



MENU

CULINARY THEME

M Chicken Souvlaki

T Shrimp and Grits

W Beef Tacos Action Station

T Chicken Tikka Masala

F Baked Cod with Lemon Butter

WEEK OF March 20, 2023

20 MONDAY

Soup \$

Cream of Spinach

Entrée \$11

Chicken Souvlaki

Cauliflower Souvlaki

Something Else \$2.5

Saffron Jasmine Rice

Steamed Green Peas

Roasted Zucchini

Dessert \$3.5

German Chocolate cake

Cookies \$1.5

Chocolate Chip

21 TUESDAY

Soup \$

Broccoli Cheddar Soup

Entrée \$11

Shrimp and Grits

Sweet Potato Polenta Cakes

Something Else \$2.5

Garlic Mashed Potatoes

Braised Collard Greens

Stewed Okra

Dessert \$3.5

German Chocolate Cake

Cookies \$1.5

Chocolate Chip

22 WEDNESDAY

Soup \$4

Classic Chicken Noodle

Entrée \$11

Beef Tacos

Mushroom Quinoa Taco Meat

Something Else \$2.5

Spanish Rice

Stewed Black Beans

Steamed Asparagus

Dessert \$3.5

German Chocolate Cake

Cookies \$1.5

Chocolate Chip

23 THURSDAY

Soup \$4

Vegetable Orzo Soup

Entrée \$11

Chicken Tikka Masala

Tofu Tikka Masala

Something Else \$2.5

Curried Red Lentils

Green Beans

Turmeric Roasted Carrots

Dessert \$3.5

Lemon Meringue Pie

Cookies \$1.5

Chocolate Chip

24 FRIDAY

Soup \$4

Corn Bisque

Entrée \$11

Baked Cod with Lemon Butter

Eggplant Parmesan

Something Else \$2.5

Bowtie Pasta with Olive Oil

Broccoli Cheddar Casserole

Sauteed Spinach

Dessert \$3.5

Lemon Meringue Pie

Cookies \$1.5

Chocolate Chip

Grab 'n Go Sandwich

Egg Salad Sandwich on Croissant

Red Pepper Hummus w Pita Chips and Carrot and Celery **V**

Grab 'n Go Salad

Garden Salad

Farro Salad

Lunch

Monday – Friday | 11:30AM – 2:00PM