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# Hearts of Gold

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THE ESSENTIAL GUIDE TO...

# HOTEL BUFFETS

WORDS **THERESA SHALINI STEPHEN AND ROHAN JONATHAN**







## KOGETSU AT THE SAUJANA HOTEL



Chef Taketoshi Minami has carefully put together a traditional spread of Japanese cuisine for you to savour at Kogetsu in The Saujana Hotel. The weekend all-you-can-eat lunch runs from 11:30am – 3pm and if your children are under 12, they can join in for free. Enjoy Kogetsu's authentically Japanese interior complete with stils and a view of the adjacent lake and gardens as well as wooden columns and flooring. Hallmarks of Japanese food such as sushi, sashimi and tempura are prepared to perfection here, plus there is even a dedicated teppanyaki room. Enjoy the entire experience for RM145.

## ESSENCE AT SHERATON IMPERIAL



The buffet here features local dishes at the Asian counter and hearty steaks at the Western grills for a carnivorous feast. Stop by the dim sum display and pick out your favourites or marvel at their fresh seafood and noodle bars. Curious about how your food is made? Wonder no more as Essence has five live cooking stations that allow you to savour every step of your culinary journey from the cooking to the eating. Buffet breakfast here starts at 6.30am and ends at 10.30am while the lunch buffet is from noon to 2.30pm daily. To end the day, the buffet dinner starts at 6.30pm and ends at 10.30pm daily.