

# The Tanjung Tribune

NO. 9/2025

A PERIODIC NEWSLETTER OF TANJUNG RHU RESORT, LANGKAWI

July 2025

NEWS	HIGHLIGHT	PROMOTION
<b>SUNSET POOL NEW OPERATION HOURS</b> <p>We're pleased to announce the new extended operating hours for the Sunset Pool: now open daily from 7:00 AM to 11:00 PM. Enjoy a tranquil swim beneath the stars! Please note that the pool has varying depths, starting from 1.0 meter and reaching up to 1.5 meters at its deepest point. Swim safely and enjoy!</p>	<b>FLAMBÉ ELEGANCE</b> <p>Experience the drama of live flambé at Chef's Table. From Gamberoni al Cognac to Duck Breast and Bomba Alaska—bold flavours, aromatic flair, and unforgettable tableside theatre:</p> <p><u>RESERVATIONS &amp; INQUIRIES:</u> For inquiries: Ext 1</p>	<b>WEDNESDAY BBQ BUFFET</b> <p>Great news! Our Saturday BBQ at Saffron Sports Bar is now also available every Wednesday, 7PM–10.30PM. Enjoy sizzling flavours at RM170 (A)   RM85 (C). Don't miss out!</p> <p><u>RESERVATIONS &amp; INQUIRIES:</u> For inquiries: Ext 1</p>

## SEVEN WELLS WATERFALL

As its name suggests, Seven Wells Waterfall is formed by seven natural pools, which were created by water flowing off the second-highest mountain in Langkawi, Mount Mat Cincang. Undoubtedly, this is the most picturesque waterfall on the island. At the bottom, the lowest pool is formed by 91 meters of vertical fall. Known as one of Langkawi's most attractive natural attractions, the Seven Wells Waterfall, or Jalan Telaga Tujuh as locals refer to it, is about 20 minutes walk from the famed Langkawi Sky Bridge.

The legend says that this waterfall is home to fairies and that the water has healing powers. A type of climbing plant with enormous pods commonly found near the waterfall area is believed to be something the fairies left behind. Known as Sintuk, it is a special kind of lime plant. Locals frequently use it to “wash” away bad luck. Sintuk is also commonly used in traditional Malay ceremonies.

Each of the fairies has her own wheel on which she bathes, for they love to splash in the water and feel its freshness. Tradition holds that one must be chosen to see all the fairies who take their baths during a full moon. The total vertical fall is 91 meters and the lowest pool is formed at the bottom. Climb 900 stairs or hike from the base of Seven Wells Waterfall to watch this breathtaking water cascade! The staircase will take you 45 minutes to climb before you reach the upper wheel, where the observation bridge is located.



### THE ENCHANTED BLUE LAGOON

After hiking for another 45 minutes, you'll come to the blue lagoon—a place where some belief lies one of the well's sources. The water here is colder than at other ponds, thanks to its crystal clarity. It got its name from this different blend of blues and greens that can be seen in the pond



Credit Photo to : The Rakyat Post

DAILY  
PLAN

# DAILY CHECKLIST

## DART LESSON

Get ready to sharpen your dart skills with the former Kedah champion, Ebau at Saffron, happening from 8PM to 11PM! Let's aim for the bullseye and have a blast! It's a complimentary session!



MON

## BUCKET BEER BUNDLE

Let's have some beer buckets while enjoying your vacations.

Carlsberg  
Bucket - RM40

Corona Bucket - RM60



TUE

## WATER SPORTS

Check out our water sports offerings and get tanned. please contact our tour desk for more information.

RSVP & Inquiries:  
EXT 1



WED

## LOCAL NIGHT MARKET

Visit Ayer Hangat Night Market every Friday, just 3km from the resort, offering a wide array of Malaysian local food and cultural experiences. Indulge in diverse flavors and immerse yourself in the vibrant atmosphere.

Langkawi Island's uniqueness is that we have night markets every night at different locations around the island. When you visit other places, the night market is only available once a week. It will take another week before you can explore the night market if you miss the day.



FRI

## WEEKLY BBQ BUFFET

VENUE:  
SAFFRON SPORTS BAR

PRICE:  
RM 170 (A) | RM 85 (C)

DAY / TIME:  
EVERY SATURDAY,  
7PM - 10.30PM



SAT

## DETOX INDULGENCE

Get your healthy drinks at Sunset Pool Bar. You can even customize your own drink. Just inform your server of your preferences.

RM 30 nett per glass.



SUN

## THINGS TO DO IN THE RESORT

- Relax at the spa and indulge in pampering treatments
- Visit the Reading Room for some peaceful reading
- Stay fit at our gym next to the Spa.
- Have fun playing pool and board games
- Visit the Boutique for some souvenirs
- Unwind in your bathtub while listening to the music
- Watch live squirrel feeding daily at the casuarina lawn
- Savor your favorite drinks at the balcony
- Swim in the pool and relax on the beach
- Enjoy happy hour at both pool bar and Saffron
- Watch the beautiful sunset while enjoying dinner at Saffron
- Join garden nature walk on Wednesday mornings
- Build sandcastle at the beach
- Play tennis or beach volley for outdoor enthusiasts.
- Get ready to sharpen your dart skills at Saffron
- Rent a bike to explore the resort
- Beach jogging during sunrise
- Join sunset yoga on Tuesday evenings at Rhu Deck
- Indulge the afternoon tea while enjoying the sea breeze

## COMPLIMENTARY ACTIVITIES



**DAILY FISH FEEDING**  
10:30AM AT THE READING ROOM



**DAILY SQUIRREL FEEDING**  
09:00AM AT THE CASUARINA LAWN



**TUESDAY SUNSET YOGA**  
RHU DECK | 06.00PM - 07.00PM



**WEDNESDAY GARDEN TRAIL WALK**  
MEET AT THE LOBBY | 07.30AM - 08.30AM



**ATV TOUR**

- Fee inclusive of ATV tour
- Safety briefings,
- ATV handling training
- Experienced tour guide
- Safety helmet.
- Choices of routes to choose with different adventures

**START  
FROM  
RM 100  
PER RIDE**

RSVP & Inquiries: EXT 1



## DO NOT FEED IF YOU CARE

Monkeys may exhibit aggression when anticipating food, resulting in behaviors such as biting or stealing from humans.



## THE SPA

Operation Hour:  
Daily, 12:00NOON until 08:00PM

Give your skin the ultimate treatment and recover your energy. Take a moment to re-evaluate your skin and recharge your inner self, recreating your body and mind with our signature spa treatments.

RSVP & INQUIRIES  
Call Reception: Dial Ext 1

### RHU RITUAL MASSAGE

60 mins - RM260 nett per person  
90 mins - RM350 nett per person

### RHU RELAXING MASSAGE

60 mins - RM230 nett per person  
90 mins - RM310 nett per person

### AFTERSUN HEALING

60 mins - RM250 nett per person

### FOOT DE-STRESS

60 mins - RM300 nett per person

### PRE NATAL MASSAGE

90 mins - RM310 nett per person  
(48 hours reservation)

### COUPLE MASSAGE

120 mins - RM850 nett per couple



PRE NATAL MASSAGE



### JACUZZI BUBBLE BATH

30 mins - RM180 nett

### RHU RADIANCE (BODY WRAP)

60 mins - RM250 nett per person

### RHU REJUVINATION (BODY SCRUB)

60 mins - RM280 nett per person



### ALL INCLUSIVE PACKAGE UPGRADE

Experience our All-Inclusive Package, featuring exquisite meals and top tier house pouring beverages. For just RM 500 per person per night, relish access to our array of dining venues. (Terms & Conditions applied)

For more details, kindly call EXT 1



### THE BOUTIQUE

Located next to The Reading Room, our fashion boutiques offer an exclusively curated bespoke collection of designer brands.

Open daily,  
from 10:00AM to 08:00PM



### THE CONVENIENCE SHOP

Located above The Reading Room, our convenience shop offers everything you need for your vacation essentials, including children's toys, personal care items, accessories, and unique gifts perfect for sharing with your loved ones.

Open daily,  
from 11:00AM to 07:00PM



### BATIK PAINTING

Dive into the world of Malay craftsmanship with our Batik painting workshop at the convenience shop. Reserve your spot now for a chance to explore the enchanting art of Batik painting and let your creativity soar!

Time: 01:00PM - 05:00PM  
Venue: The Convenience Shop  
Price: RM 60 per craft



### PRIVATE BBQ BEACH DINNER

Relish a casual and relaxed beachside dining experience at our private beach BBQ Dinner!. Our private dining venture is perfect for small groups looking for an intimate gathering over good food.

PRICE: RM 680 PER COUPLE, RM 290 FOR EACH ADDITIONAL GUEST,  
MINIMUM OF TWO PERSONS.  
TIME: 07:00PM - 10:30PM



### ROMANTIC BEACH DINNER

A magical evening by the sea, this romantic dinner for two will leave you longing for another sunrise. Experience a romantic evening in a setting that no other can offer. Perfect for couples in search of a one-of-a-kind experience, we've crafted a 4-course meal under the stars with an exquisite setting as your backdrop - served with love by your personal waiter.

PRICE: RM 680 PER COUPLE  
TIME: 07:00PM - 10:30PM

RSVP and Inquiries, kindly dial EXT 1



## GOODBYE WORRIES!

Ensure your little one is safe and comfortable!

Our baby bottle sterilizer and baby bathtub are ready to use.

Please dial Ext 6 for your hassle-free setup.

## MEDICAL CONCIERGE

We are excited to introduce our latest offering: The launch of our Medical Concierge Service. Stop by our front desk to discover how we can assist in ensuring your stay is not only enjoyable but also worry-free.

### SERVICE SCHEDULE:

Day: Every Monday & Wednesday  
Time: 11:00AM to 02:00PM  
(Fee applies)






## SANDS POOL & SUNSET POOL

Nestled within our surroundings, both swimming pools offer a serene oasis, granting you the freedom to immerse yourself in their refreshing waters whenever it suits your schedule.

Operation hours:  
Sands pool 07:00AM - 08:00PM  
Sunset pool 07:00AM - 11:00PM

OUTLET OPERATION HOURS:

CHEF'S TABLE	SANDS RESTAURANT	SAFFRON SPORTS BISTRO	THE READING ROOM	SANDS POOL BAR	SUNSET POOL BAR
Operations hours: 06:30PM - 11:00PM	Daily, 07:00AM - 11:00PM	Daily, 05:00PM - 12MIDNIGHT	Daily, 11:00AM - 11:00PM	Daily, 12:00NOON - 08:00PM	Daily, 12:00NOON - 08:00PM
Last order food at 10:00PM	A la carte start at 11.00AM, and last order food at 10:00PM	Last order food at 10:00PM		Last order food at 07:00PM	Last order food at 04:30PM
Closed every Saturday	ROOM SERVICE 24 HOURS				

THE BEST WOOD - FIRED PIZZA ON THE ISLAND!

Our sourdough crust pizzas are made using an authentic, traditional method that's been passed down through generations. We served our handmade pizzas with an international and local twist of toppings, available for dine-in and take away.

Available Daily at Saffron, from 05.00PM to 10.00PM



HAPPY HOUR

50% OFF ON

SELECTED HOUSE POURING & COCKTAILS

AVAILABLE DAILY, FROM 05:00PM TO 08:00PM

ELEGANT TEA TIME

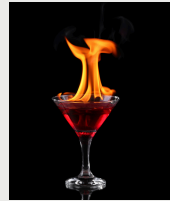
ONLY AT RM 60 NETT PER SERVING FOR TWO ADULTS, AT THE READING ROOM

You can choose four selections from our savoury deli and delectable sweet desserts. Enjoy a free flow of coffee or tea to complement your afternoon tea time.

RSVP and inquiries, kindly dial EXT 744.



FLAMING LAMBORGHINI



Hurry to Saffron and treat yourself to this spectacular drink that will elevate your dining experience.

Now available for a limited time at only RM 50 per unit

CLASSIC NEGRONI



Experience our classic Negroni for just RM30, combining fine ingredients for a rich and balanced shared indulgence.

Venue: Saffron Sports Bar

FROZEN MARGARITA



Sip on our luscious flavored frozen margaritas for RM30 per glass. Beat the heat and savor the savings today

Venue: Saffron

A REFRESHING TWIST

Experience summer on a plate with Anguria e Feta — a vibrant medley of juicy watermelon, creamy Persian feta, fresh rocket leaves, strawberries, and a touch of almond crunch. This refreshing starter is light, flavourful, and perfect to awaken your palate. A must-try for those who appreciate bold simplicity and elegant freshness.

Available at Chef's Table.



PICNIC BASKET

RM 180 NETT FOR 2 PERSONS

24 hours reservation required

Our picnic basket for two includes all the essential for a relaxing day at the beach; cold selection, fresh fruits, fresh garden salad, fine cheese, house wine, beers and cold drinks. As part of this package, you will also receive a picnic mat, which can be used on the beach to enjoy this nostalgic summer activity.

RSVP and inquiries, kindly dial EXT 1.

SUGAR FLOSS WONDERLAND

Get ready for a sugary extravaganza at our Sugar Floss Wonderland for children aged 4-11! Create fluffy cotton candy with vibrant colors, swirling sticks, and magical flavors. Watch as kids learn to spin their own sweet treats, exploring different toppings and techniques. Join us for a delightful hands-on experience where young ones can unleash their creativity in a sugary wonderland

Day: Every Friday and Saturday  
Time: 03:00PM to 05:00PM  
Price: RM 10.00 nett per stick, for unlimited colour  
Venue: The Reading Room

