best. Not only are these boardwalks used for relaxation, they have also become a popular meeting point for joggers and walkers.

