



# ISLAND BUFFET

PENDRAY INN & TEA HOUSE

Your Vision, Artfully Catered

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2024

# ISLAND BUFFET

GF ..... GLUTEN FREE  
DF ..... DAIRY FREE  
V ..... VEGETARIAN  
PB ..... PLANT-BASED

**OCEAN WISE** Our seafood is Ocean Wise Certified



**\$70 per guest**

MENUS ARE BASED ON A MINIMUM OF 50 GUESTS, A SURCHARGE WILL APPLY FOR LOWER GUEST COUNTS

PRICES ARE SUBJECT TO TAXES AND 18% OPERATIONS FEE

## SELECT THREE SALADS:

### Gathered Greens GF/PB

TOPSOIL urban farmed mixed greens, cucumber ribbons, fennel, compressed green apple, toasted pumpkin seeds, radish, caramelized citrus vinaigrette

### Watermelon Salad GF

Romaine, grilled cucumber, bell peppers, pea shoots, sesame, cilantro, fish sauce, lime

### Sun Wing Tomatoes & Baby Mozzarella GF/V

Heirloom and gem varieties, fresh basil, balsamic reduction, extra virgin olive oil, sea salt

### Tricolore Fusilli Salad V

Broccoli, confit garlic pesto, roasted bell peppers, fresh lemon, Grana Padano

### Quinoa Tabbouleh GF/PB

Bell peppers, Sun Wing tomatoes, red onion, cucumber, parsley, garlic vinaigrette

### Hearts of Romaine

Crisp chopped romaine, Parmigiano Reggiano, pork cracklings, buttered croutons, roasted garlic Caesar dressing

### Super Green Soba Noodles V

Wilted spinach, green onion, broccoli, bell peppers, peanuts, goma dressing

## Local Seasonal Flavours

### Peninsula Fig Salad GF/V

Honey chilli mascarpone, frisée, TOPSOIL urban farmed mixed greens, candied pistachio, caramelized citrus vinaigrette

(SEASONALLY AVAILABLE AUGUST-SEPTEMBER)

### Vancouver Island Asparagus V

Cured egg yolk, garlic crumb, Parmigiano Reggiano, nori, confit Sun Wing tomatoes, arugula

(SEASONALLY AVAILABLE MAY-JUNE)

### White Bean & Leek Salad GF/PB

Local string beans, cannellini beans, edamame, braised leeks, spinach, crispy onions, cashew vinaigrette

(SEASONALLY AVAILABLE MAY-AUGUST)

## SELECT THREE ACCOMPANIMENTS:

### Warm Seasonal Vegetables GF/PB

Local seasonal vegetables, roasted garlic, fresh thyme

### Sticky Rice Cakes GF/PB

Pan seared, ginger scallion confit, sesame roasted locally foraged mushrooms

### Heirloom Carrots GF/PB

Oven roasted with crispy chickpeas, confit garlic hummus, charred kale, raisin vinaigrette, served at room temperature

### Chargrilled Vegetables GF/PB

Summer squash, bell peppers, asparagus, balsamic eggplant and mushrooms, oven dried Sun Wing tomatoes, all harvested locally when available, served at room temperature

### Yukon Gold Pavé GF/V

BC potatoes, thyme, heavy cream, Grana Padano

### Tagliatelle v

Fresh made pasta, roasted Sun Wing tomatoes, torn basil, Fior di latte

### Charred Broccolini PB

Compressed green apple, almond dukkah, pearl onions, fennel, sweet soy dressing, served at room temperature

### 'Buffalo' Cauliflower Hash GF/V

Piquant cream cheese sauce, scallions

### Olive Oil Mashed Potatoes GF/PB

BC Yukon Gold potatoes, roasted garlic, Provençal herbs, sea salt

### Gnocchi v

Peninsula corn, locally foraged mushrooms, grilled kale, summer herbs, Grana Padano

## Local Seasonal Flavours

### Blistered String Beans GF/PB

Szechuan glaze, peanuts

(SEASONALLY AVAILABLE MAY-AUGUST)

### Roasted Baby Beets GF/V

Island beets, whipped ricotta, pomegranate seeds, spiced hazelnuts, halloumi 'croustons', TOPSOIL urban farmed mixed greens, fennel, shallot vinaigrette

(SEASONALLY AVAILABLE JUNE-NOVEMBER)

## SELECT TWO ENTRÉES:

### Chicken Bruschetta GF/DF

Rosstown Farms free run chicken, grilled with stewed Sun Wing cherry tomato bruschetta, kale crisps

### Wild BC Salmon GF/DF

Lemon caper vierge, spring onion confit, fresh herbs

### Haida Gwaii Halibut GF

Pan seared with charred Sun Wing tomatoes, olives, capers, herbs, crispy garlic . . . . . **add \$3 per person**

### Haida Gwaii Sablefish & Scallops GF

Charred bell pepper confit, summer herbs, preserved lemon . . . . . **add \$5 per person**

### Alberta 'AAA' Beef Short Rib GF/DF

BBQ glaze and bourbon demi, grilled red onions, crispy shoestring potatoes

### Alberta 'AAA' Sirloin Steak GF/DF

Roasted locally foraged mushrooms, thyme, sautéed onions, red wine jus

### Berryman Farms Pork Belly GF/DF

Local Island pork, hoisin shallot sauce, green onion, sesame choy

### Lamb Shoulder Cannelloni

Ricotta, locally foraged mushrooms, spring peas, baby arugula, shaved Piave

## Local Seasonal Flavours

### Rosstown Farms Chicken Breast GF

Free run chicken, locally foraged mushrooms, spring onion purée, confit garlic, fennel-herb salad

(SEASONALLY AVAILABLE AUGUST-OCTOBER)

### Ocean Wise BC Spring Salmon GF

Soubise sauce, butter braised radish, watercress-herb salad

(SEASONALLY AVAILABLE APRIL-OCTOBER)



## SOMETHING SWEET:

### Dessert Grazing Board v

Sugar Sugar - An eye catching, show stopping display of house made creations that will always strike a sweet note... may include, but not limited to: cinnamon dusted churros, fresh made marshmallows, mini cupcakes, decorated macarons, assorted tartelettes, our signature chocolate truffles and so much more

Single board (125 pieces) ..... **\$435**  
Double board (250 pieces) ..... **\$810**

### Chocolate Truffles GF/V

An ever changing assortment of creative and classic flavours  
(MINIMUM 3 DOZEN) ..... **\$39 per dozen**

### Fresh Sliced Fruit GF/PB

Selection of melons, pineapple, grapes and  
Saanich Peninsula berries (when in season)

Small ..... **\$100**  
Medium ..... **\$131**

### Pâtisserie v

Madeleines, palmiers, macarons, éclairs, petit gâteaux,  
chocolate dipped strawberries

(MINIMUM 3 DOZEN) ..... **\$42 per dozen**

### Cake Cutting

We offer the following cake cutting services:

Cut and displayed for guests to help  
themselves ..... **\$4 per person**

Cut and served to guests at their seats  
..... **\$5.5 per person**



## **LOCAL** ingredients

At Truffles Catering we are passionate about providing a culinary experience that will elevate your event with exquisite flavours and unforgettable presentation. Our relationships with local farmers allow us to bring in flavourful and healthy ingredients that inspires an innovative and memorable culinary experience that we've built our reputation on.

## **DEDICATED** service

With over 30 years of experience, Truffles Catering provides outstanding culinary experiences. Our dedicated, highly trained on-site managers and chefs will be designated to you for your event. We'll manage the event procedures and ensure that everything comes together as envisioned.

## **ETHICAL** choices

We deeply care about our impact on our Island's environment and community. We are a green certified business with a long-standing tradition of supporting charities. Each year, our companies raise over \$30,000 to benefit these local organizations.

