



# Diplomat Discoveries

## Your Weekly Guest Guide



### WELLNESS

**24 Hours | Daily**  
**Fitness Center**

*Convention Center 1st Floor*

**7:30-8:30am | Sunday, Monday, Wednesday & Friday**  
**Sunrise Beach Yoga**  
*Beach*

**1:00-1:45pm | Saturday**  
**Pool Zumba**  
*Infinity Pool*

**7:30-8:30am | Tuesday & Thursday**  
**Spin Class**  
*West Palm Court*

**6:15am-9:00pm | Monday - Saturday**  
**1:1 Fitness Training- Boxing + Dancing** 💰  
**High Intensity Interval Training (HIIT)**  
1 Class For Free Per Day Per Guest  
*Across Footbridge - Core2Fitness*

**10:00am-7:00pm | Daily**  
**DIPLOMAT SPA & SALON**  
*954-602-8400*  
*Wellness Center Hours\**  
*Convention Center Floor - 1*

### ACTIVITIES & WATER SPORTS

**24 Hour | Daily**  
**Bicycle Usage (First Hour Free!)**  
*Located outside main entrance. Helmets available at the concierge desk.*

**9:00am-5:00pm | Daily**  
**Dip + Slide | Kids' Splash Zone**  
*Adult Supervised*  
*Upper Pool Deck*

**10:30am-4:30pm | Daily**  
**Water Sports**  
*Kayak & Paddleboards (First Hour Free)*  
*Jet Ski & Banana Boat Rentals* 💰

**8:00am-5:00pm**  
**Beach Games & Play Zone**  
*Cornhole, Ladder Toss & Sand Toys*

**9:00am-6:00pm | Daily**  
**Cabana, Casita & Daybed Rentals - 10% Off For Resort Guests**  
*South Lagoon Pool & Beach*

**10:00am-6:00pm | Daily**  
**Beach Volleyball**  
*Rent a ball from the South Lagoon Pool Hut!*

**Slingshot Vehicle Rentals | Daily**  
*Rent this eye-catching, three-wheeled vehicle!*

**Cabana Reservations**

**Spa Menu**

**HIIT Class Schedule**



### KIDS' CLUB

**9:00am-4:00pm | Wednesday-Sunday**  
**DIPLOMAT KIDS' CLUB SCHEDULE\***  
*Scan QR Code For Activities and Pricing*



### Resort Map

Dive into the Diplomat. Scan the QR code below to explore our restaurants & bars, wellness venues, kid haven's and more!



### Rainy Day Fun!

*Rain, rain, go away!*

See the Concierge desk to find out where we're hosting indoor fun and games on these days!

**We're Here to Help**  
Please let us know if there's anything we can do to improve your experience.  
Feel free to text us at 954-998-1119

**TEXT US!**

## Wednesday, April 17

**9:30-10:00am | Kids' Club  
Open House\***

*Meet our fun leaders and learn about upcoming activities.*

**10:30-11:00am | Kids' Club Patio  
Morning Stretch\***  
*Prepare for a fun day ahead!*

**11:30am-12:00pm | Kids' Club Patio  
Water Balloon Contest\***  
*Keep your hands up or get SOAKED!*

**12:30-1:00pm | Infinity Pool  
Paddle out challenge\***  
*Come ready to compete.*

**1:30-2:00pm | Kids' Club Patio  
Kite Flying\***  
*Paint the sky!*

**3:00-3:45pm | Kids' Club \$  
Spring Friendship Bracelets**  
*Craft something special!*

## Thursday, April 18

**9:30-10:00am | Kids' Club Patio  
Three-Legged Races\***  
*Bring a pal or a parent and compete as one!*

**10:30-11:00am | Kids' Club  
Musical Chairs\***  
*Don't get distracted or you'll lose your seat.*

**11:30am-12:00pm | Kids' Club  
Suncatcher Craft\***  
*Color your room with this creative decor!*

**12:30-1:00pm | Infinity Pool  
Treasure Dive\***  
*Search the depths of the pool for riches.*

**1:30-2:00pm | Sparking Lagoon Pool  
Red Light, Green Light\***  
*Listen closely and follow directions in this game.*

**3:00-3:30 | Kids' Club \$  
Sand Art**  
*Get creative with this local medium!*

## Friday, April 19

**9:30-10:00am | Meet on the Kids' Club Patio  
Seashell Search\***  
*Explore the shore to find special shells!*

**10:30-11:00am | Kids' Club  
Seashell Painting\***  
*You've found a shell; now let's color it.*

**11:30am-12:00pm | Kids' Club  
Lawn Bowling\***  
*Challenge our staff; strive for a strike.*

**12:00-1:00pm | Kids' Club  
Patio Giant Volleyball\***  
*Serves' up!*

**2:30-3:00pm | Kids' Club \$  
Ceramic Painting**  
*Discover the world of ceramics!*  
**3:30-4:00pm | Lobby  
Kids' Club Meet Up\***  
*Learn about Kids' Club fun.*

**6:00-8:00pm | The Hotel Bar  
Ketel One Cocktail sampling.**

**7:00-10:00pm | The Hotel Bar  
Jazz Appreciation Month\***  
*Ginettas Vendetta - Jazz Trumpet*

## Saturday, April 20

**9:30-10:00am | Kids' Club  
Sidewalk Art\***  
*Get creative with today's street art theme, dinosaurs.*

**10:30-11:30am | Beach  
Family Olympics\***  
*Bond and compete with your loved ones.*

**12:30-1:00pm | Infinity Pool  
Basketball Challenge\***  
*Can you ball 'Like Mike'? Prove it!*

**12:00-4:00pm | South Lagoon Pool  
Dj Leon**  
*Multi Genre Hits!*

**12:00-2:00pm | Playa  
Aperol cocktail Sampling**

**1:30-2:00pm | Kids' Club  
Freeze Dance\***  
*Don't let the music distract you.*

**3:00-3:30pm | Kids' Club \$  
Picture Frame Craft**  
*Make a frame for a special memory.*

**7:00-10:00pm | The Hotel Bar  
Baile Nights**  
*Flavio - Latin Guitar*

## Sunday, April 21

**9:00-10:00am | Kids' Club \$  
Toes In The Sand Art**  
*Create a long lasting seaside memory with your little one!*

**10:30-11:00am | Kids' Club  
Parachute Party\***  
*Hop into this classic game.*

**11:30am-12:00pm | Kids' Club  
Evelyn's Pirate Island\***  
*Help Captain Evelyn find her missing treasure.*

**12:30-1:00pm | Kids' Club Patio  
Bubble Bonanza\***  
*Try to pop as many bubbles as possible!*

**1:30-2:00pm | Kids' Club  
Jump Rope Contest\***  
*We're looking for our Diplomat Jump Rope Master!*

**3:00-3:30pm | Kids' Club  
Water Games!\***  
*You're guaranteed to be soaked.*

\* Parent Supervision Required  
\*\* Ages 21+

\$ Fee incurred

## Featured Experiences!

### 10% Off Cabanas & Casitas

Diplomat Resort guests exclusively receive this poolside discount! Take advantage today!

Scan to Reserve



### Reserve Your Slingshot Vehicle Today!

Cruise along South Florida in the most eye-catching vehicle around! Located at valet ramp.



Rent



## Water Sports

The Atlantic Ocean is calling and it's time for adventure! Kayaks, paddle boards, banana boats and jet skis are available for rent.

Learn More

