

OCTOBER 11

Lunch

COURSE ONE

Harvest Salad

ENTRÉE—COURSE TWO

BUDDHA BOWL

spinach kale, avocado, chickpeas, berries,
sweet potatoes

TURKEY CLUB

side of fig and butternut squash green salad

GRILLED CHICKEN SANDWICH

side of fig and butternut squash green salad

FALAFEL WRAP

DESSERT

Apple Cider Sorbet