



Passionate about natural medicine and well-being since childhood, Alexandra studied Naturopathy and discovered Tarot and Human Design later on. These tools help people know themselves, make better decisions, and find their true purpose in life.

HUMAN DESIGN READING (THE SCIENCE OF DIFFERENTIATION)

Discover the science of differentiation through a system that combines ancient wisdom such as astrology and I Ching. This powerful method helps you delve into your true self, unlock your talents, and let go of conditioning that hinders you from living authentically. Gain self-awareness, self-acceptance, emotional balance, and make better decisions, leading to a fulfilling life in alignment with your true essence.

1 h 30 min. EUR 450

The session can be divided into two parts for better integration of the information received

HOLISTIC MEDICINE/NATUROPATHY CONSULTATION

During this comprehensive consultation, we will address your emotional and physical concerns, delve into your clinical and family history, and determine the root causes of your imbalances. Based on the assessment, we will offer personalized recommendations, including natural remedies (herbs, supplementation, flower remedies, etc.), treatments, lifestyle changes, and dietary advice. Our aim is to restore your overall well-being, increase vital energy, and enhance the quality of your life.

1 h 30 min. EUR 450



IRIDOLOGY READING

Iridology is an alternative medicine technique that assesses a person's overall well-being through the analysis of colors, patterns, and signs in the iris. By understanding the individual's energy baseline and the body's response to stressors, diseases, and emotional factors, we can gain valuable insights into their health. With an iridology reading, we can also identify specific tendencies towards allergies, intolerances, and inflammation in the body, allowing us to suggest natural remedies to support the body's self-healing capabilities. Based on the findings, we provide dietary advice, along with natural remedies and treatments, to restore balance.

60 min. EUR 450

THETA HEALING

Theta Healing, created by Vianna Stibal, utilizes meditation to access a theta brainwave state. In this state, we can effectively clear limiting beliefs, alleviate stress and anxiety, rebalance chakras, and cultivate a happier mindset. Furthermore, Theta Healing enables us to enhance the manifestation of desired goals. Experience the transformative power of Theta Healing in just 60 minutes and embrace positive change in your life.

60 min. EUR 350

TAROT READING

In this empowering session, Alexandra will use the guidance of tarot cards to help you find clarity in specific situations and navigate through challenging decisions. The tarot reading will lead you towards the best course of action to achieve your goals effectively. At the end of the reading, Alexandra will also recommend suitable flower remedies (Bach or Australian flowers) to restore emotional balance and center your being.

60 - 90 min. EUR 350

VAT included

To book (+34) 952 82 22 11 | wellness@marbellaclub.com